



TSSL 2020
Race 3 SHORT COURSE (5.5km)
Tygerberg Nature Reserve

Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:22:34	4050	E	Anele	Bans	Open	Male	31
2	00:24:16	4009	E	Jethro	Dunn	Junior	Male	16
3	00:26:26	5004	F	Nicholas	Bunn	Open	Male	22
4	00:26:53	4054	E	Victor	Gugushe	Veteran	Male	41
5	00:27:03	4031	E	Leslie	Chivell	Grand Master	Male	65
6	00:27:21	5125	F	Ruben	Kannemeyer	Open	Male	21
7	00:27:25	4010	E	Ralph	Harris	Veteran	Male	40
8	00:28:19	4019	E	Mikael	Moola	Minimee	Male	14
9	00:28:20	4020	E	PJ	Moses	Veteran	Male	42
10	00:28:24	4016	E	Brett	Maeyer	Open	Male	27
11	00:28:26	5025	F	Christo	Joubert	Open	Male	19
12	00:28:44	4025	E	Christo	Van der Berg	Veteran	Male	47
13	00:28:48	4045	E	Caitlin	Snethlage	Open	Female	27
14	00:28:50	4022	E	Richard	Rossiter	Grand Master	Male	63
15	00:28:53	5030	F	Safwaan	Lewis	Veteran	Male	42
16	00:29:03	5064	F	Birgit	Van Niekerk	Veteran	Female	40
17	00:29:53	5098	F	David	Metelerkamp	Open	Male	28
18	00:29:59	5000	F	Nicolette	Brouwer	Master	Female	52
19	00:30:08	6089	G	Nikolas	Lowther	Minimee	Male	11
20	00:30:14	4004	E	Andre	De Piaz	Master	Male	53
21	00:30:32	5142	F	Bruce	Bain	Open	Male	24
22	00:31:22	5120	F	Charl	de Lange	Open	Male	21
23	00:31:35	5067	F	Wayne	Victor	Veteran	Male	45
24	00:31:42	4037	E	Jonathan	Dellbridge	Peewee	Male	10
25	00:31:49	4002	E	Xoliswe	Booi	Open	Female	35
26	00:32:26	5073	F	Roldah	Orrie	Master	Female	53
27	00:32:28	4007	E	Andrew	Denny	Master	Male	57
28	00:32:29	6176	G	Jansen	Myburgh	Open	Male	33
29	00:32:31	5134	F	Harry	Millar	Veteran	Male	42
30	00:32:46	5061	F	Lian	Swanepoel	Junior	Male	16
31	00:32:50	4052	E	Heil	van Tonder	Master	Male	55
32	00:33:05	5143	F	Nick	Adriaanse	Open	Male	23
33	00:33:24	4034	E	Chantal	Pieters	Master	Female	0
34	00:33:28	5043	F	Mo	Moola	Veteran	Male	46
35	00:34:04	5105	F	Dewald	Treurnich	Junior	Male	15
36	00:34:08	5012	F	Lauren	Denny	Open	Female	24
37	00:34:11	5138	F	Justin	Vaukeuisser	Open	Male	28
38	00:34:23	5128	F	Travis	Talmarkes	Open	Male	36
39	00:34:36	5053	F	David	Rodseth	Grand Master	Male	65
40	00:34:46	5015	F	Bill	Dunn	Master	Male	51
41	00:34:58	5020	F	Haydn	George	Open	Male	32
42	00:35:02	4053	E	Herman	Wessels	Open	Male	32
43	00:35:06	5058	F	Shane	Schwalst	Open	Male	30
44	00:36:18	6289	G	Charl	Sonnekus	Open	Male	24
45	00:36:27	6296	G	Petro	Visser	Open	Female	26
46	00:36:41	4026	E	Emma	Van Rensburg	Minimee	Female	11
47	00:36:43	4055	E	Ben	Van Rensburg	Veteran	Male	47
48	00:37:01	6203	G	Hester	Bester	Master	Female	53
49	00:37:09	6186	G	Victoria	Gardner	Open	Female	33
50	00:37:11	6096	G	Charl	Marais	Grand Master	Male	68
51	00:37:19	5107	F	Carmen	van der Vyver	Open	Female	30
52	00:37:27	6200	G	Richard	Dellbridge	Veteran	Male	45
53	00:37:28	7192	H	Chris	Spurdens	Open	Male	38
54	00:37:41	6088	G	Ben	Lowther	Veteran	Male	44
55	00:38:01	6241	G	Bronwyn	Snyman	Open	Female	30
56	00:38:04	5144	F	Byron	Joannides	Open	Male	23
57	00:38:04	7191	H	Ronel	Spangenberg	Veteran	Female	42
58	00:38:13	5145	F	Thomas	Bain	Open	Male	23
59	00:38:20	6297	G	Katie	Sheff	Open	Female	24
60	00:38:30	6223	G	Triston	Koekemoer	Open	Male	24
61	00:38:33	4021	E	Angelique	Nel	Veteran	Female	46
62	00:38:35	6275	G	Mariska	De Waal	Open	Female	29
63	00:38:43	6226	G	Jono	Makepeace	Open	Male	29
64	00:38:50	7190	H	DP	Spangenberg	Veteran	Male	44
65	00:38:57	7172	H	Sylvester	Booyens	Open	Male	32
66	00:39:01	5130	F	Rijk	van Reenen	Veteran	Male	46
67	00:39:02	5133	F	Julia	Brunner	Open	Female	26
68	00:39:06	6273	G	Renton	Davy	Open	Male	28
69	00:39:10	5074	F	Alfred	Temmers	Master	Male	52
70	00:39:12	5135	F	JPrevin	Pillay	Open	Male	30
71	00:39:16	5038	F	Chris	Maeyer	Grand Master	Male	64
72	00:39:18	5123	F	Shelley	Dudley	Veteran	Female	47
73	00:39:22	5029	F	Justin	Leslie	Open	Male	38
74	00:39:22	5035	F	Donlad	Loubser	Open	Male	37
75	00:39:26	5119	F	Malan	Botes	Open	Male	39
76	00:39:27	4047	E	Clea	De klerk	Junior	Female	15
77	00:39:29	4038	E	Anna	De Klerk	Minimee	Female	12
78	00:39:34	5056	F	Stefan	Roodt	Master	Male	55
79	00:39:40	5127	F	David	Robertson	Open	Male	30
80	00:39:43	5132	F	Bradley	Warner	Open	Male	27
81	00:39:49	6102	G	Isak	Meyer	Veteran	Male	49
82	00:39:50	5121	F	Charn	de Lange	Veteran	Female	48
83	00:39:53	6142	G	Nikki	Swanepoel	Veteran	Female	43
84	00:39:55	5122	F	Pieter	de Lange	Master	Male	54
85	00:39:57	6192	G	Belinda	van Tonder	Master	Female	54
86	00:40:00	6139	G	Juanita	Strauss-Geyer	Veteran	Female	46
87	00:40:04	6164	G	Michelle	Witteveen	Open	Female	36
88	00:40:08	7006	H	Natacha	Berkowitz	Open	Female	33
89	00:40:14	7177	H	Gerhard	Esterhuizen	Veteran	Male	44
90	00:40:16	4035	F	Oboyd	Hoosoin	Open	Male	30
91	00:40:18	6148	G	Richard	Thorpe	Open	Male	28
92	00:40:22	6079	G	Gertruida	Jooste	Grand Master	Female	66
93	00:40:26	6282	G	Tayla	Mouton	Open	Female	25
94	00:40:30	7174	H	Wynand	Du Plessis	Open	Male	35

