



TSSL 2020
Race 2 XL COURSE (20km)
Lebanon, Grabouw

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:20:16	8035	Michael	Davidson	Veteran	Male	41
2	01:20:46	8014	Jonathan	Black	Open	Male	25
3	01:22:25	8238	Kyle	Herring	Open	Male	25
4	01:24:58	8189	Gimo	Matusso	Veteran	Male	40
5	01:25:05	8274	Meg	Mackenzie	Open	Female	33
6	01:26:26	8209	AJ	Calitz	Open	Male	36
7	01:26:56	8269	Alasdair	Leslie	Veteran	Male	44
8	01:28:11	8183	Pete	Calitz	Veteran	Male	44
9	01:30:13	8318	Chris	Visser	Open	Male	37
10	01:30:45	8273	Jack	MacDiarmid	Open	Male	35
11	01:30:53	8043	Leanda	Du Bruyn	Open	Female	25
12	01:31:10	8231	Robbi	Gorelick	Open	Male	32
13	01:31:57	8225	John	Faure	Open	Male	28
14	01:32:02	8331	Colin	Matane	Open	Male	21
15	01:34:45	8141	Slmon	Stofberg	Open	Male	25
16	01:35:20	8203	Martin	Bongers	Open	Male	37
17	01:35:29	8090	Grant	Marcus	Veteran	Male	46
18	01:37:49	8062	Raoul	Goetze	Open	Male	33
19	01:39:59	8235	Gavin	Hauck	Veteran	Male	42
20	01:40:10	1095	Clifford	van Rooyen	Open	Male	39
21	01:40:11	8339	Dion	Nmillson	Veteran	Male	46
22	01:40:34	8198	Derrick	Baard	Veteran	Male	49
23	01:40:46	8326	Saum	Meyer	Open	Male	37
24	01:40:59	8214	James	Day	Open	Male	34
25	01:41:23	8327	Marius	van Rensburg	Open	Male	32
26	01:41:50	8102	Michael	Moosbrugger	Open	Male	38
27	01:42:23	8324	Francois	Theron	Open	Male	35
28	01:42:42	8017	Jono	Booth	Open	Male	36
29	01:43:13	8208	Craig	Bruton	Veteran	Male	44
30	01:44:35	8346	Josh	Pinn	Open	Male	28
31	01:44:42	8213	Ridge	Cross	Open	Male	25
32	01:44:47	8045	Sakkie	Du Toit	Master	Male	50
33	01:44:53	8267	AJ	Le Roux	Open	Male	32
34	01:44:55	8024	Izak	Burger	Veteran	Male	42
35	01:45:49	8153	Jonathan	Van Wyk	Open	Male	39
36	01:45:54	8259	Luke	Kuisis	Open	Male	28
37	01:46:24	8221	Jean-Pierre	du Plessis	Open	Male	30
38	01:46:56	8162	Jayson	Welthagen	Veteran	Male	44
39	01:47:11	8177	Ryno	Van Rooyen	Veteran	Male	40
40	01:47:17	8074	Julie	Huckle	Master	Female	51
41	01:47:21	8082	Ben	Kooyman	Open	Male	32
42	01:47:43	8344	Andre	Loots	Open	Male	24
43	01:47:48	8197	Nic	Atmore	Open	Male	36
44	01:47:52	8247	Sulaiman	Jacobs	Open	Male	33
45	01:48:00	8012	Sean	Bethell	Open	Male	31
46	01:48:32	8345	John	Nel	Open	Male	23
47	01:48:53	8151	Kathryn	Van Sittert	Open	Female	35
48	01:49:58	8272	Ross	Lutsch	Open	Male	37
49	01:50:03	8002	Cleo	Albertus	Open	Female	28
50	01:50:07	8109	Michael	Obery	Open	Male	34
51	01:50:40	8212	Matthew	Cross	Open	Male	21
52	01:51:04	8036	Ruard	de Bruyn	Open	Male	27
53	01:51:29	8304	Joe	Smith	Open	Male	35
54	01:51:36	8192	Julian	Burke	Open	Male	38
55	01:52:07	8245	Rod	Hunter	Open	Male	38
56	01:53:06	1058	Simon	Miszewski	Open	Male	30
57	01:53:11	8007	David	Barber	Veteran	Male	44
58	01:53:23	8234	Candyce	Hall	Open	Female	35
59	01:53:29	8335	Kevin	Dornbrack	Open	Male	23
60	01:54:31	8202	Renko	Bergh	Open	Male	32
