

Cape Summer Trail Series® Championship 2019

NOTE: The results below are for the Cape Summer Trail Series® 2019 Championship and only include the runners competing in the LONG course. Three race scores count towards the final score. Updated 04/02/2019. For any queries please email info@wildrunner.co.za

Open Men								Race #1:			Race #2:			Race #3:			Race #4:			TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Batch	Name	Surname	Category	Sex	Age	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time	Points	Time		
1	88	A	Siviwe	Nkombi	Open	Male	30	1	00:38:48	1	00:52:42	1	00:33:13	1	00:58:00	4	03:02:43	3	02:04:43				
2	69	A	Peter	Tsawayo	Open	Male	39	3	00:39:32	2	00:55:32	2	00:35:15	2	01:00:50	9	03:11:08	6	02:10:18				
3	1	A	Lucas	Adams	Open	Male	30	12	00:45:13	4	00:59:08	7	00:38:02	3	01:05:09	26	03:27:33	14	02:22:24				
4	58	A	Drew	Romans	Open	Male	21	10	00:44:40	5	00:59:16	6	00:38:01	4	01:05:38	25	03:27:35	15	02:21:57				
5	85	A	Jamie	Holtzhausen	Open	Male	35	11	00:45:11	6	01:02:12	9	00:38:41	300	03:00:00	326	05:26:03	26	02:26:03				
6	25	A	Jeremy	Gray	Open	Male	31	23	00:48:24	8	01:02:55	16	00:41:09	6	01:10:41	53	03:43:10	30	02:32:29				
7	80	A	Yashin	Raghavjee	Open	Male	37	300	03:00:00	11	01:04:18	13	00:40:37	7	01:10:45	331	05:55:41	31	02:55:41				
8	17	A	James	Day	Open	Male	33	24	00:48:55	9	01:02:57	17	00:41:28	8	01:11:25	58	03:44:45	34	02:33:20				
9	29	A	Wesley	Johnston	Open	Male	34	17	00:46:52	7	01:02:29	12	00:39:55	300	03:00:00	336	05:29:16	36	02:29:16				
10	1051	B	Warren	Hawkins	Open	Male	39	18	00:46:54	10	01:03:20	300	03:00:00	10	01:12:21	338	06:02:36	38	03:02:36				
11	4	A	Nick	Bester	Open	Male	28	22	00:48:01	300	03:00:00	11	00:39:48	11	01:14:00	344	05:41:49	44	02:41:49				
12	1159	B	Luhan	Verwey	Open	Male	25	26	00:49:42	12	01:07:22	18	00:41:44	300	03:00:00	356	05:38:48	56	02:38:48				
13	65	A	Jonathan	Sydow	Open	Male	39	35	00:54:07	19	01:14:00	22	00:45:52	18	01:21:26	94	04:15:25	59	02:53:59				
14	62	A	Rouen	Smit	Open	Male	29	40	00:55:11	18	01:13:53	26	00:46:39	19	01:21:32	103	04:17:14	63	02:55:42				
15	38	A	Aubrey	Makhubo	Open	Male	28	85	01:02:16	33	01:18:15	10	00:39:18	24	01:24:52	152	04:24:41	67	02:59:50				
16	6	A	Joakim	Blackadder Immenkamp	Open	Male	34	57	00:57:58	15	01:11:30	39	00:48:03	15	01:18:42	126	04:16:13	69	02:57:31				
17	70	A	Robert	Turner	Open	Male	26	47	00:56:47	21	01:15:30	28	00:46:43	21	01:24:02	117	04:23:02	70	02:59:00				
