



Trail Series® Super League 2020
Race 1 LONG COURSE (9.5km)
Kirstenbosch Botanical Gardens

Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:39:38	37	A	Siviwe	Nkombi	Open	Male	31
2	00:44:14	31	A	Bianca	Tarboton	Open	Female	22
3	00:45:07	26	A	David	Sher	Open	Male	20
4	00:47:17	3	A	Estean	Badenhorst	Open	Male	24
5	00:48:50	13	A	John	Faure	Open	Male	28
6	00:49:59	38	A	Jamie	Sher	Open	Male	20
7	00:50:22	25	A	Nick	Schonegevel	Open	Male	24
8	00:50:34	18	A	Stuart	McDonald	Open	Male	37
9	00:51:41	36	A	Nicola	Wills	Open	Female	23
10	00:51:52	32	A	Greg	Torr	Veteran	Male	45
11	00:52:12	17	A	Werner	Kachelhoffer	Open	Male	32
12	00:52:44	2	A	Brenton	Ashby	Master	Male	50
13	00:52:52	1040	B	Bradley	Janse van Rensburg	Open	Male	25
14	00:54:31	1095	B	C	Van Rooyen	Open	Male	39
15	00:54:58	24	A	Lara	Rossouw	Open	Female	20
16	00:55:07	41	A	Harry	Banda	Open	Male	31
17	00:56:06	1116	B	Marius	Jansen van Rensburg	Open	Male	32
18	00:56:49	35	A	Matthew	Weyer	Open	Male	28
19	00:57:10	5	A	Henrico	Bekker	Open	Male	36
20	00:57:10	1027	B	Mike	Eloff	Veteran	Male	40
21	00:57:13	1064	B	Allan	Perrottet	Open	Male	28
22	00:57:18	1071	B	Craig	Sales	Veteran	Male	47
23	00:57:33	1000	B	Mike	Arbuthnot	Veteran	Male	43
24	00:57:35	1118	B	Theodor	Gutsche	Veteran	Male	0
25	00:57:37	1030	B	Ryan	Ferreira	Open	Male	30
26	00:57:40	1067	B	James	Robertson	Master	Male	52
27	00:58:02	1016	B	Mias	De Klerk	Open	Male	39
28	00:58:17	2148	C	Dylan	Ellis	Open	Male	21
29	00:58:36	2157	C	T.C	Devine	Open	Male	33
30	00:59:00	6	A	Cullen	Clarke	Open	Male	12
31	00:59:01	7	A	Liam	Clarke	Open	Male	12
32	00:59:01	1025	B	Jonathan	Edwards	Open	Male	35
33	00:59:04	19	A	Matthew	McKechnie	Open	Male	22
34	00:59:08	2041	C	Tristan	Hamilton	Open	Male	22
35	00:59:25	11	A	Jansen	Du Plessis	Open	Male	28
36	00:59:26	1058	B	Simon	Miszewski	Open	Male	30
37	00:59:34	1117	B	Christiaan	Calitz	Open	Male	32
38	00:59:44	15	A	Rosslee	Guess	Open	Female	26
39	00:59:58	1100	B	Graham	Westcott	Veteran	Male	41
40	01:00:42	1008	B	Caroline	Brown	Open	Female	29
41	01:00:45	1057	B	Anthony	Miller	Veteran	Male	46
42	01:00:47	1010	B	Ryan	Charton	Veteran	Male	43
43	01:00:50	1041	B	Charl	Jooste	Open	Male	35
44	01:00:52	1121	B	Dor	Manella	Open	Male	22
45	01:01:06	1092	B	Stuart	Torr	Open	Male	38
46	01:01:07	34	A	Danie	Van Der Merwe	Master	Male	50
47	01:01:17	1005	B	Meagan	Bosland	Open	Female	33
48	01:01:41	1111	B	Johann	Luckhoff	Master	Male	50
49	01:01:50	2032	C	Charlie	Dutton	Veteran	Male	45
50	01:01:52	2033	C	Jessica	Dutton	Veteran	Female	43
51	01:02:02	1119	B	Daniel	Jubert	Open	Male	39
52	01:02:02	30	A	Marco	Steenkamp	Open	Male	31
53	01:02:06	1079	B	Thomas	Stabler	Open	Male	35
54	01:02:06	9	A	Alexa	De Villiers	Open	Female	37
55	01:02:11	1068	B	Byron	Rode	Open	Male	33
56	01:02:22	23	A	Carey	Pike	Open	Female	28
57	01:02:41	42	A	Brad	Williams	Open	Male	24
58	01:02:51	2102	C	Yolande	Riekert	Open	Female	35
59	01:03:22	1070	B	Zane	Rossouw	Veteran	Female	47
60	01:03:26	1074	B	James	Sleigh	Master	Male	52
61	01:03:42	2162	C	Thys	de Beer	Open	Male	31
62	01:03:47	2166	C	Steph	Haumann	Open	Male	28
63	01:03:48	1080	B	Darryl	Stander	Veteran	Male	47
64	01:03:58	1086	B	Matt	Sutcliffe	Open	Male	27
65	01:04:06	1120	B	Steve	Hodge	Open	Male	31
66	01:04:26	1029	B	Willem	Esterhuizen	Open	Male	33
67	01:04:36	1065	B	Keith	Power	Open	Male	32
68	01:04:49	2128	C	Marelize	van Eck	Open	Female	36
69	01:04:52	2158	C	James	Boyers	Open	Male	32
70	01:04:53	2150	C	Luke	Murray	Open	Male	38
71	01:04:54	1094	B	Renier	van Jaarsveld	Open	Male	33
72	01:04:59	39	A	Erin	van Egssen	Open	Male	33
73	01:05:00	1091	B	Matt	Thompson	Open	Male	35
74	01:05:03	3001	D	Dylan	Brown	Open	Male	30
75	01:05:08	1034	B	Coenraad	Groenewald	Veteran	Male	40
76	01:05:08	2133	C	Jeremy	West	Open	Male	38
77	01:05:12	1	A	Zac	Abel	Open	Male	22
78	01:05:15	1069	B	Andrew	Roper	Master	Male	50
79	01:05:37	1099	B	Disy	Weldon	Veteran	Female	41
80	01:05:41	1105	B	Ashleigh	Iovino	Open	Female	35
81	01:05:42	10	A	Andrew	Dietrich	Veteran	Male	47
82	01:05:44	1066	B	Shaun	Quarmby	Master	Male	56
83	01:05:45	1109	B	Debora	Wynne	Veteran	Female	44
84	01:05:46	4	A	Oliver	Becher	Open	Male	25
85	01:06:00	1076	B	Alexander	Smook	Open	Male	27
86	01:06:19	1046	B	Meyr	Kruger	Open	Male	31
87	01:06:25	1063	B	Rebecca	Pein	Open	Female	26
88	01:06:26	1107	B	Corrit	Fourie	Open	Male	36
89	01:06:30	1042	B	Cobus	Jooste	Open	Male	30
90	01:06:32	1024	B	Simon	Du Toit	Open	Male	34
91	01:06:43	20	A	Charlotte	Noble	Master	Female	54
92	01:06:43	2100	C	Elmarie	Randewijk	Open	Female	36
93	01:07:04	1114	B	Greg	Nedster	Open	Male	34
94	01:07:05	2051	C	Tim	Humphreys-Davies	Master	Male	50
95	01:07:07	2091	C	Daisy	Myburgh	Open	Female	30