61	01:54:50	8015	Stefan	Biommaert	Open	Male	39
62	01:54:53	8184	Gideon	Snyman	Veteran	Male	40
63	01:55:04	8311	Marisa	van der Merwe	Open	Female	37
64	01:55:10	8155	Riaan	Van Zyl	Veteran	Male	45
65	01:55:14	8302	Melody	Schultz	Veteran	Female	46
66	01:55:41	8294	Stephan	Pienaar	Open	Male	38
67	01:56:00	8343	Jami	Kruger	Open	Female	35
68	01:56:05	8333	Russell	Nel	Open	Male	22
69	01:56:18	8130	Zain	Samodien	Open	Male	29
70	01:56:36	8341	Ian	Laos	Master	Male	51
71	01:57:45	8329	Christiaan	Calitz	Open	Male	32
72	01:58:09	8085	Wiaan	Kriel	Open	Male	33
73	01:58:43	8098	Claus	Mischker	Veteran	Male	48
74	01:58:52	8229	Neil	Fourie	Open	Male	31
75	01:59:56	8144	Andre	Treurnich	Master	Male	52
76	01:59:59	8241	Beyers	Hoek	Veteran	Male	42
77	02:00:38	8330	Innm	Smith	Veteran	Male	46
78	02:00:59	8121	Maxine	Reilly	Master	Female	58
79	02:01:07	8323	Griet	Zakarian	Master	Female	57
80	02:01:15	8321	Meghan	West	Open	Female	25
81	02:01:18	8216	Matthew	de Haast	Open	Male	28
82	02:01:23	8249	Craig	Kempen	Veteran	Male	42
83	02:01:28	8182	Cecilia	Roberts	Veteran	Female	41
84	02:02:22	8031	Herman	Crause	Veteran	Male	49
85	02:02:42	8117	Melany	Porter	Veteran	Female	44
86	02:03:16	8110	James	Oosterbaan	Open	Male	26
87	02:03:26	8349	Riaan	van der Merve	Open	Male	36
88	02:03:49	8338	Werek	breed	Veteran	Male	48

89	02:04:17	8286	Lyle	Morris	Open	Male	36
90	02:04:25	8010	James	Bellairs	Open	Male	26
91	02:06:41	8101	Nicola	Moodie	Open	Female	25
92	02:07:07	8256	Pieter	Koornhof	Open	Male	32
93	02:07:28	8278	Jacques	Maree	Open	Male	34
94	02:07:52	8244	Lauren	Honeyman	Veteran	Female	49
95	02:07:59	8115	Craig	Pike	Veteran	Male	44
96	02:08:05	8301	Alexis	Sacks	Master	Female	50
97	02:08:47	8295	Carla	Pietersen	Open	Female	38
98	02:09:00	8201	Victoria	Bennetts	Veteran	Female	42
99	02:09:13	8132	Kirsten	Scott	Open	Female	25
100	02:09:16	8220	Coriaan	de Villiers	Veteran	Female	48
101	02:09:18	8133	Megan	Scott	Open	Female	25
102	02:09:27	8317	Manfred	Venter	Open	Male	32
103	02:09:33	8337	Wim	Botha	Veteran	Male	46
104	02:09:38	8175	Lerina	van Zyl	Veteran	Female	41
105	02:09:40	8291	Talia	Norvall	Open	Female	32
106	02:10:13	8057	Sibulele	Ganca	Open	Male	38
107	02:10:18	8236	Gerda	Henn	Veteran	Female	40
108	02:10:22	8093	Scott	McIvor	Master	Male	65
109	02:10:26	8068	Dimitri	Hadzigrigoriou	Open	Male	25
110	02:11:28	8232	Kamal	Govan	Open	Male	33
111	02:12:03	8078	Shaheem	Kader	Veteran	Male	46
112	02:12:09	8194	Grant	Achilles	Veteran	Male	48
113	02:12:15	8315	Alec	Van Wyk	Veteran	Male	44
114	02:13:04	8215	Terratsy	De	Master	Female	51
115	02:13:10	8131	David	Schneider	Master	Male	53
116	02:13:22	8305	Simon	Sonn	Veteran	Male	46
117	02:13:31	8308	Dawid	Theron	Open	Male	27
118	02:14:24	8290	Kelly	Neveling	Veteran	Female	43
119	02:15:02	8072	Jan Hendrik	Hofmeyr	Open	Male	38
120	02:15:07	8340	Slynis	Hvuphney	Veteran	Female	43
