

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:38:48	88	A	Siviwe	Nkombi	Open	Male	30
2	00:39:24	96	A	Rory	Scheffer	Open	Male	26
3	00:39:32	69	A	Peter	Tsawayo	Open	Male	39
4	00:41:05	12	A	Daniel	Claassen	Open	Male	26
5	00:41:27	83	A	Stephen	Millard	Open	Male	17
6	00:42:08	5	A	Jonathan	Black	Open	Male	24
7	00:44:05	52	A	James	Reid	Open	Male	26
8	00:44:06	64	A	Wesley	Sweetnam	Open	Male	29
9	00:44:15	28	A	Matt	Henshall	Open	Male	28
10	00:44:40	58	A	Drew	Romans	Open	Male	21
11	00:44:54	10	A	Pieter	Calitz	Veteran	Male	43
12	00:45:11	85	A	Jamie	Holtzhausen	Open	Male	35
13	00:45:13	1	A	Lucas	Adams	Open	Male	30
14	00:45:34	33	A	Duncan	Land	Open	Male	33
15	00:46:42	34	A	Alwyn	le Roux	Open	Male	33
16	00:46:48	1250	B	Wade	Holland	Open	Male	31
17	00:46:48	32	A	Nicholas	Koenig	Open	Male	29
18	00:46:52	29	A	Wesley	Johnston	Open	Male	34
19	00:46:54	1051	B	Warren	Hawkins	Open	Male	39
20	00:47:24	59	A	Damien	Schumann	Open	Male	37
21	00:47:37	14	A	Devon	Coetzee	Open	Male	27
22	00:47:59	81	A	Jason	Tucker	Open	Male	35
23	00:48:01	4	A	Nick	Bester	Open	Male	28
24	00:48:24	25	A	Jeremy	Gray	Open	Male	31
25	00:48:55	17	A	James	Day	Open	Male	33
26	00:49:13	46	A	James	Peart	Open	Male	26
27	00:49:42	1159	B	Luhan	Verwey	Open	Male	25
28	00:49:45	60	A	Duncan	Siegfried	Master	Male	52
29	00:49:49	1129	B	Donavon	Shehab	Open	Male	32
30	00:50:11	67	A	Shen	Tian	Open	Male	34
31	00:50:27	91	A	Adam	van Niekerk	Open	Male	28
32	00:51:00	1166	B	Rowan	Whelan	Veteran	Male	43
33	00:51:18	19	A	Stephen	Emslie	Open	Male	38
34	00:51:38	84	A	Gavin	Millard	Master	Male	50
35	00:51:45	1158	B	Jonathan	Van Wyk	Open	Male	38
36	00:52:12	1070	B	Brad	Larratt	Veteran	Male	46
37	00:52:16	55	A	Luke	Roberts	Open	Male	38
38	00:52:20	86	A	Mags	Wright	Open	Female	37
39	00:52:24	1261	B	Jason	Springgs	Veteran	Male	40
40	00:52:25	1045	B	Mark	Gebhardt	Veteran	Male	46
41	00:52:36	74	A	Carla	Whitehead	Open	Female	34
42	00:52:42	39	A	Jean-Marc	Maurel	Veteran	Male	45
43	00:52:50	1249	B	Ryno	Van Rooyen	Open	Male	39
44	00:52:53	93	A	Julie	Hackie	Master	Female	50
45	00:53:10	2	A	Robert	Austin	Master	Male	50
46	00:53:16	20	A	Luke	Farrenkothien	Veteran	Male	40
47	00:53:26	18	A	Awie	De Swardt	Veteran	Male	43
48	00:53:30	37	A	Ahmed Zaid	Mahomed	Master	Male	55
49	00:53:34	42	A	Ian	Metcalfe	Open	Male	38
50	00:53:38	61	A	Megan	Skowno	Open	Female	33
51	00:54:01	1120	B	Rentia	Retief	Open	Female	26
52	00:54:07	65	A	Jonathan	Sydow	Open	Male	39
53	00:54:07	2236	C	Mark	Whelan	Open	Male	30
54	00:54:10	49	A	Tanya	Posthumus-Fox	Open	Female	38
55	00:54:20	1066	B	Francois	Jooste	Open	Male	36
56	00:54:25	1260	B	Thinus	Appel	Open	Male	25
57	00:54:48	87	A	Yazied	Baker	Veteran	Male	40
58	00:55:01	1151	B	Sierd	van der Bij	Open	Male	30
59	00:55:11	62	A	Rouen	Smit	Open	Male	29
60	00:55:17	30	A	Johann	Joubert	Open	Male	32
61	00:55:19	1037	B	Sakkie	Du Toit	Veteran	Male	49
62	00:55:20	51	A	Luke	Potgieter	Open	Male	29
63	00:55:30	9	A	Jen	Brown	Veteran	Female	46
64	00:55:43	44	A	Calvin	Mole	Open	Male	29
65	00:55:59	40	A	Hilton	McCall	Open	Male	35
66	00:56:00	1148	B	Joshua	van Blerk	Open	Male	23
67	00:56:02	1050	B	John	Hanekom	Veteran	Male	46
68	00:56:04	1253	B	Chris	Garbers	Open	Male	29
69	00:56:07	24	A	Quinton	Frieslich	Veteran	Male	42
70	00:56:12	63	A	Nick	Stodel	Veteran	Male	43
71	00:56:19	1145	B	Andre	Treurnich	Master	Male	51
72	00:56:38	1069	B	Richard	Kruger	Master	Male	51
73	00:56:47	70	A	Robert	Turner	Open	Male	26
74	00:56:48	1153	B	Darius	van der Walt	Open	Male	38
75	00:56:49	1065	B	Charl	Jooste	Open	Male	34
76	00:56:51	1081	B	Hienrich	Loubser	Open	Male	33
77	00:56:57	15	A	Quintin	Combrink	Open	Male	31