95	00:40:33	6277	G	Andy	Duncan	Veteran	Male	44
96	00:40:36	4005	E	Theuns	De Waal	Master	Male	53
97	00:40:52	6028	G	Lance	Daniels	Open	Male	35
98	00:41:15	6232	G	Anwar	Nazeer	Veteran	Male	48
99	00:41:23	6283	G	Lindi	Peters	Open	Female	28
100	00:41:26	6076	G	Chris	Jackson	Open	Male	34
101	00:41:32	6031	G	Leandra	de Bruyn	Open	Female	24
102	00:41:40	6161	G	Hilton	Warrington	Master	Male	56
103	00:41:42	7005	H	Munier	Barden	Veteran	Male	44
104	00:41:48	6298	G	Koah	Burke	Open	Female	37
105	00:41:57	6300	G	Theresa	Van Der Kaag	Veteran	Female	48
106	00:42:13	7116	H	Marna	Broeksma	Master	Female	50
107	00:42:16	7182	H	Amanda	Le Roux	Open	Female	36
108	00:42:25	6256	G	Emily	Furlong	Veteran	Female	44
109	00:42:28	6230	G	Gavin	McKinney	Open	Male	35
110	00:42:36	6097	G	Shelley	Marais	Grand Master	Female	63
111	00:42:39	7179	H	Elizabeth	Howard	Open	Female	26
112	00:42:41	5118	F	Jean-Paul	Baar	Veteran	Male	48
113	00:42:44	7181	H	Harison	Lacey	Open	Male	27
114	00:42:50	6144	G	Sasha	Tarboton	Grand Master	Female	60
115	00:43:04	6286	G	Paul Johann	Pretorius	Open	Male	27
116	00:43:06	5013	F	Michelle	Dietrich	Veteran	Female	48
117	00:43:09	6149	G	Kathie	Troost	Grand Master	Female	61
118	00:43:13	6225	G	Nicole	Liebenberg	Open	Female	27
119	00:43:19	6295	G	Zonika	Venter	Open	Female	29
120	00:43:22	7170	H	Christina	Balle	Open	Female	31
121	00:43:25	7180	H	William	Howard	Master	Male	52
122	00:43:41	7119	H	Joanna	Burger	Open	Male	32
123	00:43:45	6175	G	Adrian	Punt	Open	Male	38
124	00:43:50	7118	H	Craig	Burger	Open	Male	34
125	00:43:53	6202	G	Ameer	Amod	Veteran	Male	47
126	00:43:57	6124	G	Micaela	Pym	Open	Female	28
127	00:44:04	7071	H	Dewald	Schlebusch	Open	Male	38
128	00:44:07	7079	H	Hanno	Stofberg	Open	Male	30
129	00:44:10	6117	G	Andrew	Nixon	Veteran	Male	46
130	00:44:13	4008	E	Charlotte	du Plessis	Open	Female	38
131	00:44:14	6237	G	Caryn	Prentice	Open	Female	26
132	00:44:23	7034	H	Shannon	Holcroft	Open	Female	26
133	00:44:24	5147	F	Jeremy	Hendricks	Open	Male	32
134	00:44:28	7137	H	Marc	Katzwinkel	Open	Male	33
135	00:44:32	7062	H	Kelly	Payne	Open	Female	27
136	00:44:36	5079	F	Debua	Choice	Master	Female	53
137	00:44:51	5126	F	Ian	Matheson	Veteran	Male	46
138	00:44:54	7197	H	Richard	Tainton	Master	Male	56
139	00:44:56	7040	H	Chantelle	Joubert - Kaal	Open	Female	37
140	00:45:10	6288	G	Hermien	Rossouw	Master	Female	50
141	00:45:14	6216	G	Sophia	Goddard	Peewee	Female	9
142	00:45:16	6215	G	Paul	Goddard	Master	Male	52
143	00:45:19	6290	G	Kelly	Sumpton	Open	Female	32
144	00:46:03	6020	G	Claudia	Chamberlain	Open	Female	38
145	00:46:06	6242	G	Jessica	Stanton	Open	Female	25
146	00:46:08	7037	H	Fatimah	Jacobs	Grand Master	Female	59