121	02:15:11	8328	Louis	Oosthuizen	Open	Male	25
122	02:15:27	8296	Dustin	Quintini	Open	Male	37
123	02:15:35	8276	Paige	Madison	Open	Female	30
124	02:15:48	8210	Colin	Coleske	Open	Male	31
125	02:16:10	8205	Tienie	Bredell	Veteran	Male	46
126	02:16:20	8348	Marthinus	Lourens	Open	Male	32
127	02:16:27	8266	Philippa	Law	Veteran	Female	49
128	02:16:32	8224	Estelle	Erasmus	Veteran	Female	43
129	02:16:37	8008	Siya	Bashe	Veteran	Female	45
130	02:16:45	8171	Tebogo	Ntlapo	Open	Male	35
131	02:16:54	8230	Ganief	Galvaan	Master	Male	60
132	02:18:43	8268	Luzanne	Le Roux	Open	Female	35
133	02:18:58	8299	Adam	Ricketts	Open	Male	39
134	02:19:04	8243	Caryl	Hollmann	Open	Female	32
135	02:19:13	8242	Chris	Holdsworth	Open	Male	37
136	02:19:58	8211	Edwin	Cross	Veteran	Male	43
137	02:20:00	8252	Malin	Kirjonen	Open	Female	32
138	02:20:04	8254	Colleen	Knox	Open	Female	35
139	02:20:33	8108	Gregory	Newman	Open	Male	30
140	02:20:40	8077	Carl	Joubert	Open	Male	36
141	02:20:44	8083	Elizma	Kooyman	Open	Female	35
142	02:20:48	8282	Julie	Michael	Veteran	Female	42
143	02:21:04	8320	Disy	Weidon	Veteran	Female	41
144	02:21:17	8316	Marais	van Wyk	Open	Male	26
145	02:21:47	8164	Jolene	Wium	Open	Female	32
146	02:22:03	8336	Corne	Delofbe	Veteran	Female	45
147	02:22:17	8280	Daniela	Messina	Open	Female	30
148	02:22:27	8332	Hanner	Spangenberg	Open	Male	33
149	02:22:57	8257	Jeremy	Kropman	Master	Male	62
150	02:23:12	8313	Clint	Van Diemel	Open	Male	38
151	02:23:21	8334	Eliigh	Bolle	Veteran	Male	43
152	02:23:48	8065	Jan-Wynand	Greeff	Open	Male	39
153	02:24:00	8253	Wouter	Klapwijk	Master	Male	51
154	02:24:14	8300	Roger	Rudolph	Veteran	Male	48
155	02:24:36	8032	Madelein	Crews	Open	Female	38
156	02:24:49	8258	Irina	Kubica	Veteran	Female	45
157	02:25:05	8277	Janet	Malan	Veteran	Female	42
158	02:25:20	8227	Kallie	Fernhout	Open	Male	34
159	02:25:33	8135	Carina	Stirzus	Veteran	Female	43
160	02:26:27	8342	Sabine	Muller	Master	Female	54
161	02:26:34	8120	Kerry	Red	Veteran	Female	41
162	02:26:38	8264	Retief	Lamprecht	Master	Male	52
163	02:26:53	8347	Elsabe	van der Merve	Open	Female	35
164	02:27:00	8319	Morgan	Volkman	Open	Female	39
165	02:27:07	8226	Clare	Feenan	Veteran	Female	45
166	02:27:13	8000	Adnaan	Ajam	Open	Male	35
167	02:27:17	8292	Veronique	Orban	Veteran	Female	42
168	02:27:21	8297	Rochelle	Reid	Veteran	Female	43
169	02:28:28	8275	Dominique	Macnab	Open	Female	39
170	02:29:31	8255	Jana	Kolodziej	Veteran	Female	49
171	02:30:20	8250	Charl	Moller	Veteran	Male	41
172	02:30:43	8088	Nicolaas	Loubser	Master	Male	59
173	02:30:51	8240	Nicki	Hill	Master	Female	52
174	02:33:00	8351	Dean	Vizagie	Open	Male	31
175	02:33:40	8047	Velia	Duncan	Veteran	Female	46
176	02:34:23	8207	Beatrix	Broek	Master	Female	53
177	02:34:27	8271	Jaqueline	Loydell	Master	Female	58
178	02:35:17	8046	Mike	Duncan	Veteran	Male	46
