



**Cape Summer Trail Series® 2019**  
**Race 3 LONG COURSE Championship (10km)**  
**MEERENDAL WINE ESTATE**

**Overall**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:13	88	A	Sivwe	Nkombi	Open	Male	30
2	00:35:15	69	A	Peter	Tsawayo	Open	Male	39
4	00:36:36	113	A	Neil	Broers	Open	Male	37
5	00:37:09	120	A	Devan	van der Berg	Open	Male	25
6	00:37:43	122	A	Jono	Botha	Open	Male	28
7	00:38:01	58	A	Drew	Romans	Open	Male	21
8	00:38:02	1	A	Lucas	Adams	Open	Male	30
9	00:38:10	114	A	Nicholas	Harrison	Open	Male	22
10	00:38:41	85	A	Jamie	Holtzhausen	Open	Male	35
11	00:39:18	38	A	Aubrey	Makhubo	Open	Male	28
12	00:39:31	116	A	Tjaart	Van der Walt	Veteran	Male	41
13	00:39:48	4	A	Nick	Bester	Open	Male	28
14	00:39:55	29	A	Wesley	Johnston	Open	Male	34
15	00:40:37	80	A	Yashin	Raghavjee	Open	Male	37
16	00:40:42	119	A	Nardas	Matthysen	Open	Male	29
17	00:40:53	67	A	Shea	Tian	Open	Male	34
18	00:41:09	25	A	Jeremy	Gray	Open	Male	31
19	00:41:28	17	A	James	Day	Open	Male	33
20	00:41:44	1159	B	Luhan	Verwey	Open	Male	25
21	00:42:05	117	A	Karl	Midlane	Open	Male	23
3	00:42:32	60	A	Duncan	Siegfried	Master	Male	50
22	00:42:52	18	A	Awie	De Swardt	Veteran	Male	43
23	00:43:29	2	A	Robert	Austin	Master	Male	50
24	00:44:40	74	A	Carla	Whitehead	Open	Female	34
25	00:44:53	1307	B	Julien	Peter	Open	Male	27
26	00:45:14	1151	B	Sierd	van der Bij	Open	Male	30
27	00:45:45	49	A	Tanya	Posthumus-Fox	Open	Female	38
28	00:45:50	86	A	Mags	Wright	Open	Female	37
29	00:45:52	65	A	Jonathan	Sydow	Open	Male	39
30	00:46:00	1317	B	Mentz	Germishuis	Open	Male	21
31	00:46:17	1309	B	Ivan	Robinson	Open	Male	27
32	00:46:21	1295	B	Jaco	De Jager	Open	Male	36
33	00:46:23	98	A	Julie	Huckle	Master	Female	50
34	00:46:33	1120	B	Rentia	Retief	Open	Female	26
35	00:46:35	1311	B	Francois	Slabbert	Veteran	Male	48
36	00:46:39	62	A	Rouen	Smit	Open	Male	29
37	00:46:41	1302	B	Ryan	Harrison	Open	Male	38
38	00:46:43	70	A	Robert	Turner	Open	Male	27
39	00:46:53	1314	B	Jacques	van Niekerk	Veteran	Male	43
40	00:46:55	1066	B	Francois	Jooste	Open	Male	36
41	00:46:58	1313	B	Louis	van der Merwe	Open	Male	31
42	00:47:17	121	A	Flip	le Roux	Open	Male	29
43	00:47:18	73	A	Jarno	Vorster	Open	Male	26
44	00:47:27	1163	B	Jan-Heyn	Vorster	Veteran	Male	45
45	00:47:27	115	A	Abrie	Joubert	Veteran	Male	46
46	00:47:28	1057	B	Justin	Hewitt	Open	Male	29
47	00:47:31	1271	B	Jonathan	Edwards	Open	Male	34
48	00:47:39	1145	B	Andre	Treurnich	Master	Male	51
49	00:47:41	1065	B	Chart	Jooste	Open	Male	34
50	00:47:53	1310	B	Guy	Salomon	Open	Male	23
51	00:47:54	1170	B	Robert	Fanucchi	Open	Male	33
52	00:47:59	15	A	Quintin	Combrink	Open	Male	31
53	00:48:01	1079	B	Jada	Linstrom	Open	Female	23
54	00:48:03	1036	B	Emily	Djock	Open	Female	30
55	00:48:03	6	A	Joakim	Blackadder Immenkamp	Open	Male	34
56	00:48:04	2046	C	Leon	du Toit	Open	Male	37
57	00:48:12	1050	B	John	Hanekom	Veteran	Male	46
58	00:48:26	1153	B	Darius	van der Walt	Open	Male	38
59	00:48:28	1253	B	Chris	Garbers	Open	Male	29
60	00:48:30	1044	B	Philip	Fouche	Master	Male	50
61	00:48:50	1069	B	Richard	Kruger	Master	Male	51
62	00:49:04	1109	B	Vaughn	Olckers	Master	Male	53
63	00:49:20	1077	B	Hugo	Leuenberger	Veteran	Male	41
64	00:49:31	3013	D	Ryan	Ferreira	Open	Male	29
65	00:49:36	1073	B	Jacques	le Roux	Open	Male	37
66	00:49:45	1001	B	Antony	Abate	Master	Male	52
67	00:49:52	1244	B	Will	Chennels	Open	Male	27
68	00:50:10	2289	C	Philip	du Plessis	Open	Male	36
69	00:50:12	1072	B	Willie	Le Grange	Open	Male	25
70	00:50:28	1053	B	Martin	Henning	Open	Male	30
71	00:50:39	1164	B	Stuart	Walsh	Open	Male	37
72	00:50:45	1112	B	Douglas	Parker	Open	Male	31

73	00:50:47	1162	B	Stian	Visagie	Open	Male	29
74	00:50:48	1149	B	Ruan	Van den Berg	Open	Male	33
75	00:50:52	1156	B	Clifford	van Rooyen	Open	Male	38
76	00:50:59	1282	B	Victoria	Stevens	Open	Female	29
77	00:51:00	118	A	Marais	Hoon	Veteran	Male	48
78	00:51:05	1245	B	Devyn	Pribut	Open	Male	27
79	00:51:12	35	A	Murray	Le Roux	Open	Male	29
80	00:51:20	2144	C	Carlo	Van Niekerk	Veteran	Male	41
81	00:51:22	1254	B	David	Hanly	Open	Male	28
82	00:51:25	2293	C	Christo	Maritz	Open	Male	27
83	00:51:31	1298	B	Sybrandt	du Preez	Open	Male	22
84	00:51:33	1025	B	Herman	Crause	Veteran	Male	48
85	00:51:36	1104	B	Nadia	Mulder	Open	Female	22
86	00:51:41	1306	B	Werner	Mulder	Open	Male	28
87	00:51:43	1288	B	Jade	Bremner	Junior	Female	16
88	00:51:48	1160	B	David	Vinton	Open	Male	31
89	00:51:53	1118	B	Emeraan	Railoun	Master	Male	51
90	00:51:55	2224	C	Brent	Morganrood	Veteran	Male	47
91	00:51:56	2310	C	Lynne	du Preeze	Open	Female	39
92	00:52:00	1318	B	Paul	Marais	Veteran	Male	46
93	00:52:05	2221	C	Andrew	Wright	Veteran	Male	44
94	00:52:09	1016	B	Stuart	Buchanan	Open	Male	28
95	00:52:18	1049	B	Matthew	Hall	Open	Male	33
96	00:52:28	66	A	Andrea	Teagle	Open	Female	30
97	00:52:29	1251	B	Samantha	Holtzhausen	Open	Female	29
98	00:52:32	2308	C	Larry	Morris	Veteran	Male	43
99	00:52:32	1085	B	Michael	Mafu	Open	Male	30
100	00:52:35	1005	B	Marisa	Agnello	Open	Female	39
101	00:52:58	2095	C	Michelle	Mentz	Open	Female	24
102	00:52:59	1093	B	Patrick	McCann	Master	Male	55
103	00:53:00	2035	C	Craig	Corbett	Open	Male	24
104	00:53:00	1161	B	Niel	Visagie	Open	Male	32
105	00:53:07	2024	C	Peter	Carrick	Veteran	Male	48
106	00:53:12	1305	B	Wadda	Louw	Open	Male	34
107	00:53:13	50	A	Elnari	Potgieter	Open	Female	29
108	00:53:15	1011	B	Ross	Biggs	Veteran	Male	44
109	00:53:18	5107	F	Elmarie	Randewijk	Open	Male	35
110	00:53:18	1095	B	Richard	Mee	Open	Male	34
111	00:53:31	2103	C	Kaylyn	Novak	Open	Female	21
112	00:53:33	2231	C	Anthony	McLea	Veteran	Male	43
113	00:53:44	1134	B	Simon	Sonn	Veteran	Male	45
114	00:53:48	2232	C	Jason	Rattray	Veteran	Male	43
115	00:53:51	1056	B	Kyle	Heugh	Open	Male	32
116	00:53:53	2301	C	Kevin	Van Straaten	Open	Male	29
117	00:54:08	1059	B	Pieter	Holtzhausen	Open	Male	36
118	00:54:31	2143	C	Uys	Van Heerden	Veteran	Male	45
119	00:55:02	1052	B	Nicola	Hendriks	Veteran	Female	42
120	00:55:16	2294	C	Maia	Persson	Open	Female	22
121	00:55:23	1030	B	Errol	Cunnama	Master	Male	63
122	00:55:26	1154	B	Japie	van der Westhuizen	Open	Male	29
123	00:55:30	2064	C	Paul	Grapendaal	Veteran	Male	41
124	00:55:32	1138	B	Johann	Swart	Open	Male	29
125	00:55:33	1046	B	Haydn	George	Open	Male	31
126	00:55:36	1101	B	Mohammed	Moolla	Veteran	Male	45
127	00:55:53	1125	B	Warric	Ritchie	Open	Male	30
128	00:56:12	2045	C	Jessica	du Toit	Open	Female	29
129	00:56:16	2300	C	Wouter	Bosch	Veteran	Male	40
130	00:56:18	2146	C	Algurnon Steve	van Rooyen	Open	Male	30
131	00:56:20	2003	C	Adnaan	Ajam	Open	Male	34
132	00:56:31	1263	B	Steve	Akester	Master	Male	58
133	00:56:34	1122	B	Ruhan	Rheeder	Open	Male	29
134	00:56:35	1296	B	Jacques	De Klerk	Open	Male	27
135	00:56:36	2298	C	Ross	Young	Veteran	Male	42
136	00:56:37	1292	B	Lottos	Rodseth	Master	Female	59
137	00:56:40	1293	B	David	Rodseth	Master	Male	63
138	00:56:42	2284	C	Casper	Hulsbosch	Open	Male	0
139	00:56:42	2055	C	Andre	Filander	Master	Male	54
140	00:56:47	1113	B	Jeanine	Peck	Open	Female	34
141	00:56:49	1039	B	Werner	Du Toit	Open	Male	37
142	00:56:50	3127	D	Andra	Kntzinger	Open	Female	31
143	00:56:54	1144	B	Henry	Thomson	Veteran	Male	44
144	00:56:55	8	A	Xolisiwe	Booi	Open	Female	34
145	00:56:59	2216	C	Renier	van Jaarsveld	Open	Male	32
146	00:57:06	1297	B	Wessel	De Kock	Veteran	Male	41
147	00:57:23	2304	C	Dean	Bimie	Open	Male	23
148	00:57:26	2311	C	Voloolymyr	Dei	Open	Male	34
149	00:57:28	2291	C	Kirk	Kennedy	Open	Male	32
150	00:57:29	1247	B	Alistair	Hops	Veteran	Male	47