18	1151	B	Sierd	van der Bij	Open	Male	30	39	00:55:01	300	03:00:00	21	00:45:14	13	01:17:09	373	05:57:24	73	02:57:24				
19	73	A	Jarno	Vorster	Open	Male	26	73	01:00:11	26	01:16:05	32	00:47:18	16	01:19:18	147	04:22:52	74	03:03:34				
20	1066	B	Francois	Jooste	Open	Male	36	37	00:54:20	24	01:15:52	29	00:46:55	22	01:24:09	112	04:21:17	75	02:57:08				
21	1057	B	Justin	Hewitt	Open	Male	29	53	00:57:12	22	01:15:38	33	00:47:28	30	01:27:35	138	04:27:53	85	03:00:18				
22	1065	B	Charl	Jooste	Open	Male	34	49	00:56:49	25	01:15:54	35	00:47:41	28	01:26:25	137	04:26:50	88	03:00:25				
23	2046	C	Leon	du Toit	Open	Male	37	76	01:00:51	32	01:17:07	40	00:48:04	29	01:26:53	177	04:32:56	101	03:06:02				
24	1053	B	Martin	Henning	Open	Male	30	79	01:01:18	43	01:20:31	48	00:50:28	37	01:29:11	207	04:41:28	128	03:12:16				
25	1018	B	Julian	Burke	Open	Male	37	55	00:57:28	28	01:16:16	300	03:00:00	49	01:33:33	432	06:47:17	132	03:47:17				
26	1072	B	Willie	Le Grange	Open	Male	25	59	00:58:35	300	03:00:00	47	00:50:12	27	01:26:00	433	06:14:47	133	03:14:47				
27	1162	B	Stian	Visagie	Open	Male	29	89	01:02:42	51	01:23:32	51	00:50:47	34	01:28:35	225	04:45:35	136	03:17:01				
28	15	A	Quintin	Combrink	Open	Male	31	51	00:56:57	300	03:00:00	38	00:47:59	51	01:34:55	440	06:19:52	140	03:19:52				
29	1112	B	Douglas	Parker	Open	Male	31	84	01:02:07	55	01:24:05	50	00:50:45	45	01:31:39	234	04:48:36	150	03:16:57				
30	1160	B	David	Vinton	Open	Male	31	122	01:07:43	49	01:22:53	60	00:51:48	42	01:31:06	273	04:53:30	151	03:22:24				
31	1154	B	Japie	van der Westhuizen	Open	Male	29	56	00:57:33	27	01:16:10	72	00:55:26	300	03:00:00	455	06:09:08	155	03:09:08				
32	1073	B	Jacques	le Roux	Open	Male	37	71	00:59:53	42	01:20:24	44	00:49:36	300	03:00:00	457	06:09:53	157	03:09:53				
33	1095	B	Richard	Mee	Open	Male	34	62	00:58:55	50	01:23:08	68	00:53:18	50	01:33:36	230	04:48:58	162	03:15:22				
34	2035	C	Craig	Corbett	Open	Male	24	109	01:05:35	52	01:23:51	64	00:53:00	48	01:33:04	273	04:55:30	164	03:22:26				
35	1056	B	Kyle	Heugh	Open	Male	32	111	01:05:54	53	01:24:01	69	00:53:51	43	01:31:23	276	04:55:10	165	03:23:47				
36	1049	B	Matthew	Hall	Open	Male	33	68	00:59:25	70	01:28:30	62	00:52:18	36	01:29:02	236	04:49:16	166	03:20:14				
37	2127	C	Sameer	Singh	Open	Male	33	101	01:04:15	46	01:21:24	300	03:00:00	33	01:28:27	480	06:54:06	180	03:54:06				