78	00:57:09	1089	B	Shaun	Matthews	Open	Male	34
79	00:57:12	1057	B	Justin	Hewitt	Open	Male	29
80	00:57:13	66	A	Andrea	Teagle	Open	Female	30
81	00:57:15	72	A	James	Verster-Cohen	Open	Male	39
82	00:57:28	1018	B	Julian	Burke	Open	Male	37
83	00:57:29	53	A	Maxine	Reilly	Master	Female	57
84	00:57:31	1036	B	Emily	Djock	Open	Female	30
85	00:57:33	1154	B	Japie	van der Westhuizen	Open	Male	29
86	00:57:36	90	A	Holli	Glowall	Master	Male	50
87	00:57:54	2061	C	Chris	Goodwin	Master	Male	51
88	00:57:58	6	A	Joakim	Blackadder Immenkamp	Open	Male	34
89	00:58:05	45	A	Ivor	Norval	Master	Male	51
90	00:58:13	1014	B	Kristo	Botha	Open	Male	26
91	00:58:35	1072	B	Willie	Le Grange	Open	Male	25
92	00:58:37	1001	B	Antony	Abate	Master	Male	52
93	00:58:44	41	A	Suzette	Mclvor	Master	Female	50
94	00:58:46	36	A	Stefan	Lindeque	Veteran	Male	45
95	00:58:47	2065	C	Dimitrios	Hadzigrigoriou	Open	Male	24
96	00:58:49	1090	B	Simon	Matthews	Open	Male	33
97	00:58:55	1095	B	Richard	Mee	Open	Male	34
98	00:59:03	1244	B	Will	Chennels	Open	Male	27
99	00:59:07	1143	B	Matt	Thompson	Open	Male	34
100	00:59:15	1058	B	Jan Hendrik	Hofmeyr	Open	Male	37
101	00:59:15	22	A	Whelan	Fielding	Open	Male	39
102	00:59:21	1006	B	Colin	Alexander	Veteran	Male	46
103	00:59:22	1005	B	Marisa	Agnello	Open	Female	39
104	00:59:24	1254	B	David	Hanly	Open	Male	28
105	00:59:25	92	A	Julia	Marx	Junior	Female	17
106	00:59:25	1049	B	Matthew	Hall	Open	Male	33
107	00:59:27	1077	B	Hugo	Leuenberger	Veteran	Male	41
108	00:59:38	1108	B	Charlotte	Noble	Master	Female	53
109	00:59:39	1255	B	Marcel	Rathbone	Open	Male	28
110	00:59:41	1156	B	Clifford	van Rooyen	Open	Male	38
111	00:59:44	1141	B	Brett	Tessendorf	Master	Male	52
112	00:59:47	1079	B	Jada	Linstrom	Open	Female	23
113	00:59:53	1073	B	Jacques	le Roux	Open	Male	37
114	00:59:58	1078	B	Sandra	Leyck	Veteran	Female	45
115	01:00:00	1026	B	Ashleigh	Crosland	Open	Female	28
116	01:00:02	1163	B	Jan-Heyn	Vorster	Veteran	Male	45
117	01:00:11	2207	C	Thomas	Van Alphen	Open	Male	31
118	01:00:11	73	A	Jarno	Vorster	Open	Male	26
119	01:00:12	1111	B	Willem	Oosthuizen	Open	Male	30
120	01:00:13	21	A	Brenda	Ferrar	Veteran	Female	41
121	01:00:19	1118	B	Emeraan	Railoun	Master	Male	51
122	01:00:24	2004	C	Matthew	Altern	Open	Male	28
123	01:00:46	2024	C	Peter	Carrick	Veteran	Male	48
124	01:00:51	2046	C	Leon	du Toit	Open	Male	37
125	01:00:52	2048	C	Rowan	Duys	Open	Male	39
126	01:01:00	1041	B	Marc	Erasmus	Veteran	Male	41
127	01:01:02	1054	B	Ben	Henshall	Open	Male	26
128	01:01:04	1055	B	Tim	Henshall	Veteran	Male	46
129	01:01:15	1152	B	Jana	van der Merwe	Open	Female	37
130	01:01:18	1053	B	Martin	Henning	Open	Male	30
131	01:01:39	2220	C	Diana	Millard	Junior	Female	15
132	01:01:50	1161	B	Niel	Visagie	Open	Male	32
133	01:01:54	2250	C	Benjamin	Jourdan	Open	Male	29
134	01:01:57	3013	D	Ryan	Ferreira	Open	Male	29
135	01:01:58	50	A	Elnari	Potgieter	Open	Female	29
136	01:02:00	1104	B	Nadia	Mulder	Open	Female	22
137	01:02:02	1093	B	Patrick	McCann	Master	Male	55
138	01:02:05	1149	B	Ruan	Van den Berg	Open	Male	33
139	01:02:07	1112	B	Douglas	Parker	Open	Male	31
140	01:02:15	1115	B	Nikki-leigh	Piper	Open	Female	33
141	01:02:16	38	A	Aubrey	Makhubo	Open	Male	28
142	01:02:21	1061	B	Darryn	Howes	Open	Male	26
143	01:02:22	1030	B	Errol	Cunnama	Master	Male	63
144	01:02:27	1044	B	Philip	Fouche	Master	Male	50
145	01:02:29	1126	B	Catherine	Roberts	Veteran	Female	41
146	01:02:31	1025	B	Herman	Crause	Veteran	Male	48
147	01:02:33	1016	B	Stuart	Buchanan	Open	Male	28
148	01:02:33	2089	C	Jonathon	Matthysen	Open	Male	33
149	01:02:35	1127	B	Candice	Royal	Open	Female	35
150	01:02:42	1162	B	Stian	Visagie	Open	Male	29
151	01:02:43	1262	B	Sandra	Dacey	Veteran	Female	41
152	01:02:48	2009	C	Togieda	bassadient@gmail.com	Master	Female	58
153	01:02:48	1130	B	James	Sleigh	Master	Male	51
154	01:02:49	1017	B	Bharn	Burgers	Veteran	Male	73
155	01:02:50	2155	C	Chienne	Wolmerans	Open	Male	39
156	01:02:54	3034	D	Michael	Stuart	Open	Male	27
157	01:02:54	1034	B	Johan	Davel	Veteran	Male	45
158	01:02:55	3001	D	Duncan	Andrew	Open	Male	26
159	01:02:57	43	A	Laura	Miller	Veteran	Female	41
160	01:02:58	1067	B	Carl	Joubert	Open	Male	35
161	01:03:00	1085	B	Michael	Mafu	Open	Male	30
162	01:03:01	2116	C	Dirk	Pilon	Open	Male	37
163	01:03:01	1128	B	Anthony	Shaw	Veteran	Male	49

164	01:03:04	1009	B	Ahmed	Bhamjee	Veteran	Male	47
165	01:03:05	1035	B	Paul	Diedericks	Veteran	Male	47
166	01:03:06	1134	B	Simon	Sonn	Veteran	Male	45
167	01:03:28	1059	B	Pieter	Holtzhausen	Open	Male	36
168	01:03:30	1251	B	Samantha	Holtzhausen	Open	Female	29
169	01:03:44	2126	C	Erwin	Schumann	Master	Male	61
170	01:03:59	2219	C	Muhammad Luqman	Hamid	Open	Male	33
171	01:03:59	1052	B	Nicola	Hendriks	Veteran	Female	42
172	01:04:00	2230	C	Mark	Finch	Veteran	Male	46
173	01:04:00	1064	B	Shaun	Inwin	Open	Male	29
174	01:04:07	2112	C	Fred	Pelser	Open	Male	36
175	01:04:08	1125	B	Warric	Ritchie	Open	Male	30
176	01:04:15	2127	C	Sameer	Singh	Open	Male	33
177	01:04:16	35	A	Murray	Le Roux	Open	Male	29
178	01:04:17	2208	C	Aleksandar	Andjelpolj	Open	Male	33
179	01:04:18	1102	B	Riyaad	Moos	Open	Male	39
180	01:04:18	48	A	Ross	Pennell	Veteran	Male	41
181	01:04:19	47	A	Lisa	Pennell	Veteran	Female	41
182	01:04:27	2221	C	Andrew	Wright	Veteran	Male	44
183	01:04:28	1246	B	Paul	Turner	Veteran	Male	40
184	01:04:35	2091	C	Scott	Mclvor	Master	Male	64
185	01:04:42	3	A	Alan	Bainbridge	Open	Male	36
186	01:05:00	2144	C	Carlo	Van Niekerk	Veteran	Male	41
187	01:05:02	1245	B	Devin	Pribut	Open	Male	27
188	01:05:05	2224	C	Brent	Morhenrood	Veteran	Male	47
189	01:05:07	2251	C	Moenier	DaSilva	Veteran	Male	45
190	01:05:08	2231	C	Anthony	McLea	Veteran	Male	43
191	01:05:10	2045	C	Jessica	du Toit	Open	Female	29
192	01:05:14	1074	B	James	Lehman	Open	Male	28
193	01:05:24	2103	C	Kaylyn	Novak	Open	Female	21
194	01:05:32	2217	C	David	le Roux	Open	Male	36
195	01:05:35	2035	C	Craig	Corbett	Open	Male	24
196	01:05:37	2095	C	Michelle	Mentz	Open	Female	24
197	01:05:47	2128	C	Austin	Smith	Veteran	Male	42
198	01:05:53	2101	C	Gideon	Nieuwoudt	Open	Male	34
199	01:05:54	1056	B	Kyle	Heugh	Open	Male	32
200	01:06:02	1094	B	Alice	McGrath	Open	Female	26
201	01:06:11	2130	C	Henry	Steel	Open	Male	29
202	01:06:15	8	A	Xolisiwe	Booi	Open	Female	34
203	01:06:24	1155	B	Elizma	Van Lill	Open	Female	34
204	01:06:25	1068	B	Ben	Kooyman	Open	Male	31
205	01:06:31	1121	B	Mark	Reynolds	Open	Male	29
206	01:06:49	2246	C	Todd	Anderson	Veteran	Male	46
207	01:06:52	1096	B	Devon	Melville	Open	Male	34
208	01:06:57	1003	B	Phillip	Ablort-Morgan	Open	Male	33
209	01:07:10	89	A	Rob	Kuiper	Veteran	Male	48
210	01:07:12	1110	B	Tiffany	Onderstall	Open	Female	22
211	01:07:12	2216	C	Renier	van Jaarsveld	Open	Male	32
212	01:07:19	1000	B	Willem	Venter	Veteran	Male	46
213	01:07:23	1043	B	Thaabit	Fataar	Open	Male	36
214	01:07:23	2227	C	Sarel	Terblanche	Open	Male	29
215	01:07:25	1124	B	Mark	Riemer	Open	Male	35
216	01:07:28	2054	C	Brad	Evans	Veteran	Male	45
217	01:07:30	1109	B	Vaughn	Olckers	Master	Male	53
218	01:07:39	1032	B	Rayno	Daschner	Open	Male	35
219	01:07:43	1160	B	David	Vinton	Open	Male	31
220	01:07:44	1258	C	Linda	Tucker	Master	Female	53
221	01:07:49	1137	B	Kendra	Stoffberg	Open	Female	32
222	01:07:50	2064	C	Paul	Grapendaal	Veteran	Male	41
223	01:07:54	57	A	Lollos	Rodseth	Master	Female	59
224	01:07:57	56	A	David	Rodseth	Master	Male	63
225	01:08:01	1122	B	Ruhan	Rheeder	Open	Male	29
226	01:08:03	1028	B	Louisa	Cruickshank	Open	Female	39
227	01:08:05	2096	C	Craig	Mockford	Veteran	Male	47
228	01:08:05	1101	B	Mohammed	Moolla	Veteran	Male	45
229	01:08:13	1248	B	Matthew	Metz	Open	Male	27
230	01:08:24	2248	C	Mario	Hendricks	Veteran	Male	41
231	01:08:28	2107	C	John	Orford	Master	Male	50
232	01:08:32	1024	B	Nicole	Craddock	Open	Female	26
233	01:08:34	1142	B	Johann	Theron	Master	Male	61
234	01:08:34	94	A	Leandrie	du Plessis	Open	Female	28
235	01:08:35	82	A	Hanlie	Huisamen	Open	Female	32
236	01:08:35	2087	C	Mareli	Mans	Open	Female	35
237	01:08:39	1023	B	Michael	Champanis	Open	Male	35
238	01:08:43	1011	B	Ross	Biggs	Veteran	Male	44
239	01:08:44	2050	C	Joseph	Entwisle	Open	Male	28
240	01:08:46	2223	C	Johan	Nel	Open	Male	38
241	01:08:52	2060	C	Tinne	Gils	Open	Female	33
242	01:08:52	1027	B	Edwin	Cross	Veteran	Male	42
243	01:08:56	2235	C	Mark	Burgess	Open	Male	31
244	01:09:16	7	A	Oriole	Bolus	Open	Male	34
245	01:09:24	1021	B	Dianne	Cameron-Parker	Veteran	Female	44
246	01:09:26	2111	C	Callan	Paul	Open	Female	28
247	01:09:26	1113	B	Jeanine	Peck	Open	Female	34
248	01:09:28	2047	C	Oonagh	Duff	Veteran	Female	46
249	01:09:30	1039	B	Werner	Du Toit	Open	Male	37