179	02:36:04	8218	Tarryn	de Kock	Open	Female	37
180	02:36:13	8145	Maryka	Treurnich	Open	Female	36
181	02:36:30	8166	Timothy	Young	Open	Male	38
182	02:36:50	8181	Theari	Fernhout	Open	Female	34
183	02:40:23	8022	Raubie	Brink	Open	Male	34
184	02:41:26	8044	Albertus Johannes	du Toit	Open	Male	34
185	02:42:01	8322	Tania	Wiggins	Veteran	Female	43

186	02:42:25	8180	Faheem	Salie	Veteran	Male	41
187	02:42:44	8200	Gary	Banfield	Veteran	Male	46
188	02:42:50	8027	Sarah	Camp	Open	Female	21
189	02:43:26	8195	Anne	Alessandri	Veteran	Female	45
190	02:43:53	8263	Elschen	Beyers	Master	Female	38
191	02:47:21	8260	Kim	Lamb	Master	Female	55
192	02:47:55	8199	Linda	Balme	Veteran	Female	42
193	02:48:00	8204	Liz	Brash	Master	Female	60
194	02:49:14	8270	Lauryl	Lorio	Veteran	Female	45
195	02:49:20	8325	M-Flint	Marette	Master	Female	50
196	02:49:39	8071	Timothy	Higgins	Open	Male	29
197	02:49:44	8049	Brent	Falkenberg	Open	Male	29
198	02:52:03	8298	Francois	Retief	Veteran	Male	47
199	02:54:38	8222	Corli	du Toit Smith	Open	Female	35
200	03:00:20	8261	Tamryn	Lamb	Veteran	Female	42
201	03:06:10	8246	Adele	Immelman	Veteran	Female	40
202	03:06:14	8265	Manfred	Laumann	Master	Male	60
203	03:12:30	8251	Fatima	Khan	Open	Female	33
204	03:21:51	8283	Kagiso	Mihi	Veteran	Male	45
205	03:31:28	8262	Mev	Lamprecht	Veteran	Female	45
206	03:31:32	8281	Nothemba	Mfoloji	Open	Female	38

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:20:46	8014	Jonathan	Black	Open	Male	25
2	01:22:25	8238	Kyle	Herring	Open	Male	25
3	01:26:26	8209	AJ	Calitz	Open	Male	36
4	01:30:13	8318	Chris	Visser	Open	Male	37
5	01:30:45	8273	Jack	MacDiarmid	Open	Male	35
6	01:31:10	8231	Robbi	Gorelick	Open	Male	32
7	01:31:57	8225	John	Faure	Open	Male	28
8	01:32:02	8331	Colison	Matane	Open	Male	21
9	01:34:45	8141	Simon	Stofberg	Open	Male	25
10	01:35:20	8203	Martin	Bongers	Open	Male	37
11	01:37:49	8062	Raoul	Goetze	Open	Male	33
12	01:40:10	1095	Clifford	van Rooyen	Open	Male	39
13	01:40:46	8326	Saum	Meyer	Open	Male	37
14	01:40:59	8214	James	Day	Open	Male	34
15	01:41:23	8327	Marius	van Rensburg	Open	Male	32
16	01:41:50	8102	Michael	Moosbrugger	Open	Male	38
17	01:42:23	8324	Francois	Theron	Open	Male	35
18	01:42:42	8017	Jono	Booth	Open	Male	36
19	01:44:35	8346	Josh	Pinn	Open	Male	28
20	01:44:42	8213	Ridge	Cross	Open	Male	25
21	01:44:53	8267	AJ	Le Roux	Open	Male	32
22	01:45:49	8153	Jonathan	Van Wyk	Open	Male	39
23	01:45:54	8259	Luke	Kuisis	Open	Male	28
24	01:46:24	8221	Jean-Pierre	du Plessis	Open	Male	30
25	01:47:21	8082	Ben	Kooyman	Open	Male	32
26	01:47:43	8344	Andre	Loots	Open	Male	24
27	01:47:48	8197	Nic	Atmore	Open	Male	36
28	01:47:52	8247	Sulaiman	Jacobs	Open	Male	33
29	01:48:00	8012	Sean	Bethell	Open	Male	31
30	01:48:32	8345	John	Nel	Open	Male	23
31	01:49:58	8272	Ross	Lutsch	Open	Male	37
