



Spur Cape Summer Trail Series Championship 2014

NOTE: The results below are for the Spur Cape Summer Trail Series Championship and only include the runners competing in the LONG course. A position and time constant has been allocated for races not completed or DSQ'ed (marked in RED). Only three race scores count towards the final score, and runners completing more than three races discard their worse result. Updated 24 February 2014. For any queries please email info@wildrunner.co.za

Open Male						Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	100	Bernard	Rukadza	Open	Male	1	00:53:50	1	00:37:02	1	00:59:20	1	00:56:29	4	03:26:40	3	02:27:20
2	268	Craig	Burns	Open	Male	6	01:03:27	3	00:39:11	2	00:59:48	200	03:30:00	211	06:12:26	11	02:42:26
3	253	Franz-Erich	Streicher	Open	Male	5	01:02:05	7	00:43:25	7	00:43:25	4	01:03:34	216	06:19:05	16	02:49:05
4	146	Ryan	Ferreira	Open	Male	7	01:03:51	6	00:43:13	9	01:05:16	200	03:30:00	222	06:22:20	22	02:52:20
5	95	Ry	Short	Open	Male	9	01:04:55	10	00:43:45	6	01:04:00	7	01:07:47	32	04:00:27	22	02:52:40
6	336	John	Grewar	Open	Male	10	01:04:57	13	00:44:17	7	01:04:42	5	01:04:32	35	03:58:28	22	02:53:31
7	11	Shane	Quinnell	Open	Male	14	01:06:29	8	00:43:29	10	01:07:48	6	01:04:49	38	04:02:36	24	02:54:47
8	64	Kei	Heyns	Open	Male	15	01:06:34	16	00:44:44	11	01:08:13	200	03:30:00	242	06:29:31	42	02:59:31
9	52	Petrus	De Klerk	Open	Male	23	01:10:51	17	00:45:04	13	01:09:24	13	01:11:18	66	04:16:38	43	03:05:20
10	341	Craig	Metherell	Open	Male	30	01:13:47	27	00:48:34	14	01:11:23	9	01:09:23	80	04:23:07	50	03:09:20
11	293	Rudolph	van Wyk	Open	Male	20	01:09:02	23	00:47:19	200	03:30:00	11	01:10:08	254	06:36:29	54	03:06:29
12	17	Mike	Baillie	Open	Male	22	01:10:26	19	00:45:41	200	03:30:00	17	01:12:15	258	06:38:21	58	03:08:21
13	257	Shen	Tian	Open	Male	28	01:12:59	22	00:46:45	200	03:30:00	16	01:11:50	266	06:41:35	66	03:11:35
14	129	David	Schaffler	Open	Male	33	01:14:12	25	00:47:55	200	03:30:00	10	01:10:05	268	06:42:12	68	03:12:12
15	263	Jonathan	Mervis	Open	Male	26	01:12:53	26	00:48:02	105	01:55:26	18	01:12:19	175	05:08:40	70	03:13:14
16	3	Paul	McQueen	Open	Male	42	01:18:01	39	00:51:31	17	01:15:20	22	01:13:25	120	04:38:17	78	03:20:16
17	81	Kyle	Cottle	Open	Male	37	01:16:59	35	00:50:58	200	03:30:00	15	01:11:44	287	06:49:40	87	03:19:40
18	266	Marcel	Treurnicht	Open	Male	78	01:27:18	32	00:49:40	34	01:19:35	27	01:16:26	171	04:52:59	93	03:25:41
19	347	Andre	Olivier	Open	Male	73	01:25:40	45	00:52:08	27	01:18:07	24	01:13:43	169	04:49:39	96	03:23:59
