



Cape Summer Trail Series® 2019 XL  
 (24.3km)  
 EIKENHOF DAM, TRAILS END

Overall

Position	Time	Race #	Name	Surname	Category	Sex
1	1:50:33	8108	Oriole	Bolus	Open	Male
2	1:50:58	8066	Kyle	Herring	Open	Male
3	1:51:05	8063	Chris	Visser	Open	Male
4	1:53:06	8057	Matthew	Healy	Open	Male
5	1:56:07	8068	Matthew	Burke	Open	Male
6	2:00:19	8106	Dion	Middelkoop	Veteran	Male
7	2:00:51	8029	Wesley	Johnston	Open	Male
8	2:03:03	8056	Grant	Marcus	Veteran	Male
9	2:04:09	8073	Martin	Bongers	Open	Male
10	2:04:12	8016	Nicholas	Minnaar	Open	Male
11	2:06:23	8022	Ben	Kooyman	Open	Male
12	2:07:49	8071	Jonathan	Van Wyk	Open	Male
13	2:09:59	8025	Werner	Daniel	Open	Male
14	2:12:33	8082	Shaun	Bolley	Open	Male
15	2:13:45	8096	Ryan	Bruton	Open	Male
16	2:13:48	8026	Kirsten	Gray	Open	Female
17	2:14:31	8075	Michael	Molyneaux	Open	Male
18	2:14:34	8034	Mark	Gething	Open	Male
19	2:17:42	8116	Albert	Rust	Veteran	Male
20	2:20:59	8008	Bruce	Abrahams	Veteran	Male
21	2:23:44	8117	Ian	Loos	Master	Male
22	2:24:28	8038	Pieter	Koornhof	Open	Male
23	2:24:48	8053	Caros	Nunez	Open	Male

24	2:24:50	8114	Cally	Silberbauer	Open	Female
25	2:26:21	8054	Timothy	Walker	Master	Male
26	2:27:15	8059	Louis	van der Merwe	Open	Male
27	2:27:40	8007	Greg	Torr	Veteran	Male
28	2:27:53	8078	Luke	Kuisis	Open	Male
29	2:27:57	8079	Andre	Pienaar	Open	Male
30	2:28:01	8097	Lewis	Wolf	Open	Male
31	2:28:18	8086	Mags	Wright	Open	Female
32	2:29:12	8088	Beyers	Hoek	Veteran	Male
33	2:30:05	8113	Bronwen	Moodie	Open	Female
34	2:30:28	8020	Dylan	Sage	Open	Male
35	2:30:38	8039	Kyle	Roman	Open	Male
36	2:30:43	8058	Limont	Lehman	Veteran	Male
37	2:31:56	8103	Jonathan	Edwards	Open	Male
38	2:33:09	8049	Daryn	Clark	Open	Male
39	2:34:09	8001	Mark	Finney	Open	Male
40	2:34:11	8000	Nicole	Strong	Open	Female
41	2:34:42	8070	Oliver	Oxtoby	Open	Male
42	2:36:37	8085	Zack	Viljoen	Open	Male
43	2:37:13	8110	Errol	Cunnama	Master	Male
44	2:37:29	8087	Iolaire	McKinnon	Open	Male
45	2:37:46	8098	Nicole	Faul	Open	Female
46	2:40:23	8115	Japie	van der Westhuizen	Open	Male
47	2:40:30	8123	Lynn	du Preez	Open	Female
48	2:40:34	8092	Sakkie	Du Toit	Veteran	Male
49	2:43:05	8104	Ruan	Lamprecht	Veteran	Male
50	2:43:44	8084	Scott	Murcott	Open	Male
51	2:43:57	8109	Simon	Sonn	Veteran	Male
52	2:44:28	8080	Chestley	Saaiman	Open	Male
53	2:45:23	8120	Michael	Mafu	Open	Male
54	2:46:27	8100	Conrad	Meier	Veteran	Male