32	01:50:07	8109	Michael	Obery	Open	Male	34
33	01:50:40	8212	Matthew	Cross	Open	Male	21
34	01:51:04	8036	Ruard	de Bruyn	Open	Male	27
35	01:51:29	8304	Joe	Smith	Open	Male	35
36	01:51:36	8192	Julian	Burke	Open	Male	38
37	01:52:07	8245	Rod	Hunter	Open	Male	38
38	01:53:06	1058	Simon	Miszewski	Open	Male	30
39	01:53:29	8335	Kevin	Dornbrack	Open	Male	23
40	01:54:31	8202	Renko	Bergh	Open	Male	32
41	01:54:50	8015	Stefan	Blommaert	Open	Male	39
42	01:55:41	8294	Stephan	Pienaar	Open	Male	38
43	01:56:05	8333	Russell	Nel	Open	Male	22
44	01:56:18	8130	Zain	Samodien	Open	Male	29
45	01:57:45	8329	Christiaan	Calitz	Open	Male	32
46	01:58:09	8085	Wiaan	Kriel	Open	Male	33
47	01:58:52	8229	Neil	Fourie	Open	Male	31
48	02:01:18	8216	Matthew	de Haast	Open	Male	28
49	02:03:16	8110	James	Oosterbaan	Open	Male	26
50	02:03:26	8349	Riaan	van der Merve	Open	Male	36
51	02:04:17	8286	Lyle	Morris	Open	Male	36
52	02:04:25	8010	James	Bellairs	Open	Male	26
53	02:07:07	8256	Pieter	Koornhof	Open	Male	32
54	02:07:28	8278	Jacques	Maree	Open	Male	34
55	02:09:27	8317	Manfred	Venter	Open	Male	32
56	02:10:13	8057	Sibulele	Ganca	Open	Male	38
57	02:10:26	8068	Dimitri	Hadzigrigoriou	Open	Male	25
58	02:11:28	8232	Kamal	Govan	Open	Male	33
59	02:13:31	8308	Dawid	Theron	Open	Male	27
60	02:15:02	8072	Jan Hendrik	Hofmeyr	Open	Male	38
61	02:15:11	8328	Louis	Oosthuizen	Open	Male	25
62	02:15:27	8296	Dustin	Quintini	Open	Male	37
63	02:15:48	8210	Colin	Coleske	Open	Male	31
64	02:16:20	8348	Marthinus	Lourens	Open	Male	32
65	02:16:45	8171	Tebogo	Ntlapo	Open	Male	35
66	02:18:58	8299	Adam	Ricketts	Open	Male	39
67	02:19:13	8242	Chris	Holdsworth	Open	Male	37
68	02:20:33	8108	Gregory	Newman	Open	Male	30
69	02:20:40	8077	Carl	Joubert	Open	Male	36
70	02:21:17	8316	Marais	van Wyk	Open	Male	26
71	02:22:27	8332	Hanner	Spangenberg	Open	Male	33
72	02:23:12	8313	Clint	Van Diemel	Open	Male	38
73	02:23:48	8065	Jan-Wynand	Greff	Open	Male	39

74	02:25:20	8227	Kallie	Fernhout	Open	Male	34
75	02:27:13	8000	Adnaan	Ajam	Open	Male	35
76	02:33:00	8351	Dean	Vizagie	Open	Male	31
77	02:36:30	8166	Timothy	Young	Open	Male	38
78	02:40:23	8022	Raubie	Brink	Open	Male	34
79	02:41:26	8044	Albertus Johannes	du Toit	Open	Male	34
80	02:49:39	8071	Timothy	Higgins	Open	Male	29
81	02:49:44	8049	Brent	Falkenberg	Open	Male	29

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:25:05	8274	Meg	Mackenzie	Open	Female	33
2	01:30:53	8043	Leanda	Du Bruyn	Open	Female	25
3	01:48:53	8151	Kathryn	Van Sittert	Open	Female	35
4	01:50:03	8002	Cleo	Albertus	Open	Female	28
5	01:53:23	8234	Candyce	Hall	Open	Female	35
6	01:55:04	8311	Marisa	van der Merwe	Open	Female	37
7	01:56:00	8343	Jami	Kruger	Open	Female	35
8	02:01:15	8321	Meghan	West	Open	Female	25
9	02:06:41	8101	Nicola	Moodie	Open	Female	25
10	02:08:47	8295	Carla	Pietersen	Open	Female	38
11	02:09:13	8132	Kirsten	Scott	Open	Female	25