151	00:57:30	1043	B	Thaabit	Fataar	Open	Male	36
152	00:57:33	1040	B	Anton	Eicher	Open	Male	39
153	00:57:37	1091	B	Paul	Mavrocoelas	Open	Male	37
154	00:57:42	1315	B	Edwin	Videler	Veteran	Male	46
155	00:57:44	1119	B	Petra	Raimond	Open	Female	34
156	00:57:46	1061	B	Darryn	Howes	Open	Male	26
157	00:57:47	2060	C	Tinne	Gils	Open	Female	33
158	00:57:52	3040	D	Adam	van Heerden	Open	Male	27
159	00:57:53	2093	C	Anton	Meiring	Veteran	Male	43
160	00:57:54	2094	C	Kate	Meiring	Veteran	Female	41
161	00:58:00	2309	C	Maurice	Brower	Veteran	Male	40
162	00:58:02	1142	B	Johann	Theron	Master	Male	61
163	00:58:11	2058	C	Mark	Fuller	Veteran	Male	44
164	00:58:16	3016	D	Andrew	Gravett	Open	Male	27
165	00:58:17	2110	C	Burgess	Patterson	Veteran	Male	47
166	00:58:51	1027	B	Edwin	Cross	Veteran	Male	42
167	00:58:54	1097	B	Ross	Middleton	Open	Male	26
168	00:58:58	1103	B	Lynette	Morris	Veteran	Female	41
169	00:59:08	2091	C	Scott	McIvor	Master	Male	64
170	00:59:25	2149	C	Erhardt	Van Zyl	Open	Male	25
171	00:59:31	2157	C	Jonathan	Woodman	Open	Male	32
172	00:59:40	2286	C	Clinton	Attwell	Veteran	Male	41
173	01:00:07	1092	B	Josie	McCann	Open	Female	22
174	01:00:12	1004	B	Grant	Achilles	Veteran	Male	47
175	01:00:13	1320	B	Roger	Braap	Open	Male	38
176	01:00:40	2137	C	Jaco	Swart	Open	Male	30
177	01:01:02	2066	C	Steve	Heldzingen	Veteran	Male	46
178	01:01:06	2215	C	Alec	van Niekerk	Open	Male	32
179	01:01:14	2088	C	Otto	Marte	Veteran	Male	43
180	01:01:22	1303	B	Renela	Hugo	Open	Female	27
181	01:01:26	1047	B	Max	Goldin	Open	Male	34
182	01:02:01	1098	B	Anika	Mikkelsen	Open	Female	31
183	01:02:02	1012	B	David	Bloom	Open	Male	39
184	01:02:04	2292	C	Arina	Liebenberg	Open	Female	26
185	01:02:05	2295	C	Gary	Phipson	Master	Male	52
186	01:02:06	3033	D	Adriaan	Stander	Open	Male	26
187	01:02:08	2211	C	Fazlin	Martin	Open	Female	37
188	01:02:11	2279	C	Andrew	Reynolds	Master	Male	59
189	01:02:13	3023	D	Johandre	le Roux	Open	Male	30
190	01:02:13	2098	C	Alexander	Ncube	Open	Male	28
191	01:02:17	2287	C	Grant	Blaylock	Master	Male	54
192	01:02:25	1013	B	Lindsay	Bloom	Open	Female	35
193	01:02:26	2075	C	Siyasanga	Khongo	Open	Female	33
194	01:02:33	2193	C	Mina	Redelinghuys	Master	Female	53
195	01:02:34	2194	C	Nicola	Redelinghuys	Open	Female	22
196	01:02:39	3126	D	Lucieta	Johnson	Open	Female	30
197	01:02:44	1157	B	elize	van staden	Veteran	Female	42
198	01:02:46	1135	B	Spencer	Sonn	Veteran	Male	48
199	01:02:59	2158	C	Timothy	Young	Open	Male	37
200	01:03:33	2153	C	Saleigh	Waggie	Open	Male	39
201	01:03:42	1150	B	Daniël	van den Bergh	Open	Male	33
202	01:03:49	2018	C	Raubie	Brink	Open	Male	33
203	01:03:50	1304	B	Janice	Louw	Master	Female	52
204	01:04:02	3124	D	Henry John	Nieuwenhuizen	Open	Male	29
205	01:04:39	1308	B	Chantal	Pieters	Master	Female	52
206	01:05:00	2117	C	Shelia	Prestage	Master	Female	56
207	01:05:02	1008	B	Azaria	Beukes	Open	Female	31
208	01:05:07	2023	C	Sarah	Camp	Open	Female	20
209	01:05:11	2138	C	Gregory	Swartz	Master	Male	52
210	01:05:13	2015	C	Joanne	Boswell	Veteran	Female	46
211	01:05:19	3039	D	Aletia	van Antwerpen	Open	Female	35
212	01:05:33	1076	B	Justin	Leslie	Open	Male	37
213	01:05:56	2303	C	Wynand	Markram	Veteran	Male	40
214	01:06:01	2305	C	Alex	de Villiers	Open	Male	28
215	01:06:13	2306	C	Kelsey	Gilpin	Open	Female	28
216	01:06:15	2092	C	Paut	Meeser	Open	Male	33
217	01:06:27	3021	D	Roland	Jurd	Open	Male	31
218	01:06:28	1300	B	Taskeen	Fakier	Veteran	Female	41
219	01:06:37	2206	C	Henry	McGregor	Open	Male	31
220	01:06:38	1312	B	Paul	Truscott	Veteran	Male	45
221	01:06:43	3116	D	Catherine	Robbertse	Open	Female	28
222	01:07:20	2140	C	Maryka	Treumich	Open	Female	35
223	01:07:28	3045	D	Mark	Bloomfield	Open	Male	37
224	01:07:28	1316	B	Johann	Joubert	Open	Male	31
225	01:07:33	2011	C	Jeremy	Beckley	Open	Male	37
226	01:07:52	3114	D	Caitlin	Procter	Open	Female	32
227	01:07:58	2302	C	Lindiwe	Mkhwanazi	Open	Female	28
228	01:08:04	2312	C	Danil	Elterman	Open	Male	39
229	01:08:08	2134	C	Marie	Swanepoel	Open	Female	38
230	01:08:09	1319	B	John	Clark	Veteran	Male	48
231	01:08:30	2076	C	Francols	Koen	Open	Male	32
232	01:09:17	2197	C	Melissa	Thomas	Open	Female	36
233	01:09:26	2005	C	Kenneth	Anthony	Open	Male	36

234	01:09:32	2059	C	Juanita	Geyer	Veteran	Female	45
235	01:09:36	2102	C	Andrew	Nixon	Veteran	Male	46
236	01:10:02	2100	C	Lorraine	Nevin	Master	Female	56
237	01:10:05	2016	C	Liz	Brash	Master	Female	59
238	01:11:05	3000	D	Richard	Anderson	Open	Male	37
239	01:11:32	3012	D	Theari	Fernhout	Open	Female	33
240	01:12:19	2156	C	Nicole	Woodman	Open	Female	31
241	01:12:44	2290	C	Natasha	Dyers	Open	Female	39
242	01:12:47	2253	C	Jared	Barker	Open	Male	32
243	01:12:48	2260	C	Jonathan	Grant	Open	Male	30
244	01:12:53	3024	D	Marizanne	Lombard	Master	Female	53
245	01:13:11	3051	D	Michael	Holmes	Open	Male	30
246	01:13:18	2288	C	Barend	Bredenkamp	Veteran	Male	44
247	01:14:56	2101	C	Gideon	Nieuwoudt	Open	Male	34
248	01:16:27	2062	C	Kamlen	Govender	Open	Male	31
249	01:16:31	2307	C	Kabelo	Mathipa	Open	Female	24
250	01:17:47	3122	D	Charlotte	Schreve	Veteran	Female	49
251	01:22:53	2118	C	Joanne	Price	Veteran	Female	46
252	01:23:24	2037	C	Reneé	Cupido	Veteran	Female	45
253	01:23:27	2129	C	David	Smith	Master	Male	51
254	01:28:42	2001	C	Carin	Abramovitz	Master	Female	57

#### Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:13	88	A	Sivwe	Nkombi	Open	Male	30
2	00:35:15	69	A	Peter	Tsawayo	Open	Male	39
3	00:36:36	113	A	Neil	Broers	Open	Male	37
4	00:37:09	120	A	Devan	van der Berg	Open	Male	25
5	00:37:43	122	A	Jono	Botha	Open	Male	28
6	00:38:01	58	A	Drew	Romans	Open	Male	21
7	00:38:02	1	A	Lucas	Adams	Open	Male	30
8	00:38:10	114	A	Nicholas	Harrison	Open	Male	22
9	00:38:41	85	A	Jamie	Holtzhausen	Open	Male	35
10	00:39:18	38	A	Aubrey	Makhubo	Open	Male	28
11	00:39:48	4	A	Nick	Bester	Open	Male	28
12	00:39:55	29	A	Wesley	Johnston	Open	Male	34
13	00:40:37	80	A	Yashin	Raghavjee	Open	Male	37
14	00:40:42	119	A	Nardas	Matthysen	Open	Male	29
15	00:40:53	67	A	Shea	Tian	Open	Male	34
16	00:41:09	25	A	Jeremy	Gray	Open	Male	31
17	00:41:28	17	A	James	Day	Open	Male	33
18	00:41:44	1159	B	Luhan	Verwey	Open	Male	25
19	00:42:05	117	A	Karl	Midlane	Open	Male	23
20	00:44:53	1307	B	Julien	Peter	Open	Male	27
21	00:45:14	1151	B	Sierd	van der Bij	Open	Male	30
22	00:45:52	65	A	Jonathan	Sydow	Open	Male	39
23	00:46:00	1317	B	Mentz	Germishuis	Open	Male	21
24	00:46:17	1309	B	Ivan	Robinson	Open	Male	27
25	00:46:21	1295	B	Jaco	De Jager	Open	Male	36
26	00:46:39	62	A	Rouen	Smit	Open	Male	29
27	00:46:41	1302	B	Ryan	Harrison	Open	Male	38
28	00:46:43	70	A	Robert	Turner	Open	Male	27
29	00:46:55	1066	B	Francois	Jooste	Open	Male	36
30	00:46:58	1313	B	Louis	van der Merwe	Open	Male	31
31	00:47:17	121	A	Flip	te Roux	Open	Male	29
32	00:47:18	73	A	Jarno	Vorster	Open	Male	26
33	00:47:28	1057	B	Justin	Hewitt	Open	Male	29
34	00:47:31	1271	B	Jonathan	Edwards	Open	Male	34
35	00:47:41	1065	B	Charl	Jooste	Open	Male	34
36	00:47:53	1310	B	Guy	Salomon	Open	Male	23
37	00:47:54	1170	B	Robert	Fanucchi	Open	Male	33
38	00:47:59	15	A	Quintin	Combrink	Open	Male	31
39	00:48:03	6	A	Joakim	Blackadder Immenkamp	Open	Male	34
40	00:48:04	2046	C	Leon	du Toit	Open	Male	37