250	01:09:32	1092	B	Josie	McCann	Open	Female	22
251	01:09:36	1252	B	Cathrine	Morris	Veteran	Female	40
252	01:09:41	1100	B	Leanne	Mitchell	Veteran	Female	42
253	01:09:43	3020	D	Ricardo	Isaacs	Veteran	Male	44
254	01:09:45	2033	C	Cameron	Coomer	Open	Male	32
255	01:09:46	1259	B	Joy	Glowada	Veteran	Female	45
256	01:09:48	2003	C	Adnaan	Ajam	Open	Male	34
257	01:09:52	2055	C	Andre	Filander	Master	Male	54
258	01:09:53	1046	B	Haydn	George	Open	Male	31
259	01:09:55	1103	B	Lynette	Morris	Veteran	Female	41
260	01:09:56	2098	C	Alexander	Ncube	Open	Male	28
261	01:09:59	2097	C	Ella	Morran	Open	Female	24
262	01:10:00	2043	C	Ryan	De Villiers	Open	Male	24
263	01:10:07	2240	C	Mishqoah	Dollie	Open	Female	34
264	01:10:07	1140	B	Claire	Sydow	Open	Female	35
265	01:10:09	1082	B	Caron	Louw	Open	Female	23
266	01:10:16	1004	B	Grant	Achilles	Veteran	Male	47
267	01:10:20	1150	B	Daniël	van den Bergh	Open	Male	33
268	01:10:23	1133	B	Matthew	Smith	Veteran	Male	41
269	01:10:25	2120	C	Rosemary	Rushton	Veteran	Female	48
270	01:10:26	2154	C	Vanessa	Wium	Master	Female	57
271	01:10:30	1144	B	Henry	Thomson	Veteran	Male	44
272	01:10:40	2149	C	Erhardt	Van Zyl	Open	Male	25
273	01:10:41	1247	B	Alastair	Hops	Veteran	Male	47
274	01:10:48	1139	B	Malani	Swart	Open	Female	28
275	01:10:50	1138	B	Johan	Swart	Open	Male	29
276	01:10:53	1136	B	Jomari	Steyn	Open	Female	26
277	01:11:00	2232	C	Jason	Ratray	Veteran	Male	43
278	01:11:01	2237	C	Michael	Noakes	Open	Male	28
279	01:11:04	2238	C	Wade	Potts	Open	Male	28
280	01:11:06	2021	C	Nicky	Burton	Master	Female	53
281	01:11:07	2030	C	Stefaan	Conradie	Open	Male	30
282	01:11:20	2146	C	Algurnon Steve	van Rooyen	Open	Male	30
283	01:11:23	1086	B	Michelle	Maree	Veteran	Female	46
284	01:11:37	3041	D	Melanie	van Niekerk	Open	Female	25
285	01:11:45	2226	C	Teresa	Agnello	Open	Female	28
286	01:11:51	1106	B	Sabine	Müller	Master	Female	53
287	01:12:07	2132	C	David	Stronach	Master	Male	50
288	01:12:12	1091	B	Paul	Mavrocoleas	Open	Male	37
289	01:12:19	2133	C	Alan	Struthers	Veteran	Male	45
290	01:12:21	1033	B	Gabby	Davel	Open	Female	37
291	01:12:25	2022	C	Matt	Bush	Open	Male	39
292	01:12:28	2083	C	Lindsay	Lloyd	Open	Female	36
293	01:12:29	1080	B	Grant	Lloyd	Open	Male	37
294	01:12:32	2094	C	Kate	Meiring	Veteran	Female	41
295	01:12:35	2239	C	Chris	Jackson	Open	Male	0
296	01:12:39	2093	C	Anton	Meiring	Veteran	Male	43
297	01:12:42	2006	C	Sedick	Arendse	Veteran	Male	48
298	01:13:00	2225	C	Bradley	Koen	Master	Male	52
299	01:13:03	2152	C	Henco	Visser	Open	Male	34
300	01:13:06	3008	D	Charl	Cilliers	Open	Male	30
301	01:13:15	2075	C	Siyasanga	Khongo	Open	Female	33
302	01:13:17	2142	C	Riaan	van der Westhuizen	Open	Male	38
303	01:13:19	2131	C	Marc	Strigel	Veteran	Male	44
304	01:13:25	2215	C	Alec	van Niekerk	Open	Male	32
305	01:13:25	1042	B	Sandra	Farrenkothén	Veteran	Female	41
306	01:13:27	2010	C	Louis	Becker	Open	Male	28
307	01:13:35	2222	C	Joshua	Leon	Open	Male	27
308	01:13:39	1257	B	Ryan	van Niekerk	Open	Male	30
309	01:13:42	1147	B	Lara	Upton	Open	Female	26
310	01:13:47	1008	B	Azaria	Beukes	Open	Female	31
311	01:13:48	1107	B	Marika	Nel	Open	Female	28
312	01:13:50	1013	B	Lindsay	Bloom	Open	Female	35
313	01:13:50	2058	C	Mark	Fuller	Veteran	Male	44
314	01:13:51	1012	B	David	Bloom	Open	Male	39
315	01:13:56	2121	C	Fatima	Rykief	Veteran	Female	47
316	01:13:56	3118	D	Luca	Gallarelli	Veteran	Male	40
317	01:13:58	3016	D	Andrew	Gravett	Open	Male	27
318	01:14:00	2247	C	Fatima	Moolla	Veteran	Female	45
319	01:14:06	1157	B	elize	van staden	Veteran	Female	42
320	01:14:26	2088	C	Otto	Marte	Veteran	Male	43
321	01:14:33	1020	B	Tara	Caetano	Open	Female	32
322	01:14:37	1099	B	Robert	Miller	Veteran	Male	42
323	01:14:48	2129	C	David	Smith	Master	Male	51
324	01:14:54	2039	C	JP	Davids	Veteran	Male	43
325	01:14:59	2041	C	Nadia	Davids	Veteran	Female	49
326	01:15:03	2117	C	Sheila	Prestage	Master	Female	56
327	01:15:04	2249	C	Bianca	Kaiser	Veteran	Female	41
328	01:15:07	2040	C	Justin	Davids	Open	Male	33
329	01:15:08	2020	C	Dave	Burton	Master	Male	56
330	01:15:13	1010	B	Brendon	Bigara	Veteran	Male	45
331	01:15:16	2025	C	Kestrel	Carstens	Open	Female	28
332	01:15:21	2029	C	Ronette	Conradie	Veteran	Female	40
333	01:15:24	2031	C	Willie	Conradie	Veteran	Male	40
334	01:15:25	2069	C	Sameer	Ismail	Open	Male	37
335	01:15:29	2153	C	Saleigh	Waggie	Open	Male	39