98	01:07:12	1112	B	Esther	Hoogstad	Veteran	Female	40
99	01:07:33	2002	C	Grant	Achilles	Veteran	Male	48
100	01:07:34	2024	C	Malcolm	Daitz	Veteran	Male	47
101	01:07:36	2180	C	Robi	Levi	Open	Male	23
102	01:07:38	2071	C	Murray	Le Roux	Open	Male	30
103	01:07:42	2120	C	Pieter	Theron	Open	Male	36
104	01:07:52	2031	C	Don	Duffield	Master	Male	52
105	01:07:54	1098	B	Nicola	Vertue	Veteran	Female	43
106	01:08:16	1014	B	Charles	Crous	Open	Male	34
107	01:08:18	1101	B	Lisa	White	Open	Female	33
108	01:08:21	3009	D	Andries	Fourie	Open	Male	30
109	01:08:24	22	A	Sarah	Pein	Open	Female	26
110	01:08:27	2178	C	Werner	Jooste	Open	Male	33
111	01:08:30	1102	B	Matthew	White	Open	Male	33
112	01:08:36	1085	B	Struthers	Struthers	Veteran	Male	46
113	01:08:42	2140	C	Pauline	Wilkinson	Open	Female	35
114	01:08:48	1103	B	Nina	Woermann	Open	Female	24
115	01:08:56	1022	B	Lilize	Diener	Open	Female	31
116	01:09:02	1096	B	Tw	van Zyl	Open	Male	33
117	01:09:05	1078	B	Brendon	Solik	Open	Male	31
118	01:09:15	12	A	Paul	Engelbrecht	Master	Male	50
119	01:09:19	1110	B	Ziyaad	Solomon	Open	Male	27
120	01:09:20	1026	B	Ragmah	Edwards	Open	Female	28
121	01:09:22	1083	B	Pieter	Streicher	Master	Male	50
122	01:09:25	1004	B	Andre	Blignaut	Open	Male	33
123	01:09:30	2152	C	Sebnem	Er	Veteran	Female	41
124	01:09:41	1048	B	Jessica	Lee	Open	Female	31
125	01:09:47	2132	C	Dylan	Wallace	Open	Male	36
126	01:09:51	28	A	Antony	Smyth	Veteran	Male	49
127	01:09:53	40	A	Trish	Lane	Master	Female	56
128	01:09:55	1055	B	Katharine	Michaud	Open	Male	39
129	01:09:55	2139	C	Matthew	Wilkinson	Veteran	Male	41
130	01:09:56	2141	C	Toni	Wilkinson	Open	Female	36
131	01:09:59	2097	C	Stephen	Pietersen	Veteran	Male	45
132	01:10:00	1007	B	Ronel	Botha	Open	Female	30
133	01:10:01	2012	C	Alon	Brester	Open	Male	26
134	01:10:02	2107	C	Jared	Seymour Hall	Open	Male	36
135	01:10:03	1006	B	Basil Ettienne	Botha	Open	Male	32
136	01:10:04	2179	C	Sandra	Dacey	Veteran	Female	42
137	01:10:09	2006	C	Ian	Austin	Open	Male	28
138	01:10:11	2170	C	Nicholas	Smith	Veteran	Male	43
139	01:10:22	2171	C	Louise	Balley Tait	Open	Female	38
140	01:10:23	2037	C	Jessica	Giles	Open	Female	38
141	01:10:26	2029	C	Wayne	Do Rego	Veteran	Male	42
142	01:10:29	2147	C	Dale	Isaacs	Open	Male	38
143	01:10:32	2110	C	Nadia	Smith	Veteran	Female	42
144	01:10:34	2014	C	Carike	Byker	Open	Female	31
145	01:10:36	1052	B	Michelle	Maree	Veteran	Female	47
146	01:10:38	2168	C	Alex	De Villiers	Open	Male	29
147	01:10:40	2164	C	York	Pick	Open	Male	30
148	01:10:41	1011	B	Willem	Cloete	Open	Male	38
66	01:10:44	1061	B	Debbie	Nordien	Open	Female	35
149	01:10:44	2135	C	Kathryn	Wicht	Open	Female	31
150	01:10:45	1088	B	Johann	Theron	Grand Master	Male	62
151	01:10:45	2010	C	Alexandra	Blair	Open	Female	31
152	01:10:56	1090	B	Jason	Thomas	Open	Male	37
153	01:10:59	1002	B	Jennifer	Begg	Open	Female	32
154	01:11:08	2119	C	sanjay	tewary	Master	Male	52
155	01:11:19	2167	C	Kaylyn	Novak	Open	Female	22
156	01:11:29	8	A	Nikki	De Souza	Veteran	Female	40
157	01:11:34	2081	C	Michael	Mc Intosh	Open	Male	30
158	01:11:41	1015	B	Louisa	Cruikshank	Veteran	Female	40
159	01:11:43	1059	B	Leanne	Mitchell	Veteran	Female	43
160	01:11:46	1093	B	Paul	Turner	Veteran	Male	41
161	01:11:52	1044	B	Sediqa	Khatieb	Open	Female	37
162	01:11:53	2005	C	Nadine	Arnold	Open	Female	31
163	01:11:55	1073	B	Anthony	Shaw	Master	Male	50
164	01:11:58	1028	B	Neels	Erasmus	Veteran	Male	40
165	01:11:58	2049	C	Kelly	Huber	Veteran	Female	40
166	01:12:08	1031	B	Frances	Fuchs	Veteran	Female	45
167	01:12:08	2042	C	Michael	Hathorn	Open	Male	29
168	01:12:13	2043	C	Peter	hathorn	Master	Male	59
169	01:12:14	1045	B	Kirsten	Kingma	Open	Female	29
170	01:12:16	1089	B	Clyde	Thomas	Open	Male	36
171	01:12:28	2092	C	Bradley	Nitsckie	Veteran	Male	43
172	01:12:29	1036	B	Bernard	Holm	Open	Male	30
173	01:12:30	2066	C	Stuart	Land	Veteran	Male	47
174	01:12:38	3017	D	Claire	Pryce	Open	Female	36
175	01:12:41	2115	C	Michelle	Spooner	Veteran	Female	46
176	01:12:42	1009	B	Dianne	Cameron-Parker	Veteran	Female	45
177	01:12:48	1122	C	Saleem	Jaffer	Open	Male	33
178	01:12:54	2030	C	SJ	Du Plooy	Open	Male	36
179	01:13:06	3005	D	Frances	de Kock	Master	Female	52
180	01:13:11	1032	B	Mark	Fuller	Veteran	Male	45
181	01:13:18	3013	D	Patrick	Himschoot	Grand Master	Male	60
182	01:13:24	2123	C	Eben	Uys	Open	Male	35
183	01:13:32	2028	C	Mathew	De Smidt	Veteran	Male	42
184	01:13:34	2036	C	Colin	Gibb	Veteran	Male	40
185	01:13:34	3027	D	Nicholas	von Klemderer	Open	Male	27
186	01:13:40	1060	B	Ella	Morran	Open	Female	25
187	01:13:40	2034	C	Emily	Furlong	Veteran	Female	44
188	01:13:41	1019	B	Ryan	De Villiers	Open	Male	25
189	01:13:42	2070	C	Sean	Lavery	Veteran	Male	47
190	01:13:49	1013	B	Elmarie	Conradie	Veteran	Female	44
191	01:13:55	2038	C	Richard	Goldstein	Veteran	Male	45
192	01:13:57	2039	C	Matthew	Goslett	Open	Male	32
193	01:14:05	2124	C	Jacori	Uys	Open	Female	33
194	01:14:07	2103	C	Liz	Rivett	Veteran	Female	45
195	01:14:15	2142	C	A.J	Nel	Open	Male	35
196	01:14:32	2145	C	Yazeed	Petezew	Open	Male	31
197	01:14:33	29	A	Beverley	Smyth	Veteran	Female	47
198	01:14:33	3018	D	Mike	Renshaw	Veteran	Male	41
199	01:14:34	2062	C	Siyasanga	Khonqo	Open	Female	34
200	01:14:35	2144	C	Eugene	Buckley	Open	Male	31