41	00:48:26	1153	B	Darius	van der Watt	Open	Male	38
42	00:48:28	1253	B	Chris	Garbers	Open	Male	29
43	00:49:31	3013	D	Ryan	Ferreira	Open	Male	29
44	00:49:36	1073	B	Jacques	le Roux	Open	Male	37
45	00:49:52	1244	B	Witt	Chennels	Open	Male	27
46	00:50:10	2289	C	Philip	du Plessis	Open	Male	36
47	00:50:12	1072	B	Willie	Le Grange	Open	Male	25
48	00:50:28	1053	B	Martin	Henning	Open	Male	30
49	00:50:39	1164	B	Stuart	Walsh	Open	Male	37
50	00:50:45	1112	B	Douglas	Parker	Open	Male	31
51	00:50:47	1162	B	Stian	Visagie	Open	Male	29
52	00:50:48	1149	B	Ruan	Van den Berg	Open	Male	33
53	00:50:52	1156	B	Clifford	van Rooyen	Open	Male	38
54	00:51:05	1245	B	Devin	Pribut	Open	Male	27
55	00:51:12	35	A	Murray	Le Roux	Open	Male	29
56	00:51:22	1254	B	David	Hanly	Open	Male	28
57	00:51:25	2293	C	Christo	Maritz	Open	Male	27
58	00:51:31	1298	B	Sybrandt	du Preez	Open	Male	22
59	00:51:41	1306	B	Werner	Mulder	Open	Male	28
60	00:51:48	1160	B	David	Vinton	Open	Male	31
61	00:52:09	1016	B	Stuart	Buchanan	Open	Male	28
62	00:52:18	1049	B	Matthew	Hall	Open	Male	33
63	00:52:32	1085	B	Michael	Mafu	Open	Male	30
64	00:53:00	2035	C	Craig	Corbett	Open	Male	24
65	00:53:00	1161	B	Niel	Visagie	Open	Male	32
66	00:53:12	1305	B	Wadda	Louw	Open	Male	34
67	00:53:18	5107	F	Elmarie	Randewijk	Open	Male	35
68	00:53:18	1095	B	Richard	Mee	Open	Male	34
69	00:53:51	1056	B	Kyle	Heugh	Open	Male	32
70	00:53:53	2301	C	Kevin	Van Straaten	Open	Male	29
71	00:54:08	1059	B	Pieter	Holtzhausen	Open	Male	36
72	00:55:26	1154	B	Japie	van der Westhuizen	Open	Male	29
73	00:55:32	1138	B	Johann	Swart	Open	Male	29
74	00:55:33	1046	B	Haydn	George	Open	Male	31
75	00:55:53	1125	B	Warric	Ritchie	Open	Male	30
76	00:56:18	2146	C	Algumon Steve	van Rooyen	Open	Male	30
77	00:56:20	2003	C	Adnaan	Ajam	Open	Male	34
78	00:56:34	1122	B	Ruhan	Rheeder	Open	Male	29
79	00:56:35	1296	B	Jacques	De Klerk	Open	Male	27
80	00:56:42	2284	C	Casper	Hulsbosch	Open	Male	0
81	00:56:49	1039	B	Werner	Du Toit	Open	Male	37
82	00:56:59	2216	C	Renier	van Jaarsveld	Open	Male	32
83	00:57:23	2304	C	Dean	Birnie	Open	Male	23
84	00:57:26	2311	C	Voloolmyr	Dei	Open	Male	34
85	00:57:28	2291	C	Kirk	Kennedy	Open	Male	32
86	00:57:30	1043	B	Thaabit	Fataar	Open	Male	36
87	00:57:33	1040	B	Anton	Elcher	Open	Male	39
88	00:57:37	1091	B	Paul	Mavrocoelas	Open	Male	37
89	00:57:46	1061	B	Darryn	Howes	Open	Male	26
90	00:57:52	3040	D	Adam	van Heerden	Open	Male	27
91	00:58:16	3016	D	Andrew	Gravett	Open	Male	27
92	00:58:54	1097	B	Ross	Middleton	Open	Male	26
93	00:59:25	2149	C	Erhardt	Van Zyl	Open	Male	25
94	00:59:31	2157	C	Jonathan	Woodman	Open	Male	32
95	01:00:13	1320	B	Roger	Braap	Open	Male	38
96	01:00:40	2137	C	Jaco	Swart	Open	Male	30
97	01:01:06	2215	C	Alec	van Niekerk	Open	Male	32
98	01:01:26	1047	B	Max	Goldin	Open	Male	34
99	01:02:02	1012	B	David	Bloom	Open	Male	39
100	01:02:06	3033	D	Adriaan	Stander	Open	Male	26
101	01:02:13	3023	D	Johandre	le Roux	Open	Male	30
102	01:02:13	2098	C	Alexander	Ncube	Open	Male	28
103	01:02:59	2158	C	Timothy	Young	Open	Male	37
104	01:03:33	2153	C	Saleigh	Waggie	Open	Male	39
105	01:03:42	1150	B	Daniël	van den Bergh	Open	Male	33
106	01:03:49	2018	C	Raubie	Brink	Open	Male	33
107	01:04:02	3124	D	Henry John	Nieuwenhuizen	Open	Male	29
108	01:05:33	1076	B	Justin	Lestie	Open	Male	37
109	01:06:01	2305	C	Alex	de Villiers	Open	Male	28
110	01:06:15	2092	C	Paul	Meeser	Open	Male	33
111	01:06:27	3021	D	Roland	Jurd	Open	Male	31
112	01:08:37	2206	C	Henry	McGregor	Open	Male	31
113	01:07:28	3045	D	Mark	Bloomfield	Open	Male	37
114	01:07:28	1316	B	Johann	Joubert	Open	Male	31
115	01:07:33	2011	C	Jeremy	Beckley	Open	Male	37
116	01:08:04	2312	C	Danil	Elterman	Open	Male	39
117	01:08:30	2076	C	Francois	Koen	Open	Male	32

118	01:09:26	2005	C	Kenneth	Anthony	Open	Male	36
119	01:11:05	3000	D	Richard	Anderson	Open	Male	37
120	01:12:47	2253	C	Jared	Barker	Open	Male	32
121	01:12:48	2260	C	Jonathan	Grant	Open	Male	30
122	01:13:11	3051	D	Michael	Holmes	Open	Male	30
123	01:14:56	2101	C	Gideon	Nieuwoudt	Open	Male	34
124	01:16:27	2062	C	Kamlen	Govender	Open	Male	31

**Open Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:44:40	74	A	Carla	Whitehead	Open	Female	34
2	00:45:45	49	A	Tanya	Posthumus-Fox	Open	Female	38
3	00:45:50	86	A	Mags	Wright	Open	Female	37
4	00:46:33	1120	B	Rentia	Relief	Open	Female	26
5	00:48:01	1079	B	Jada	Linstrom	Open	Female	23
6	00:48:03	1036	B	Emily	Djock	Open	Female	30
7	00:50:59	1282	B	Victoria	Stevens	Open	Female	29
8	00:51:36	1104	B	Nadia	Mulder	Open	Female	22
9	00:51:43	1288	B	Jade	Bremner	Open	Female	16
10	00:51:56	2310	C	Lynne	du Preeze	Open	Female	39
11	00:52:28	66	A	Andrea	Teagle	Open	Female	30
12	00:52:29	1251	B	Samantha	Holtzhausen	Open	Female	29
13	00:52:35	1005	B	Marisa	Agnello	Open	Female	39
14	00:52:58	2095	C	Michelle	Mentz	Open	Female	24
15	00:53:13	50	A	Elnari	Potgieter	Open	Female	29
16	00:53:31	2103	C	Kaylyn	Novak	Open	Female	21
17	00:55:16	2294	C	Maria	Persson	Open	Female	22
18	00:56:12	2045	C	Jessica	du Toit	Open	Female	29
19	00:56:47	1113	B	Jeanine	Peck	Open	Female	34
20	00:56:50	3127	D	Andra	Kritzinger	Open	Female	31
21	00:56:55	8	A	Xolisiwe	Booi	Open	Female	34
22	00:57:44	1119	B	Petra	Raimond	Open	Female	34
23	00:57:47	2060	C	Tinne	Gils	Open	Female	33
24	01:00:07	1092	B	Josie	McCann	Open	Female	22
25	01:01:22	1303	B	Rencia	Hugo	Open	Female	27
26	01:02:01	1098	B	Anika	Mikkelsen	Open	Female	31
27	01:02:04	2292	C	Arina	Liebenberg	Open	Female	26
28	01:02:08	2211	C	Fazlin	Martin	Open	Female	37
29	01:02:25	1013	B	Lindsay	Bloom	Open	Female	35