20	383	Owen	Middleton	Open	Male	47	01:20:26	200	03:30:00	16	01:14:50	38	01:20:41	301	07:25:57	101	03:55:57
21	117	Francois	Ferreira	Open	Male	49	01:20:50	44	00:51:49	30	01:18:42	28	01:16:50	151	04:48:11	102	03:27:21
22	333	Jonathan	Kelly	Open	Male	55	01:21:54	40	00:51:42	41	01:20:35	31	01:18:52	167	04:53:03	112	03:31:09
23	75	Burgert	Maree	Open	Male	61	01:22:43	28	00:48:41	200	03:30:00	25	01:13:50	314	06:55:13	114	03:25:13
24	308	Jean-Pierre	Du Plessis	Open	Male	52	01:21:05	38	00:51:15	24	01:17:16	200	03:30:00	314	06:59:37	114	03:29:37
25	201	Ross	Biggs	Open	Male	25	01:12:34	58	00:55:00	200	03:30:00	34	01:19:25	317	06:57:00	117	03:27:00
26	133	Stefan	Steffen	Open	Male	67	01:23:21	133	01:16:52	20	01:16:42	30	01:18:29	250	05:15:23	117	03:52:03
27	150	Francois	Merwe	Open	Male	45	01:19:44	48	00:53:18	200	03:30:00	32	01:19:13	325	07:02:15	125	03:32:15
28	1566	Andre	Faure	Open	Male	200	03:30:00	49	00:53:24	32	01:19:03	44	01:21:51	325	07:04:19	125	03:34:19
29	30	Paslo	Stemin	Open	Male	60	01:22:34	55	00:54:37	21	01:16:47	200	03:30:00	336	07:03:58	136	03:33:58
30	10	Willie	Louw	Open	Male	38	01:17:18	68	00:56:46	200	03:30:00	35	01:19:53	341	07:03:57	141	03:33:57
31	190	Leonard	Kruger	Open	Male	77	01:27:02	57	00:54:53	48	01:22:36	36	01:20:30	218	05:05:01	141	03:37:59
32	188	Petrus	Strydom	Open	Male	68	01:23:25	64	00:55:43	40	01:20:05	220	05:02:48	152	03:39:13		
33	51	Christiaan	Roux	Open	Male	69	01:24:28	41	00:51:44	43	01:21:13	200	03:30:00	353	07:07:25	153	03:37:25
34	277	Dewald	Koegelenberg	Open	Male	101	01:34:54	72	00:57:13	52	01:23:13	39	01:21:06	264	05:16:26	163	03:41:33
35	7	Carlos	De Jesus	Open	Male	70	01:24:54	92	01:02:06	55	01:23:52	47	01:22:52	264	05:13:45	172	03:48:51
36	326	Gary	Sayer	Open	Male	107	01:36:17	73	00:57:17	58	01:25:12	51	01:23:52	289	05:22:37	182	03:46:20
37	1528	Marc	Salzone	Open	Male	200	03:30:00	85	01:00:48	45	01:22:13	54	01:24:08	384	07:17:09	184	03:47:09
38	321	Lloyd	Lewis	Open	Male	85	01:29:31	50	00:53:37	69	01:28:27	71	01:30:31	275	05:22:05	190	03:51:34
39	80	Zaheer	Hoosain	Open	Male	74	01:26:01	56	00:54:43	62	01:25:52	200	03:30:00	392	07:16:36	192	03:46:36
40	123	Laurence	Muller	Open	Male	76	01:27:01	70	00:57:01	68	01:27:44	60	01:27:06	274	05:18:52	198	03:51:08
41	143	Nico	Loubser	Open	Male	97	01:32:34	200	03:30:00	64	01:26:09	56	01:24:27	417	07:53:10	217	04:23:10
42	270	Donovan	Mulder	Open	Male	89	01:30:30	76	00:58:27	200	03:30:00	62	01:27:39	427	07:26:36	227	03:56:36
43	325	Brandon	Fairweather	Open	Male	129	01:43:31	89	01:01:41	73	01:30:43	69	01:30:26	360	05:46:22	231	04:02:51
44	19	Richard	Atkinson	Open	Male	83	01:28:57	99	01:03:20	50	01:22:57	200	03:30:00	432	07:25:14	232	03:55:14