38	35	A	Murray	Le Roux	Open	Male	29	102	01:04:16	300	03:00:00	55	00:51:12	32	01:28:00	489	06:23:28	189	03:23:28
39	1161	B	Niel	Visagie	Open	Male	32	80	01:01:50	47	01:21:57	65	00:53:00	300	03:00:00	492	06:16:47	192	03:16:47
40	2284	C	Cas	Huisbosch	Open	Male	37	300	03:00:00	64	01:26:13	80	00:56:42	52	01:34:59	496	06:57:54	196	03:57:54
41	2216	C	Renier	van Jaarsveld	Open	Male	32	117	01:07:12	69	01:27:31	82	00:56:59	53	01:35:44	511	06:19:35	204	03:31:42
42	1085	B	Michael	Mafu	Open	Male	30	94	01:03:00	54	01:24:03	63	00:52:32	300	03:00:00	511	06:19:35	211	03:19:35
43	1059	B	Pieter	Holtzhausen	Open	Male	36	96	01:03:28	48	01:22:06	71	00:54:08	300	03:00:00	515	06:19:42	215	03:19:42
44	1245	B	Devin	Pribut	Open	Male	27	106	01:05:02	60	01:25:30	54	00:51:05	300	03:00:00	520	06:21:37	220	03:21:37
45	1046	B	Haydn	George	Open	Male	31	133	01:09:53	71	01:29:06	74	00:55:33	80	02:01:12	358	05:35:44	225	03:34:32
46	1039	B	Werner	Du Toit	Open	Male	37	130	01:09:30	87	01:34:42	81	00:56:49	57	01:41:37	355	05:22:38	225	03:41:02
47	1125	B	Warric	Ritchie	Open	Male	30	100	01:04:08	65	01:26:45	75	00:55:53	300	03:00:00	540	06:26:46	240	03:26:46
48	2146	C	Algurnon Steve	van Rooyen	Open	Male	30	142	01:11:20	85	01:34:06	76	00:56:18	82	02:07:08	385	05:48:53	243	03:41:45
49	1047	B	Max	Goldin	Open	Male	34	171	01:18:27	92	01:37:51	98	01:01:26	68	01:47:51	429	05:45:34	258	03:57:44
50	1097	B	Ross	Middleton	Open	Male	26	164	01:17:11	93	01:38:17	92	00:58:54	74	01:57:52	423	05:52:14	259	03:54:23
51	1043	B	Thaabit	Fataar	Open	Male	36	118	01:07:23	56	01:24:10	86	00:57:30	300	03:00:00	560	06:29:02	260	03:29:02
52	1122	B	Ruhan	Rheeder	Open	Male	29	123	01:08:01	123	01:08:01	78	00:56:34	59	01:42:59	560	06:47:34	260	03:47:34
53	2137	C	Jaco	Swart	Open	Male	30	161	01:15:54	98	01:40:51	96	01:00:40	70	01:50:22	425	05:47:47	264	03:57:25
54	2153	C	Saleigh	Waggie	Open	Male	39	158	01:15:29	158	01:15:29	104	01:03:33	71	01:51:33	424	05:48:02	266	03:56:28
55	2018	C	Raubie	Brink	Open	Male	33	172	01:18:29	95	01:39:50	106	01:03:49	65	01:46:03	438	05:48:12	266	04:02:08
56	2215	C	Alec	van Niekerk	Open	Male	32	150	01:13:25	102	01:43:19	97	01:01:06	69	01:48:41	418	05:46:31	268	03:57:50
57	2158	C	Timothy	Young	Open	Male	37	165	01:17:21	99	01:41:00	103	01:02:59	76	01:58:12	443	05:59:32	278	04:01:20
58	1076	B	Justin	Leslie	Open	Male	37	182	01:23:09	101	01:42:21	108	01:05:33	77	01:59:29	468	06:10:33	286	04:11:04
59	2003	C	Adnaan	Ajam	Open	Male	34	132	01:09:48	78	01:31:43	77	00:56:20	300	03:00:00	587	06:37:52	287	03:37:52
60	2011	C	Jeremy	Beckley	Open	Male	37	175	01:20:37	104	01:47:44	115	01:07:33	81	02:04:02	475	06:19:57	300	04:15:54
61	2253	C	Jared	Barker	Open	Male	32	300	03:00:00	105	01:50:39	120	01:12:47	75	01:57:53	600	08:01:19	300	05:01:19
62	1150	B	Daniël	van den Bergh	Open	Male	33	136	01:10:20	300	03:00:00	105	01:03:42	61	01:44:07	602	06:58:08	302	03:58:08
63	2005	C	Kenneth	Anthony	Open	Male	36	178	01:21:20	107	01:57:54	118	00:29:05	79	02:00:25	482	06:29:05	304	04:28:40
64	2101	C	Gideon	Nieuwoudt	Open	Male	34	110	01:05:53	72	01:30:09	123	01:14:56	300	03:00:00	605	06:50:58	305	03:50:58
65	1091	B	Paul	Mavrocoelas	Open	Male	37	143	01:12:12	79	01:32:50	88	00:57:37	300	03:00:00	610	06:42:38	310	03:42:38
66	2260	C	Jonathan	Grant	Open	Male	30	300	03:00:00	108	02:17:17	121	01:12:48	83	02:30:04	612	09:00:10	312	06:00:10
67	2098	C	Alexander	Ncube	Open	Male	28	134	01:09:56	83	01:33:38	102	01:02:13	300	03:00:00	619	06:45:47	319	03:45:47
68	1012	B	David	Bloom	Open	Male	39	154	01:13:51	86	01:34:33	99	00:50:26	300	03:00:00	639	06:50:26	339	03:50:26
69	3023	D	Johandre	le Roux	Open	Male	28	167	01:17:55	300	03:00:00	101	01:02:13	73	01:55:45	641	07:15:52	341	04:15:52
70	3033	D	Adriaan	Stander	Open	Male	28	163	01:16:09	100	01:41:17	100	01:02:06	300	03:00:00	663	06:59:31	363	03:59:31
71	3021	D	Roland	Jurd	Open	Male	31	159	01:15:33	94	01:39:37	111	01:06:27	300	03:00:00	664	07:01:37	364	04:01:37
72	3040	D	Adam	van Heerden	Open	Male	27	300	03:00:00	88	01:34:44	90	00:57:52	300	03:00:00	778	08:32:37	478	05:32:37