30	01:02:26	2075	C	Siyasanga	Khongo	Open	Female	33
31	01:02:34	2194	C	Nicola	Redelinghuys	Open	Female	22
32	01:02:39	3126	D	Lucieta	Johnson	Open	Female	30
33	01:05:02	1008	B	Azaria	Beukes	Open	Female	31
34	01:05:07	2023	C	Sarah	Camp	Open	Female	20
35	01:05:19	3039	D	Aletta	van Antwerpen	Open	Female	35
36	01:06:13	2306	C	Ketsey	Gilpin	Open	Female	28
37	01:06:43	3116	D	Catherine	Robbertse	Open	Female	28
38	01:07:20	2140	C	Maryka	Treurnich	Open	Female	35
39	01:07:52	3114	D	Caitlin	Procter	Open	Female	32
40	01:07:58	2302	C	Lindiwe	Mkhwanazi	Open	Female	28
41	01:08:08	2134	C	Marie	Swanepoel	Open	Female	38
42	01:09:17	2197	C	Melissa	Thomas	Open	Female	36
43	01:11:32	3012	D	Theari	Fermhout	Open	Female	33
44	01:12:19	2156	C	Nicole	Woodman	Open	Female	31
45	01:12:44	2290	C	Natasha	Dyers	Open	Female	39
46	01:16:31	2307	C	Kabelo	Mathipa	Open	Female	24

#### Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:39:31	116	A	Tjaart	Van der Walt	Veteran	Male	41
2	00:42:52	18	A	Awie	De Swardt	Veteran	Male	43
3	00:46:35	1311	B	Francois	Slabbert	Veteran	Male	48
4	00:46:53	1314	B	Jacques	van Niekerk	Veteran	Male	43
5	00:47:27	1163	B	Jan-Heyn	Vorster	Veteran	Male	45
6	00:47:27	115	A	Abrie	Joubert	Veteran	Male	46
7	00:48:12	1050	B	John	Hanekom	Veteran	Male	46
8	00:49:20	1077	B	Hugo	Leuenberger	Veteran	Male	41
9	00:51:00	118	A	Marais	Hoon	Veteran	Male	48
10	00:51:20	2144	C	Carlo	van Niekerk	Veteran	Male	41
11	00:51:33	1025	B	Herman	Crause	Veteran	Male	48
12	00:51:55	2224	C	Brent	Morganrood	Veteran	Male	47
13	00:52:00	1318	B	Paul	Marais	Veteran	Male	46
14	00:52:05	2221	C	Andrew	Wright	Veteran	Male	44
15	00:52:32	2308	C	Larry	Morris	Veteran	Male	43
16	00:53:07	2024	C	Peter	Carrick	Veteran	Male	48
17	00:53:15	1011	B	Ross	Biggs	Veteran	Male	44
18	00:53:33	2231	C	Anthony	McLea	Veteran	Male	43
19	00:53:44	1134	B	Simon	Sonn	Veteran	Male	45
20	00:53:48	2232	C	Jason	Ratray	Veteran	Male	43
21	00:54:31	2143	C	Uys	Van Heerden	Veteran	Male	45
22	00:55:30	2064	C	Paul	Grappendaal	Veteran	Male	41
23	00:55:36	1101	B	Mohammed	Moolla	Veteran	Male	45
24	00:56:16	2300	C	Wouter	Bosch	Veteran	Male	40
25	00:56:36	2298	C	Ross	Young	Veteran	Male	42
26	00:56:54	1144	B	Henry	Thomson	Veteran	Male	44
27	00:57:06	1297	B	Wessel	De Kock	Veteran	Male	41
28	00:57:29	1247	B	Allstair	Hops	Veteran	Male	47
29	00:57:42	1315	B	Edwin	Videler	Veteran	Male	46
30	00:57:53	2093	C	Anton	Meiring	Veteran	Male	43
31	00:58:00	2309	C	Maurice	Brower	Veteran	Male	40
32	00:58:11	2058	C	Mark	Fuller	Veteran	Male	44
33	00:58:17	2110	C	Burgess	Patterson	Veteran	Male	47
34	00:58:51	1027	B	Edwin	Cross	Veteran	Male	42
35	00:59:40	2286	C	Clinton	Attwell	Veteran	Male	41
36	01:00:12	1004	B	Grant	Achilles	Veteran	Male	47
37	01:01:02	2066	C	Steve	Heldzigen	Veteran	Male	46
38	01:01:14	2088	C	Otto	Marte	Veteran	Male	43
39	01:02:46	1135	B	Spencer	Sonn	Veteran	Male	48
40	01:05:56	2303	C	Wynand	Markram	Veteran	Male	40
41	01:06:38	1312	B	Paul	Truscott	Veteran	Male	45
42	01:08:09	1319	B	John	Clark	Veteran	Male	48
43	01:09:36	2102	C	Andrew	Nixon	Veteran	Male	46
44	01:13:18	2288	C	Barend	Bredenkamp	Veteran	Male	44

#### Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:55:02	1052	B	Nicola	Hendriks	Veteran	Female	42
2	00:57:54	2094	C	Kate	Meiring	Veteran	Female	41
3	00:58:58	1103	B	Lynette	Morris	Veteran	Female	41
4	01:02:44	1157	B	elize	van staden	Veteran	Female	42
5	01:05:13	2015	C	Joanne	Boswell	Veteran	Female	46
6	01:06:28	1300	B	Taskeen	Fakier	Veteran	Female	41
7	01:09:32	2059	C	Juanita	Geyer	Veteran	Female	45
8	01:17:47	3122	D	Charlotte	Schreve	Veteran	Female	49
9	01:22:53	2118	C	Joanne	Price	Veteran	Female	46
10	01:23:24	2037	C	Reneé	Cupido	Veteran	Female	45

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:42:32	60	A	Duncan	Siegfried	Master	Male	50
2	00:43:29	2	A	Robert	Austin	Master	Male	50
3	00:47:39	1145	B	Andre	Treurnich	Master	Male	51
4	00:48:30	1044	B	Philip	Fouche	Master	Male	50
5	00:48:50	1069	B	Richard	Kruger	Master	Male	51
6	00:49:04	1109	B	Vaughn	Olckers	Master	Male	53
7	00:49:45	1001	B	Antony	Abate	Master	Male	52
8	00:51:53	1118	B	Emeraan	Railoun	Master	Male	51
9	00:52:59	1093	B	Patrick	McCann	Master	Male	55
10	00:55:23	1030	B	Errol	Cunnama	Master	Male	63
11	00:56:31	1263	B	Steve	Akester	Master	Male	58
12	00:56:40	1293	B	David	Rodseth	Master	Male	63
13	00:56:42	2055	C	Andre	Filander	Master	Male	54
14	00:58:02	1142	B	Johann	Theron	Master	Male	61
15	00:59:08	2091	C	Scott	Mclvor	Master	Male	64
16	01:02:05	2295	C	Gary	Phipson	Master	Male	52
17	01:02:11	2279	C	Andrew	Reynolds	Master	Male	59
18	01:02:17	2287	C	Grant	Blaylock	Master	Male	54
19	01:05:11	2138	C	Gregory	Swartz	Master	Male	52
20	01:23:27	2129	C	David	Smith	Master	Male	51

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:46:23	98	A	Julie	Huckle	Master	Female	50
2	00:58:37	1292	B	Lollos	Rodseth	Master	Female	59
3	01:02:33	2193	C	Mina	Redelinghuys	Master	Female	53
4	01:03:50	1304	B	Janice	Louw	Master	Female	52
5	01:04:39	1308	B	Chantal	Pieters	Master	Female	52
6	01:05:00	2117	C	Shella	Prestage	Master	Female	56
7	01:10:02	2100	C	Lorraine	Nevin	Master	Female	56
8	01:10:05	2016	C	Liz	Brash	Master	Female	59
9	01:12:53	3024	D	Marizanne	Lombard	Master	Female	53
10	01:26:42	2001	C	Carin	Abramovitz	Master	Female	57



Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:23:09	4024	E	Bianca	Tarboton	Open	Female	21
2	00:23:14	4025	E	Rob	Twedde	Open	Male	22
3	00:24:29	4002	E	Deon	Bochnig	Minimee	Male	14
4	00:24:44	5058	F	Richard	Wojan	Open	Male	27
5	00:25:34	5140	F	Phil	Anderson	Open	Male	28
6	00:25:59	4036	E	Leslie	Chivell	Master	Male	63
7	00:25:59	5009	F	Nicholas	Bunn	Open	Male	20
8	00:26:14	4013	E	Christopher	Hearne	Open	Male	30
9	00:26:22	4003	E	Cullen	Clarke	Minimee	Male	11
10	00:26:37	5003	F	Jarryd	Barnes	Open	Male	25
11	00:26:50	5084	F	Byron	Haupt	Open	Male	31
12	00:27:47	5031	F	Styger	Kruger	Open	Male	26
13	00:27:47	4000	E	Andre	Badenhorst	Open	Male	27
14	00:27:55	5086	F	PJ	Moses	Veteran	Male	42
15	00:28:00	5004	F	Reece	Barnes	Open	Male	25
16	00:28:19	4004	E	Liam	Clarke	Minimee	Male	11
17	00:28:25	4026	E	Christo	Van der Berg	Veteran	Male	46
18	00:28:35	4021	E	Wynand	Seimons	Veteran	Male	43
19	00:28:38	6258	G	Selwyn	Martinessen	Master	Male	55
20	00:28:45	5119	F	Reino	Bingle	Open	Male	30
21	00:29:23	4005	E	Jansen	du Plessis	Open	Male	27
22	00:29:26	5022	F	Francois	Hendrikse	Veteran	Male	40
23	00:29:28	5121	F	Jessica	Charles	Open	Female	21
24	00:29:38	4110	E		van Taak	Veteran	Male	46
25	00:29:39	5071	F	Riaz	Orrie	Open	Male	19
26	00:29:41	5122	F	Jan	Marais	Open	Male	26
27	00:29:44	5137	F	Sacie	Adams	Veteran	Male	44
28	00:30:04	4040	E	Mike	Clarke	Veteran	Male	48
29	00:30:04	5021	F	Ra'eez	Hendricks	Open	Male	32
30	00:30:08	4007	E	Christie	Engelbrecht	Veteran	Male	44
31	00:30:22	5132	F	Ryan	Tawse	Open	Male	26
32	00:30:23	5045	F	Carey	Pike	Open	Female	27
33	00:30:24	4033	E	Johnathan	Dellbridge	Peewee	Male	10
34	00:30:26	5120	F	Donnaé	Broeksma	Open	Female	24
35	00:30:27	4107	E	Sean	Hunt	Open	Male	30
36	00:30:32	5070	F	Ashraf	Orrie	Master	Male	50
37	00:30:53	4031	E	Fayyaadh	Bassier	Open	Male	26
38	00:30:58	5085	F	Fagmieda	Haupt	Open	Female	34
39	00:31:03	6062	G	Francois	Geldenhuis	Veteran	Male	44
40	00:31:06	4034	E	Richard	Rossiter	Master	Male	61
41	00:31:10	4008	E	Paul	Engelbrecht	Veteran	Male	49
42	00:31:20	4001	E	Carla	Bochnig	Minimee	Female	14
43	00:31:34	4027	E	Dihan	van Taak	Minimee	Male	11
44	00:31:55	4009	E	Nick	Etherton	Peewee	Male	9
45	00:32:08	6016	G	Barend	Brand	Open	Male	25
46	00:32:10	6021	G	Russel	Brueton	Open	Male	31
47	00:32:42	5067	F	Brandon	Brown	Veteran	Male	42
48	00:32:44	5039	F	Laurence	Muller	Veteran	Male	41
49	00:32:52	5125	F	Stephen	Pietersen	Veteran	Male	44
50	00:32:53	6342	G	Yolandi	Otto	Open	Male	27
51	00:32:56	6335	G	Hofmeyr	Kruger	Open	Male	30
52	00:33:11	5018	F	Christine	Greig	Junior	Female	15
53	00:33:15	5068	F	Herman	Scholtemeijer	Open	Male	38
54	00:33:24	5006	F	Andre	Blignaut	Open	Male	32
55	00:33:29	5126	F	Eunice	Pretorius	Open	Female	27
56	00:33:39	5019	F	Bridgid	Hamilton Russell	Master	Female	59
57	00:33:42	5048	F	Shane	Schulst	Open	Male	29
58	00:33:47	6181	G	Jeremy	West	Open	Male	37
59	00:33:59	5111	F	Johan	Van Litsenborgh	Veteran	Male	40
60	00:34:04	5069	F	Roldah	Orrie	Master	Female	53
61	00:34:16	6009	G	Linda	Basson	Open	Female	29
62	00:34:20	5044	F	Manny	Pereira	Master	Male	50
63	00:34:24	6077	G	Yolanda	Holtzhausen	Veteran	Female	43
64	00:34:27	5124	F	Colin	Ohlhoff	Open	Male	38
65	00:34:29	6104	E	Zeyad	Maarman	Peewee	Male	9
66	00:34:31	5053	F	Altan	Ungerer	Veteran	Male	41
67	00:34:37	6213	G	Maranda	Muller	Open	Female	27
68	00:34:48	6143	G	Craig	Schulst	Veteran	Male	41
69	00:35:01	6013	G	Christopher	Boshoff	Open	Male	38
70	00:35:05	5128	F	Mario	Ruster	Open	Male	33
71	00:35:06	6316	G	Helen	Acton	Open	Female	21
72	00:35:08	4023	E	Beverley	Smyth	Veteran	Female	46
73	00:35:12	5096	F	Minette	Kallis	Open	Female	37
74	00:35:15	5074	F	Alfred	Temmers	Master	Male	51
75	00:35:23	5059	F	Simon	Brown	Open	Male	34
76	00:35:23	4020	E	Andrew	Roper	Veteran	Male	49
77	00:35:34	4015	E	Riandi	Le Roux	Open	Female	29
78	00:35:37	4011	E	Hilary	Gardner	Veteran	Female	41
79	00:35:37	6346	G	Bernard	Swart	Open	Male	30
80	00:36:13	6187	G	Marlette	Burger	Open	Female	36
81	00:36:17	6350	G	Stefanus	Van der Linde	Open	Male	33
82	00:36:21	5136	F	Eckard	Smuts	Open	Male	35