336	01:15:33	3021	D	Roland	Jurd	Open	Male	31
337	01:15:38	16	A	Ryan	Cook	Open	Male	33
338	01:15:54	2137	C	Jaco	Swart	Open	Male	30
339	01:16:00	2218	C	Taryn	Hamid	Open	Female	35
340	01:16:01	2138	C	Gregory	Swartz	Master	Male	52
341	01:16:03	2156	C	Nicole	Woodman	Open	Female	31
342	01:16:04	3035	D	John	Swart	Open	Male	29
343	01:16:06	2125	C	Candy	Schumann	Master	Female	55
344	01:16:09	3033	D	Adriaan	Stander	Open	Male	26
345	01:16:13	2145	C	Jennifer	van Niekerk	Open	Female	27
346	01:16:21	2211	C	Fazlin	Martin	Open	Female	37
347	01:16:23	2099	C	Rita	Nel	Veteran	Female	40
348	01:16:31	2148	C	Elba	van Zyl	Master	Female	51
349	01:16:33	2150	C	Gerrit	van Zyl	Master	Male	52
350	01:16:51	3039	D	Aletia	van Antwerpen	Open	Female	35
351	01:16:53	3009	D	Caylee	Cook	Open	Female	26
352	01:17:11	1097	B	Ross	Middleton	Open	Male	26
353	01:17:12	3038	D	Clair	Timlin	Master	Female	63
354	01:17:13	1131	B	Sharon	Sleigh	Master	Female	51
355	01:17:14	1002	B	Liana	Abate	Veteran	Female	46
356	01:17:16	2023	C	Sarah	Camp	Open	Female	20
357	01:17:20	2015	C	Joanne	Boswell	Veteran	Female	46
358	01:17:21	2158	C	Timothy	Young	Open	Male	37
359	01:17:39	2092	C	Paul	Meeser	Open	Male	33
360	01:17:55	3023	D	Johandre	le Roux	Open	Male	28
361	01:17:55	2206	C	Henry	McGregor	Open	Male	31
362	01:17:59	2066	C	Steve	Heldzingen	Veteran	Male	46
363	01:18:01	2119	C	Katja	Ratcliffe	Veteran	Female	49
364	01:18:02	2141	C	Jaco	van der Westhuizen	Veteran	Male	43
365	01:18:05	2115	C	David	Pienaar	Veteran	Male	49
366	01:18:07	2032	C	Colleen	Cook	Master	Female	57
367	01:18:12	2105	C	Cara	Oosthuizen	Open	Female	28
368	01:18:17	2234	C	Ross	Kuyper	Open	Male	30
369	01:18:19	2233	C	Brett	Kuyper	Open	Male	34
370	01:18:27	1047	B	Max	Goldin	Open	Male	34
371	01:18:29	2018	C	Raubie	Brink	Open	Male	33
372	01:18:34	2242	C	Jared	Paster	Open	Male	29
373	01:18:35	2241	C	Shelley	Paster	Open	Female	27
374	01:19:23	3119	D	Leandri	Ganda	Open	Female	26
375	01:19:43	2140	C	Maryka	Treurnich	Open	Female	35
376	01:19:46	2071	C	Farzaana	Jacobs	Veteran	Female	40
377	01:19:47	2085	C	Moegamad	Majal	Veteran	Male	44
378	01:19:49	2090	C	Catherine	Mavrocoleas	Open	Female	36
379	01:20:08	3003	D	Lindsay	Balfour	Open	Female	27
380	01:20:28	3007	D	Stephanie	Canac	Open	Female	28
381	01:20:30	3006	D	Lilian	Bich	Open	Male	31
382	01:20:37	2011	C	Jeremy	Beckley	Open	Male	37
383	01:20:39	2062	C	Kamlen	Govender	Open	Male	31
384	01:20:39	3018	D	Taryn	Heywood	Open	Female	38
385	01:21:00	95	A	Dorzan	Apollo	Open	Male	26
386	01:21:01	3036	D	Ashley	Taylor	Open	Female	26
387	01:21:20	2005	C	Kenneth	Anthony	Open	Male	36
388	01:21:37	2100	C	Lorraine	Nevin	Master	Female	56
389	01:21:39	2016	C	Liz	Brash	Master	Female	59
390	01:21:51	1087	B	Hulisani	Matodzi	Open	Male	28
391	01:21:53	1088	B	Lutendo	Matodzi	Open	Female	29
392	01:21:53	3037	D	Elisabeth	Taylor	Master	Female	56
393	01:22:06	2079	C	Kim	Lamb	Master	Female	54
394	01:22:15	2086	C	Alphonso	Malgas	Veteran	Male	45
395	01:22:25	2036	C	Roland	Croxford	Master	Male	56
396	01:22:30	3114	D	Caitlin	Procter	Open	Female	32
397	01:22:37	2076	C	Francois	Koen	Open	Male	32
398	01:22:48	2073	C	Luke	Kelly	Open	Male	35
399	01:23:09	1076	B	Justin	Leslie	Open	Male	37
400	01:23:13	1135	B	Spencer	Sonn	Veteran	Male	48
401	01:23:37	197	C	Melissa	Thomas	Ooen	Female	36
402	01:24:00	2108	C	Luigina	Orselli Dorfman	Open	Female	39
403	01:24:05	3116	D	Catherine	Robertse	Open	Female	28
404	01:24:08	3115	D	Priscilla	Esterhuyze	Master	Female	58
405	01:24:10	3025	D	Cathy	Mackenzie	Master	Female	50
406	01:24:12	3011	D	Martha	Evans	Veteran	Female	44
407	01:24:14	3026	D	Carryn	Manicom	Veteran	Female	41
408	01:24:17	3002	D	Tarryn	Arendse	Open	Female	31
409	01:24:21	2080	C	Reni	Le Roux	Open	Female	29
410	01:24:23	2243	C	Myrna	Cameron-Harris	Veteran	Female	44
411	01:24:27	2059	C	Juanita	Geyer	Veteran	Female	45
412	01:24:41	2037	C	Reneé	Cupido	Veteran	Female	45
413	01:24:43	2067	C	Kate	Hilton	Veteran	Female	43
414	01:24:45	2147	C	Lisa	van Vlaanderen	Veteran	Female	41
415	01:25:00	3024	D	Marizanne	Lombard	Master	Female	53
416	01:25:01	3044	D	Inge	von Schlicht	Open	Female	28
417	01:25:06	2002	C	Sandy	Adams	Veteran	Female	49
418	01:25:08	2106	C	Michael	Orchard	Master	Male	53
419	01:25:32	3117	D	Cecilia	Roberts	Veteran	Female	40
420	01:25:33	3012	D	Theari	Fernhout	Open	Female	33
421	01:25:52	1098	B	Anika	Mikkelson	Open	Female	31

422	01:26:25	1146	B	Kerry	Tyack	Open	Female	36
423	01:26:31	2007	C	Shafeeka	Arendse	Veteran	Female	47

424	01:26:32	2053	C	Shaheed	Essa	Veteran	Male	48
425	01:26:54	1007	B	Matthew	Beneke	Open	Male	19
426	01:26:57	2122	C	Alexander	Schubert	Veteran	Male	48
427	01:26:58	2123	C	Susanne	Schubert	Master	Female	52
428	01:27:26	2077	C	Justine	Krige	Open	Female	36
429	01:27:29	3000	D	Richard	Anderson	Open	Male	37
430	01:27:30	2084	C	Lauryl	Lorio	Veteran	Female	44
431	01:27:37	2134	C	Marie	Swanepoel	Open	Female	38
432	01:27:50	2056	C	Helene	Fouche	Veteran	Female	45
433	01:29:34	3014	D	Melissa	Flemming	Open	Female	23
434	01:29:57	2028	C	Samantha	Claase	Open	Female	30
435	01:29:58	2102	C	Andrew	Nixon	Veteran	Male	46
436	01:30:02	2013	C	Abdullah	Bhawoodien	Open	Male	39
437	01:30:04	2245	C	Veronzla	Meyer	Open	Female	31
438	01:30:10	2063	C	Krayvasan	Govender	Open	Male	35
439	01:30:13	2124	C	Rene	Schuller	Master	Female	51
440	01:30:14	2052	C	Faldelha	Essa	Veteran	Female	45
441	01:30:18	2081	C	Mufeeda	Lewis	Veteran	Female	45
442	01:31:10	2228	C	Julia	Bedford	Veteran	Female	48
443	01:31:12	2229	C	Leanne	Bekink	Veteran	Female	48
444	01:31:16	2027	C	Ruwayda	Christians	Master	Female	50
445	01:31:17	2214	C	Anne	Thomas	Master	Female	54
446	01:32:59	2209	C	Samantha	Beckley	Open	Female	28
447	01:33:04	2210	C	Andre	du Toit	Open	Male	39
448	01:33:35	2082	C	Jye	Lin	Open	Female	34
449	01:41:28	2118	C	Joanne	Price	Veteran	Female	46
450	01:43:52	3004	D	Malvina	Bartmanski	Open	Female	34
451	01:44:27	2001	C	Carin	Abramovitz	Master	Female	57
452	01:45:51	2008	C	Willie	Barnard	Open	Male	36
453	01:46:16	3010	D	Colleen	Cross	Open	Female	38
454	01:48:52	3028	D	Mogamat	Nazier	Veteran	Male	41
455	01:48:54	3017	D	Shahnaaz	Hendricks	Open	Female	35
456	01:49:17	2213	C	Galiema	Ajam	Master	Female	55
457	01:49:23	2244	C	Bronwyn	Blackhurst	Open	Female	28
458	02:23:56	3113	D	Glen	van Rooyen	Open	Male	30