Open Ladies

Open Ladies								Race #1:			Race #2:			Race #3:			Race #4:			TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Batch	Name	Surname	Category	Sex	Age	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time	Points	Time		
1	74	A	Carla	Whitehead	Open	Female	34	2	00:52:36	4	01:10:54	1	00:44:40	4	01:18:28	11	04:06:38	7	02:48:10				
2	49	A	Tanya	Posthumus-Fox	Open	Female	38	5	00:54:10	3	01:09:48	2	00:45:45	5	01:20:08	15	04:09:52	10	02:49:43				
3	1120	B	Rentia	Retief	Open	Female	26	4	00:54:01	5	01:13:46	4	00:46:33	300	03:00:00	313	05:54:21	13	02:54:21				
4	1036	B	Emily	Djock	Open	Female	30	7	00:57:31	6	01:15:35	6	00:48:03	6	01:23:03	25	04:24:12	18	03:01:09				
5	1282	B	Victoria	Stevens	Open	Female	29	300	03:00:00	8	01:19:50	7	00:50:59	11	01:29:47	326	06:40:36	26	03:40:36				
6	66	A	Andrea	Teagle	Open	Female	30	6	00:57:13	300	03:00:00	11	00:52:28	12	01:30:14	329	06:19:55	29	03:19:55				
7	50	A	Elnari	Potgieter	Open	Female	29	14	01:01:58	7	01:19:39	15	04:44:00	9	01:29:11	45	04:44:00	30	03:14:50				
8	2045	C	Jessica	du Toit	Open	Female	29	19	01:05:10	11	01:22:44	18	00:56:12	10	01:29:45	58	04:53:51	39	03:24:06				
9	2095	C	Michelle	Mentz	Open	Female	24	21	01:05:37	13	01:24:00	14	00:52:58	14	01:33:25	62	04:56:01	41	03:22:35				
10	1251	B	Samantha	Holtzhausen	Open	Female	29	18	01:03:30	14	01:24:49	12	00:52:29	300	03:00:00	344	06:20:48	44	03:20:48				
11	2103	C	Kaylyn	Novak	Open	Female	21	20	01:05:24	18	01:28:14	16	00:53:31	13	01:30:18	67	04:57:27	47	03:27:09				
12	8	A	Xolisiwe	Booi	Open	Female	34	23	01:06:15	20	01:26:48	21	00:56:55	16	01:33:58	77	05:03:55	54	03:29:58				
13	1113	B	Jeanine	Peck	Open	Female	34	34	01:09:26	25	01:34:41	19	00:56:47	23	01:41:27	101	05:22:21	67	03:40:54				
14	1092	B	Josie	McCann	Open	Female	22	35	01:09:32	35	01:31:36	24	01:00:07	30	01:44:33	110	05:24:48	75	03:41:15				
15	2060	C	Tinne	Gils	Open	Female	33	32	01:08:52	24	01:33:03	23	00:57:47	300	03:00:00	379	06:39:43	79	03:39:43				
16	1098	B	Anika	Mikkelsen	Open	Female	31	78	01:25:52	34	01:39:14	26	01:02:01	27	01:43:28	165	05:50:35	87	04:07:07				
17	2075	C	Siyasanga	Khonqo	Open	Female	33	46	01:13:15	31	01:37:02	30	01:02:26	34	01:48:54	141	05:41:37	95	03:52:43				
18	1013	B	Lindsay	Bloom	Open	Female	35	50	01:13:50	32	01:37:25	29	01:02:25	300	03:00:00	411	06:53:41	111	03:53:41				
19	2023	C	Sarah	Camp	Open	Female	20	59	01:17:16	40	01:43:30	34	01:05:07	43	01:54:36	176	06:00:28	117	04:05:52				
20	2211	C	Fazlin	Martin	Open	Female	37	56	01:16:21	300	03:00:00	28	01:02:08	37	01:49:34	421	07:08:03	121	04:08:03				
21	2140	C	Maryka	Treurnich	Open	Female	35	63	01:19:43	39	01:42:41	38	01:07:20	44	01:55:21	184	06:05:04	121	04:09:44				
22	2197	C	Melissa	Thomas	Open	Female	36	71	01:23:37	49	01:51:48	42	01:09:17	38	01:49:45	200	06:14:27	129	04:22:39				
23	3039	D	Aletia	van Antwerpen	Open	Female	35	57	01:16:51	300	03:00:00	35	01:05:19	40	01:53:40	432	07:15:50	132	04:15:50				
24	2145	C	Jennifer	van Niekerk	Open	Female	27	55	01:16:13	38	01:42:02	300	03:00:00	41	01:54:23	434	07:52:38	134	04:52:38				
25	2156	C	Nicole	Woodman	Open	Female	31	54	01:16:03	44	01:48:19	44	01:12:19	48	02:01:10	190	06:17:51	136	04:16:41				
26	3012	D	Theari	Fernhout	Open	Female	33	77	01:25:33	50	01:52:03	43	01:11:32	49	02:02:07	219	06:31:16	142	04:29:08				
27	3116	D	Catherine	Robbertse	Open	Female	28	73	01:24:05	45	01:50:11	37	01:06:43	300	03:00:00	455	07:20:58	155	04:20:58				
28	3018	D	Taryn	Heywood	Open	Female	38	67	01:20:39	43	01:48:11	300	03:00:00	46	01:59:30	456	08:08:20	156	05:08:20				
29	3114	D	Caitlin	Procter	Open	Female	32	70	01:22:30	54	01:57:01	39	01:07:52	300	03:00:00	463	07:27:24	163	04:27:24				
30	3017	D	Shahnaaz	Hendricks	Open	Female	35	89	01:48:54	60	02:20:09	300	03:00:00	53	02:35:00	502	09:44:03	202	06:44:03				