147	00:46:11	7196	H	Monique	van Tonder	Open	Female	29
148	00:46:42	6279	G	Lisa	Grobler	Open	Female	25
149	00:46:53	6159	G	Roxie	Varkevisser	Open	Female	32
150	00:46:57	6021	G	Mark	Chamberlain	Master	Male	54
151	00:47:03	5039	F	Martin	Malamba	Peewee	Male	9
152	00:47:05	7056	H	Zaid	Moola	Minimee	Male	11
153	00:47:12	6287	G	Tani	Pretorius	Veteran	Female	48
154	00:47:17	7173	H	Marichen	Dixon	Veteran	Female	46
155	00:47:24	7140	H	Helen	Macdonald	Master	Female	51
156	00:47:27	6270	G	Janet	Black	Master	Female	53
157	00:47:31	6271	G	Michael	Black	Master	Male	58
158	00:47:34	7188	H	Raoul	Scholtz	Grand Master	Male	62
159	00:47:37	7055	H	Naeema	Moola	Veteran	Female	41
160	00:47:40	6268	G	Sadia	Jakoet-Sedick	Master	Female	52
161	00:47:42	7185	H	Kyle	Michaels	Open	Male	31
162	00:47:45	6299	G	Yasmin	Toeffis	Master	Female	62
163	00:47:50	6145	G	Hugo	Theron	Veteran	Male	47
164	00:47:52	6039	G	Theonie	du Plessis	Veteran	Female	49
165	00:48:09	5146	F	Lara	van Tonder	Open	Female	21
166	00:48:54	7198	H	Thomas	Le Roux	Peewee	Male	6
167	00:49:02	6131	G	Dawn	Rossiter	Master	Female	63
168	00:49:11	6280	G	Edna	Jackson	Veteran	Female	43
169	00:49:27	6292	G	Marelize	van Eck	Open	Female	36
170	00:49:38	6172	G	Astrid	Trimmel	Open	Female	38
171	00:50:35	7018	H	Louis	Dobinson	Veteran	Female	41
172	00:50:38	5140	H	Hayley	Canterbury	Master	Female	55
173	00:50:54	7036	H	Anni	Jackson	Open	Female	28
174	00:51:00	6262	G	Lisa	Hartman	Open	Female	31
175	00:51:01	5027	F	Thomaza	Koli	Grand Master	Female	60
176	00:51:02	6118	G	Melissa	O'Kennedy	Open	Female	31
177	00:51:07	5141	G	Heidi	Mennezes	Open	Female	34
178	00:51:16	6269	G	Daleen	Badenhorst	Open	Female	36
179	00:51:36	6293	G	Charlene	Venter	Master	Female	51
180	00:51:40	6294	G	Dave	Venter	Master	Male	54
181	00:52:09	7184	H	Suzette	Li	Open	Female	28
182	00:52:12	7183	H	Kevin Ching Wei	Li	Open	Male	28
183	00:52:43	6080	G	Sandra	Joubert	Veteran	Female	47
184	00:53:01	6166	G	Ilse	Zwiegers	Veteran	Female	41
185	00:53:40	6153	G	Hetta	Van der Berg	Veteran	Female	47
186	00:53:53	7024	H	Catharina	Farmer	Open	Female	37
187	00:54:17	6084	G	Aihisha	Kropman	Open	Female	29
188	00:54:43	7200	H	Olivia	Le Roux	Peewee	Male	7
189	00:54:46	6044	G	Anita	Erlank	Master	Female	50
190	00:54:50	7199	H	Willemien	Le Roux	Open	Female	39
191	00:54:55	6103	G	Lita	Meyer	Veteran	Female	48
192	00:55:04	5136	H	Yevashan	Koomarusen	Open	Male	30
193	00:55:08	6095	G	Ian	Maling	Grand Master	Male	61
194	00:55:12	6278	G	Fuzlan	Gamieldien	Master	Female	54
195	00:55:41	5137	H	Aruna	Ekanayaka	Open	Male	30
196	00:55:51	7031	H	Michael	Goosen	Grand Master	Male	62
197	00:55:54	6140	G	Junita	Strydom	Open	Female	32
198	00:56:06	7060	H	Jacinth	Oosthuizen	Open	Female	35