201	01:14:40	2112	C	Juan	Solon	Open	Male	35
202	01:14:43	1075	B	Sharon	Sleigh	Master	Female	52
203	01:14:45	2116	C	Steenkamp	Steenkamp	Open	Female	37
204	01:14:52	2009	C	Lloyd	Becker	Open	Male	36
205	01:14:59	2008	C	Lucie	Barber	Veteran	Female	45
206	01:15:03	2056	C	Andrew	James	Open	Male	22
207	01:15:04	2083	C	Henry	McGregor	Open	Male	32
208	01:15:10	2021	C	Jason	Coleman	Veteran	Male	44
209	01:15:12	2086	C	Mguba	Mguba	Open	Female	37
210	01:15:15	2154	C	Monique	Sham	Open	Female	36
211	01:15:19	2011	C	Lauren	Bosman	Open	Female	33
212	01:15:27	2125	C	Tarryn	Valle	Veteran	Female	41
213	01:15:29	2050	C	Lisa	Hudson-Peacock	Veteran	Female	47
214	01:15:36	1035	B	Andrea	Heyns	Open	Female	27
215	01:15:38	1021	B	Jody	Delichte	Veteran	Female	45
216	01:15:40	1033	B	Chris	Greeff	Veteran	Male	43
217	01:15:41	2072	C	Dion	Levin	Master	Male	51
218	01:15:43	2003	C	Pamela	Allen	Veteran	Female	42
219	01:15:45	2155	C	Kirstin	Sham	Open	Female	28
220	01:15:48	3028	D	Jonathan	Grant	Open	Male	31
221	01:15:48	1077	B	Paul	Snowdon	Master	Male	53
222	01:15:50	3015	D	Michal	Malek	Open	Male	31
223	01:15:53	2113	C	Spencer	Sonn	Veteran	Male	49
224	01:16:04	3007	D	Chantal	Faure	Grand Master	Female	60
225	01:16:05	1123	B	Imtiyaz	Mohamed	Open	Male	34
226	01:16:05	3025	D	Jackie	Wilensky	Master	Female	55
227	01:16:09	1062	B	Karen	Nortje	Veteran	Male	52
228	01:16:12	1018	B	Eric	de Korte	Open	Male	28
229	01:16:12	2153	C	Lisa	du Plessis	Veteran	Female	48
230	01:16:13	1082	B	Chantél	Streicher	Open	Female	21
231	01:16:14	1081	B	kendra	stoffberg	Open	Female	33
232	01:16:19	2087	C	Ian	Moodie	Grand Master	Male	64
233	01:16:23	2088	C	Jane	Moodie	Grand Master	Female	60
234	01:16:29	2013	C	Stefanus	Buys	Open	Male	26
235	01:16:31	3023	D	Marleen	Verschueren	Master	Female	54
236	01:16:34	3000	D	Barend	Bredenkamp	Veteran	Male	44
67	01:16:47	2172	C	Dean	Webster	Open	Male	31
237	01:16:48	1072	B	Jeremy	Setzer	Open	Male	38
238	01:16:49	1012	B	Alexa	Cole	Open	Female	39
239	01:16:51	1104	B	Alice	Womersley	Open	Female	31
240	01:16:52	2109	C	Almari	Smal	Veteran	Female	40
241	01:16:55	1037	B	Sanli	Holm	Open	Female	30
242	01:17:04	2159	C	Ryan	New	Open	Male	36
243	01:17:06	2111	C	Jaco	Snyman	Open	Male	33
244	01:17:08	2134	C	Louise	White	Veteran	Female	33
245	01:17:10	2126	C	Morne	van der Waltsleben	Open	Male	35
246	01:17:12	2176	C	Chariotte	Chamiomain	Master	Female	50
247	01:17:16	2177	C	Cathy	Mackenzie	Master	Female	51
248	01:17:21	2169	C	Kamlen	Govender	Open	Male	32
249	01:17:24	1084	B	Ronel	Streicher	Veteran	Female	48
250	01:17:24	2137	C	Tania	Wiggins	Veteran	Female	43
251	01:17:26	2067	C	Neill	Lang	Open	Male	25
252	01:17:29	3030	D	Shriya	Roy	Open	Female	24
253	01:17:30	2104	C	Lara	Robertson	Open	Female	28
254	01:17:32	3010	D	Jonathan	George	Open	Male	27
255	01:17:33	2130	C	Kevin	Venter	Open	Male	26
256	01:17:35	2018	C	Daniel	Cilliers	Open	Male	28
257	01:17:52	1020	B	Gideon	de Wet	Open	Male	39
258	01:17:56	2022	C	sally	cranswick	Veteran	Female	49
259	01:18:00	2027	C	Leon	De Lange	Master	Male	52
260	01:18:02	3020	D	Irani	Sangham	Open	Female	33
261	01:18:07	3031	D	Fariez	de Kok	Veteran	Male	40
262	01:18:08	2082	C	Keagan	McGoldrick	Open	Male	31
263	01:18:10	2093	C	Julian	Novak	Master	Male	53
264	01:18:15	1097	B	Justin	Varkevisser	Open	Male	28
265	01:18:15	2094	C	Tessa	Ogilvie	Open	Female	29
266	01:18:21	2048	C	Nai-Chung	Hu	Open	Male	34
267	01:18:24	2122	C	Sam	Troost	Grand Master	Male	63
268	01:18:26	2095	C	Dick	Otiemans	Grand Master	Male	61
269	01:18:28	2046	C	Deirdre	Hewitson	Master	Female	59
270	01:18:32	2129	C	Vereese	van Tonder	Open	Female	29
271	01:18:36	2136	C	Christian	Wiesener	Veteran	Male	47
272	01:18:41	3004	D	Jana	De Bruyn	Open	Female	33
273	01:18:47	3024	D	Kerryn	Warren	Open	Female	30
274	01:18:48	3022	D	Maureen	Tanner	Open	Female	39
275	01:19:03	2080	C	Wynand	Markram	Veteran	Male	41
276	01:19:04	1017	B	Tarryn	de Kock	Open	Female	37
277	01:19:08	2045	C	Ashleigh	Hewitson	Open	Female	28
278	01:19:23	3029	D	Shakti	Pillay	Open	Female	35
279	01:19:36	2023	C	Stephanie	Crossland	Veteran	Female	49
280	01:19:39	2114	C	Adam	Spagnoletti	Veteran	Male	42
281	01:19:40	2052	C	Barbara	Hutton	Grand Master	Female	61
282	01:19:46	1113	B	Erica	Brophy	Veteran	Female	45
283	01:19:47	2165	C	Jon	Ratcliffe	Open	Male	37
284	01:19:52	2163	C	Gus	van det Spek	Open	Male	39
285	01:20:05	2090	C	Tawanda	Mushore	Open	Male	36
286	01:20:09	3008	D	Natasha	Ferreira	Open	Female	38
287	01:20:09	2151	C	Jarrold	Falkenberg	Open	Male	29
288	01:20:20	2076	C	Lauryl	Lorio	Veteran	Female	45
289	01:20:23	3026	D	Kundaj	Williams	Open	Female	38
290	01:21:00	3014	D	Izabel	Lubbe	Master	Female	50
291	01:21:00	2143	C	Elizma	Kotze	Veteran	Female	51
292	01:21:05	2085	C	Bruce	McMahon	Open	Male	28
293	01:21:07	1023	B	Thania	Dout	Open	Female	37
294	01:21:08	3019	D	Julius	Rozmiarek	Open	Male	31
295	01:21:16	3012	D	Mia	Goslett	Veteran	Female	43
296	01:21:16	2040	C	Nadia	Greeff	Open	Female	26
297	01:21:19	2061	C	Fatima	Khan	Open	Female	33
298	01:21:21	2146	C	Yaseen	Cartem	Open	Male	32
299	01:21:23	2099	C	Jo	Price	Veteran	Female	47
300	01:21:26	1115	B	Ayoub	Banderker	Veteran	Male	45
301	01:21:27	2004	C	Richard	Anderson	Open	Male	38
302	01:21:28	2053	C	Adele	Immelman	Veteran	Female	40
303	01:21:30	2069	C	Manfred	Laumann	Grand Master	Male	60