Veteran Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	10	A	Pieter	Calitz	Veteran	Male	43
2	18	A	Awie	De Swardt	Veteran	Male	43
3	1163	B	Jan-Heyn	Vorster	Veteran	Male	45
4	1077	B	Hugo	Leuenberger	Veteran	Male	41
5	1050	B	John	Hanekom	Veteran	Male	46
6	36	A	Stefan	Lindeque	Veteran	Male	45
7	2024	C	Peter	Carrick	Veteran	Male	48
8	1025	B	Herman	Crause	Veteran	Male	48
9	2224	C	Brent	Morhenrood	Veteran	Male	47
10	2231	C	Anthony	McLea	Veteran	Male	43
11	2144	C	Carlo	Van Niekerk	Veteran	Male	41
12	2221	C	Andrew	Wright	Veteran	Male	44
13	1134	B	Simon	Sonn	Veteran	Male	45
14	2064	C	Paul	Grapendaal	Veteran	Male	41
15	1247	B	Alastair	Hops	Veteran	Male	47
16	1011	B	Ross	Biggs	Veteran	Male	44
17	2110	C	Burgess	Patterson	Veteran	Male	47
18	2058	C	Mark	Fuller	Veteran	Male	44
19	1144	B	Henry	Thomson	Veteran	Male	44
20	1004	B	Grant	Achilles	Veteran	Male	47
21	1135	B	Spencer	Sonn	Veteran	Male	48
22	2066	C	Steve	Heldzigen	Veteran	Male	46
23	2093	C	Anton	Meiring	Veteran	Male	43
24	2102	C	Andrew	Nixon	Veteran	Male	46
25	2006	C	Sedick	Arendse	Veteran	Male	48
26	2088	C	Otto	Marte	Veteran	Male	43
27	2086	C	Alphonso	Malgas	Veteran	Male	45
28	2053	C	Shaheed	Essa	Veteran	Male	48
29	3028	D	Mogamat	Nazier	Veteran	Male	41