83	00:36:21	7051	H	Johan	Nilsson	Veteran	Male	48
84	00:36:29	5139	F	Alice	Ter MorsHuizen	Open	Female	25
85	00:36:32	5138	F	Claire	Ter MorsHuizen	Open	Female	21
86	00:36:34	5134	F	Stuart	Hobson	Open	Male	21
87	00:36:37	6377	G	Brent	Carswell	Open	Male	28
88	00:36:42	5135	F	Larita	Engelbrecht	Open	Female	32
89	00:36:46	6369	G	Danielle	Mantz	Open	Female	25
90	00:36:47	5142	F	Nabeel	Soekev	Open	Male	21
91	00:36:52	5082	F	Brigit	Higgo	Open	Female	38
92	00:36:57	6066	G	Elona	Granat-Mulder	Open	Female	33
93	00:37:07	6201	G	Steve	Murphy	Master	Male	51
94	00:37:08	4022	E	Antony	Smyth	Veteran	Male	48
95	00:37:10	5007	F	Nikki	Boshoff	Veteran	Female	48
96	00:37:15	6336	G	Mariska	Lourens	Open	Female	25
97	00:37:17	5013	F	Andre	De Vos	Veteran	Male	41
98	00:37:31	5065	F	Sulaiman	Bassier	Master	Male	62
99	00:37:34	5033	F	Willemien	le Roux	Open	Female	37
100	00:37:40	6343	G	Petro	Pienaar	Veteran	Female	47
101	00:37:43	4109	E	Amber	Taylor	Junior	Female	16
102	00:37:54	5123	F	Lauren	Meyer	Open	Female	28
103	00:38:05	7165	H	Christine	Smith	Open	Female	36
104	00:38:06	6175	G	Nikie	van Veen	Open	Female	29
105	00:38:14	5131	F	Liezel	Swiegers	Open	Female	25
106	00:38:15	6195	G	Verlynn	Johnson	Open	Male	31
107	00:38:33	6341	G	Bradley	Nitsckie	Veteran	Male	43
108	00:38:40	6322	G	Christopher	Brikfels	Veteran	Male	43
109	00:38:45	6309	G	Simon	Solomon	Open	Male	31
110	00:39:02	6102	G	Peter	Long How	Open	Male	29
111	00:39:04	6023	G	Julie	Campbell	Open	Female	28
112	00:39:07	6347	G	Michael	Toms	Open	Male	30
113	00:39:09	6321	G	Raymond	Botha	Open	Male	31
114	00:39:14	6022	G	Garth	Cairns	Open	Male	26
115	00:39:17	6339	G	Sheryll	Minnie	Open	Female	29
116	00:39:28	6356	G	Adele	Bignaut	Veteran	Female	47
117	00:39:30	7077	H	Arno	Theron	Open	Male	35
118	00:39:39	7093	H	Michelle	Beale	Open	Female	30
119	00:39:41	7169	H	Yolandi	Van Aarde	Open	Female	34
120	00:39:46	6090	G	Lize	King	Open	Female	30
121	00:39:53	6319	G	Lauren	Bosman	Open	Female	32
122	00:39:56	6060	G	Raymond	Ford	Open	Male	38
123	00:40:02	7184	H	Jacques	Malan	Open	Male	39
124	00:40:06	6026	G	Claudia	Chamberlain	Open	Female	37
125	00:40:12	6204	G	Christa	Schonitz	Open	Female	36
126	00:40:21	5002	F	Emma	Barker-Goldie	Veteran	Female	40
127	00:40:24	6338	G	T	McEvoy	Open	Female	32
128	00:40:26	6323	G	A	Bruni	Open	Male	41
129	00:40:29	6373	G	Caty		Open	Female	36
130	00:40:30	7156	H	Gen	Korsten	Veteran	Female	47
131	00:40:32	6019	G	Jann	Brown	Master	Female	63
132	00:40:33	6351	G	Johannes	Van Eck	Veteran	Male	45
133	00:40:36	6173	G	Brenda	Van Rooyen	Master	Female	55
134	00:40:38	6174	G	Robin	Van Rooyen	Master	Male	63
135	00:40:39	6328	G	Ruan	De Villiers	Open	Male	34
136	00:40:42	6331	G	Gareth	Fox	Open	Male	38
137	00:40:44	6376	G	Inge	Von Schlicht	Open	Female	0
138	00:40:49	6223	G	Insaf	Kamish	Veteran	Female	43
139	00:40:53	6320	G	Irene	Botha	Open	Female	31
140	00:41:01	7178	H	Craig	Piuary	Open	Male	36
141	00:41:05	6068	G	Britta	Greenlees	Open	Female	33
142	00:41:12	5106	F	Paul Johann	Pretorius	Open	Male	26
143	00:41:13	7167	H	Jampie	Van Aarde	Open	Male	35
144	00:41:15	7173	H	Marianne	Toros	Master	Female	56
145	00:41:18	7174	H	Valerio	Toros	Master	Male	56
146	00:41:29	6333	G	Chris	Griebenouw	Master	Male	57
147	00:41:32	6193	G	Christopher	Griebenouw	Open	Male	30
148	00:41:35	7175	H	Jollette	Smit	Open	Female	39
149	00:41:37	6361	G	Richard	Kershaw	Veteran	Male	45
150	00:41:40	6360	G	Gary	Hardenberg	Master	Male	50
151	00:41:42	7108	H	Clive	Corbett	Master	Male	52
152	00:41:48	7158	H	Nelia	Marsburg	Open	Female	38
153	00:41:50	7004	H	Lionel	Basson	Open	Male	32
154	00:41:54	5023	F	Jurika	Hendrikse	Open	Female	38
155	00:41:54	6150	G	Sasha	Tarboton	Master	Female	59
156	00:41:58	6334	G	Micaella	Korsten	Junior	Female	15
157	00:42:00	6368	G	Amy	Taylor	Open	Female	22
158	00:42:03	5072	F	Nabeelah	Orrie	Open	Female	23
159	00:42:03	6362	G	Adrian	Zevenster	Open	Male	24
160	00:42:12	6370	G	Andrew	Bryon	Veteran	Male	49
161	00:42:15	6240	G	Debra	Choice	Master	Female	52
162	00:42:16	7023	H	Margaux	Eyers	Veteran	Female	41
163	00:42:31	6203	G	Paula	Raubenheimer	Open	Female	36
164	00:42:41	6047	G	Theonie	du Plessis	Veteran	Female	48
165	00:42:43	6157	G	Hugo	Theron	Veteran	Male	46
166	00:42:46	6349	G	Ronel	Uys	Master	Female	59
167	00:42:49	6290	G	Anton	Uys	Master	Male	58
168	00:42:52	6307	G	Jane	Abasalie	Open	Female	24
169	00:42:54	6162	G	Jacori	Uys	Open	Female	32
170	00:42:57	6378	G	Sara Lynn	Hilliard Garratt	Open	Female	39
171	00:42:59	7003	H	Robert	Baker	Veteran	Male	47
172	00:42:59	6318	G	Alistair	Anderton	Veteran	Male	40
173	00:43:02	6167	G	Susan	van der Walt	Veteran	Female	40
174	00:43:05	7089	H	Hilton	Warrington	Master	Male	55