12	02:09:18	8133	Megan	Scott	Open	Female	25
13	02:09:40	8291	Talia	Norvall	Open	Female	32
14	02:15:35	8276	Paige	Madison	Open	Female	30
15	02:18:43	8268	Luzanne	Le Roux	Open	Female	35
16	02:19:04	8243	Caryl	Hollmann	Open	Female	32
17	02:20:00	8252	Malin	Kirjonen	Open	Female	32
18	02:20:04	8254	Colleen	Knox	Open	Female	35
19	02:20:44	8083	Elizma	Kooyman	Open	Female	35
20	02:21:47	8164	Jolene	Wlum	Open	Female	32
21	02:22:17	8280	Daniela	Messina	Open	Female	30
22	02:24:36	8032	Madelein	Crews	Open	Female	38
23	02:26:53	8347	Elsabe	van der Merve	Open	Female	35
24	02:27:00	8319	Morgan	Volkman	Open	Female	39
25	02:28:28	8275	Dominique	Macnab	Open	Female	39
26	02:36:04	8218	Tarryn	de Kock	Open	Female	37
27	02:36:13	8145	Maryka	Treurnich	Open	Female	36
28	02:36:50	8181	Theari	Fernhout	Open	Female	34
29	02:42:50	8027	Sarah	Camp	Open	Female	21
30	02:54:38	8222	Corli	du Toit Smith	Open	Female	35
31	03:12:30	8251	Fatima	Khan	Open	Female	33
32	03:31:32	8281	Nothemba	Mfolozi	Open	Female	38

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:20:16	8035	Michael	Davidson	Veteran	Male	41
2	01:24:58	8189	Gimo	Matusso	Veteran	Male	40
3	01:26:56	8269	Alasdair	Leslie	Veteran	Male	44
4	01:28:11	8183	Pete	Calitz	Veteran	Male	44
5	01:35:29	8090	Grant	Marcus	Veteran	Male	46
6	01:39:59	8235	Gavin	Hauck	Veteran	Male	42
7	01:40:11	8339	Dion	Nmillson	Veteran	Male	46
8	01:40:34	8198	Derrick	Baard	Veteran	Male	49
9	01:43:13	8208	Craig	Bruton	Veteran	Male	44
10	01:44:55	8024	Izak	Burger	Veteran	Male	42
11	01:46:56	8162	Jayson	Welthagen	Veteran	Male	44
12	01:47:11	8177	Ryno	Van Rooyen	Veteran	Male	40
13	01:53:11	8007	David	Barber	Veteran	Male	44
14	01:54:53	8184	Gideon	Snyman	Veteran	Male	40
15	01:55:10	8155	Riaan	Van Zyl	Veteran	Male	45
16	01:58:43	8098	Claus	Mischker	Veteran	Male	48
17	01:59:59	8241	Beyers	Hoek	Veteran	Male	42
18	02:00:38	8330	Innm	Smith	Veteran	Male	46
19	02:01:23	8249	Craig	Kempen	Veteran	Male	42
20	02:02:22	8031	Herman	Crause	Veteran	Male	49
21	02:03:49	8338	Werek	breed	Veteran	Male	48
22	02:07:59	8115	Craig	Pike	Veteran	Male	44
23	02:09:33	8337	Wim	Botha	Veteran	Male	46
24	02:12:03	8078	Shaheem	Kader	Veteran	Male	46
25	02:12:09	8194	Grant	Achilles	Veteran	Male	48
26	02:12:15	8315	Alec	Van Wyk	Veteran	Male	44
27	02:13:22	8305	Simon	Sonn	Veteran	Male	46
28	02:16:10	8205	Tienie	Bredell	Veteran	Male	46
29	02:19:58	8211	Edwin	Cross	Veteran	Male	43
30	02:23:21	8334	Eligh	Bolle	Veteran	Male	43
31	02:24:14	8300	Roger	Rudolph	Veteran	Male	48
32	02:30:20	8250	Charl	Moller	Veteran	Male	41
33	02:35:17	8046	Mike	Duncan	Veteran	Male	46
34	02:42:25	8180	Faheem	Salie	Veteran	Male	41
35	02:42:44	8200	Gary	Banfield	Veteran	Male	46
36	02:52:03	8298	Francois	Relief	Veteran	Male	47
37	03:21:51	8283	Kagisho	Mihi	Veteran	Male	45