Race #1:	
Position & Points	Time
1	00:44:54
8	00:53:26
17	01:00:02
16	00:59:27
11	00:56:02
14	00:58:46
18	01:00:46
21	01:02:31
33	01:05:05
35	01:05:08
32	01:05:00
30	01:04:27
27	01:03:06
41	01:07:50
51	01:10:41
45	01:08:43
300	03:00:00
57	01:13:50
50	01:10:30
48	01:10:16
69	01:23:13
64	01:17:59
54	01:12:39
72	01:29:58
55	01:12:42
59	01:14:26
68	01:22:15
70	01:26:32
73	01:48:52

Race #2:	
Position & Points	Time
1	01:01:10
2	01:06:40
4	01:13:28
7	01:17:30
5	01:17:03
8	01:17:36
15	01:22:40
11	01:20:13
10	01:18:07
19	01:26:34
13	01:22:00
300	03:00:00
14	01:22:15
22	01:30:07
22	01:29:40
300	03:00:00
28	01:35:18
26	01:32:44
30	01:35:40
27	01:34:48
35	01:40:26
33	01:38:46
25	01:31:24
37	01:45:17
32	01:37:11
31	01:36:20
39	01:47:47
41	01:53:56
43	02:20:11

Race #3:	
Position & Points	Time
300	03:00:00
2	00:42:52
5	00:47:27
8	00:49:20
300	03:00:00
300	03:00:00
16	01:36:07
11	00:51:33
12	00:51:55
18	00:53:33
10	00:51:20
14	00:52:05
19	00:53:44
22	00:55:30
28	00:57:29
17	00:53:15
33	00:58:17
32	00:58:11
26	00:56:54
36	01:00:12
39	01:02:46
37	01:01:02
30	00:57:53
43	01:09:36
300	03:00:00
38	01:01:14
300	03:00:00
300	03:00:00
300	03:00:00
300	03:00:00

Race #4:	
Position & Points	Time
1	01:07:30
2	01:14:49
3	01:20:30
5	01:24:59
7	01:27:23
6	01:25:40
11	01:36:53
300	03:00:00
24	01:49:51
12	01:37:19
300	03:00:00
14	01:40:44
300	03:00:00
16	01:41:32
15	01:41:22
10	01:31:19
13	01:39:25
17	01:42:07
20	01:43:55
22	01:47:45
21	01:47:44
28	01:57:25
300	03:00:00
29	02:00:22
31	02:06:21
300	03:00:00
30	02:01:28
33	02:11:22
35	02:35:03

TOTAL	
Points	Time
303	05:53:35
14	03:57:47
29	04:21:27
36	04:31:17
323	06:40:27
328	06:42:01
60	04:53:27
343	06:14:17
79	05:04:58
84	05:02:34
355	06:18:20
358	06:37:15
360	06:19:05
101	05:14:59
116	05:19:12
372	06:33:17
374	07:12:59
132	05:26:52
126	05:26:59
133	05:33:01
164	05:54:10
162	05:55:12
409	06:41:56
181	06:25:13
418	07:56:13
428	06:52:00
437	08:11:29
444	08:31:50
451	09:44:06

TOTAL AFTER DISCARD	
Points	Time
3	02:53:35
6	02:42:58
12	03:00:57
20	03:06:18
23	03:40:27
28	03:42:01
42	03:16:33
43	03:14:17
46	03:15:07
49	03:25:15
55	03:18:20
58	03:37:15
60	03:19:05
60	03:33:27
65	03:37:50
72	03:33:17
74	04:12:59
75	03:44:45
76	03:43:04
85	03:45:16
95	04:06:26
98	03:57:47
109	03:41:56
109	04:24:51
118	04:56:13
128	03:52:00
137	05:11:29
144	05:31:50
151	06:44:06

Veteran Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	1052	B	Nicola	Hendriks	Veteran	Female	42
2	1157	B	Elize	van staden	Veteran	Female	42
3	2094	C	Kate	Meiring	Veteran	Female	41
4	1103	B	Lynette	Morris	Veteran	Female	41
5	1100	B	Leanne	Mitchell	Veteran	Female	42
6	2015	C	Joanne	Boswell	Veteran	Female	46
7	1272	B	Taskeen	Fakier	Veteran	Female	41
8	2059	C	Juanita	Geyer	Veteran	Female	45
9	3122	D	Charlotte	Schreve	Veteran	Female	49
10	2037	C	René	Cupido	Veteran	Female	45
11	3011	D	Martha	Evans	Veteran	Female	44
12	2007	C	Shafeeka	Arendse	Veteran	Female	47
13	2118	C	Joanne	Price	Veteran	Female	46
14	2056	C	Helene	Fouche	Veteran	Female	45
15	2081	C	Mufeeda	Lewis	Veteran	Female	45
16	2052	C	Faldelha	Essa	Veteran	Female	45