**Open Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:38:48	88	A	Siviwe	Nkombi	Open	Male	30
2	00:39:24	96	A	Rory	Scheffer	Open	Male	26
3	00:39:32	69	A	Peter	Tsawayo	Open	Male	39
4	00:41:05	12	A	Daniel	Claassen	Open	Male	26
5	00:41:27	83	A	Stephen	Millard	Open	Male	17
6	00:42:08	5	A	Jonathan	Black	Open	Male	24
7	00:44:05	52	A	James	Reid	Open	Male	26
8	00:44:06	64	A	Wesley	Sweetnam	Open	Male	29
9	00:44:15	28	A	Matt	Henshall	Open	Male	28
10	00:44:40	58	A	Drew	Romans	Open	Male	21
11	00:45:11	85	A	Jamie	Holtzhausen	Open	Male	35
12	00:45:13	1	A	Lucas	Adams	Open	Male	30
13	00:45:34	33	A	Duncan	Land	Open	Male	33
14	00:46:42	34	A	Alwyn	le Roux	Open	Male	33
15	00:46:48	1250	B	Wade	Holland	Open	Male	31
16	00:46:48	32	A	Nicholas	Koenig	Open	Male	29
17	00:46:52	29	A	Wesley	Johnston	Open	Male	34
18	00:46:54	1051	B	Warren	Hawkins	Open	Male	39
19	00:47:24	59	A	Damien	Schumann	Open	Male	37
20	00:47:37	14	A	Devon	Coetzee	Open	Male	27
21	00:47:59	81	A	Jason	Tucker	Open	Male	35
22	00:48:01	4	A	Nick	Bester	Open	Male	28
23	00:48:24	25	A	Jeremy	Gray	Open	Male	31
24	00:48:55	17	A	James	Day	Open	Male	33
25	00:49:13	46	A	James	Peart	Open	Male	26
26	00:49:42	1159	B	Luhan	Verwey	Open	Male	25
27	00:49:49	1129	B	Donavon	Shehab	Open	Male	32
28	00:50:11	67	A	Shen	Tian	Open	Male	34
29	00:50:27	91	A	Adam	van Niekerk	Open	Male	28
30	00:51:18	19	A	Stephen	Emslie	Open	Male	38
31	00:51:45	1158	B	Jonathan	Van Wyk	Open	Male	38
32	00:52:16	55	A	Luke	Roberts	Open	Male	38
33	00:52:50	1249	B	Ryno	Van Rooyen	Open	Male	39
34	00:53:34	42	A	Ian	Metcalfe	Open	Male	38
35	00:54:07	65	A	Jonathan	Sydow	Open	Male	39
36	00:54:07	2236	C	Mark	Whelan	Open	Male	30
37	00:54:20	1066	B	Francois	Jooste	Open	Male	36
38	00:54:25	1260	B	Thinus	Appel	Open	Male	25
39	00:55:01	1151	B	Sierd	van der Bij	Open	Male	30
40	00:55:11	62	A	Rouen	Smit	Open	Male	29
41	00:55:17	30	A	Johann	Joubert	Open	Male	32
42	00:55:20	51	A	Luke	Potgieter	Open	Male	29
43	00:55:43	44	A	Calvin	Mole	Open	Male	29
44	00:55:59	40	A	Hilton	McCall	Open	Male	35
45	00:56:00	1148	B	Joshua	van Blerk	Open	Male	23
46	00:56:04	1253	B	Chris	Garbers	Open	Male	29
47	00:56:47	70	A	Robert	Turner	Open	Male	26
48	00:56:48	1153	B	Darius	van der Walt	Open	Male	38
49	00:56:49	1065	B	Charl	Jooste	Open	Male	34
50	00:56:51	1081	B	Hienrich	Loubser	Open	Male	33
51	00:56:57	15	A	Quintin	Combrink	Open	Male	31
52	00:57:09	1089	B	Shaun	Matthews	Open	Male	34
53	00:57:12	1057	B	Justin	Hewitt	Open	Male	29
54	00:57:15	72	A	James	Verster-Cohen	Open	Male	39
55	00:57:28	1018	B	Julian	Burke	Open	Male	37
56	00:57:33	1154	B	Japie	van der Westhuizen	Open	Male	29
57	00:57:58	6	A	Joakim	Blackadder Immenkamp	Open	Male	34
58	00:58:13	1014	B	Kristo	Botha	Open	Male	26
59	00:58:35	1072	B	Willie	Le Grange	Open	Male	25
60	00:58:47	2065	C	Dimitrios	Hadzigrigoriou	Open	Male	24
61	00:58:49	1090	B	Simon	Matthews	Open	Male	33
62	00:58:55	1095	B	Richard	Mee	Open	Male	34
63	00:59:03	1244	B	Will	Chennels	Open	Male	27
64	00:59:07	1143	B	Matt	Thompson	Open	Male	34
65	00:59:15	1058	B	Jan Hendrik	Hofmeyr	Open	Male	37
66	00:59:15	22	A	Whelan	Fielding	Open	Male	39
67	00:59:24	1254	B	David	Hanly	Open	Male	28
68	00:59:25	1049	B	Matthew	Hall	Open	Male	33
69	00:59:39	1255	B	Marcel	Rathbone	Open	Male	28
70	00:59:41	1156	B	Clifford	van Rooyen	Open	Male	38
71	00:59:53	1073	B	Jacques	le Roux	Open	Male	37
72	01:00:11	2207	C	Thomas	Van Alphen	Open	Male	31
73	01:00:11	73	A	Jarno	Vorster	Open	Male	26
74	01:00:12	1111	B	Willem	Oosthuizen	Open	Male	30
75	01:00:24	2004	C	Matthew	Altern	Open	Male	28
76	01:00:51	2046	C	Leon	du Toit	Open	Male	37
77	01:00:52	2048	C	Rowan	Duys	Open	Male	39
78	01:01:02	1054	B	Ben	Henshall	Open	Male	26
79	01:01:18	1053	B	Martin	Henning	Open	Male	30
80	01:01:50	1161	B	Niel	Visagie	Open	Male	32
81	01:01:54	2250	C	Benjamin	Jourdan	Open	Male	29
82	01:01:57	3013	D	Ryan	Ferreira	Open	Male	29
83	01:02:05	1149	B	Ruan	Van den Berg	Open	Male	33