199	00:56:09	7123	H	Este	de Wet	Open	Female	35
200	00:56:12	6087	G	Rayne	Logan	Open	Female	22
201	00:57:23	4006	E	Roan	Dearham	Open	Male	29
202	00:57:37	7128	H	Tara	Dunlop	Open	Female	24
203	00:57:43	7171	H	Barbara	Bartosch	Master	Female	53
204	00:58:30	7193	H	Roslyn	Tait	Open	Female	34
205	00:59:53	6189	G	Catherine	Lappin	Open	Female	37
206	00:59:57	6190	G	Dewald	Bezuidenhout	Open	Male	37
207	01:01:42	6007	G	Tracy	Berry	Veteran	Female	47
208	01:01:47	7064	H	Koogan	Pillay	Veteran	Male	44
209	01:02:37	7195	H	Leila	van den Bergh	Peewee	Female	6
210	01:03:51	6276	G	Somaya	Du Toit	Master	Female	53
211	01:04:44	5129	F	DuToit	van den Bergh	Open	Male	34
212	01:04:59	6094	G	Amber-Jane	Malamba	Peewee	Female	10
213	01:05:48	6093	G	Abby	Malamba	Veteran	Female	45
214	01:05:50	7014	H	Michelle	Cupido	Master	Female	52
215	01:07:01	6291	G	Chantal	Van Den Bergh	Open	Female	34
216	01:07:03	7194	H	Daniël	van den Bergh	Peewee	Male	3
217	01:09:17	7035	H	Mark	Hubbard	Open	Male	23
218	01:09:38	7058	H	Tasheem	Naidoo	Open	Female	34
219	01:12:09	7074	H	Jessica	Snowdon	Open	Female	23
220	01:16:40	6281	G	Leigh	Leibbrandt	Open	Female	34
221	01:16:43	6284	G	Michele	Petrini	Open	Male	34
222	01:25:02	7146	H	Fazly	Kapust	Master	Female	52
223	01:25:06	7067	H	Faried	Rimques	Master	Male	54
224	01:26:00	7000	H	Ernestine	Adams	Open	Female	35
225	01:26:07	7004	H	Sharnelle	Anthony	Open	Female	25
226	01:30:46	6195	G	Catherine	Els	Open	Female	30
227	01:30:52	6196	G	Michelle	van der Linda	Open	Female	31
228	01:38:06	7187	H	Chanene	Pitt	Veteran	Female	49