45	155	Dreyer	Calitz	Open	Male	139	01:46:03	101	01:03:25	74	01:31:13	74	01:32:29	388	05:53:11	249	04:07:07
46	58	Jean-Pierre	Saayman	Open	Male	110	01:36:44	113	01:05:02	39	01:19:56	200	03:30:00	462	07:31:42	262	04:01:42
47	149	Albertus Johannes	Du Toit	Open	Male	119	01:39:55	102	01:03:32	72	01:30:42	92	01:40:48	385	05:54:58	266	04:14:10
48	6	Pieter	Van Niekerk	Open	Male	76	01:37:38	114	01:05:37	76	01:31:41	78	01:35:14	384	05:50:10	268	04:12:32
49	98	Stephen	Pietersen	Open	Male	127	01:43:14	107	01:03:51	88	01:35:48	76	01:34:25	398	05:57:18	271	04:14:04
50	134	Jonathan	Matthysen	Open	Male	111	01:36:45	200	03:30:00	93	01:40:32	77	01:34:39	481	08:21:56	281	04:51:56
51	196	Werner	Kannemeyer	Open	Male	112	01:36:55	93	01:02:10	80	01:33:18	200	03:30:00	485	07:42:23	285	04:12:23
52	362	Nick	Gibbons	Open	Male	118	01:39:49	87	01:01:30	200	03:30:00	89	01:39:36	494	07:50:55	294	04:20:55
53	152	Myburgh	Du Plessis	Open	Male	130	01:43:59	200	03:30:00	89	01:36:04	84	01:37:40	503	08:27:44	303	04:57:44
54	154	Jacques	Joubert	Open	Male	131	01:44:00	200	03:30:00	90	01:36:05	85	01:37:41	506	08:27:46	306	04:57:46
55	310	Nceba	Xipu	Open	Male	125	01:42:47	98	01:03:18	85	01:33:48	200	03:30:00	508	07:49:54	308	04:19:54
56	359	Mowwa	Xala	Open	Male	141	01:46:55	100	01:03:21	200	03:30:00	73	01:31:23	514	07:51:38	314	04:21:38
57	375	Devon	Matthews	Open	Male	120	01:40:20	122	01:08:36	200	03:30:00	81	01:37:06	523	07:56:02	323	04:26:02
58	88	Allan	Ungerer	Open	Male	167	02:34:31	88	01:01:34	75	01:31:17	200	03:30:00	530	08:37:23	330	05:07:23
59	8	Yusuf	Saban	Open	Male	149	01:50:07	200	03:30:00	94	01:40:53	96	01:42:54	539	08:43:54	339	05:13:54
60	345	Johan	Liebenberg	Open	Male	143	01:48:57	200	03:30:00	102	01:50:08	94	01:42:32	539	08:51:36	339	05:21:36
61	5	Christopher	Gibbons	Open	Male	154	01:55:42	136	01:20:05	109	02:01:19	105	02:10:39	504	07:27:45	350	05:17:06
62	44	James	Davis	Open	Male	161	02:10:21	141	01:30:21	113	02:16:11	104	02:10:34	519	08:07:27	358	05:51:16
63	122	Eugene	Mallinson	Open	Male	151	01:53:01	123	01:10:10	92	01:40:05	200	03:30:00	566	08:13:15	366	04:43:15
64	159	Stephen	Knott	Open	Male	150	01:51:17	124	01:10:23	200	03:30:00	98	01:45:06	572	08:16:46	372	04:46:46
65	379	Ed	Burger	Open	Male	160	02:06:47	125	01:11:08	200	03:30:00	99	01:49:27	584	08:37:22	384	05:07:22
66	43	Carel	Greyling	Open	Male	159	02:06:09	130	01:15:15	200	03:30:00	101	01:58:00	590	08:49:24	390	05:19:24
67	346	Darren	Williams	Open	Male	164	02:17:42	127	01:12:37	103	01:52:48	200	03:30:00	594	08:53:07	394	05:23:07