84	01:02:07	1112	B	Douglas	Parker	Open	Male	31
85	01:02:16	38	A	Aubrey	Makhubo	Open	Male	28
86	01:02:21	1061	B	Darryn	Howes	Open	Male	26
87	01:02:33	1016	B	Stuart	Buchanan	Open	Male	28
88	01:02:33	2089	C	Jonathon	Matthysen	Open	Male	33
89	01:02:42	1162	B	Stian	Visagie	Open	Male	29
90	01:02:50	2155	C	Chienne	Wolmerans	Open	Male	39
91	01:02:54	3034	D	Michael	Stuart	Open	Male	27
92	01:02:55	3001	D	Duncan	Andrew	Open	Male	26
93	01:02:58	1067	B	Carl	Joubert	Open	Male	35
94	01:03:00	1085	B	Michael	Mafu	Open	Male	30
95	01:03:01	2116	C	Dirk	Pilon	Open	Male	37
96	01:03:28	1059	B	Pieter	Holtzhausen	Open	Male	36
97	01:03:59	2219	C	Muhammad Luqman	Hamid	Open	Male	33
98	01:04:00	1064	B	Shaun	Inwin	Open	Male	29
99	01:04:07	2112	C	Fred	Pelser	Open	Male	36
100	01:04:08	1125	B	Warric	Ritchie	Open	Male	30
101	01:04:15	2127	C	Sameer	Singh	Open	Male	33
102	01:04:16	35	A	Murray	Le Roux	Open	Male	29
103	01:04:17	2208	C	Aleksandar	Andjelpolj	Open	Male	33
104	01:04:18	1102	B	Riyaad	Moos	Open	Male	39
105	01:04:42	3	A	Alan	Bainbridge	Open	Male	36
106	01:05:02	1245	B	Devin	Pribut	Open	Male	27
107	01:05:14	1074	B	James	Lehman	Open	Male	28
108	01:05:32	2217	C	David	le Roux	Open	Male	36
109	01:05:35	2035	C	Craig	Corbett	Open	Male	24
110	01:05:53	2101	C	Gideon	Nieuwoudt	Open	Male	34
111	01:05:54	1056	B	Kyle	Heugh	Open	Male	32
112	01:06:11	2130	C	Henry	Steel	Open	Male	29
113	01:06:25	1068	B	Ben	Kooyman	Open	Male	31
114	01:06:31	1121	B	Mark	Reynolds	Open	Male	29
115	01:06:52	1096	B	Devon	Melville	Open	Male	34
116	01:06:57	1003	B	Phillip	Ablort-Morgan	Open	Male	33
117	01:07:12	2216	C	Renier	van Jaarsveld	Open	Male	32
118	01:07:23	1043	B	Thaabit	Fataar	Open	Male	36
119	01:07:23	2227	C	Sarel	Terblanche	Open	Male	29
120	01:07:25	1124	B	Mark	Riemer	Open	Male	35
121	01:07:39	1032	B	Rayno	Daschner	Open	Male	35
122	01:07:43	1160	B	David	Vinton	Open	Male	31
123	01:08:01	1122	B	Ruhan	Rheeder	Open	Male	29
124	01:08:13	1248	B	Matthew	Metz	Open	Male	27
125	01:08:39	1023	B	Michael	Champanis	Open	Male	35
126	01:08:44	2050	C	Joseph	Entwisle	Open	Male	28
127	01:08:46	2223	C	Johan	Nel	Open	Male	38
128	01:08:56	2235	C	Mark	Burgess	Open	Male	31
129	01:09:16	7	A	Oriole	Bolus	Open	Male	34
130	01:09:30	1039	B	Werner	Du Toit	Open	Male	37
131	01:09:45	2033	C	Cameron	Coomer	Open	Male	32
132	01:09:48	2003	C	Adnaan	Ajam	Open	Male	34
133	01:09:53	1046	B	Haydn	George	Open	Male	31
134	01:09:56	2098	C	Alexander	Ncube	Open	Male	28
135	01:10:00	2043	C	Ryan	De Villiers	Open	Male	24
136	01:10:20	1150	B	Daniël	van den Bergh	Open	Male	33
137	01:10:40	2149	C	Erhardt	Van Zyl	Open	Male	25
138	01:10:50	1138	B	Johan	Swart	Open	Male	29
139	01:11:01	2237	C	Michael	Noakes	Open	Male	28
140	01:11:04	2238	C	Wade	Potts	Open	Male	28
141	01:11:07	2030	C	Stefaan	Conradie	Open	Male	30
142	01:11:20	2146	C	Algurnon Steve	van Rooyen	Open	Male	30
143	01:12:12	1091	B	Paul	Mavrocoleas	Open	Male	37
144	01:12:25	2022	C	Matt	Bush	Open	Male	39
145	01:12:29	1080	B	Grant	Lloyd	Open	Male	37
146	01:12:35	2239	C	Chris	Jackson	Open	Male	0
147	01:13:03	2152	C	Henco	Visser	Open	Male	34
148	01:13:06	3008	D	Charl	Cilliers	Open	Male	30
149	01:13:17	2142	C	Riaan	van der Westhuizen	Open	Male	38
150	01:13:25	2215	C	Alec	van Niekerk	Open	Male	32
151	01:13:27	2010	C	Louis	Becker	Open	Male	28
152	01:13:35	2222	C	Joshua	Leon	Open	Male	27
153	01:13:39	1257	B	Ryan	van Niekerk	Open	Male	30
154	01:13:51	1012	B	David	Bloom	Open	Male	39
155	01:13:58	3016	D	Andrew	Gravett	Open	Male	27
156	01:15:07	2040	C	Justin	Davids	Open	Male	33
157	01:15:25	2069	C	Sameer	Ismail	Open	Male	37
158	01:15:29	2153	C	Saleigh	Waggie	Open	Male	39
159	01:15:33	3021	D	Roland	Jurd	Open	Male	31
160	01:15:38	16	A	Ryan	Cook	Open	Male	33
161	01:15:54	2137	C	Jaco	Swart	Open	Male	30
162	01:16:04	3035	D	John	Swart	Open	Male	29
163	01:16:09	3033	D	Adriaan	Stander	Open	Male	26
164	01:17:11	1097	B	Ross	Middleton	Open	Male	26
165	01:17:21	2158	C	Timothy	Young	Open	Male	37
166	01:17:39	2092	C	Paul	Meeser	Open	Male	33
167	01:17:55	3023	D	Johandre	le Roux	Open	Male	28
168	01:17:55	2206	C	Henry	McGregor	Open	Male	31
169	01:18:17	2234	C	Ross	Kuyper	Open	Male	30

170	01:18:19	2233	C	Brett	Kuyper	Open	Male	34
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171	01:18:27	1047	B	Max	Goldin	Open	Male	34
172	01:18:29	2018	C	Raubie	Brink	Open	Male	33
173	01:18:34	2242	C	Jared	Paster	Open	Male	29
174	01:20:30	3006	D	Lilian	Bich	Open	Male	31
175	01:20:37	2011	C	Jeremy	Beckley	Open	Male	37
176	01:20:39	2062	C	Kamlen	Govender	Open	Male	31
177	01:21:00	95	A	Dorzan	Apollos	Open	Male	26
178	01:21:20	2005	C	Kenneth	Anthony	Open	Male	36
179	01:21:51	1087	B	Hulisani	Matodzi	Open	Male	28
180	01:22:37	2076	C	Francois	Koen	Open	Male	32
181	01:22:48	2073	C	Luke	Kelly	Open	Male	35
182	01:23:09	1076	B	Justin	Leslie	Open	Male	37
183	01:26:54	1007	B	Matthew	Beneke	Open	Male	19
184	01:27:29	3000	D	Richard	Anderson	Open	Male	37
185	01:30:02	2013	C	Abdullah	Bhawoodien	Open	Male	39
186	01:30:10	2063	C	Krayvasan	Govender	Open	Male	35
187	01:33:04	2210	C	Andre	du Toit	Open	Male	39
188	01:45:51	2008	C	Willie	Barnard	Open	Male	36
189	02:23:56	3113	D	Glen	van Rooyen	Open	Male	30

**Open Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:52:20	86	A	Mags	Wright	Open	Female	37
2	00:52:36	74	A	Carla	Whitehead	Open	Female	34
3	00:53:38	61	A	Megan	Skowno	Open	Female	33
4	00:54:01	1120	B	Rentia	Retief	Open	Female	26
5	00:54:10	49	A	Tanya	Posthumus-Fox	Open	Female	38
6	00:57:13	66	A	Andrea	Teagle	Open	Female	30
7	00:57:31	1036	B	Emily	Djock	Open	Female	30
8	00:59:22	1005	B	Marisa	Agnello	Open	Female	39
9	00:59:25	92	A	Julia	Marx	Open	Female	17
10	00:59:47	1079	B	Jada	Linstrom	Open	Female	23
11	01:00:00	1026	B	Ashleigh	Crosland	Open	Female	28
12	01:01:15	1152	B	Jana	van der Merwe	Open	Female	37
13	01:01:39	2220	C	Diana	Millard	Open	Female	0
14	01:01:58	50	A	Elnari	Potgieter	Open	Female	29
15	01:02:00	1104	B	Nadia	Mulder	Open	Female	22
16	01:02:15	1115	B	Nikki-leigh	Piper	Open	Female	33
17	01:02:35	1127	B	Candice	Royal	Open	Female	35
18	01:03:30	1251	B	Samantha	Holtzhausen	Open	Female	29
19	01:05:10	2045	C	Jessica	du Toit	Open	Female	29
20	01:05:24	2103	C	Kaylyn	Novak	Open	Female	21
21	01:05:37	2095	C	Michelle	Mentz	Open	Female	24
22	01:06:02	1094	B	Alice	McGrath	Open	Female	26
23	01:06:15	8	A	Xolisiwe	Booi	Open	Female	34
24	01:06:24	1155	B	Elizma	Van Lill	Open	Female	34
25	01:07:12	1110	B	Tiffany	Onderstall	Open	Female	22
26	01:07:49	1137	B	Kendra	Stoffberg	Open	Female	32
27	01:08:03	1028	B	Louisa	Cruickshank	Open	Female	39
28	01:08:32	1024	B	Nicole	Craddock	Open	Female	26
29	01:08:34	94	A	Leandrie	du Plessis	Open	Female	28
30	01:08:35	82	A	Hanlie	Huisamen	Open	Female	32
31	01:08:35	2087	C	Mareli	Mans	Open	Female	35
32	01:08:52	2060	C	Tinne	Gils	Open	Female	33
33	01:09:26	2111	C	Callan	Paul	Open	Female	28
34	01:09:26	1113	B	Jeanine	Peck	Open	Female	34
35	01:09:32	1092	B	Josie	McCann	Open	Female	22
36	01:09:59	2097	C	Ella	Morran	Open	Female	24
37	01:10:07	2240	C	Mishqoah	Dollie	Open	Female	34
38	01:10:07	1140	B	Claire	Sydow	Open	Female	35
39	01:10:09	1082	B	Caron	Louw	Open	Female	23
40	01:10:48	1139	B	Malani	Swart	Open	Female	28
41	01:10:53	1136	B	Jomari	Steyn	Open	Female	26
42	01:11:37	3041	D	Melanie	van Niekerk	Open	Female	25
43	01:11:45	2226	C	Teresa	Agnello	Open	Female	28
44	01:12:21	1033	B	Gabby	Davel	Open	Female	37
45	01:12:28	2083	C	Lindsay	Lloyd	Open	Female	36
46	01:13:15	2075	C	Siyasanga	Khonqo	Open	Female	33
47	01:13:42	1147	B	Lara	Upton	Open	Female	26
48	01:13:47	1008	B	Azaria	Beukes	Open	Female	31
49	01:13:48	1107	B	Marika	Nel	Open	Female	28
50	01:13:50	1013	B	Lindsay	Bloom	Open	Female	35
51	01:14:33	1020	B	Tara	Caetano	Open	Female	32
52	01:15:16	2025	C	Kestrel	Carstens	Open	Female	28
53	01:16:00	2218	C	Taryn	Hamid	Open	Female	35
54	01:16:03	2156	C	Nicole	Woodman	Open	Female	31
55	01:16:13	2145	C	Jennifer	van Niekerk	Open	Female	27
56	01:16:21	2211	C	Fazlin	Martin	Open	Female	37
57	01:16:51	3039	D	Aletia	van Antwerpen	Open	Female	35
58	01:16:53	3009	D	Caylee	Cook	Open	Female	26
59	01:17:16	2023	C	Sarah	Camp	Open	Female	20
60	01:18:12	2105	C	Cara	Oosthuizen	Open	Female	28
61	01:18:35	2241	C	Shelley	Paster	Open	Female	27
62	01:19:23	3119	D	Leandri	Ganda	Open	Female	26
63	01:19:43	2140	C	Maryka	Treurnich	Open	Female	35
64	01:19:49	2090	C	Catherine	Mavrocoleas	Open	Female	36
65	01:20:08	3003	D	Lindsay	Balfour	Open	Female	27
66	01:20:28	3007	D	Stephanie	Canac	Open	Female	28
67	01:20:39	3018	D	Taryn	Heywood	Open	Female	38
68	01:21:01	3036	D	Ashley	Taylor	Open	Female	26
69	01:21:53	1088	B	Lutendo	Matodzi	Open	Female	29
70	01:22:30	3114	D	Caitlin	Procter	Open	Female	32
71	01:23:37	197	C	Melissa	Thomas	Open	Female	36
72	01:24:00	2108	C	Luigina	Orselli Dorfman	Open	Female	39
73	01:24:05	3116	D	Catherine	Robbertse	Open	Female	28
74	01:24:17	3002	D	Taryn	Arendse	Open	Female	31
75	01:24:21	2080	C	Reni	Le Roux	Open	Female	29
76	01:25:01	3044	D	Inge	von Schlicht	Open	Female	28
77	01:25:33	3012	D	Theari	Fernhout	Open	Female	33
78	01:25:52	1098	B	Anika	Mikkelson	Open	Female	31
79	01:26:25	1146	B	Kerry	Tyack	Open	Female	36
80	01:27:26	2077	C	Justine	Krige	Open	Female	36
81	01:27:37	2134	C	Marie	Swanepoel	Open	Female	38
82	01:29:34	3014	D	Melissa	Flemming	Open	Female	23