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:55:14	8302	Melody	Schultz	Veteran	Female	46
2	02:01:28	8182	Cecilia	Roberts	Veteran	Female	41
3	02:02:42	8117	Melany	Porter	Veteran	Female	44
4	02:07:52	8244	Lauren	Honeyman	Veteran	Female	49
5	02:09:00	8201	Victoria	Bennetts	Veteran	Female	42
6	02:09:16	8220	Coriaan	de Villiers	Veteran	Female	48
7	02:09:38	8175	Lerina	van Zyl	Veteran	Female	41
8	02:10:18	8236	Gerda	Henn	Veteran	Female	40
9	02:14:24	8290	Kelly	Neveling	Veteran	Female	43
10	02:15:07	8340	Slynis	Hvuphney	Veteran	Female	43
11	02:16:27	8266	Philippa	Law	Veteran	Female	49

12	02:16:32	8224	Estelle	Erasmus	Veteran	Female	43
13	02:16:37	8008	Siya	Bashe	Veteran	Female	45
14	02:20:48	8282	Julie	Michael	Veteran	Female	42
15	02:21:04	8320	Disy	Weldon	Veteran	Female	41
16	02:22:03	8336	Corne	Delofbe	Veteran	Female	45
17	02:24:49	8258	Irina	Kubica	Veteran	Female	45
18	02:25:05	8277	Janet	Malan	Veteran	Female	42
19	02:25:33	8135	Carina	Sirzus	Veteran	Female	43
20	02:26:34	8120	Kerry	Red	Veteran	Female	41
21	02:27:07	8226	Clare	Feenan	Veteran	Female	45
22	02:27:17	8292	Veronique	Orban	Veteran	Female	42
23	02:27:21	8297	Rochelle	Reid	Veteran	Female	43
24	02:29:31	8255	Jana	Kolodziej	Veteran	Female	49
25	02:33:40	8047	Velia	Duncan	Veteran	Female	46
26	02:42:01	8322	Tania	Wiggins	Veteran	Female	43
27	02:43:26	8195	Anne	Alessandri	Veteran	Female	45
28	02:47:55	8199	Linda	Balme	Veteran	Female	42
29	02:49:14	8270	Lauryl	Lorio	Veteran	Female	45
30	03:00:20	8261	Tamryn	Lamb	Veteran	Female	42
31	03:06:10	8246	Adele	Immelman	Veteran	Female	40
32	03:31:28	8262	Mev	Lamprecht	Veteran	Female	45

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:44:47	8045	Sakkie	Du Toit	Master	Male	50
2	01:56:36	8341	Ian	Laos	Master	Male	51
3	01:59:56	8144	Andre	Treurnich	Master	Male	52
4	02:10:22	8093	Scott	Mclvor	Master	Male	65
5	02:13:10	8131	David	Schneider	Master	Male	53
6	02:16:54	8230	Ganief	Galvaan	Master	Male	60
7	02:22:57	8257	Jeremy	Kropman	Master	Male	62
8	02:24:00	8253	Wouter	Klapwijk	Master	Male	51
9	02:26:38	8264	Retief	Lamprecht	Master	Male	52
10	02:30:43	8088	Nicolaas	Loubser	Master	Male	59
11	03:06:14	8265	Manfred	Laumann	Master	Male	60

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:47:17	8074	Julie	Huckle	Master	Female	51
2	02:00:59	8121	Maxine	Reilly	Master	Female	58
3	02:01:07	8323	Griet	Zakarian	Master	Female	57
4	02:08:05	8301	Alexis	Sacks	Master	Female	50
5	02:13:04	8215	Terratsy	De	Master	Female	51
6	02:26:27	8342	Sabine	Muller	Master	Female	54
7	02:30:51	8240	Nicki	Hill	Master	Female	52
8	02:34:23	8207	Beatrix	Broek	Master	Female	53
9	02:34:27	8271	Jaqueline	Loydell	Master	Female	58
10	02:43:53	8263	Elschen	Beyers	Master	Female	38
11	02:47:21	8260	Kim	Lamb	Master	Female	55
12	02:48:00	8204	Liz	Brash	Master	Female	60
13	02:49:20	8325	M-Flint	Marette	Master	Female	50