Open Ladies

Position	Race #	Name	Surname	Category	Sex	Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
						Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	339	Danette	Smith	Open	Female	1	01:10:14	1	00:48:22	1	01:08:14	1	01:07:42	4	04:14:32	3	03:04:18
2	254	Chantel	Nienaber	Open	Female	2	01:12:16	2	00:49:10	2	01:14:56	2	01:10:23	10	04:26:45	6	03:11:49
3	1530	Busi	Mathwane	Open	Female	5	01:14:24	3	00:51:12	3	01:11:17	3	01:12:30	14	04:29:23	9	03:14:59
4	104	Shani	Barkhuysen	Open	Female	8	01:21:47	5	00:52:04	5	01:16:02	4	01:14:08	22	04:44:01	14	03:22:14
5	337	Maril	Grewar	Open	Female	7	01:18:58	200	03:30:00	9	01:26:36	5	01:18:38	221	07:34:12	21	04:04:12
6	343	Chantelle	De Villiers	Open	Female	19	01:31:15	11	00:57:54	200	03:30:00	6	01:24:28	236	07:23:35	36	03:53:35
7	191	Monique	Nyburgh	Open	Female	37	01:43:04	25	01:05:03	19	01:34:10	12	01:33:44	93	05:56:01	56	04:12:57
8	93	Jacqueline	Vockins	Open	Female	39	01:44:45	29	01:06:30	27	01:39:45	30	01:47:10	125	06:18:10	86	04:31:00
9	184	Michelle	Collins	Open	Female	47	01:47:48	20	01:00:21	200	03:30:00	22	01:40:35	289	07:58:44	89	04:28:44
10	264	Nicole	Watson	Open	Female	41	01:44:50	32	01:07:47	46	01:55:25	17	01:37:08	136	06:25:09	90	04:29:44
11	1524	Candice	Brand	Open	Female	200	03:30:00	43	01:12:28	29	01:41:50	21	01:39:38	293	08:03:56	93	04:33:56
12	115	Geomarr	Van Tonder	Open	Female	24	01:35:21	23	01:03:30	200	03:30:00	46	02:02:47	293	08:11:39	93	04:41:39
13	169	Alet	Visagie	Open	Female	38	01:44:23	26	01:05:24	30	01:42:35	200	03:30:00	294	08:02:22	94	04:32:22
14	1035	Johline	Barnardt	Open	Female	50	01:50:09	200	03:30:00	33	01:44:00	15	01:36:26	298	08:40:36	98	05:10:36
15	14	Katherine	Persson	Open	Female	40	01:44:47	38	01:11:07	32	01:43:30	200	03:30:00	310	08:09:25	110	04:39:25
16	1270	Tania	Arnat	Open	Female	200	03:30:00	33	01:08:21	41	01:51:30	37	01:53:36	311	08:23:27	111	04:53:27
17	164	Jolize	Jacobs	Open	Female	52	01:52:59	37	01:10:36	28	01:41:32	200	03:30:00	317	08:15:07	117	04:45:07
18	148	Christine	Van Der Ahee	Open	Female	14	01:26:08	61	01:23:59	51	02:03:04	200	03:30:00	326	08:23:11	126	04:53:11
19	273	Marni	Rohrs	Open	Female	56	01:55:47	41	01:12:02	31	01:42:35	200	03:30:00	328	08:20:23	128	04:50:23
20	84	Monique	Cupido	Open	Female	58	01:57:53	45	01:12:58	200	03:30:00	29	01:45:14	332	08:26:05	132	04:56:05
21	381	Anja	Visagie	Open	Female	64	02:06:48	34	01:08:34	38	01:50:39	200	03:30:00	336	08:36:01	136	05:06:01
22	67	Theoni	Photopoulou	Open	Female	57	01:56:30	56	01:22:02	48	01:57:28	34	01:50:03	195	07:06:03	138	05:08:35
23	124	Renscha	Van Heerden	Open	Female	54	01:55:35	53	01:20:09	34	01:47:05	200	03:30:00	341	08:32:48	141	05:02:48
24	158	Michelle	Horak	Open	Female	66	02:10:52	200	03:30:00	44	01:53:38	31	01:47:43	341	09:22:13	141	05:52:13
25	42	Karin	Smit	Open	Female	62	02:06:09	47	01:15:19	200	03:30:00	44	01:58:01	353	08:49:29	153	05:19:29
26	295	Latefa	Behardien	Open	Female	60	02:03:44	48	01:15:23	47	01:55:58	200	03:30:00	355	08:45:04	155	05:15:04
27	31	Terina	Le Roux	Open	Female	61	02:06:04	60	01:22:54	53	02:05:23	200	03:30:00	374	09:04:22	174	05:34:22
28	45	Brownyn	Davis	Open	Female	65	02:10:19	65	01:30:22	58	02:16:12	51	02:10:38	239	08:07:31	174	05:51:19
29	36	Kim	Boshoff	Open	Female	70	02:30:49	66	01:34:02	56	02:15:59	200	03:30:00	392	09:50:49	192	06:20:49
30	37	Danielle	Mascher	Open	Female	71	02:30:50	67	01:34:03	57	02:16:00	200	03:30:00	395	09:50:52	195	06:20:52