83	01:29:57	2028	C	Samantha	Claase	Open	Female	30
84	01:30:04	2245	C	Veronzia	Meyer	Open	Female	31
85	01:32:59	2209	C	Samantha	Beckley	Open	Female	28
86	01:33:35	2082	C	Jye	Lin	Open	Female	34
87	01:43:52	3004	D	Malvina	Bartmanski	Open	Female	34
88	01:46:16	3010	D	Colleen	Cross	Open	Female	38
89	01:48:54	3017	D	Shahnaaz	Hendricks	Open	Female	35
90	01:49:23	2244	C	Bronwyn	Blackhurst	Open	Female	28

#### Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:44:54	10	A	Pieter	Calitz	Veteran	Male	43
2	00:51:00	1166	B	Rowan	Whelan	Veteran	Male	43
3	00:52:12	1070	B	Brad	Larratt	Veteran	Male	46
4	00:52:24	1261	B	Jason	Springgs	Veteran	Male	40
5	00:52:25	1045	B	Mark	Gebhardt	Veteran	Male	46
6	00:52:42	39	A	Jean-Marc	Maurel	Veteran	Male	45
7	00:53:16	20	A	Luke	Farrenkothien	Veteran	Male	40
8	00:53:26	18	A	Awie	De Swardt	Veteran	Male	43
9	00:54:48	87	A	Yazied	Baker	Veteran	Male	40
10	00:55:19	1037	B	Sakkie	Du Toit	Veteran	Male	49
11	00:56:02	1050	B	John	Hanekom	Veteran	Male	46
12	00:56:07	24	A	Quinton	Frieslich	Veteran	Male	42
13	00:56:12	63	A	Nick	Stodel	Veteran	Male	43
14	00:58:46	36	A	Stefan	Lindeque	Veteran	Male	45
15	00:59:21	1006	B	Colin	Alexander	Veteran	Male	46
16	00:59:27	1077	B	Hugo	Leuenberger	Veteran	Male	41
17	01:00:02	1163	B	Jan-Heyn	Vorster	Veteran	Male	45
18	01:00:46	2024	C	Peter	Carrick	Veteran	Male	48
19	01:01:00	1041	B	Marc	Erasmus	Veteran	Male	41
20	01:01:04	1055	B	Tim	Henshall	Veteran	Male	46
21	01:02:31	1025	B	Herman	Crause	Veteran	Male	48
22	01:02:49	1017	B	Bharn	Burgers	Veteran	Male	73
23	01:02:54	1034	B	Johan	Davel	Veteran	Male	45
24	01:03:01	1128	B	Anthony	Shaw	Veteran	Male	49
25	01:03:04	1009	B	Ahmed	Bhamjee	Veteran	Male	47
26	01:03:05	1035	B	Paul	Diedericks	Veteran	Male	47
27	01:03:06	1134	B	Simon	Sonn	Veteran	Male	45
28	01:04:00	2230	C	Mark	Finch	Veteran	Male	46
29	01:04:18	48	A	Ross	Pennell	Veteran	Male	41
30	01:04:27	2221	C	Andrew	Wright	Veteran	Male	44
31	01:04:28	1246	B	Paul	Turner	Veteran	Male	40
32	01:05:00	2144	C	Carlo	Van Niekerk	Veteran	Male	41
33	01:05:05	2224	C	Brent	Morhenrood	Veteran	Male	47
34	01:05:07	2251	C	Moenier	DaSilva	Veteran	Male	45
35	01:05:08	2231	C	Anthony	McLea	Veteran	Male	43
36	01:05:47	2128	C	Austin	Smith	Veteran	Male	42
37	01:06:49	2246	C	Todd	Anderson	Veteran	Male	46
38	01:07:10	89	A	Rob	Kuiper	Veteran	Male	48
39	01:07:19	1000	B	Willem	Venter	Veteran	Male	46
40	01:07:28	2054	C	Brad	Evans	Veteran	Male	45
41	01:07:50	2064	C	Paul	Grapendaal	Veteran	Male	41
42	01:08:05	2096	C	Craig	Mockford	Veteran	Male	47
43	01:08:05	1101	B	Mohammed	Moolia	Veteran	Male	45
44	01:08:24	2248	C	Mario	Hendricks	Veteran	Male	41
45	01:08:43	1011	B	Ross	Biggs	Veteran	Male	44
46	01:08:52	1027	B	Edwin	Cross	Veteran	Male	42
47	01:09:43	3020	D	Ricardo	Isaacs	Veteran	Male	44
48	01:10:16	1004	B	Grant	Achilles	Veteran	Male	47
49	01:10:23	1133	B	Matthew	Smith	Veteran	Male	41
50	01:10:30	1144	B	Henry	Thomson	Veteran	Male	44
51	01:10:41	1247	B	Alastair	Hops	Veteran	Male	47
52	01:11:00	2232	C	Jason	Rattray	Veteran	Male	43
53	01:12:19	2133	C	Alan	Struthers	Veteran	Male	45
54	01:12:39	2093	C	Anton	Meiring	Veteran	Male	43
55	01:12:42	2006	C	Sedick	Arendse	Veteran	Male	48
56	01:13:19	2131	C	Marc	Strigel	Veteran	Male	44
57	01:13:50	2058	C	Mark	Fuller	Veteran	Male	44
58	01:13:56	3118	D	Luca	Gallarelli	Veteran	Male	40
59	01:14:26	2088	C	Otto	Marte	Veteran	Male	43
60	01:14:37	1099	B	Robert	Miller	Veteran	Male	42
61	01:14:54	2039	C	JP	Davids	Veteran	Male	43
62	01:15:13	1010	B	Brendon	Bigara	Veteran	Male	45
63	01:15:24	2031	C	Willie	Conradie	Veteran	Male	40
64	01:17:59	2066	C	Steve	Heldzingen	Veteran	Male	46
65	01:18:02	2141	C	Jaco	van der Westhuizen	Veteran	Male	43
66	01:18:05	2115	C	David	Pienaar	Veteran	Male	49
67	01:19:47	2085	C	Moegamad	Majal	Veteran	Male	44
68	01:22:15	2086	C	Alphonso	Malgas	Veteran	Male	45
69	01:23:13	1135	B	Spencer	Sonn	Veteran	Male	48
70	01:26:32	2053	C	Shaheed	Essa	Veteran	Male	48
71	01:26:57	2122	C	Alexander	Schubert	Veteran	Male	48
72	01:29:58	2102	C	Andrew	Nixon	Veteran	Male	46
73	01:48:52	3028	D	Mogamat	Nazier	Veteran	Male	41