304	01:21:31	2064	C	Thanja	Koorts	Open	Female	36
305	01:21:31	3011	D	Jackie	Goosen	Master	Female	58
306	01:21:46	2063	C	Johan	Koorts	Open	Male	36
307	01:21:47	2105	C	Michael John	Saunders	Veteran	Male	44
308	01:21:59	2068	C	Lindsay	Langenhoven	Veteran	Female	42
309	01:22:05	2058	C	Warren	Kansley	Veteran	Male	40
310	01:22:12	2175	C	Graeme	Searle	Master	Male	53
311	01:22:13	2174	C	Heather	Sampson	Master	Female	50
312	01:22:15	2173	C	Andre	Sampson	Veteran	Male	49
313	01:22:17	2075	C	Marizanne	Lombard	Master	Female	54
314	01:22:19	2073	C	Emuel	Lombaard	Open	Male	28
315	01:22:40	2101	C	Anneray	Richards	Open	Female	24
316	01:22:42	1039	B	Farzaana	Jacobs	Veteran	Female	41
317	01:22:43	2160	C	Claire	Cawood	Open	Female	39
318	01:22:45	1051	B	Moegamad	Majal	Veteran	Male	46
319	01:22:53	2161	C	Joanne Mary	Winslow	Open	Female	37
320	01:22:55	2054	C	Edna	Jackson	Veteran	Female	43
321	01:22:57	2108	C	Janet	Sharp	Open	Female	32
322	01:23:05	2078	C	Dirk	Lubbe	Master	Male	50
323	01:23:17	2096	C	Cara	Oosthuizen	Open	Female	29
324	01:23:26	1043	B	Fayroz Sha	Khatieb	Grand Master	Male	64
325	01:23:36	2079	C	Helen	Macdonald	Master	Female	51
326	01:23:40	2055	C	Sadia	Jakoet-Sedick	Master	Female	52
327	01:24:06	2089	C	Nokuthula	Msomu	Open	Female	32
328	01:25:18	2001	C	Carin	Abramovitz	Master	Female	57
329	01:26:30	3003	D	Colleen	Cross	Open	Female	39
330	01:26:35	3006	D	Karen	du Toit	Veteran	Female	42
331	01:26:37	3002	D	Fennet	Cilliers	Veteran	Female	42
332	01:28:24	2044	C	Hayes	Hayes	Open	Female	31
333	01:30:34	1108	B	Dina Madrid	Jooste	Open	Female	35