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:22:34	4050	E	Anele	Bans	Open	Male	31
2	00:26:26	5004	F	Nicholas	Bunn	Open	Male	22
3	00:27:21	5125	F	Ruben	Kannemeyer	Open	Male	21
4	00:28:24	4016	E	Brett	Maeyer	Open	Male	27
5	00:28:26	5025	F	Christo	Joubert	Open	Male	19
6	00:29:53	5098	F	David	Metelerkamp	Open	Male	28
7	00:30:32	5142	F	Bruce	Bain	Open	Male	24
8	00:31:22	5120	F	Charl	de Lange	Open	Male	21
9	00:32:29	6176	G	Jansen	Myburgh	Open	Male	33
10	00:33:05	5143	F	Nick	Adriaanse	Open	Male	23
11	00:34:11	5138	F	Justin	Vaukeuisser	Open	Male	28
12	00:34:23	5128	F	Travis	Talmarkes	Open	Male	36
13	00:34:58	5020	F	Haydn	George	Open	Male	32
14	00:35:02	4053	E	Herman	Wessels	Open	Male	32
15	00:35:06	5058	F	Shane	Schwalst	Open	Male	30
16	00:36:18	6289	G	Charl	Sonnekus	Open	Male	24
17	00:37:28	7192	H	Chris	Spurdens	Open	Male	38
18	00:38:04	5144	F	Byron	Joannides	Open	Male	23
19	00:38:13	5145	F	Thomas	Bain	Open	Male	23
20	00:38:30	6223	G	Triston	Koekemoer	Open	Male	24
21	00:38:43	6226	G	Jono	Makepeace	Open	Male	29
22	00:38:57	7172	H	Sylvester	Booyens	Open	Male	32
23	00:39:06	6273	G	Renton	Davy	Open	Male	28
24	00:39:12	5135	F	Previn	Pillay	Open	Male	30
25	00:39:22	5029	F	Justin	Leslie	Open	Male	38
26	00:39:22	5035	F	Donlad	Loubser	Open	Male	37
27	00:39:26	5119	F	Malan	Botes	Open	Male	39
28	00:39:40	5127	F	David	Robertson	Open	Male	30
29	00:39:43	5132	F	Bradley	Warner	Open	Male	27
30	00:40:16	4035	F	Oboyd	Hoosoin	Open	Male	30
31	00:40:18	6148	G	Richard	Thorpe	Open	Male	28
32	00:40:30	7174	H	Wynand	Du Plessis	Open	Male	35
33	00:40:52	6028	G	Lance	Daniels	Open	Male	35
34	00:41:26	6076	G	Chris	Jackson	Open	Male	34
35	00:42:28	6230	G	Gavin	McKinney	Open	Male	35
36	00:42:44	7181	H	Harrison	Lacey	Open	Male	27
37	00:43:04	6286	G	Paul Johann	Pretorius	Open	Male	27
38	00:43:41	7119	H	Joanna	Burger	Open	Male	32
39	00:43:45	6175	G	Adrian	Punt	Open	Male	38
40	00:43:50	7118	H	Craig	Burger	Open	Male	34
41	00:44:04	7071	H	Dewald	Schlebusch	Open	Male	38
42	00:44:07	7079	H	Hanno	Stofberg	Open	Male	30
43	00:44:24	5147	F	Jeremy	Hendricks	Open	Male	32
44	00:44:28	7137	H	Marc	Katzwinkel	Open	Male	33
45	00:47:42	7185	H	Kyle	Michaels	Open	Male	31
46	00:52:12	7183	H	Kevin Ching Wei	Li	Open	Male	28
47	00:55:04	5136	H	Yevashan	Koomarusen	Open	Male	30
48	00:55:41	5137	H	Aruna	Ekanayaka	Open	Male	30
49	00:57:23	4006	E	Roan	Dearham	Open	Male	29
50	00:59:57	6190	G	Dewald	Bezuidenhout	Open	Male	37
51	01:04:44	5129	F	DuToit	van den Bergh	Open	Male	34
52	01:09:17	7035	H	Mark	Hubbard	Open	Male	23
53	01:16:43	6284	G	Michele	Petrini	Open	Male	34