Veteran Men

Position	Race #	Name	Surname	Category	Sex	Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
						Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	255	Dion	Middelkoop	Veteran	Male	1	00:59:15	1	00:39:49	1	01:00:58	3	01:00:13	6	03:40:14	3	02:39:17
2	371	Roger	Dickson	Veteran	Male	2	01:02:03	3	00:46:51	200	03:30:00	2	00:59:47	207	06:18:40	7	02:48:40
3	77	Grant	Marcus	Veteran	Male	5	01:16:20	11	00:54:34	2	01:09:25	4	01:13:00	22	04:33:20	11	03:17:00
4	1508	Mark	Hall	Veteran	Male	200	03:30:00	4	00:50:11	7	01:17:03	5	01:15:39	216	06:52:53	16	03:22:53
5	70	Karl	Heath	Veteran	Male	9	01:19:42	9	00:52:57	9	01:18:47	8	01:18:00	35	04:49:26	26	03:29:44
6	1	Deon	Wallace	Veteran	Male	14	01:29:40	14	00:58:41	10	01:21:42	10	01:23:47	48	05:13:50	34	03:44:10
7	60	Louis	Brink (Wild Runner)	Veteran	Male	13	01:28:24	12	00:55:10	200	03:30:00	13	01:26:55	238	07:20:29	38	03:50:29
8	363	Patrick	Lawson	Veteran	Male	18	01:37:57	15	00:58:54	14	01:27:56	200	03:30:00	247	07:34:46	47	04:04:46
9	145	Christo	Whittle	Veteran	Male	19	01:38:38	19	01:00:40	15	01:28:20	15	01:30:35	68	05:38:13	49	03:59:35
10	9	Wasfie	Adams	Veteran	Male	28	01:50:48	200	03:30:00	17	01:43:42	17	01:42:53	262	08:47:23	62	05:17:23
11	99	Colin	Ferguson	Veteran	Male	29	01:51:06	28	01:13:41	20	01:51:55	200	03:30:00	277	08:26:41	77	04:56:41
12	367	David	Smith	Veteran	Male	32	01:58:45	30	01:16:33	19	01:48:53	200	03:30:00	281	08:34:11	81	05:04:11
13	1536	Alex	Le Roux	Veteran	Male	200	03:30:00	8	00:52:51	11	01:22:12	200	03:30:00	419	09:15:03	219	05:45:03
14	1534	Neville	Chester	Veteran	Male	200	03:30:00	21	01:03:21	16	01:31:53	200	03:30:00	437	09:35:14	237	06:05:14

Veteran Ladies

Position	Race #	Name	Surname	Category	Sex	Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
						Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	317	Lisa	Burger	Veteran	Female	5	01:30:39	3	00:59:14	200	03:30:00	2	01:26:12	210	07:26:05	10	03:56:05
2	353	Esmé	Davies	Veteran	Female	8	01:39:10	5	01:03:00	2	01:30:55	3	01:29:32	18	05:42:37	10	04:03:27
3	119	MG	De Calmeyer	Veteran	Female	200	03:30:00	6	01:03:07	1	01:21:05	6	01:37:38	213	07:31:50	13	04:01:50
4	354	Cathy	Day	Veteran	Female	9	01:45:57	12	01:05:36	8	01:45:01	4	01:37:21	33	06:13:55	21	04:27:58
5	1527	Antoinette	Tinker	Veteran	Female	200	03:30:00	11	01:05:15	4	01:38:07	7	01:38:01	222	07:51:23	22	04:21:23
6	180	Liesel	Coetzer	Veteran	Female	3	01:24:27	15	01:10:06	9	01:47:29	200	03:30:00	227	07:52:02	27	04:22:02
7	1268	Marita	Minnaar	Veteran	Female	200	03:30:00	13	01:05:55	5	01:38:56	10	01:38:52	228	07:53:43	28	04:23:43
8	65	Shahida	Jattiem	Veteran	Female	14	02:15:33	19	01:34:23	17	02:16:09	17	02:09:23	67	08:15:27	48	05:59:18

Master Men

Position	Race #	Name	Surname	Category	Sex	Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
						Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	71	Mark	Preen	Master	Male	1	01:04:31	1	00:43:22	1	01:04:34	1	01:06:34	4	03:59:01	3	02:52:27
2	126	Friedl	Van Der Merwe	Master	Male	2	01:06:23	2	00:44:40	2	01:05:29	200	03:30:00	206	06:26:31	6	02:56:31
3	73	Allan	Ryninks (Wild Runner)	Master	Male	5	01:15:55	6	00:53:42	4	01:17:51	2	01:14:19	17	04:41:47	11	03:23:56
4	87	Heinrich	Koch	Master	Male	7	01:23:55	5	00:53:25	5	01:22:55	200	03:30:00	217	07:10:16	17	03:40:16
5	114	Christopher	Schnehage	Master	Male	8	01:35:57	8	01:02:06	7	01:33:58	4	01:33:52	27	05:45:53	19	04:09:56
6	132	Glen	Kriel	Master	Male	9	01:40:56	7	01:01:15	6	01:31:46	200	03:30:00	222	07:43:57	22	04:13:57
7	2	Frik	De Jager	Master	Male	10	01:44:09	200	03:30:00	8	01:34:03	5	01:38:17	223	08:26:29	23	04:56:29
8	27	Mogammad	Abdullatief	Master	Male	11	01:47:40	11	01:05:49	200	03:30:00	6	01:45:03	228	08:08:32	28	04:38:32
9	136	Neville	Sharwood	Master	Male	12	01:57:03	200	03:30:00	9	01:39:12	10	01:59:31	231	09:05:45	31	05:35:45
10	262	Robin	McDonald (Wild Runner)	Master	Male	13	01:58:32	13	01:13:48	200	03:30:00	7	01:51:04	233	08:33:25	33	05:03:25
11	1564	Flip	Van Schalkwyk	Master	Male	200	03:30:00	15	01:14:44	12	01:57:39	8	01:54:58	235	08:37:20	35	05:07:20
12	26	Shaheed	Abdullatief	Master	Male	14	02:15:31	9	01:02:50	14	02:16:01	12	02:09:27	49	07:43:49	35	05:27:48
13	1532	Richard	Mason	Master	Male	200	03:30:00	16	01:31:12	13	02:09:31	11	02:08:28	240	09:19:10	40	05:49:10