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:39:38	37	A	Siviwe	Nkombi	Open	Male	31
2	00:45:07	26	A	David	Sher	Open	Male	20
3	00:47:17	3	A	Estean	Badenhorst	Open	Male	24
4	00:48:50	13	A	John	Faure	Open	Male	28
5	00:49:59	38	A	Jamie	Sher	Open	Male	20
6	00:50:22	25	A	Nick	Schonegevel	Open	Male	24
7	00:50:34	18	A	Stuart	McDonald	Open	Male	37
8	00:52:12	17	A	Werner	Kachelhoffer	Open	Male	32
9	00:52:52	1040	B	Bradley	Janse van Rensburg	Open	Male	25
10	00:54:31	1095	B	C	Van Rooyen	Open	Male	39
11	00:55:07	41	A	Harry	Banda	Open	Male	31
12	00:56:06	1116	B	Marius	Jansen van Rensburg	Open	Male	32
13	00:56:49	35	A	Matthew	Weyer	Open	Male	28
14	00:57:10	5	A	Henrico	Bekker	Open	Male	36
15	00:57:13	1064	B	Allan	Perrottet	Open	Male	28
16	00:57:37	1030	B	Ryan	Ferreira	Open	Male	30
17	00:58:02	1016	B	Mias	De Klerk	Open	Male	39
18	00:58:17	2148	C	Dylan	Ellis	Open	Male	21
19	00:58:36	2157	C	T.C	Devine	Open	Male	33
20	00:59:00	6	A	Cullen	Clarke	Open	Male	12
21	00:59:01	7	A	Liam	Clarke	Open	Male	12
22	00:59:01	1025	B	Jonathan	Edwards	Open	Male	35
23	00:59:04	19	A	Matthew	McKechnie	Open	Male	22
24	00:59:08	2041	C	Tristan	Hamilton	Open	Male	22
25	00:59:25	11	A	Jansen	Du Plessis	Open	Male	28
26	00:59:26	1058	B	Simon	Miszewski	Open	Male	30
27	00:59:34	1117	B	Christiaan	Calitz	Open	Male	32
28	01:00:50	1041	B	Charl	Jooste	Open	Male	35
29	01:00:52	1121	B	Dor	Manella	Open	Male	22
30	01:01:06	1092	B	Stuart	Torr	Open	Male	38
31	01:02:02	1119	B	Daniel	Jubert	Open	Male	39
32	01:02:02	30	A	Marco	Steenkamp	Open	Male	31
33	01:02:06	1079	B	Thomas	Stabler	Open	Male	35
34	01:02:11	1068	B	Byron	Rode	Open	Male	33
35	01:02:41	42	A	Brad	Williams	Open	Male	24
36	01:03:42	2162	C	Thys	de Beer	Open	Male	31
37	01:03:47	2166	C	Steph	Haumann	Open	Male	28
38	01:03:58	1086	B	Matt	Sutcliffe	Open	Male	27
39	01:04:06	1120	B	Steve	Hodge	Open	Male	31
40	01:04:26	1029	B	Willem	Esterhuizen	Open	Male	33
41	01:04:36	1065	B	Keith	Power	Open	Male	32
42	01:04:52	2158	C	James	Boyers	Open	Male	32
43	01:04:53	2150	C	Luke	Murray	Open	Male	38
44	01:04:54	1094	B	Renier	van Jaarsveld	Open	Male	33
45	01:04:59	39	A	Erin	van Egssen	Open	Male	33
46	01:05:00	1091	B	Matt	Thompson	Open	Male	35
47	01:05:03	3001	D	Dylan	Brown	Open	Male	30
48	01:05:08	2133	C	Jeremy	West	Open	Male	38
49	01:05:12	1	A	Zac	Abel	Open	Male	22
50	01:05:46	4	A	Oliver	Becher	Open	Male	25
51	01:06:00	1076	B	Alexander	Smook	Open	Male	27
52	01:06:19	1046	B	Meyr	Kruger	Open	Male	31
53	01:06:26	1107	B	Corrit	Fourie	Open	Male	36
54	01:06:30	1042	B	Cobus	Jooste	Open	Male	30
55	01:06:32	1024	B	Simon	Du Toit	Open	Male	34
56	01:07:04	1114	B	Greg	Nedster	Open	Male	34
57	01:07:36	2180	C	Robi	Levi	Open	Male	23
58	01:07:38	2071	C	Murray	Le Roux	Open	Male	30
59	01:07:42	2120	C	Pieter	Theron	Open	Male	36
60	01:08:16	1014	B	Charles	Crous	Open	Male	34
61	01:08:21	3009	D	Andries	Fourie	Open	Male	30
62	01:08:27	2178	C	Werner	Jooste	Open	Male	33
63	01:08:30	1102	B	Matthew	White	Open	Male	33
64	01:09:02	1096	B	Tw	van Zyl	Open	Male	33
65	01:09:05	1078	B	Brendon	Solik	Open	Male	31
66	01:09:19	1110	B	Ziyaad	Solomon	Open	Male	27
67	01:09:25	1004	B	Andre	Blignaut	Open	Male	33
68	01:09:47	2132	C	Dylan	Wallace	Open	Male	36
69	01:09:55	1055	B	Katharine	Michaud	Open	Male	39
70	01:10:01	2012	C	Alon	Bresler	Open	Male	26
71	01:10:02	2107	C	Jared	Seymour Hall	Open	Male	36