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:48	4045	E	Caitlin	Snethlage	Open	Female	27
2	00:31:49	4002	E	Xoliswe	Booi	Open	Female	35
3	00:34:08	5012	F	Lauren	Denny	Open	Female	24
4	00:37:09	6186	G	Victoria	Gardner	Open	Female	33
5	00:37:19	5107	F	Carmen	van der Vyver	Open	Female	30
6	00:38:01	6241	G	Bronwyn	Snyman	Open	Female	30
7	00:38:20	6297	G	Katie	Sheff	Open	Female	24
8	00:38:35	6275	G	Mariska	De Waal	Open	Female	29
9	00:39:02	5133	F	Julia	Brunner	Open	Female	26
10	00:40:04	6164	G	Michelle	Witteveen	Open	Female	36
11	00:40:08	7006	H	Natacha	Berkowitz	Open	Female	33
12	00:40:26	6282	G	Tayla	Mouton	Open	Female	25
13	00:41:23	6283	G	Lindi	Peters	Open	Female	28
14	00:41:32	6031	G	Leandra	de Bruyn	Open	Female	24

15	00:41:48	6298	G	Koah	Burke	Open	Female	37
16	00:41:52	6296	G	Petro	Visser	Open	Female	26
17	00:42:16	7182	H	Amanda	Le Roux	Open	Female	36
18	00:42:39	7179	H	Elizabeth	Howard	Open	Female	26
19	00:43:13	6225	G	Nicole	Liebenberg	Open	Female	27
20	00:43:19	6295	G	Zonika	Venter	Open	Female	29
21	00:43:22	7170	H	Christina	Balle	Open	Female	31
22	00:43:57	6124	G	Micaela	Pym	Open	Female	28
23	00:44:13	4008	E	Charlotte	du Plessis	Open	Female	38
24	00:44:14	6237	G	Caryn	Prentice	Open	Female	26
25	00:44:23	7034	H	Shannon	Holcroft	Open	Female	26
26	00:44:32	7062	H	Kelly	Payne	Open	Female	27
27	00:44:56	7040	H	Chantelle	Joubert - Kaal	Open	Female	37
28	00:45:19	6290	G	Kelly	Sumpton	Open	Female	32
29	00:46:03	6020	G	Claudia	Chamberlain	Open	Female	38
30	00:46:06	6242	G	Jessica	Stanton	Open	Female	25
31	00:46:11	7196	H	Monique	van Tonder	Open	Female	29
32	00:46:42	6279	G	Lisa	Grobler	Open	Female	25
33	00:46:53	6159	G	Roxie	Varkevisser	Open	Female	32
34	00:48:09	5146	F	Lara	van Tonder	Open	Female	21
35	00:49:27	6292	G	Marelize	van Eck	Open	Female	36
36	00:49:38	6172	G	Astrid	Trimmel	Open	Female	38
37	00:50:54	7036	H	Anni	Jackson	Open	Female	28
38	00:51:00	6262	G	Lisa	Hartman	Open	Female	31
39	00:51:02	6118	G	Melissa	O'Kennedy	Open	Female	31
40	00:51:07	5141	G	Heidi	Mennezes	Open	Female	34
41	00:51:16	6269	G	Daleen	Badenhorst	Open	Female	36
42	00:52:09	7184	H	Suzette	Li	Open	Female	28
43	00:53:53	7024	H	Catharina	Farmer	Open	Female	37
44	00:54:17	6084	G	Aihisha	Kropman	Open	Female	29
45	00:54:50	7199	H	Willemien	Le Roux	Open	Female	39
46	00:55:54	6140	G	Junita	Strydom	Open	Female	32
47	00:56:06	7060	H	Jacinth	Oosthuizen	Open	Female	35
48	00:56:09	7123	H	Este	de Wet	Open	Female	35
49	00:56:12	6087	G	Rayne	Logan	Open	Female	22
50	00:57:37	7128	H	Tara	Dunlop	Open	Female	24
51	00:58:30	7193	H	Roslyn	Tait	Open	Female	34
52	00:59:53	6189	G	Catherine	Lappin	Open	Female	37
53	01:07:01	6291	G	Chantal	Van Den Bergh	Open	Female	34
54	01:09:38	7058	H	Tasheem	Naidoo	Open	Female	34
55	01:12:09	7074	H	Jessica	Snowdon	Open	Female	23
56	01:16:40	6281	G	Leigh	Leibbrandt	Open	Female	34
57	01:26:00	7000	H	Ernestine	Adams	Open	Female	35
58	01:26:07	7004	H	Sharnelle	Anthony	Open	Female	25
59	01:30:46	6195	G	Catherine	Els	Open	Female	30
60	01:30:52	6196	G	Michelle	van der Linda	Open	Female	31

Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:26:53	4054	E	Victor	Gugushe	Veteran	Male	41
2	00:27:25	4010	E	Ralph	Harris	Veteran	Male	40
3	00:28:20	4020	E	PJ	Moses	Veteran	Male	42
4	00:28:44	4025	E	Christo	Van der Berg	Veteran	Male	47
5	00:28:53	5030	F	Safwaan	Lewis	Veteran	Male	42
6	00:31:35	5067	F	Wayne	Victor	Veteran	Male	45
7	00:32:31	5134	F	Harry	Millar	Veteran	Male	42
8	00:33:28	5043	F	Mo	Moola	Veteran	Male	46
9	00:36:43	4055	E	Ben	Van Rensburg	Veteran	Male	47
10	00:37:27	6200	G	Richard	Dellbridge	Veteran	Male	45
11	00:37:41	6088	G	Ben	Lowther	Veteran	Male	44
12	00:38:50	7190	H	DP	Spangenberg	Veteran	Male	44
13	00:39:01	5130	F	Rijk	van Reenen	Veteran	Male	46
14	00:39:49	6102	G	Isak	Meyer	Veteran	Male	49
15	00:40:14	7177	H	Gerhard	Esterhuizen	Veteran	Male	44
16	00:40:33	6277	G	Andy	Duncan	Veteran	Male	44
17	00:41:15	6232	G	Anwar	Nazeer	Veteran	Male	48
18	00:41:42	7005	H	Munier	Barden	Veteran	Male	44
19	00:42:41	5118	F	Jean-Paul	Baar	Veteran	Male	48
20	00:43:53	6202	G	Ameer	Amod	Veteran	Male	47
21	00:44:10	6117	G	Andrew	Nixon	Veteran	Male	46
22	00:44:51	5126	F	Ian	Matheson	Veteran	Male	46
23	00:47:50	6145	G	Hugo	Theron	Veteran	Male	47
24	01:01:47	7064	H	Koogan	Pillay	Veteran	Male	44

Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:29:03	5064	F	Birgit	Van Niekerk	Veteran	Female	40
2	00:38:04	7191	H	Ronel	Spangenberg	Veteran	Female	42
3	00:38:33	4021	E	Angelique	Nel	Veteran	Female	46
4	00:39:18	5123	F	Shelley	Dudley	Veteran	Female	47
5	00:39:50	5121	F	Charn	de Lange	Veteran	Female	48
6	00:39:53	6142	G	Nikki	Swanepoel	Veteran	Female	43
7	00:40:00	6139	G	Juanita	Strauss-Geyer	Veteran	Female	46
8	00:41:57	6300	G	Theresa	Van Der Kaag	Veteran	Female	48
9	00:42:25	6256	G	Emily	Furlong	Veteran	Female	44
10	00:43:06	5013	F	Michelle	Dietrich	Veteran	Female	48
11	00:47:12	6287	G	Tani	Pretorius	Veteran	Female	48
12	00:47:17	7173	H	Marichen	Dixon	Veteran	Female	46
13	00:47:37	7055	H	Naeema	Moola	Veteran	Female	41
14	00:47:52	6039	G	Theonie	du Plessis	Veteran	Female	49
15	00:49:11	6280	G	Edna	Jackson	Veteran	Female	43
16	00:50:35	7018	H	Louis	Dobinson	Veteran	Female	41
17	00:52:43	6080	G	Sandra	Joubert	Veteran	Female	47
18	00:53:01	6166	G	Ilse	Zwiegers	Veteran	Female	41
19	00:53:40	6153	G	Hetta	Van der Berg	Veteran	Female	47
20	00:54:55	6103	G	Lita	Meyer	Veteran	Female	48
21	01:01:42	6007	G	Tracy	Berry	Veteran	Female	47
22	01:05:48	6093	G	Abby	Malamba	Veteran	Female	45
23	01:38:06	7187	H	Chanene	Pitt	Veteran	Female	49

Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:30:14	4004	E	Andre	De Piaz	Master	Male	53

2	00:32:28	4007	E	Andrew	Denny	Master	Male	57
3	00:32:50	4052	E	Heil	van Tonder	Master	Male	55
4	00:34:46	5015	F	Bill	Dunn	Master	Male	51
5	00:39:10	5074	F	Alfred	Temmers	Master	Male	52
6	00:39:34	5056	F	Stefan	Roodt	Master	Male	55
7	00:39:55	5122	F	Pieter	de Lange	Master	Male	54
8	00:40:36	4005	E	Theuns	De Waal	Master	Male	53
9	00:41:40	6161	G	Hilton	Warrington	Master	Male	56
10	00:43:25	7180	H	William	Howard	Master	Male	52
11	00:44:54	7197	H	Richard	Tainton	Master	Male	56
12	00:45:16	6215	G	Paul	Goddard	Master	Male	52
13	00:46:57	6021	G	Mark	Chamberlain	Master	Male	54
14	00:47:31	6271	G	Michael	Black	Master	Male	58
15	00:51:40	6294	G	Dave	Venter	Master	Male	54
16	01:25:06	7067	H	Faried	Rimques	Master	Male	54

Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:29:59	5000	F	Nicolette	Brouwer	Master	Female	52
2	00:32:26	5073	F	Roldah	Orrie	Master	Female	53
3	00:33:24	4034	E	Chantal	Pieters	Master	Female	0
4	00:37:01	6203	G	Hester	Beste	Master	Female	53
5	00:39:57	6192	G	Belinda	van Tonder	Master	Female	54
6	00:42:13	7116	H	Marna	Broeksma	Master	Female	50
7	00:44:36	5079	F	Debua	Choice	Master	Female	53
8	00:45:10	6288	G	Hermien	Rossouw	Master	Female	50
9	00:47:24	7140	H	Helen	Macdonald	Master	Female	51
10	00:47:27	6270	G	Janet	Black	Master	Female	53
11	00:47:40	6268	G	Sadia	Jakoet-Sedick	Master	Female	52
12	00:50:38	5140	H	Hayley	Canterbury	Master	Female	55
13	00:51:36	6293	G	Charlene	Venter	Master	Female	51
14	00:54:46	6044	G	Anita	Erlank	Master	Female	50
15	00:55:12	6278	G	Fuzlan	Garnieldien	Master	Female	54
16	00:57:43	7171	H	Barbara	Bartosch	Master	Female	53
17	01:03:51	6276	G	Somaya	Du Toit	Master	Female	53
18	01:05:50	7014	H	Michelle	Cupido	Master	Female	52
19	01:25:02	7146	H	Fazly	Kapust	Master	Female	52

Grand Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:27:03	4031	E	Leslie	Chivell	Grand Master	Male	65
2	00:28:50	4022	E	Richard	Rossiter	Grand Master	Male	63
3	00:34:36	5053	F	David	Rodseth	Grand Master	Male	65
4	00:37:11	6096	G	Charl	Marais	Grand Master	Male	68
5	00:39:16	5038	F	Chris	Maeyer	Grand Master	Male	64
6	00:47:34	7188	H	Raoul	Scholtz	Grand Master	Male	62
7	00:55:08	6095	G	Ian	Maling	Grand Master	Male	61
8	00:55:51	7031	H	Michael	Goosen	Grand Master	Male	62

Grand Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:40:22	6079	G	Gertruida	Jooste	Grand Master	Female	66
2	00:42:36	6097	G	Shelley	Marais	Grand Master	Female	63
3	00:42:50	6144	G	Sasha	Tarboton	Grand Master	Female	60
4	00:43:09	6149	G	Kathie	Troost	Grand Master	Female	61
5	00:46:08	7037	H	Fatimah	Jacobs	Grand Master	Female	59
6	00:47:45	6299	G	Yasmin	Toeffis	Grand Master	Female	62
7	00:49:02	6131	G	Dawn	Rossiter	Grand Master	Female	63
8	00:51:01	5027	F	Thomaza	Koli	Grand Master	Female	60

Junior (15-17yrs)

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:24:16	4009	E	Jethro	Dunn	Junior	Male	16
2	00:32:46	5061	F	Lian	Swanepoel	Junior	Male	16
3	00:34:04	5105	F	Dewald	Treurnich	Junior	Male	15
4	00:39:27	4047	E	Clea	De klerk	Junior	Female	15

Minimee (11-14yrs)

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:19	4019	E	Mikael	Moolla	Minimee	Male	14
2	00:30:08	6089	G	Nikolas	Lowther	Minimee	Male	11
3	00:36:41	4026	E	Emma	Van Rensburg	Minimee	Female	11
4	00:39:29	4038	E	Anna	De Klerk	Minimee	Female	12
5	00:47:05	7056	H	Zaid	Moolla	Minimee	Male	11

Peewee (6-10yrs)

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:31:42	4037	E	Jonathan	Dellbridge	Peewee	Male	10
2	00:45:14	6216	G	Sophia	Goddard	Peewee	Female	9
3	00:47:03	5039	F	Martin	Malamba	Peewee	Male	9
4	00:48:54	7198	H	Thomas	Le Roux	Peewee	Male	6
5	00:54:43	7200	H	Olivia	Le Roux	Peewee	Male	7
6	01:02:37	7195	H	Leila	van den Bergh	Peewee	Female	6
7	01:04:59	6094	G	Amber-Jane	Malamba	Peewee	Female	10
8	01:07:03	7194	H	Daniël	van den Bergh	Peewee	Male	3