175	00:43:09	6375	G	Wayne		0	Master	Male	57
176	00:43:09	5046	F	Nastassia	Rockliffe		Open	Male	26
177	00:43:11	6330	G	Adrian	Emmanuel		Open	Male	33
178	00:43:12	5129	F	Amelia	Schreuder		Open	Female	34
179	00:43:14	6379	G	Charmain		0	Veteran	Female	49
180	00:43:16	7166	H	Anlerie	Truter		Master	Female	56
181	00:43:20	7059	H	Claire	Roodt		Veteran	Female	45
182	00:43:22	7085	H	Hendrik	van Rhyn		Veteran	Male	46
183	00:43:25	7020	H	Tiffany	Ebden		Veteran	Female	40
184	00:43:25	6190	G	Chris	Clark		Master	Male	76
185	00:43:28	6064	G	Charmaine	Gower		Master	Female	50
186	00:43:31	6189	G	Mark	Chamberlain		Master	Male	53
187	00:43:33	6215	G	Martin Bendzima	Malamba		Peewee	Male	8
188	00:43:36	6225	G	Kerry	Goddard		Open	Female	21
189	00:43:42	7157	H	Steve	Korsten		Veteran	Male	47
190	00:43:43	6000	G	Reagan	Africa		Open	Male	27
191	00:43:46	7101	H	Nai-Chung	Hu		Open	Male	33
192	00:43:49	6139	G	Stefan	Roodt		Master	Male	54
193	00:43:59	6053	G	Justin	Engel		Open	Male	27
194	00:44:04	7154	H	Colin	Ferguson		Veteran	Male	45
195	00:44:06	7039	H	Ruth	Kohlberg		Master	Female	54
196	00:44:11	6014	G	Kevin	Bouwer		Master	Male	54
197	00:44:14	6015	G	Lisa	Bouwer		Master	Female	51
198	00:44:17	6325	G	Noel	Carstens		Master	Male	50
199	00:44:23	6337	G	Kirsten	McCune		Open	Female	30
200	00:44:27	6380	G	Martha	Evans		Veteran	Female	44
201	00:44:29	7078	H	Sam	Troost		Master	Male	62
202	00:44:30	6091	G	Hilary	Knight		Master	Female	55
203	00:44:36	6317	G	Annemarie	Allanby		Master	Female	51
204	00:44:36	5112	F	Charlene	Venter		Master	Female	50
205	00:44:38	5113	F	Dave	Venter		Master	Male	53
206	00:44:40	6371	G	Tracy	Bryon		Veteran	Female	48
207	00:44:43	6372	G	Kim	Evezard		Open	Female	35
208	00:44:52	6046	G	Afzal	Dhansay		Master	Male	58
209	00:44:59	6358	G	Joshua	Vlietman		Minimee	Male	11
210	00:45:00	6359	G	Doevlie?	Vlietman		Veteran	Male	44
211	00:45:01	7126	H	Carine	Daniels		Veteran	Male	43
212	00:45:06	6135	G	Caryn	Prentice		Open	Female	25
213	00:45:13	6008	G	Shay	Bartlett		Veteran	Male	43
214	00:45:18	6044	G	Roan	Dearham		Open	Male	28
215	00:45:39	6131	G	Lindsey	Orr		Master	Female	70
216	00:45:43	6382	G	Natalie	Damian-Harns		Open	Female	36
217	00:45:59	6326	G	Caitlin	De Kock		Minimee	Female	11
218	00:46:02	6159	G	Devin	Thiart		Open	Male	25
219	00:46:03	6327	G	Mari-louise	De Kock		Veteran	Female	42
220	00:46:04	6381	G	Lisette	Lombard		Veteran	Female	42
221	00:46:05	7170	H	Susan	van Zyl-Bekker		Master	Female	54
222	00:46:06	6056	G	Nicola	Everitt		Open	Female	32
223	00:46:07	5052	F	Kathie	Troost		Master	Female	60
224	00:46:28	6302	G	Fatima	Moolla		Veteran	Female	45
225	00:46:51	7179	H	Helene	van Ahyh		Master	Female	56
226	00:47:00	6270	G	Timothy	Higgins		Open	Male	28
227	00:47:04	7168	H	Willmund	van Aarde		Master	Male	50
228	00:47:12	7176	H	Tammy	Lotz		Open	Female	37
229	00:47:15	5133	F	Michele	Groenwald		Master	Female	54
230	00:48:13	6268	G	Lee	Groenewaldt		Open	Male	38
231	00:48:16	6332	G	Zandrea	Gerber		Open	Female	28
232	00:48:19	6092	G	Jane	Knight		Open	Female	34
233	00:48:25	6209	G	Annelien	van Wyk		Veteran	Female	41
234	00:48:27	6211	G	Nico	van Wyk		Veteran	Male	43
235	00:48:31	7182	H	Ibtisaam	Van Der Schyff		Open	Female	0
236	00:48:52	7181	H	Nailah	Van Der Schyff		Open	Female	32
237	00:48:57	6217	G	Esther	Dreyer		Open	Female	39
238	00:49:11	7149	H	Ashleigh	Bent		Open	Female	38
239	00:49:55	6118	G	Anthea	Millward		Open	Female	27
240	00:50:06	6081	G	Anni	Jackson		Open	Female	27
241	00:50:10	6216	G	Amber-Jane	Malamba		Peewee	Female	9
242	00:50:13	6164	G	Lizeri	Van der Berg		Open	Female	20
243	00:50:17	6163	G	Hetta	Van der Berg		Veteran	Female	46
244	00:50:20	7057	H	Daria	Prinsloo		Veteran	Female	45
245	00:50:20	6071	G	Marine	Hamersma		Open	Female	27
246	00:50:39	6006	G	Cathy	Baring-Gould		Master	Female	57
247	00:50:43	6085	G	Roscoe	Jansen		Open	Male	32
248	00:50:53	5016	F	Natasha	Fisher		Veteran	Female	45
249	00:51:13	6110	G	Ian	Maling		Master	Male	60
250	00:51:20	5141	F	Bernard	Faul		Open	Male	30
251	00:51:31	6188	G	Paolo	Caboz		Open	Male	29
252	00:51:35	6199	G	Lee-Ann	Mitchell		Open	Female	28
253	00:52:16	6226	G	Danielle	Rossiter		Open	Female	22
254	00:52:23	7155	H	Patricia	Forsyth		Veteran	Female	40
255	00:52:26	7019	H	Nisha	Desai		Open	Female	33
256	00:52:46	7040	H	Thozama	Koli		Master	Female	59
257	00:52:52	7001	H	Ryan	Africa		Open	Male	32
258	00:52:58	7047	H	Ashleigh	Mee		Open	Female	31
259	00:53:18	7066	H	Angela	Sillifant		Veteran	Female	41
260	00:53:20	6298	G	Fatima	Ryklief		Veteran	Female	47
261	00:53:44	7091	H	Charlene	West		Open	Female	38
262	00:54:00	6070	G	Lesley	Haddow		Veteran	Female	48
263	00:54:05	6262	G	Tracy	Berry		Veteran	Female	46
264	00:54:18	6354	G	Cheryl	van Zyl		Master	Female	51
265	00:54:29	7136	H	Faiza	Railoun		Master	Female	53
266	00:54:55	7061	H	Lauren	Rose		Open	Female	31

267	00:55:00	7060	H	Alwyn	Rose	Veteran	Male	47
268	00:55:11	7160	H	Helen	McClellan	Master	Female	53
269	00:55:33	7014	H	Robbie	Dallas-Orr	Master	Male	78
270	00:55:46	6301	G	Shifah	Abrahams	Open	Female	23
271	00:56:10	6284	G	Dawn	Rositer	Grand Master	Female	62
272	00:56:44	7083	H	Gerrie	van der Watt	Master	Male	58
273	00:57:46	7162	H	Johan	Robbertze	Master	Male	60
274	00:58:08	7150	H	Karenne	Du Toit	Master	Female	59
275	00:58:10	7151	H	Karin	Els	Master	Female	52
276	00:58:16	7115	H	Jill	Morgan	Veteran	Female	46
277	00:58:20	7116	H	Marcia	Gordon	Veteran	Female	45
278	00:59:09	7122	H	Sue	Blomerus	Veteran	Female	47
279	01:00:59	7035	H	Zaniab	Jattiem	Open	Female	37
280	01:01:47	7163	H	Yvette	Robbertze	Master	Female	55
281	01:01:50	7152	H	Ronnie	Els	Master	Male	52
282	01:01:52	6109	G	Abby	Malamba	Veteran	Female	44
283	01:03:00	6144	G	Shereen	September	Veteran	Female	48
284	01:04:31	7180	H	Jenny	Farmer	Master	Female	54
285	01:04:34	7148	H	Willem	Bekker	Master	Male	57
286	01:04:37	7153	H	Albertu	Farmer	Master	Male	50
287	01:06:27	7029	H	Nicole	Hermans	Open	Female	35
288	01:06:33	7177	H	Chantelle	Adams	Open	Female	37
289	01:12:42	7147	H	Liza	Avenant	Open	Female	30
290	01:12:45	7171	H	Tania	Wessels	Veteran	Female	45
291	01:14:03	7146	H	Karla	Avenant	Open	Female	32
292	01:14:06	7159	H	Selina	Mathee	Open	Female	36
293	01:14:11	7164	H	Elianne	Schmittinger	Open	Female	33

### Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:23:14	4025	E	Rob	Tweddle	Open	Male	22
2	00:24:44	5058	F	Richard	Wojan	Open	Male	27
3	00:25:34	5140	F	Phil	Anderson	Open	Male	28
4	00:25:59	5009	F	Nicholas	Bunn	Open	Male	20
5	00:26:14	4013	E	Christopher	Hearne	Open	Male	30
6	00:26:37	5003	F	Jarryd	Barnes	Open	Male	25
7	00:26:50	5084	F	Byron	Haupt	Open	Male	31
8	00:27:47	5031	F	Styger	Kruger	Open	Male	26
9	00:27:47	4000	E	Andre	Badenhorst	Open	Male	27
10	00:28:00	5004	F	Reece	Barnes	Open	Male	25
11	00:28:45	5119	F	Reino	Bingle	Open	Male	30
12	00:29:23	4005	E	Jansen	du Plessis	Open	Male	27
13	00:29:39	5071	F	Riaz	Orrie	Open	Male	19
14	00:29:41	5122	F	Jan	Marais	Open	Male	26
15	00:30:04	5021	F	Ra'eez	Hendricks	Open	Male	32
16	00:30:22	5132	F	Ryan	Tawse	Open	Male	26
17	00:30:27	4107	E	Sean	Hunt	Open	Male	30
18	00:30:53	4031	E	Fayyaadh	Bassier	Open	Male	26
19	00:32:08	6016	G	Barend	Brand	Open	Male	25
20	00:32:10	6021	G	Russel	Brueton	Open	Male	31
21	00:32:53	6342	G	Yolandi	Otto	Open	Male	27
22	00:32:56	6335	G	Hofmeyr	Kruger	Open	Male	30
23	00:33:15	5068	F	Herman	Scholtemeijer	Open	Male	38
24	00:33:24	5006	F	Andre	Blignaut	Open	Male	32
25	00:33:42	5048	F	Shane	Schwulst	Open	Male	29
26	00:33:47	6181	G	Jeremy	West	Open	Male	37
27	00:34:27	5124	F	Colin	Ohlhoff	Open	Male	38
28	00:35:01	6013	G	Christopher	Boshoff	Open	Male	38
29	00:35:05	5128	F	Mario	Ruster	Open	Male	33
30	00:35:23	5059	F	Simon	Brown	Open	Male	34
31	00:35:37	6346	G	Bernard	Swart	Open	Male	30
32	00:36:17	6350	G	Stefanus	Van der Linde	Open	Male	33
33	00:36:21	5136	F	Eckard	Smuts	Open	Male	35
34	00:36:34	5134	F	Stuart	Hobson	Open	Male	21
35	00:36:37	6377	G	Brent	Carswell	Open	Male	28
36	00:36:47	5142	F	Nabeel	Soekve	Open	Male	21
37	00:38:15	6195	G	Verlynn	Johnson	Open	Male	31
38	00:38:45	6309	G	Simon	Solomon	Open	Male	31
39	00:39:02	6102	G	Peter	Long How	Open	Male	29
40	00:39:07	6347	G	Michael	Toms	Open	Male	30
41	00:39:09	6321	G	Raymond	Botha	Open	Male	31
42	00:39:14	6022	G	Garth	Cairns	Open	Male	26
43	00:39:30	7077	H	Arno	Theron	Open	Male	35
44	00:39:56	6060	G	Raymond	Ford	Open	Male	38
45	00:40:02	7184	H	Jacques	Malan	Open	Male	39
46	00:40:26	6323	G	A	Bruni	Open	Male	41
47	00:40:39	6328	G	Ruan	De Villiers	Open	Male	34
48	00:40:42	6331	G	Gareth	Fox	Open	Male	38
49	00:41:01	7178	H	Craig	Piuary	Open	Male	36
50	00:41:12	5106	F	Paul Johann	Pretorius	Open	Male	26
51	00:41:13	7167	H	Jampie	Van Aarde	Open	Male	35
52	00:41:32	6193	G	Christopher	Griebenouw	Open	Male	30
53	00:41:50	7004	H	Lionel	Basson	Open	Male	32
54	00:42:03	6362	G	Adrian	Zevenster	Open	Male	24
55	00:43:09	5046	F	Nastassia	Rockliffe	Open	Male	26
56	00:43:11	6330	G	Adrian	Emmanuel	Open	Male	33
57	00:43:43	6000	G	Reagan	Africa	Open	Male	27
58	00:43:46	7101	H	Nai-Chung	Hu	Open	Male	33
59	00:43:59	6053	G	Justin	Engel	Open	Male	27
60	00:45:18	6044	G	Roan	Dearham	Open	Male	28
61	00:46:02	6159	G	Devin	Thiart	Open	Male	25
62	00:47:00	6270	G	Timothy	Higgins	Open	Male	28

63	00:48:13	6268	G	Lee	Groenewaldt	Open	Male	38
64	00:50:43	6085	G	Roscoe	Jansen	Open	Male	32
65	00:51:20	5141	F	Bernard	Faul	Open	Male	30
66	00:51:31	6188	G	Paolo	Caboz	Open	Male	29
67	00:52:52	7001	H	Ryan	Africa	Open	Male	32

### Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:23:09	4024	E	Bianca	Tarboton	Open	Female	21
2	00:29:28	5121	F	Jessica	Charles	Open	Female	21
3	00:30:23	5045	F	Carey	Pike	Open	Female	27
4	00:30:26	5120	F	Donnaé	Broeksma	Open	Female	24
5	00:30:58	5085	F	Fagmieda	Haupt	Open	Female	34
6	00:33:29	5126	F	Eunice	Pretorius	Open	Female	27
7	00:34:16	6009	G	Linda	Basson	Open	Female	29
8	00:34:37	6213	G	Maranda	Muller	Open	Female	27
9	00:35:06	6316	G	Helen	Acton	Open	Female	21
10	00:35:12	5096	F	Minette	Kallis	Open	Female	37
11	00:35:34	4015	E	Riandi	Le Roux	Open	Female	29
12	00:36:13	6187	G	Marlette	Burger	Open	Female	36
13	00:36:29	5139	F	Alice	Ter MorsHuizen	Open	Female	25
14	00:36:32	5138	F	Claire	Ter MorsHuizen	Open	Female	21
15	00:36:42	5135	F	Larita	Engelbrecht	Open	Female	32
16	00:36:46	6369	G	Danielle	Mantz	Open	Female	25
17	00:36:52	5082	F	Brigit	Higgo	Open	Female	38
18	00:36:57	6066	G	Elona	Granat-Mulder	Open	Female	33
19	00:37:15	6336	G	Mariska	Lourens	Open	Female	25
20	00:37:34	5033	F	Willemien	le Roux	Open	Female	37
21	00:37:54	5123	F	Lauren	Meyer	Open	Female	28
22	00:38:05	7165	H	Christine	Smith	Open	Female	36
23	00:38:06	6175	G	Nikie	van Veen	Open	Female	29
24	00:38:14	5131	F	Liezel	Swiegers	Open	Female	25
25	00:39:04	6023	G	Julie	Campbell	Open	Female	28
26	00:39:17	6339	G	Sheryll	Minnie	Open	Female	29
27	00:39:39	7093	H	Michelle	Beale	Open	Female	30
28	00:39:41	7169	H	Yolandi	Van Aarde	Open	Female	34
29	00:39:46	6090	G	Lize	King	Open	Female	30
30	00:39:53	6319	G	Lauren	Bosman	Open	Female	32
31	00:40:06	6026	G	Claudia	Chamberlain	Open	Female	37
32	00:40:12	6204	G	Christa	Schonitz	Open	Female	36
33	00:40:24	6338	G	T	McEvoy	Open	Female	32
34	00:40:29	6373	G	Caty		Open	Female	36
35	00:40:44	6376	G	Inge	Von Schlicht	Open	Female	0
36	00:40:53	6320	G	Irene	Botha	Open	Female	31
37	00:41:05	6068	G	Britta	Greenlees	Open	Female	33
38	00:41:35	7175	H	Jollette	Smit	Open	Female	39
39	00:41:48	7158	H	Nelia	Marsburg	Open	Female	38
40	00:41:54	5023	F	Jurika	Hendrikse	Open	Female	38
41	00:42:00	6368	G	Amy	Taylor	Open	Female	22
42	00:42:03	5072	F	Nabeelah	Orrie	Open	Female	23
43	00:42:31	6203	G	Paula	Raubenheimer	Open	Female	36
44	00:42:52	6307	G	Jane	Abasalie	Open	Female	24
45	00:42:54	6162	G	Jacori	Uys	Open	Female	32
46	00:42:57	6378	G	Sara Lynn	Hilliard Garratt	Open	Female	39
47	00:43:12	5129	F	Amelia	Schreuder	Open	Female	34
48	00:43:36	6225	G	Kerry	Goddard	Open	Female	21
49	00:44:23	6337	G	Kirsten	McCune	Open	Female	30
50	00:44:43	6372	G	Kim	Evezard	Open	Female	35
51	00:45:06	6135	G	Caryn	Prentice	Open	Female	25
52	00:45:43	6382	G	Natalie	Damian-Harns	Open	Female	36
53	00:46:06	6056	G	Nicola	Everitt	Open	Female	32
54	00:47:12	7176	H	Tammy	Lotz	Open	Female	37
55	00:48:16	6332	G	Zandrea	Gerber	Open	Female	28
56	00:48:19	6092	G	Jane	Knight	Open	Female	34
57	00:48:31	7182	H	Ibtisaam	Van Der Schyff	Open	Female	0

58	00:48:52	7181	H	Nailah	Van Der Schyff	Open	Female	32
59	00:48:57	6217	G	Esther	Dreyer	Open	Female	39
60	00:49:11	7149	H	Ashleigh	Bent	Open	Female	38
61	00:49:55	6118	G	Anthea	Millward	Open	Female	27
62	00:50:06	6081	G	Anni	Jackson	Open	Female	27
63	00:50:13	6164	G	Lizeri	Van der Berg	Open	Female	20
64	00:50:20	6071	G	Marine	Hammersma	Open	Female	27
65	00:51:35	6199	G	Lee-Ann	Mitchell	Open	Female	28
66	00:52:16	6226	G	Danielle	Rossiter	Open	Female	22
67	00:52:26	7019	H	Nisha	Desai	Open	Female	33
68	00:52:58	7047	H	Ashleigh	Mee	Open	Female	31
69	00:53:44	7091	H	Charlene	West	Open	Female	38
70	00:54:55	7061	H	Lauren	Rose	Open	Female	31
71	00:55:46	6301	G	Shifah	Abrahams	Open	Female	23
72	01:00:59	7035	H	Zaniab	Jattiem	Open	Female	37
73	01:06:27	7029	H	Nicole	Hermans	Open	Female	35
74	01:06:33	7177	H	Chantelle	Adams	Open	Female	37
75	01:12:42	7147	H	Liza	Avenant	Open	Female	30
76	01:14:03	7146	H	Karla	Avenant	Open	Female	32
77	01:14:06	7159	H	Selina	Mathee	Open	Female	36
78	01:14:11	7164	H	Elianne	Schmittinger	Open	Female	33

#### Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:27:55	5086	F	PJ	Moses	Veteran	Male	42
2	00:28:25	4026	E	Christo	Van der Berg	Veteran	Male	46
3	00:28:35	4021	E	Wynand	Seimons	Veteran	Male	43
4	00:29:26	5022	F	Francois	Hendrikse	Veteran	Male	40
5	00:29:38	4110	E		van Taak	Veteran	Male	46
6	00:29:44	5137	F	Sacie	Adams	Veteran	Male	44
7	00:30:04	4040	E	Mike	Clarke	Veteran	Male	48
8	00:30:08	4007	E	Christie	Engelbrecht	Veteran	Male	44
9	00:31:03	6062	G	Francois	Geldenhuys	Veteran	Male	44
10	00:31:10	4008	E	Paul	Engelbrecht	Veteran	Male	49
11	00:32:42	5067	F	Brandon	Brown	Veteran	Male	42
12	00:32:44	5039	F	Laurence	Muller	Veteran	Male	41
13	00:32:52	5125	F	Stephen	Pietersen	Veteran	Male	44
14	00:33:59	5111	F	Johan	Van Litsenborgh	Veteran	Male	40
15	00:34:31	5053	F	Altan	Ungerer	Veteran	Male	41
16	00:34:48	6143	G	Craig	Schwulst	Veteran	Male	41
17	00:35:23	4020	E	Andrew	Roper	Veteran	Male	49
18	00:36:21	7051	H	Johan	Nilsson	Veteran	Male	48
19	00:37:08	4022	E	Antony	Smyth	Veteran	Male	48
20	00:37:17	5013	F	Andre	De Vos	Veteran	Male	41
21	00:38:33	6341	G	Bradley	Nitsckie	Veteran	Male	43
22	00:38:40	6322	G	Christopher	Brikkels	Veteran	Male	43
23	00:40:33	6351	G	Johannes	Van Eck	Veteran	Male	45
24	00:41:37	6361	G	Richard	Kershaw	Veteran	Male	45
25	00:42:12	6370	G	Andrew	Bryon	Veteran	Male	49
26	00:42:43	6157	G	Hugo	Theron	Veteran	Male	46
27	00:42:59	7003	H	Robert	Baker	Veteran	Male	47
28	00:42:59	6318	G	Alistair	Anderton	Veteran	Male	40
29	00:43:22	7085	H	Hendrik	van Rhyn	Veteran	Male	46
30	00:43:42	7157	H	Steve	Korsten	Veteran	Male	47
31	00:44:04	7154	H	Colin	Ferguson	Veteran	Male	45
32	00:45:00	6359	G	Doevlie?	Vlietman	Veteran	Male	44
33	00:45:01	7126	H	Carine	Daniels	Veteran	Male	43
34	00:45:13	6008	G	Shay	Bartlett	Veteran	Male	43
35	00:48:27	6211	G	Nico	van Wyk	Veteran	Male	43
36	00:55:00	7060	H	Alwyn	Rose	Veteran	Male	47

**Veteran Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:34:24	6077	G	Yolanda	Holtzhausen	Veteran	Female	43
2	00:35:08	4023	E	Beverley	Smyth	Veteran	Female	46
3	00:35:37	4011	E	Hilary	Gardner	Veteran	Female	41
4	00:37:10	5007	F	Nikki	Boshoff	Veteran	Female	48
5	00:37:40	6343	G	Petro	Pienaar	Veteran	Female	47
6	00:39:28	6356	G	Adele	Bignaut	Veteran	Female	47
7	00:40:21	5002	F	Emma	Barker-Goldie	Veteran	Female	40
8	00:40:30	7156	H	Gen	Korsten	Veteran	Female	47
9	00:40:49	6223	G	Insaf	Kamish	Veteran	Female	43
10	00:42:16	7023	H	Margaux	Eyers	Veteran	Female	41
11	00:42:41	6047	G	Theonie	du Plessis	Veteran	Female	48
12	00:43:02	6167	G	Susan	van der Walt	Veteran	Female	40
13	00:43:14	6379	G	Charmain		0 Veteran	Female	49
14	00:43:20	7059	H	Claire	Roodt	Veteran	Female	45
15	00:43:25	7020	H	Tiffany	Ebden	Veteran	Female	40
16	00:44:27	6380	G	Martha	Evans	Veteran	Female	44
17	00:44:40	6371	G	Tracy	Bryon	Veteran	Female	48
18	00:46:03	6327	G	Mari-louise	De Kock	Veteran	Female	42
19	00:46:04	6381	G	Lisette	Lombard	Veteran	Female	42
20	00:46:28	6302	G	Fatima	Moolla	Veteran	Female	45
21	00:48:25	6209	G	Annelien	van Wyk	Veteran	Female	41
22	00:50:17	6163	G	Hetta	Van der Berg	Veteran	Female	46
23	00:50:20	7057	H	Daria	Prinsloo	Veteran	Female	45
24	00:50:53	5016	F	Natasha	Fisher	Veteran	Female	45
25	00:52:23	7155	H	Patricia	Forsyth	Veteran	Female	40
26	00:53:18	7066	H	Angela	Sillifant	Veteran	Female	41
27	00:53:20	6298	G	Fatima	Ryklief	Veteran	Female	47
28	00:54:00	6070	G	Lesley	Haddow	Veteran	Female	48
29	00:54:05	6262	G	Tracy	Berry	Veteran	Female	46
30	00:58:16	7115	H	Jill	Morgan	Veteran	Female	46
31	00:58:20	7116	H	Marcia	Gordon	Veteran	Female	45
32	00:59:09	7122	H	Sue	Blomerus	Veteran	Female	47
33	01:01:52	6109	G	Abby	Malamba	Veteran	Female	44
34	01:03:00	6144	G	Shereen	September	Veteran	Female	48
35	01:12:45	7171	H	Tania	Wessels	Veteran	Female	45

**Master Male**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:25:59	4036	E	Leslie	Chivell	Master	Male	63
2	00:28:38	6258	G	Selwyn	Martinessen	Master	Male	55
3	00:30:32	5070	F	Ashraf	Orrie	Master	Male	50
4	00:31:06	4034	E	Richard	Rossiter	Master	Male	61
5	00:34:20	5044	F	Manny	Pereira	Master	Male	50
6	00:35:15	5074	F	Alfred	Temmers	Master	Male	51
7	00:37:07	6201	G	Steve	Murphy	Master	Male	51
8	00:37:31	5065	F	Sulaiman	Bassier	Master	Male	62
9	00:40:38	6174	G	Robin	Van Rooyen	Master	Male	63
10	00:41:18	7174	H	Valerio	Toros	Master	Male	56
11	00:41:29	6333	G	Chris	Griebenouw	Master	Male	57
12	00:41:40	6360	G	Gary	Hardenberg	Master	Male	50
13	00:41:42	7108	H	Clive	Corbett	Master	Male	52
14	00:42:49	6290	G	Anton	Uys	Master	Male	58
15	00:43:05	7089	H	Hilton	Warrington	Master	Male	55
16	00:43:09	6375	G	Wayne		0 Master	Male	57
17	00:43:25	6190	G	Chris	Clark	Master	Male	76
18	00:43:31	6189	G	Mark	Chamberlain	Master	Male	53
19	00:43:49	6139	G	Stefan	Roodt	Master	Male	54
20	00:44:11	6014	G	Kevin	Bouwer	Master	Male	54
21	00:44:17	6325	G	Noel	Carstens	Master	Male	50
22	00:44:29	7078	H	Sam	Troost	Master	Male	62
23	00:44:38	5113	F	Dave	Venter	Master	Male	53
24	00:44:52	6046	G	Afzal	Dhansay	Master	Male	58
25	00:47:04	7168	H	Willmund	van Aarde	Master	Male	50
26	00:51:13	6110	G	Ian	Maling	Master	Male	60
27	00:55:33	7014	H	Robbie	Dallas-Orr	Master	Male	78
28	00:56:44	7083	H	Gerrie	van der Watt	Master	Male	58
29	00:57:46	7162	H	Johan	Robbertze	Master	Male	60
30	01:01:50	7152	H	Ronnie	Els	Master	Male	52
31	01:04:34	7148	H	Willem	Bekker	Master	Male	57
32	01:04:37	7153	H	Albertu	Farmer	Master	Male	50

**Master Female**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:39	5019	F	Bridgid	Hamilton Russell	Master	Female	59
2	00:34:04	5069	F	Roldah	Orrie	Master	Female	53
3	00:40:32	6019	G	Jann	Brown	Master	Female	63
4	00:40:36	6173	G	Brenda	Van Rooyen	Master	Female	55
5	00:41:15	7173	H	Marianne	Toros	Master	Female	56
6	00:41:54	6150	G	Sasha	Tarboton	Master	Female	59
7	00:42:15	6240	G	Debra	Choice	Master	Female	52
8	00:42:46	6349	G	Ronel	Uys	Master	Female	59
9	00:43:16	7166	H	Anlerie	Truter	Master	Female	56
10	00:43:28	6064	G	Charmaine	Gower	Master	Female	50
11	00:44:06	7039	H	Ruth	Kohlberg	Master	Female	54
12	00:44:14	6015	G	Lisa	Bouwer	Master	Female	51
13	00:44:30	6091	G	Hilary	Knight	Master	Female	55
14	00:44:36	6317	G	Annemarie	Allanby	Master	Female	51
15	00:44:36	5112	F	Charlene	Venter	Master	Female	50
16	00:45:39	6131	G	Lindsey	Orr	Master	Female	70
17	00:46:05	7170	H	Susan	van Zyl-Bekker	Master	Female	54
18	00:46:07	5052	F	Kathie	Troost	Master	Female	60
19	00:46:51	7179	H	Helene	van Ahyh	Master	Female	56
20	00:47:15	5133	F	Michele	Groenwald	Master	Female	54
21	00:50:39	6006	G	Cathy	Baring-Gould	Master	Female	57
22	00:52:46	7040	H	Thozama	Koli	Master	Female	59
23	00:54:18	6354	G	Cheryl	van Zyl	Master	Female	51
24	00:54:29	7136	H	Faiza	Railoun	Master	Female	53
25	00:55:11	7160	H	Helen	McClellan	Master	Female	53
26	00:56:10	6284	G	Dawn	Rositer	Master	Female	62
27	00:58:08	7150	H	Karenne	Du Toit	Master	Female	59
28	00:58:10	7151	H	Karin	Els	Master	Female	52
29	01:01:47	7163	H	Yvette	Robbertze	Master	Female	55
30	01:04:31	7180	H	Jenny	Farmer	Master	Female	54

**Junior**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:11	5018	F	Christine	Greig	Junior	Female	15
2	00:37:43	4109	E	Amber	Taylor	Junior	Female	16
3	00:41:58	6334	G	Micaella	Korsten	Junior	Female	15

**Minimee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:24:29	4002	E	Deon	Bochnig	Minimee	Male	14
2	00:26:22	4003	E	Cullen	Clarke	Minimee	Male	11
3	00:28:19	4004	E	Liam	Clarke	Minimee	Male	11
4	00:31:20	4001	E	Carla	Bochnig	Minimee	Female	14
5	00:31:34	4027	E	Dihan	van Taak	Minimee	Male	11
6	00:44:59	6358	G	Joshua	Vlietman	Minimee	Male	11
7	00:45:59	6326	G	Caitlin	De Kock	Minimee	Female	11

**Peewee**

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:30:24	4033	E	Johnathan	Dellbridge	Peewee	Male	10
2	00:31:55	4009	E	Nick	Etherton	Peewee	Male	9
3	00:34:29	6104	E	Zeyad	Maarman	Peewee	Male	9
4	00:43:33	6215	G	Martin Bendzima	Malamba	Peewee	Male	8
5	00:50:10	6216	G	Amber-Jane	Malamba	Peewee	Female	9