72	01:10:03	1006	B	Basil Etienne	Botha	Open	Male	32
73	01:10:09	2006	C	Ian	Austin	Open	Male	28
74	01:10:29	2147	C	Dale	Isaacs	Open	Male	38
75	01:10:38	2168	C	Alex	De Villiers	Open	Male	29
76	01:10:40	2164	C	York	Pick	Open	Male	30
77	01:10:41	1011	B	Willem	Cloete	Open	Male	38
78	01:10:56	1090	B	Jason	Thomas	Open	Male	37
79	01:11:34	2081	C	Michael	Mc Intosh	Open	Male	30
80	01:12:08	2042	C	Michael	Hathorn	Open	Male	29
81	01:12:16	1089	B	Clyde	Thomas	Open	Male	36
82	01:12:29	1036	B	Bernard	Holm	Open	Male	30
83	01:12:48	1122	C	Saleem	Jaffer	Open	Male	33
84	01:12:54	2030	C	SJ	Du Plooy	Open	Male	36
85	01:13:24	2123	C	Eben	Uys	Open	Male	35
86	01:13:34	3027	D	Nicholas	von Klemderer	Open	Male	27
87	01:13:41	1019	B	Ryan	De Villiers	Open	Male	25
88	01:13:57	2039	C	Matthew	Goslett	Open	Male	32
89	01:14:15	2142	C	A.J	Nel	Open	Male	35
90	01:14:32	2145	C	Yazeed	Petezew	Open	Male	31
91	01:14:35	2144	C	Eugene	Buckley	Open	Male	31
92	01:14:40	2112	C	Juan	Solon	Open	Male	35
93	01:14:52	2009	C	Lloyd	Becker	Open	Male	36
94	01:15:03	2056	C	Andrew	James	Open	Male	22
95	01:15:04	2083	C	Henry	McGregor	Open	Male	32
96	01:15:48	3028	D	Jonathan	Grant	Open	Male	31
97	01:15:50	3015	D	Michal	Malek	Open	Male	31
98	01:16:05	1123	B	Imtiyaz	Mohamed	Open	Male	34
99	01:16:12	1018	B	Eric	de Korte	Open	Male	28
100	01:16:29	2013	C	Stefanus	Buys	Open	Male	26
101	01:16:47	2172	C	Dean	Webster	Open	Male	31
102	01:16:48	1072	B	Jeremy	Setzer	Open	Male	38
103	01:17:04	2159	C	Ryan	New	Open	Male	36
104	01:17:06	2111	C	Jaco	Snyman	Open	Male	33
105	01:17:10	2126	C	Morne	van der Waltsleben	Open	Male	35
106	01:17:21	2169	C	Kamlen	Govender	Open	Male	32
107	01:17:26	2067	C	Neill	Lang	Open	Male	25
108	01:17:32	3010	D	Jonathan	George	Open	Male	27
109	01:17:33	2130	C	Kevin	Venter	Open	Male	26
110	01:17:35	2018	C	Daniel	Cilliers	Open	Male	28
111	01:17:52	1020	B	Gideon	de Wet	Open	Male	39
112	01:18:08	2082	C	Keagan	McGoldrick	Open	Male	31
113	01:18:15	1097	B	Justin	Varkevisser	Open	Male	28
114	01:18:21	2048	C	Nai-Chung	Hu	Open	Male	34
115	01:19:47	2165	C	Jon	Ratcliffe	Open	Male	37
116	01:19:52	2163	C	Gus	van det Spek	Open	Male	39
117	01:20:05	2090	C	Tawanda	Mushore	Open	Male	36
118	01:20:09	2151	C	Jarrold	Falkenberg	Open	Male	29
119	01:21:05	2085	C	Bruce	McMahon	Open	Male	28
120	01:21:08	3019	D	Julius	Rozmiarek	Open	Male	31
121	01:21:21	2146	C	Yaseen	Cariem	Open	Male	32
122	01:21:27	2004	C	Richard	Anderson	Open	Male	38
123	01:21:46	2063	C	Johan	Koorts	Open	Male	36
124	01:22:19	2073	C	Emuel	Lombaard	Open	Male	28

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:44:14	31	A	Bianca	Tarboton	Open	Female	22
2	00:51:41	36	A	Nicola	Wills	Open	Female	23
3	00:54:58	24	A	Lara	Rossouw	Open	Female	20
4	00:59:44	15	A	Rosslee	Guess	Open	Female	26
5	01:00:42	1008	B	Caroline	Brown	Open	Female	29
6	01:01:17	1005	B	Meagan	Bosland	Open	Female	33
7	01:02:06	9	A	Alexa	De Villiers	Open	Female	37
8	01:02:22	23	A	Carey	Pike	Open	Female	28
9	01:02:51	2102	C	Yolande	Riekert	Open	Female	35
10	01:04:49	2128	C	Maretize	van Eck	Open	Female	36
11	01:05:41	1105	B	Ashleigh	Iovino	Open	Female	35
12	01:06:25	1063	B	Rebecca	Pein	Open	Female	26
13	01:06:43	2100	C	Elmarie	Randewijk	Open	Female	36
14	01:07:07	2091	C	Daisy	Myburgh	Open	Female	30
15	01:08:18	1101	B	Lisa	White	Open	Female	33
16	01:08:24	22	A	Sarah	Pein	Open	Female	26
17	01:08:42	2140	C	Pauline	Wilkinson	Open	Female	35
18	01:08:48	1103	B	Nina	Woermann	Open	Female	24
19	01:08:56	1022	B	Lilize	Diener	Open	Female	31
20	01:09:20	1026	B	Ragmah	Edwards	Open	Female	28
21	01:09:41	1048	B	Jessica	Lee	Open	Female	31
22	01:09:56	2141	C	Toni	Wilkinson	Open	Female	36
23	01:10:00	1007	B	Ronel	Botha	Open	Female	30
24	01:10:22	2171	C	Louise	Balley Tait	Open	Female	38
25	01:10:23	2037	C	Jessica	Giles	Open	Female	38
26	01:10:34	2014	C	Carike	Byker	Open	Female	31
27	01:10:44	1061	B	Debbie	Nordien	Open	Female	35
28	01:10:44	2135	C	Kathryn	Wicht	Open	Female	31
29	01:10:45	2010	C	Alexandra	Blair	Open	Female	31
30	01:10:59	1002	B	Jennifer	Begg	Open	Female	32
31	01:11:19	2167	C	Kaylyn	Novak	Open	Female	22
32	01:11:52	1044	B	Sediqa	Khatieb	Open	Female	37
33	01:11:53	2005	C	Nadine	Arnold	Open	Female	31
34	01:12:14	1045	B	Kirsten	Kingma	Open	Female	29
35	01:12:38	3017	D	Claire	Pryce	Open	Female	36
36	01:13:40	1060	B	Ella	Morran	Open	Female	25
37	01:14:05	2124	C	Jacori	Uys	Open	Female	33
38	01:14:34	2062	C	Siyasanga	Khonqo	Open	Female	34
39	01:14:45	2116	C	Steenkamp	Steenkamp	Open	Female	37
40	01:15:12	2086	C	Mguba	Mguba	Open	Female	37
41	01:15:15	2154	C	Monique	Sham	Open	Female	36
42	01:15:19	2011	C	Lauren	Bosman	Open	Female	33
43	01:15:36	1035	B	Andrea	Heyns	Open	Female	27
44	01:15:45	2155	C	Kirstin	Sham	Open	Female	28
45	01:16:13	1082	B	Chantél	Streichler	Open	Female	21
46	01:16:14	1081	B	kendra	stoffberg	Open	Female	33
47	01:16:49	1012	B	Alexa	Cole	Open	Female	39
48	01:16:51	1104	B	Alice	Womersley	Open	Female	31