Race #1:		
Position & Points	Time	
7	01:03:59	
21	01:14:06	
17	01:12:32	
14	01:09:55	
12	01:09:41	
27	01:17:20	
300	03:00:00	
33	01:24:27	
300	03:00:00	
34	01:24:41	
30	01:24:12	
39	01:26:31	
46	01:41:28	
41	01:27:50	
43	01:30:18	
42	01:30:14	

Race #2:		
Position & Points	Time	
1	01:23:29	
10	01:37:56	
5	01:31:26	
7	01:33:44	
9	01:37:07	
13	01:39:48	
16	01:50:05	
19	01:52:47	
23	02:00:36	
24	02:01:02	
15	01:50:03	
18	01:51:20	
27	02:08:43	
20	01:54:53	
21	01:58:34	
26	02:07:02	

Race #3:		
Position & Points	Time	
1	00:55:02	
4	01:02:44	
2	00:57:54	
3	00:58:58	
300	03:00:00	
5	01:05:13	
6	01:06:28	
7	01:09:32	
8	01:17:47	
10	01:23:24	
300	03:00:00	
300	03:00:00	
9	01:22:53	
300	03:00:00	
300	03:00:00	
300	03:00:00	

Race #4:		
Position & Points	Time	
1	01:31:47	
7	01:53:13	
300	03:00:00	
300	03:00:00	
4	01:47:53	
9	01:54:32	
13	02:02:34	
10	02:00:06	
17	02:06:31	
15	02:06:16	
12	02:01:38	
23	02:21:46	
300	03:00:00	
21	02:12:43	
25	02:21:54	
24	02:21:51	

TOTAL	
Points	Time
10	04:54:17
42	05:47:58
324	06:41:52
324	06:42:37
325	07:34:41
54	05:56:53
335	07:59:07
69	06:26:52
348	08:24:55
83	06:55:22
357	08:15:54
380	08:39:37
382	08:13:04
382	08:35:26
389	08:50:46
392	08:59:07

TOTAL AFTER DISCARD	
Points	Time
3	03:22:30
21	03:54:46
24	03:41:52
24	03:42:37
25	04:34:41
27	04:02:21
35	04:59:07
36	04:26:46
48	05:24:55
49	04:49:07
57	05:15:54
80	05:39:37
82	05:13:04
82	05:35:26
89	05:50:46
92	05:59:07

Master Men

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	80	A	Duncan	Siegfried	Master	Male	52
2	2	A	Robert	Austin	Master	Male	50
3	1145	B	Andre	Treurnich	Master	Male	51
4	1069	B	Richard	Kruger	Master	Male	51
5	1001	B	Antony	Abate	Master	Male	52
6	1044	B	Philip	Fouche	Master	Male	50
7	1118	B	Emeraan	Railoun	Master	Male	51
8	1109	B	Vaughn	Oickers	Master	Male	53
9	1030	B	Errol	Cunnama	Master	Male	63
10	1093	B	Patrick	McCann	Master	Male	55
11	1263	B	Steve	Akester	Master	Male	57
12	1142	B	Johann	Theron	Master	Male	61
13	56	A	David	Rodseth	Master	Male	63
14	2091	C	Scott	Mclvor	Master	Male	64
15	2055	C	Andre	Filander	Master	Male	54
16	2138	C	Gregory	Swartz	Master	Male	52
17	2129	C	David	Smith	Master	Male	51
18	2225	C	Bradley	Koen	Master	Male	52

Race #1:		
Position & Points	Time	
1	00:49:45	
3	00:53:10	
5	00:56:19	
6	00:56:38	
10	00:58:37	
15	01:02:27	
12	01:00:19	
19	01:07:30	
14	01:02:22	
13	01:02:02	
300	03:00:00	
22	01:08:34	
20	01:07:57	
18	01:04:35	
23	01:09:52	
28	01:16:01	
26	01:14:48	
25	01:13:00	