Master Ladies

Position	Race #	Name	Surname	Category	Sex	Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
						Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	28	Maxine	Reilly	Master	Female	1	01:17:52	1	00:57:49	1	01:18:31	200	03:30:00	203	07:04:12	3	03:34:12
2	86	Liz	Brash	Master	Female	3	01:53:09	2	01:10:12	4	01:47:41	4	01:41:13	13	06:32:15	9	04:59:07
3	186	Lorraine	Nevin	Master	Female	5	02:00:13	3	01:10:39	5	01:50:47	5	01:41:19	18	06:42:58	13	04:42:45



Spur Cape Summer Trail Series Challenge 2014

NOTE: The PROVISIONAL results below are for the Spur Cape Summer Trail Series Short Course Challenge and only include the runners competing in the SHORT course. A position and time constant has been allocated for races not completed or DSQ'd (marked in RED). Only three race scores count towards the final score, and runners completing more than three races discard their worst result. Updated 24 February 2014. For any queries please email info@wildrunner.co.za

Open Male					Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD		
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2202	Riaan	Wilderkut	Open	Male	24	00:55:34	1	00:23:34	1	00:23:17	1	00:29:22	7	02:11:47	3	01:16:13
2	2266	Raydon	Baile	Open	Male	1	00:38:51	2	00:23:08	2	00:24:08	2	00:29:24	2	01:55:58	5	01:17:06
3	2151	Chris	Walsh	Open	Male	2	00:39:30	3	00:23:56	200	03:30:00	3	00:30:57	208	05:04:23	8	01:34:23
4	3697	Clayton	Booyesen	Open	Male	200	03:30:00	6	00:28:28	3	00:26:58	4	00:32:11	213	04:57:37	13	01:27:37
5	2150	Peter	Shackleton	Open	Male	3	00:45:11	5	00:28:25	200	03:30:00	5	00:33:19	213	05:16:55	13	01:46:55
6	2047	Jayde	Brammer	Open	Male	200	03:30:00	7	00:30:57	6	00:29:13	8	00:34:41	221	05:04:51	21	01:34:51
7	2470	Andrew	Hyland	Open	Male	14	00:52:42	8	00:31:29	9	00:31:03	9	00:36:16	40	02:31:30	26	01:38:48
8	2048	Devon	Hansen	Open	Male	10	00:51:52	10	00:31:48	7	00:30:14	11	00:37:45	38	02:31:39	27	01:39:47
9	2506	Wayne	Frazer	Open	Male	18	00:53:14	9	00:31:47	8	00:30:55	200	03:30:00	235	05:25:56	35	01:55:56
10	2043	Sean	Altrem	Open	Male	17	00:53:11	11	00:31:48	11	00:31:09	14	00:38:07	53	02:34:15	36	01:41:04
11	2161	Steffen	Steffen	Open	Male	15	00:52:57	14	00:32:01	14	00:32:01	16	00:32:09	111	02:50:17	43	01:57:23
12	2252	Gary	Byrne	Open	Male	6	00:47:17	12	00:31:48	26	00:34:36	200	03:30:00	244	05:23:40	44	01:53:40
13	2056	Divan	Snyman	Open	Male	42	01:00:31	20	00:35:42	17	00:32:47	12	00:37:55	91	02:46:56	49	01:46:24
14	2451	Colin	Wilson	Open	Male	28	00:57:06	15	00:34:33	12	00:31:35	200	03:30:00	253	05:33:14	53	02:03:14
15	2023	Anton	Franchi	Open	Male	22	00:54:58	19	00:35:26	20	00:33:28	19	00:39:57	80	02:43:48	58	01:48:51
16	3287	Wessel	Smalberger	Open	Male	200	03:30:00	32	00:37:25	22	00:33:39	16	00:39:32	270	05:20:36	70	01:50:36