**Veteran Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:55:30	9	A	Jen	Brown	Veteran	Female	46
2	00:59:58	1078	B	Sandra	Leyck	Veteran	Female	45
3	01:00:13	21	A	Brenda	Ferrar	Veteran	Female	41
4	01:02:29	1126	B	Catherine	Roberts	Veteran	Female	41
5	01:02:43	1262	B	Sandra	Dacey	Veteran	Female	41
6	01:02:57	43	A	Laura	Miller	Veteran	Female	41
7	01:03:59	1052	B	Nicola	Hendriks	Veteran	Female	42
8	01:04:19	47	A	Lisa	Pennell	Veteran	Female	41
9	01:09:24	1021	B	Dianne	Cameron-Parker	Veteran	Female	44
10	01:09:28	2047	C	Oonagh	Duff	Veteran	Female	46
11	01:09:36	1252	B	Cathrine	Morris	Veteran	Female	40
12	01:09:41	1100	B	Leanne	Mitchell	Veteran	Female	42
13	01:09:46	1259	B	Joy	Glowada	Veteran	Female	45
14	01:09:55	1103	B	Lynette	Morris	Veteran	Female	41
15	01:10:25	2120	C	Rosemary	Rushton	Veteran	Female	48
16	01:11:23	1086	B	Michelle	Maree	Veteran	Female	46
17	01:12:32	2094	C	Kate	Meiring	Veteran	Female	41
18	01:13:25	1042	B	Sandra	Farrenkothen	Veteran	Female	41
19	01:13:56	2121	C	Fatima	Rykliof	Veteran	Female	47
20	01:14:00	2247	C	Fatima	Moolla	Veteran	Female	45
21	01:14:06	1157	B	elize	van staden	Veteran	Female	42
22	01:14:59	2041	C	Nadia	Davids	Veteran	Female	49
23	01:15:04	2249	C	Bianca	Kaiser	Veteran	Female	41
24	01:15:21	2029	C	Ronette	Conradie	Veteran	Female	40
25	01:16:23	2099	C	Rita	Nel	Veteran	Female	40
26	01:17:14	1002	B	Liana	Abate	Veteran	Female	46
27	01:17:20	2015	C	Joanne	Boswell	Veteran	Female	46
28	01:18:01	2119	C	Katja	Ratcliffe	Veteran	Female	49
29	01:19:46	2071	C	Farzaana	Jacobs	Veteran	Female	40
30	01:24:12	3011	D	Martha	Evans	Veteran	Female	44
31	01:24:14	3026	D	Carryn	Manicom	Veteran	Female	41
32	01:24:23	2243	C	Myrna	Cameron-Harris	Veteran	Female	44
33	01:24:27	2059	C	Juanita	Geyer	Veteran	Female	45
34	01:24:41	2037	C	Reneé	Cupido	Veteran	Female	45
35	01:24:43	2067	C	Kate	Hilton	Veteran	Female	43
36	01:24:45	2147	C	Lisa	van Vlaanderen	Veteran	Female	41
37	01:25:06	2002	C	Sandy	Adams	Veteran	Female	49
38	01:25:32	3117	D	Cecilia	Roberts	Veteran	Female	40
39	01:26:31	2007	C	Shafeeka	Arendse	Veteran	Female	47
40	01:27:30	2084	C	Lauryl	Lorio	Veteran	Female	44
41	01:27:50	2056	C	Helene	Fouche	Veteran	Female	45
42	01:30:14	2052	C	Faldelha	Essa	Veteran	Female	45
43	01:30:18	2081	C	Mufeeda	Lewis	Veteran	Female	45
44	01:31:10	2228	C	Julia	Bedford	Veteran	Female	48
45	01:31:12	2229	C	Leanne	Bekink	Veteran	Female	48
46	01:41:28	2118	C	Joanne	Price	Veteran	Female	46

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:49:45	60	A	Duncan	Siegfried	Master	Male	52
2	00:51:38	84	A	Gavin	Millard	Master	Male	50
3	00:53:10	2	A	Robert	Austin	Master	Male	50
4	00:53:30	37	A	Ahmed Zaid	Mahomed	Master	Male	55
5	00:56:19	1145	B	Andre	Treurnich	Master	Male	51
6	00:56:38	1069	B	Richard	Kruger	Master	Male	51
7	00:57:36	90	A	Holli	Glowall	Master	Male	50
8	00:57:54	2061	C	Chris	Goodwin	Master	Male	51
9	00:58:05	45	A	Ivor	Norval	Master	Male	51
10	00:58:37	1001	B	Antony	Abate	Master	Male	52
11	00:59:44	1141	B	Brett	Tessendorf	Master	Male	52
12	01:00:19	1118	B	Emeraan	Railoun	Master	Male	51
13	01:02:02	1093	B	Patrick	McCann	Master	Male	55
14	01:02:22	1030	B	Errol	Cunnama	Master	Male	63
15	01:02:27	1044	B	Philip	Fouche	Master	Male	50
16	01:02:48	1130	B	James	Sleigh	Master	Male	51
17	01:03:44	2126	C	Erwin	Schumann	Master	Male	61
18	01:04:35	2091	C	Scott	Mclvor	Master	Male	64
19	01:07:30	1109	B	Vaughn	Oickers	Master	Male	53
20	01:07:57	56	A	David	Rodseth	Master	Male	63
21	01:08:28	2107	C	John	Orford	Master	Male	50
22	01:08:34	1142	B	Johann	Theron	Master	Male	61
23	01:09:52	2055	C	Andre	Filander	Master	Male	54
24	01:12:07	2132	C	David	Stronach	Master	Male	50
25	01:13:00	2225	C	Bradley	Koen	Master	Male	52
26	01:14:48	2129	C	David	Smith	Master	Male	51
27	01:15:08	2020	C	Dave	Burton	Master	Male	56
28	01:16:01	2138	C	Gregory	Swartz	Master	Male	52
29	01:16:33	2150	C	Gerrit	van Zyl	Master	Male	52
30	01:22:25	2036	C	Roland	Croxford	Master	Male	56
31	01:25:08	2106	C	Michael	Orchard	Master	Male	53

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:52:53	93	A	Julie	Hackie	Master	Female	50
2	00:57:29	53	A	Maxine	Reilly	Master	Female	57
3	00:58:44	41	A	Suzette	Mclvor	Master	Female	50
4	00:59:38	1108	B	Charlotte	Noble	Master	Female	53
5	01:02:48	2009	C	Togieda	bassadient@gmail.com	Master	Female	58
6	01:07:44	1258	C	Linda	Tucker	Master	Female	53
7	01:07:54	57	A	Lollos	Rodseth	Master	Female	59
8	01:10:26	2154	C	Vanessa	Wium	Master	Female	57
9	01:11:06	2021	C	Nicky	Burton	Master	Female	53
10	01:11:51	1106	B	Sabine	Müller	Master	Female	53
11	01:15:03	2117	C	Sheila	Prestage	Master	Female	56
12	01:16:06	2125	C	Candy	Schumann	Master	Female	55
13	01:16:31	2148	C	Elba	van Zyl	Master	Female	51
14	01:17:12	3038	D	Clair	Timlin	Master	Female	63
15	01:17:13	1131	B	Sharon	Sleigh	Master	Female	51
16	01:18:07	2032	C	Colleen	Cook	Master	Female	57
17	01:21:37	2100	C	Lorraine	Nevin	Master	Female	56
18	01:21:39	2016	C	Liz	Brash	Master	Female	59
19	01:21:53	3037	D	Elisabeth	Taylor	Master	Female	56
20	01:22:06	2079	C	Kim	Lamb	Master	Female	54
21	01:24:08	3115	D	Priscilla	Esterhuyze	Master	Female	58
22	01:24:10	3025	D	Cathy	Mackenzie	Master	Female	50
23	01:25:00	3024	D	Marizanne	Lombard	Master	Female	53
24	01:26:58	2123	C	Susanne	Schubert	Master	Female	52
25	01:30:13	2124	C	Rene	Schuler	Master	Female	51
26	01:31:16	2027	C	Ruwayda	Christians	Master	Female	50
27	01:31:17	2214	C	Anne	Thomas	Master	Female	54
28	01:44:27	2001	C	Carin	Abramovitz	Master	Female	57
29	01:49:17	2213	C	Galiema	Ajam	Master	Female	55