55	2:47:52	8083	Moegamad	Tape	Open	Male
56	2:47:56	8006	Sebnem	Er	Veteran	Female
57	2:49:39	8027	Bevan	Joubert	Open	Male
58	2:50:42	8032	Ryan	Ferreira	Open	Male
59	2:50:58	8028	Catharina	Joubert	Open	Female
60	2:51:12	8052	Simon	Moloisane	Open	Male
61	2:51:31	8105	Ricardo	Isaacs	Veteran	Male
62	2:51:34	8019	Anthony	Shaw	Veteran	Male
63	2:53:39	8067	Mark	Gaffley	Open	Male
64	2:54:24	8005	Wouter	du Preez	Veteran	Male
65	2:54:45	8074	Ganief	Galvaan	Master	Male
66	2:56:14	8107	Trudi	Fernandes	Open	Female
67	2:56:54	8122	Thaabit	Fataar	Open	Male
68	2:57:20	8118	Waric	Ritche	Open	Male
69	2:58:31	8037	Christopher	Underwood	Open	Male
70	2:58:34	8050	Charl	Möller	Veteran	Male
71	3:00:20	8090	Pauline	Wilkinson	Open	Female
72	3:00:27	8055	Gideon	Nieuwoudt	Open	Male
73	3:01:05	8046	Matthew	Rymer	Open	Male
74	3:01:49	8051	Craig	Bruton	Veteran	Male
75	3:01:52	8013	Clinton	van der Westhuizen	Open	Male
76	3:02:40	8095	Beatrix	Broek	Master	Female
77	3:02:44	8047	Oostewalt	Swart	Veteran	Male
78	3:03:03	8099	Johan	van Heerden	Veteran	Male
79	3:04:19	8061	Andrew	Flanagan	Open	Male
80	3:04:31	8121	Esti	Louw	Open	Female
81	3:11:09	8119	Alexander	Ncube	Open	Male
82	3:11:18	8044	Leonie	Erasmus	Master	Female
83	3:11:23	8014	Muzaffar	Parker	Open	Male
84	3:13:35	8015	Hennie	van Zyl	Veteran	Male
85	3:13:48	8035	Erhardt	Van Zyl	Open	Male

86	3:14:56	8089	samantha	mcilroy	Veteran	Female
87	3:15:53	8042	Angelique	Smit	Veteran	Female
88	3:20:13	8094	Velia	Duncan	Veteran	Female
89	3:20:16	8093	Mike	Duncan	Veteran	Male
90	3:23:16	8060	Eben JP	Boshoff	Master	Male
91	3:24:08	8030	Roland	Jurd	Open	Male
92	3:25:17	8101	Natalia	Danilowicz	Open	Female
93	3:25:53	8045	Sue	Rymer	Master	Female
94	3:39:44	8010	Kim	Lamb	Master	Female
95	3:47:35	8077	Zuriena	Slarmie	Veteran	Female
96	3:49:52	8102	Nothemba	Mfolozi	Veteran	Female
97	3:52:28	8064	Zahiedah	Toefy	Veteran	Female
98	3:52:33	8065	Rushdi	toefy	Veteran	Male
99	4:27:15	8009	Colleen	Cross	Open	Female

### Open Male

Position	Time	Race #	Name	Surname	Category	Sex
1	1:50:33	8108	Oriole	Bolus	Open	Male
2	1:50:58	8066	Kyle	Herring	Open	Male
3	1:51:05	8063	Chris	Visser	Open	Male
4	1:53:06	8057	Matthew	Healy	Open	Male
5	1:56:07	8068	Matthew	Burke	Open	Male
6	2:00:51	8029	Wesley	Johnston	Open	Male
7	2:04:09	8073	Martin	Bongers	Open	Male
8	2:04:12	8016	Nicholas	Minnaar	Open	Male
9	2:06:23	8022	Ben	Kooyman	Open	Male
10	2:07:49	8071	Jonathan	Van Wyk	Open	Male
11	2:09:59	8025	Werner	Daniel	Open	Male
12	2:12:33	8082	Shaun	Bolley	Open	Male
13	2:13:45	8096	Ryan	Bruton	Open	Male
14	2:14:31	8075	Michael	Molyneaux	Open	Male
15	2:14:34	8034	Mark	Gething	Open	Male

16	2:24:28	8038	Pieter	Koornhof	Open	Male
17	2:24:48	8053	Caros	Nunez	Open	Male
18	2:27:15	8059	Louis	van der Merwe	Open	Male
19	2:27:53	8078	Luke	Kuisis	Open	Male
20	2:27:57	8079	Andre	Pienaar	Open	Male
21	2:28:01	8097	Lewis	Wolf	Open	Male
22	2:30:28	8020	Dylan	Sage	Open	Male
23	2:30:38	8039	Kyle	Roman	Open	Male
24	2:31:56	8103	Jonathan	Edwards	Open	Male
25	2:33:09	8049	Daryn	Clark	Open	Male
26	2:34:09	8001	Mark	Finney	Open	Male
27	2:34:42	8070	Oliver	Oxtoby	Open	Male
28	2:36:37	8085	Zack	Viljoen	Open	Male
29	2:37:29	8087	Iolaire	McKinnon	Open	Male
30	2:40:23	8115	Japie	van der Westhuizen	Open	Male
31	2:43:44	8084	Scott	Murcott	Open	Male
32	2:44:28	8080	Chestley	Saaiman	Open	Male
33	2:45:23	8120	Michael	Mafu	Open	Male
34	2:47:52	8083	Moegamad	Tape	Open	Male
35	2:49:39	8027	Bevan	Joubert	Open	Male
36	2:50:42	8032	Ryan	Ferreira	Open	Male
37	2:51:12	8052	Simon	Moloisane	Open	Male
38	2:53:39	8067	Mark	Gaffley	Open	Male
39	2:56:54	8122	Thaabit	Fataar	Open	Male
40	2:57:20	8118	Waric	Ritche	Open	Male
41	2:58:31	8037	Christopher	Underwood	Open	Male
42	3:00:27	8055	Gideon	Nieuwoudt	Open	Male
43	3:01:05	8046	Matthew	Rymer	Open	Male
44	3:01:52	8013	Clinton	van der Westhuizen	Open	Male
45	3:04:19	8061	Andrew	Flanagan	Open	Male
46	3:11:09	8119	Alexander	Ncube	Open	Male