17	3642	John	Wylie	Open	Male	200	03:30:00	22	00:36:26	13	00:31:57	36	00:46:03	271	05:24:27	71	01:54:27
18	2165	Mark	Millin	Open	Male	25	00:56:30	18	00:35:25	42	00:38:50	28	00:42:39	113	02:53:24	71	01:56:54
19	2318	Lance	Osburn	Open	Male	44	01:00:43	26	00:36:59	28	00:35:06	20	00:40:44	118	02:53:32	74	01:52:49
20	2396	Hannich	Laubscher	Open	Male	28	00:58:00	200	03:30:00	24	00:34:13	24	00:41:33	276	05:43:46	76	02:13:46
21	2247	Jaco	Boshoff	Open	Male	54	01:02:48	29	00:37:06	30	00:36:13	33	00:45:14	146	03:01:22	92	01:58:33
22	2231	Niel	Lundieque	Open	Male	33	00:58:59	34	00:37:48	36	00:37:04	200	03:30:00	303	05:43:51	103	02:13:51
23	2476	Francois	Riley	Open	Male	43	01:00:40	42	00:39:28	200	03:30:00	30	00:44:58	315	05:55:05	115	02:25:05
24	2302	Robert	Byrne	Open	Male	49	01:02:06	35	00:38:17	34	00:36:45	200	03:30:00	318	05:47:08	118	02:17:08
25	2222	Adir	Deekaran	Open	Male	55	01:02:57	39	00:38:47	38	00:37:33	44	00:47:39	176	03:06:56	121	02:03:59
26	2174	Heinrich	Kroukamp	Open	Male	65	01:05:32	200	03:30:00	32	00:36:22	26	00:41:53	323	05:53:46	123	02:23:46
27	2420	Ian	MacDonald	Open	Male	50	01:02:13	38	00:38:43	39	00:37:50	66	00:52:06	193	03:10:53	127	02:08:40
28	3558	Benoit	Taberlet	Open	Male	200	03:30:00	53	00:41:04	44	00:38:54	34	00:45:37	331	05:35:35	131	02:05:35
29	2014	Courteney	Allen	Open	Male	45	01:00:50	31	00:37:21	200	03:30:00	60	00:50:28	336	05:58:39	136	02:28:39
30	2026	Hugo	Hall	Open	Male	58	01:04:22	49	00:40:37	46	00:38:58	42	00:47:13	195	03:11:10	137	02:06:48
31	2424	Jacques	Van Rensburg	Open	Male	67	01:06:00	40	00:39:11	37	00:37:22	90	01:08:34	234	03:31:08	144	02:22:34
32	2270	Christo	Crous	Open	Male	64	01:05:25	200	03:30:00	50	00:40:28	47	00:48:26	361	06:34:19	161	02:34:19
33	2187	Sean	Stiefberg	Open	Male	72	01:07:21	45	00:40:09	200	03:30:00	45	00:47:47	362	06:35:18	162	02:35:18
34	2045	Luke	Altrem	Open	Male	79	01:09:25	67	00:43:05	41	00:38:30	57	00:50:01	244	03:21:00	165	02:11:35
35	2395	Joshua	Hobbs	Open	Male	41	01:00:28	65	00:42:45	200	03:30:00	59	00:50:24	365	06:03:38	165	02:33:38
36	2320	Pieter	Theron	Open	Male	99	01:15:10	56	00:41:37	63	00:42:51	52	00:48:55	270	03:28:32	171	02:13:22
37	2181	Charl	Thiem	Open	Male	75	01:08:17	64	00:42:30	51	00:40:34	64	00:51:44	254	03:23:06	179	02:14:48
38	2007	Shaun	Cassisa	Open	Male	70	01:06:57	60	00:41:48	53	00:40:45	200	03:30:00	383	05:59:31	183	02:29:31
39	2360	Imtiyaz	Mohamed	Open	Male	35	00:59:17	75	00:44:53	75	00:45:29	200	03:30:00	385	05:59:38	185	02:29:38
40	2504	Philip	Le Roux	Open	Male	71	01:07:15	68	00:43:38	54	00:40:51	200	03:30:00	393	06:01:44	193	02:31:44
41	2139	Evan	Saunders	Open	Male	34	00:59:09	200	03:30:00	107	01:09:38	54	00:49:22	395	06:28:08	195	02:58:08
42	2408	Jason	Pretorius	Open	Male	85	01:10:42	79	00:45:27	78	00:39:58	200	03:30:00	412	06:06:07	212	02:36:07
