



wildrunner
2020

Short, fast and for the whole family! The Trail Series® has been the cornerstone of short course trail running in SA since 2008 and in 2020 evolves to include a XL distance series. www.trailseries.co.za #TSSL2020

DATE	DAY	EVENT	DIST	VENUE
14 Jan	Tues	Trail Series Super League #1 Kirstenbosch Gardens	5.2km, 9.5km, 14km	Kirstenbosch National Botanical Gardens, Cape Town
2 Feb	Sun	Trail Series Super League #2 Lebanon Forest	6.2km, 12km, 20km	Lebanon Forest, Elgin Valley
23 Feb	Sun	Trail Series Super League #3 Tygerberg Nature Reserve	6.8km, 11km, 16.5km	Tygerberg Nature Reserve, Northern Suburbs, Cape Town
22 Mar	Sun	Trail Series Super League #4 Paarl Mountain Nature Reserve	7.5km, 13.5km, 20km	Taal Monument & Paarl Mountain Nature Reserve, Paarl
19 Jul	Sun	Trail Series Super League #5 Paul Cluver Estate	6km, 13km, 21km	Paul Cluver Estate, Elgin Valley
8 Aug	Sat	Trail Series Super League #6 Kogelberg Biosphere Reserve	7.3km, 14km, 23.5km	Kogelberg Biosphere Reserve, Kleinmond
15 Nov	Sun	Trail Series Super League #7 Oak Valley Estate	5km, 13.5km, 22.5km	Oak Valley Estate, Elgin Valley