47	3:11:23	8014	Muzaffar	Parker	Open	Male
48	3:13:48	8035	Erhardt	Van Zyl	Open	Male
49	3:24:08	8030	Roland	Jurd	Open	Male

### Open Female

Position	Time	Race #	Name	Surname	Category	Sex
1	2:13:48	8026	Kirsten	Gray	Open	Female
2	2:24:50	8114	Cally	Silberbauer	Open	Female
3	2:28:18	8086	Mags	Wright	Open	Female
4	2:30:05	8113	Bronwen	Moodie	Open	Female
5	2:34:11	8000	Nicole	Strong	Open	Female
6	2:37:46	8098	Nicole	Faul	Open	Female
7	2:40:30	8123	Lynn	du Preez	Open	Female
8	2:50:58	8028	Catharina	Joubert	Open	Female
9	2:56:14	8107	Trudi	Fernandes	Open	Female
10	3:00:20	8090	Pauline	Wilkinson	Open	Female
11	3:04:31	8121	Esti	Louw	Open	Female
12	3:25:17	8101	Natalia	Danilowicz	Open	Female
13	4:27:15	8009	Colleen	Cross	Open	Female

### Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex
1	2:00:19	8106	Dion	Middelkoop	Veteran	Male
2	2:03:03	8056	Grant	Marcus	Veteran	Male
3	2:17:42	8116	Albert	Rust	Veteran	Male
4	2:20:59	8008	Bruce	Abrahams	Veteran	Male
5	2:27:40	8007	Greg	Torr	Veteran	Male
6	2:29:12	8088	Beyers	Hoek	Veteran	Male
7	2:30:43	8058	Limont	Lehman	Veteran	Male
8	2:40:34	8092	Sakkie	Du Toit	Veteran	Male
9	2:43:05	8104	Ruan	Lamprecht	Veteran	Male
10	2:43:57	8109	Simon	Sonn	Veteran	Male

11	2:46:27	8100	Conrad	Meier	Veteran	Male
12	2:51:31	8105	Ricardo	Isaacs	Veteran	Male
13	2:51:34	8019	Anthony	Shaw	Veteran	Male
14	2:54:24	8005	Wouter	du Preez	Veteran	Male
15	2:58:34	8050	Charl	Möller	Veteran	Male
16	3:01:49	8051	Craig	Bruton	Veteran	Male
17	3:02:44	8047	Oostewalt	Swart	Veteran	Male
18	3:03:03	8099	Johan	van Heerden	Veteran	Male
19	3:13:35	8015	Hennie	van Zyl	Veteran	Male
20	3:20:16	8093	Mike	Duncan	Veteran	Male
21	3:52:33	8065	Rushdi	toefy	Veteran	Male

### Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex
1	2:47:56	8006	Sebnem	Er	Veteran	Female
2	3:14:56	8089	samantha	mcilroy	Veteran	Female
3	3:15:53	8042	Angelique	Smit	Veteran	Female
4	3:20:13	8094	Velia	Duncan	Veteran	Female
5	3:47:35	8077	Zuriena	Slarmie	Veteran	Female
6	3:49:52	8102	Nothemba	Mfolozi	Veteran	Female
7	3:52:28	8064	Zahiedah	Toefy	Veteran	Female

### Master Male

Position	Time	Race #	Name	Surname	Category	Sex
1	2:23:44	8117	Ian	Loos	Master	Male
2	2:26:21	8054	Timothy	Walker	Master	Male
3	2:37:13	8110	Errol	Cunnama	Master	Male
4	2:54:45	8074	Ganief	Galvaan	Master	Male
6	3:23:16	8060	Eben JP	Boshoff	Master	Male

### Master Female

Position	Time	Race #	Name	Surname	Category	Sex
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1	3:02:40	8095	Beatrix	Broek	Master	Female
2	3:11:18	8044	Leonie	Erasmus	Master	Female
3	3:25:53	8045	Sue	Rymer	Master	Female
4	3:39:44	8010	Kim	Lamb	Master	Female



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