Race #2:		
Position & Points	Time	
300	03:00:00	
1	01:08:20	
3	01:15:00	
300	03:00:00	
6	01:17:43	
11	01:20:27	
7	01:18:34	
5	01:17:41	
9	01:19:57	
12	01:22:12	
18	01:30:05	
17	01:29:44	
22	01:33:38	
16	01:29:16	
20	01:31:59	
24	01:35:54	
28	01:40:35	
23	01:35:48	

Race #3:		
Position & Points	Time	
1	00:42:32	
2	00:43:29	
3	00:47:39	
5	00:48:50	
7	00:49:45	
4	00:48:30	
8	00:51:53	
6	00:49:04	
10	00:55:23	
9	00:52:59	
11	01:06:31	
14	00:58:02	
12	00:56:40	
15	00:59:08	
13	00:56:42	
19	01:05:11	
20	01:23:27	
300	03:00:00	

Race #4:		
Position & Points	Time	
1	01:11:53	
2	01:14:22	
3	01:21:24	
5	01:23:56	
4	01:23:29	
6	01:26:46	
7	01:28:36	
300	03:00:00	
300	03:00:00	
14	01:40:39	
9	01:36:10	
11	01:38:02	
12	01:38:50	
18	01:45:27	
16	01:42:17	
23	01:51:03	
22	01:49:06	
24	01:51:14	

TOTAL	
Points	Time
303	05:44:10
8	03:59:21
14	04:20:22
316	06:09:24
27	04:29:34
36	04:38:10
34	04:39:22
330	06:14:16
333	06:17:42
48	04:57:51
338	07:02:45
64	05:14:23
66	05:17:05
67	05:18:27
72	05:20:50
94	05:48:09
96	06:07:56
372	07:40:01

TOTAL AFTER DISCARD	
Points	Time
3	02:44:10
5	02:44:59
9	02:58:58
16	03:09:24
17	03:06:05
21	03:11:24
22	03:10:46
30	03:14:16
33	03:17:42
34	03:17:12
38	04:02:45
42	03:36:21
44	03:38:15
49	03:33:00
49	03:38:33
66	03:57:06
68	04:18:50
72	04:40:01

Master Ladies

Position	Race #	Batch	Name	Surname	Category	Sex	Age
1	98	A	Julie	Huckle	Master	Female	50
2	1292	B	Lollos	Rodseth	Master	Female	59
3	2117	C	Sheila	Prestage	Master	Female	56
4	2100	C	Lorraine	Nevin	Master	Female	56
5	2016	C	Liz	Brash	Master	Female	59
6	2009	C	Togieda	Bassadien	Master	Female	58
7	3024	D	Marizanne	Lombard	Master	Female	53
8	3025	D	Cathy	Mackenzie	Master	Female	50
9	2001	C	Carin	Abramovitz	Master	Female	57
10	2124	C	Rene	Schuller	Master	Female	51

Race #1:		
Position & Points	Time	
1	00:52:53	
7	01:07:54	
11	01:15:03	
17	01:21:37	
18	01:21:39	
5	01:02:48	
23	01:25:00	
22	01:24:10	
28	01:44:27	
25	01:30:13	

Race #2:		
Position & Points	Time	
2	01:10:21	
3	01:32:52	
6	01:43:07	
12	01:56:39	
11	01:56:34	
16	02:11:24	
14	01:58:22	
9	01:49:59	
17	02:18:00	
19	02:22:57	

Race #3:		
Position & Points	Time	
1	00:46:23	
2	00:56:37	
6	01:05:00	
7	01:10:02	
8	01:10:05	
300	03:00:00	
9	01:12:53	
300	03:00:00	
10	01:26:42	
300	03:00:00	

Race #4:		
Position & Points	Time	
1	01:20:11	
300	03:00:00	
7	01:51:02	
8	01:55:57	
10	01:59:48	
13	02:11:51	
14	02:16:16	
9	01:59:21	
300	03:00:00	
11	02:06:23	

TOTAL	
Points	Time
5	04:09:49
312	06:37:23
30	05:54:12
44	06:24:15
47	06:28:07
334	08:26:03
60	06:52:31
340	08:13:30
355	08:29:09
355	08:59:33

TOTAL AFTER DISCARD	
Points	Time
3	02:49:37
12	03:37:23
19	04:03:11
27	04:27:36
29	04:28:19
34	05:26:03
37	04:36:15
40	05:13:30
55	05:29:09
55	05:59:33