49	01:16:55	1037	B	Sanli	Holm	Open	Female	30
50	01:17:29	3030	D	Shriya	Roy	Open	Female	24
51	01:17:30	2104	C	Lara	Robertson	Open	Female	28
52	01:18:02	3020	D	Irani	Sangham	Open	Female	33
53	01:18:15	2094	C	Tessa	Ogilvie	Open	Female	29
54	01:18:32	2129	C	Verese	van Tonder	Open	Female	29
55	01:18:41	3004	D	Jana	De Bruyn	Open	Female	33
56	01:18:47	3024	D	Kerryn	Warren	Open	Female	30
57	01:18:48	3022	D	Maureen	Tanner	Open	Female	39
58	01:19:04	1017	B	Tarryn	de Kock	Open	Female	37
59	01:19:08	2045	C	Ashleigh	Hewitson	Open	Female	28
60	01:19:23	3029	D	Shakti	Pillay	Open	Female	35
61	01:20:09	3008	D	Natasha	Ferreira	Open	Female	38
62	01:20:23	3026	D	Kundai	Williams	Open	Female	38
63	01:21:07	1023	B	Thania	Dout	Open	Female	37
64	01:21:16	2040	C	Nadia	Greeff	Open	Female	26
65	01:21:19	2061	C	Fatima	Khan	Open	Female	33
66	01:21:31	2064	C	Thanja	Koorts	Open	Female	36
67	01:22:40	2101	C	Anneray	Richards	Open	Female	24
68	01:22:43	2160	C	Claire	Cawood	Open	Female	39
69	01:22:53	2161	C	Joanne Mary	Winslow	Open	Female	37
70	01:22:57	2108	C	Janet	Sharp	Open	Female	32
71	01:23:17	2096	C	Cara	Oosthuizen	Open	Female	29
72	01:24:06	2089	C	Nokuthula	Msoni	Open	Female	32
73	01:26:30	3003	D	Colleen	Cross	Open	Female	39
74	01:28:24	2044	C	Hayes	Hayes	Open	Female	31
75	01:30:34	1108	B	Dina Madrid	Jooste	Open	Female	35

Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:51:52	32	A	Greg	Torr	Veteran	Male	45
2	00:57:10	1027	B	Mike	Eloff	Veteran	Male	40
3	00:57:18	1071	B	Craig	Sales	Veteran	Male	47
4	00:57:33	1000	B	Mike	Arbuthnot	Veteran	Male	43
5	00:57:35	1118	B	Theodor	Gutsche	Veteran	Male	0
6	00:59:58	1100	B	Graham	Westcott	Veteran	Male	41
7	01:00:45	1057	B	Anthony	Miller	Veteran	Male	46
8	01:00:47	1010	B	Ryan	Charton	Veteran	Male	43
9	01:01:50	2032	C	Charlie	Dutton	Veteran	Male	45
10	01:03:48	1080	B	Darryl	Stander	Veteran	Male	47
11	01:05:08	1034	B	Coenraad	Groenewald	Veteran	Male	40
12	01:05:42	10	A	Andrew	Dietrich	Veteran	Male	47
13	01:07:33	2002	C	Grant	Achilles	Veteran	Male	48
14	01:07:34	2024	C	Malcolm	Daitz	Veteran	Male	47
15	01:08:36	1085	B	Struthers	Struthers	Veteran	Male	46
16	01:09:51	28	A	Antony	Smyth	Veteran	Male	49
17	01:09:55	2139	C	Matthew	Wilkinson	Veteran	Male	41
18	01:09:59	2097	C	Stephen	Pieteresen	Veteran	Male	45
19	01:10:11	2170	C	Nicholas	Smith	Veteran	Male	43
20	01:10:26	2029	C	Wayne	Do Rego	Veteran	Male	42
21	01:11:46	1093	B	Paul	Turner	Veteran	Male	41
22	01:11:58	1028	B	Neels	Erasmus	Veteran	Male	40
23	01:12:28	2092	C	Bradley	Nitsckie	Veteran	Male	43
24	01:12:30	2066	C	Stuart	Land	Veteran	Male	47
25	01:13:11	1032	B	Mark	Fuller	Veteran	Male	45
26	01:13:32	2028	C	Mathew	De Smidt	Veteran	Male	42
27	01:13:34	2036	C	Colin	Gibb	Veteran	Male	40
28	01:13:42	2070	C	Sean	Lavery	Veteran	Male	47
29	01:13:55	2038	C	Richard	Goldstein	Veteran	Male	45
30	01:14:33	3018	D	Mike	Renshaw	Veteran	Male	41
31	01:15:10	2021	C	Jason	Coleman	Veteran	Male	44
32	01:15:40	1033	B	Chris	Greeff	Veteran	Male	43
33	01:15:53	2113	C	Spencer	Sonn	Veteran	Male	49
34	01:16:09	1062	B	Karen	Nortje	Veteran	Male	52
35	01:16:34	3000	D	Barend	Bredenkamp	Veteran	Male	44
36	01:18:07	3031	D	Fariez	de Kok	Veteran	Male	40
37	01:18:36	2136	C	Christian	Wiesener	Veteran	Male	47
38	01:19:03	2080	C	Wynand	Markram	Veteran	Male	41
39	01:19:39	2114	C	Adam	Spagnoletti	Veteran	Male	42
40	01:21:26	1115	B	Ayoub	Banderker	Veteran	Male	45
41	01:21:47	2105	C	Michael John	Saunders	Veteran	Male	44
42	01:22:05	2058	C	Warren	Kansley	Veteran	Male	40
43	01:22:15	2173	C	Andre	Sampson	Veteran	Male	49
44	01:22:45	1051	B	Moegamad	Majal	Veteran	Male	46

Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:01:52	2033	C	Jessica	Dutton	Veteran	Female	43
2	01:03:22	1070	B	Zane	Rossouw	Veteran	Female	47
3	01:05:37	1099	B	Disy	Weldon	Veteran	Female	41
4	01:05:45	1109	B	Debora	Wynne	Veteran	Female	44
5	01:07:12	1112	B	Esther	Hoogstad	Veteran	Female	40
6	01:07:54	1098	B	Nicola	Vertue	Veteran	Female	43
7	01:09:30	2152	C	Sebnem	Er	Veteran	Female	41
8	01:10:04	2179	C	Sandra	Dacey	Veteran	Female	42
9	01:10:32	2110	C	Nadia	Smith	Veteran	Female	42
10	01:10:36	1052	B	Michelle	Maree	Veteran	Female	47
11	01:11:29	8	A	Nikki	De Souza	Veteran	Female	40
12	01:11:41	1015	B	Louisa	Cruickshank	Veteran	Female	40
13	01:11:43	1059	B	Leanne	Mitchell	Veteran	Female	43
14	01:11:58	2049	C	Kelly	Huber	Veteran	Female	40
15	01:12:08	1031	B	Frances	Fuchs	Veteran	Female	45
16	01:12:41	2115	C	Michelle	Spooner	Veteran	Female	46
17	01:12:42	1009	B	Dianne	Cameron-Parker	Veteran	Female	45
18	01:13:40	2034	C	Emily	Furlong	Veteran	Female	44
19	01:13:49	1013	B	Elmarie	Conradie	Veteran	Female	44
20	01:14:07	2103	C	Liz	Rivett	Veteran	Female	45
21	01:14:33	29	A	Beverley	Smyth	Veteran	Female	47
22	01:14:59	2008	C	Lucie	Barber	Veteran	Female	45
23	01:15:27	2125	C	Tarryn	Valle	Veteran	Female	41
24	01:15:29	2050	C	Lisa	Hudson-Peacock	Veteran	Female	47
25	01:15:38	1021	B	Jody	Delichte	Veteran	Female	45
26	01:15:43	2003	C	Pamela	Allen	Veteran	Female	42
27	01:16:12	2153	C	Lisa	du Plessis	Veteran	Female	48

28	01:16:52	2109	C	Almari	Smal	Veteran	Female	40
29	01:17:08	2134	C	Louise	White	Veteran	Female	33
30	01:17:24	1084	B	Ronel	Streicher	Veteran	Female	48
31	01:17:24	2137	C	Tania	Wiggins	Veteran	Female	43
32	01:17:56	2022	C	sally	cranswick	Veteran	Female	49
33	01:19:36	2023	C	Stephanie	Crossland	Veteran	Female	49
34	01:19:46	1113	B	Erica	Brophy	Veteran	Female	45
35	01:20:20	2076	C	Lauryl	Lorio	Veteran	Female	45
36	01:21:00	2143	C	Elizma	Kotze	Veteran	Female	51
37	01:21:16	3012	D	Mia	Goslett	Veteran	Female	43
38	01:21:23	2099	C	Jo	Price	Veteran	Female	47
39	01:21:28	2053	C	Adele	Immelman	Veteran	Female	40
40	01:21:59	2068	C	Lindsay	Langenhoven	Veteran	Female	42
41	01:22:42	1039	B	Farzaana	Jacobs	Veteran	Female	41
42	01:22:55	2054	C	Edna	Jackson	Veteran	Female	43
43	01:26:35	3006	D	Karen	du Toit	Veteran	Female	42
44	01:26:37	3002	D	Fennet	Cilliers	Veteran	Female	42

Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:52:44	2	A	Brenton	Ashby	Master	Male	50
2	00:57:40	1067	B	James	Robertson	Master	Male	52
3	01:01:07	34	A	Danie	Van Der Merwe	Master	Male	50
4	01:01:41	1111	B	Johann	Luckhoff	Master	Male	50
5	01:03:26	1074	B	James	Sleigh	Master	Male	52
6	01:05:15	1069	B	Andrew	Roper	Master	Male	50
7	01:05:44	1066	B	Shaun	Quarmby	Master	Male	56
8	01:07:05	2051	C	Tim	Humphreys-Davies	Master	Male	50
9	01:07:52	2031	C	Don	Duffield	Master	Male	52
10	01:09:15	12	A	Paul	Engelbrecht	Master	Male	50
11	01:09:22	1083	B	Pieter	Streicher	Master	Male	50
12	01:11:08	2119	C	sanjay	tewary	Master	Male	52
13	01:11:55	1073	B	Anthony	Shaw	Master	Male	50
14	01:12:13	2043	C	Peter	hathorn	Master	Male	59
15	01:15:41	2072	C	Dion	Levin	Master	Male	51
16	01:15:48	1077	B	Paul	Snowdon	Master	Male	53
17	01:18:00	2027	C	Leon	De Lange	Master	Male	52
18	01:18:10	2093	C	Julian	Novak	Master	Male	53
19	01:22:12	2175	C	Graeme	Searle	Master	Male	53
20	01:23:05	2078	C	Dirk	Lubbe	Master	Male	50

Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:06:43	20	A	Charlotte	Noble	Master	Female	54
2	01:09:53	40	A	Trish	Lane	Master	Female	56
3	01:13:06	3005	D	Frances	de Kock	Master	Female	52
4	01:14:43	1075	B	Sharon	Sleigh	Master	Female	52
5	01:16:04	3007	D	Chantal	Faure	Master	Female	60
6	01:16:05	3025	D	Jackie	Wilensky	Master	Female	55
7	01:16:23	2088	C	Jane	Moodie	Master	Female	60
8	01:16:31	3023	D	Marleen	Verschueren	Master	Female	54
9	01:17:12	2176	C	Charlotte	Chamiomain	Master	Female	50
10	01:17:16	2177	C	Cathy	Mackenzie	Master	Female	51
11	01:18:28	2046	C	Deirdre	Hewitson	Master	Female	59
12	01:19:40	2052	C	Barbara	Hutton	Master	Female	61
13	01:21:00	3014	D	Izabel	Lubbe	Master	Female	50
14	01:21:31	3011	D	Jackie	Goosen	Master	Female	58
15	01:22:13	2174	C	Heather	Sampson	Master	Female	50
16	01:22:17	2075	C	Marizanne	Lombard	Master	Female	54
17	01:23:36	2079	C	Helen	Macdonald	Master	Female	51
18	01:23:40	2055	C	Sadia	Jakoet-Sedick	Master	Female	52
19	01:25:18	2001	C	Carin	Abramovitz	Master	Female	57

Grand Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:10:45	1088	B	Johann	Theron	Grand Master	Male	62
2	01:13:18	3013	D	Patrick	Himschoot	Grand Master	Male	60
3	01:16:19	2087	C	Ian	Moodie	Grand Master	Male	64
4	01:18:24	2122	C	Sam	Troost	Grand Master	Male	63
5	01:18:26	2095	C	Dick	Oliemans	Grand Master	Male	61
6	01:21:30	2069	C	Manfred	Laumann	Grand Master	Male	60
7	01:23:26	1043	B	Fayroz Sha	Khatieb	Grand Master	Male	64