43	3299	Jarud	Van der Merwe	Open	Male	200	03:30:00	58	00:41:44	40	00:44:03	85	01:01:44	413	05:57:32	213	02:27:32
44	2185	Ruan	Van Den Berg	Open	Male	90	01:13:28	61	00:42:03	200	03:30:00	62	00:50:32	413	06:16:04	213	02:46:04
45	2392	Jonathan	Jacobs	Open	Male	92	01:13:57	76	00:45:03	67	00:43:30	76	00:56:11	311	03:38:41	219	02:24:44
46	2340	Quentin	Van Wyk	Open	Male	86	01:11:17	70	00:43:49	65	00:43:12	200	03:30:00	421	06:08:18	221	02:38:18
46	2339	Justin	Prior	Open	Male	53	01:02:31	83	00:46:23	86	00:47:49	200	03:30:00	422	06:06:43	222	02:36:43
48	2084	Lloyd	Jacobs	Open	Male	83	01:10:32	73	00:44:02	73	00:44:43	200	03:30:00	429	06:09:17	229	02:39:17
49	2201	Steven	Maree	Open	Male	88	01:12:29	51	00:41:02	99	00:54:10	200	03:30:00	438	06:17:41	238	02:47:41
50	2096	Luke	Van Blerk	Open	Male	77	01:08:46	123	00:58:28	200	03:30:00	39	00:46:31	439	06:24:45	239	02:54:45
51	2209	Greg	Currie	Open	Male	97	01:14:50	77	00:45:16	66	00:43:25	200	03:30:00	440	06:13:30	240	02:43:30
52	2402	Saleem	Jeffer	Open	Male	82	01:09:43	74	00:44:10	87	00:48:10	200	03:30:00	443	06:12:03	243	02:42:03
53	2273	Junie	Swart	Open	Male	112	01:19:10	96	00:49:37	74	00:44:56	78	00:57:20	360	03:51:04	248	02:51:54
54	2393	Denzil	Ross	Open	Male	98	01:14:53	84	00:46:53	200	03:30:00	70	00:53:25	452	06:23:11	252	02:55:11
55	3534	Andrew	Lange	Open	Male	200	03:30:00	85	00:49:59	95	00:50:17	80	00:58:08	461	06:05:24	261	02:35:24
56	2502	Mark	Chamberlain	Open	Male	102	01:16:18	200	03:30:00	82	00:48:28	81	00:59:12	465	06:31:58	265	03:01:58
57	2049	Jasper	Coetzee	Open	Male	118	01:19:52	92	00:48:51	88	00:48:20	86	01:04:21	384	04:01:24	266	02:41:32
58	2234	Jarred	Pitout	Open	Male	113	01:03:57	100	00:40:27	81	00:38:01	88	00:45:39	382	03:08:03	269	02:04:07
59	2258	Trienko	Grobler	Open	Male	109	01:18:23	91	00:47:58	200	03:30:00	77	00:56:22	477	06:32:42	277	03:02:42
60	2105	Jaco	Snyman	Open	Male	100	01:15:16	95	00:49:22	84	00:46:53	200	03:30:00	479	06:21:32	279	02:51:32
61	3543	Mervin	Schnehaage	Open	Male	200	03:30:00	115	00:49:46	94	00:49:46	82	00:59:28	491	06:12:24	291	02:42:24
62	2457	Garth	Munnik	Open	Male	104	01:16:48	94	00:49:17	93	00:48:29	200	03:30:00	491	06:25:33	291	02:55:33
63	2006	Mujahid	Adams	Open	Male	105	01:17:01	97	00:49:55	90	00:48:36	200	03:30:00	492	06:25:32	292	02:55:32
64	2002	Piet	De Villiers	Open	Male	123	01:23:16	106	00:51:50	200	03:30:00	71	00:54:10	500	06:39:16	300	03:09:16
65	2155	Ryali	Van Staden	Open	Male	140	01:38:11	89	00:47:26	72	00:44:27	200	03:30:00	500	06:40:04	300	03:10:04
66	2216	Jurgen	Van Zyl	Open	Male	119	01:20:07	105	00:51:46	91	00:48:50	200	03:30:00	515	06:30:43	315	03:00:43
67	2214	TG	Van Zyl	Open	Male	130	01:25:42	108	00:52:02	200	03:30:00	84	01:00:55	522	06:48:39	322	03:18:39
68	2121	Craig	Muller	Open	Male	128	01:25:34	118	00:55:19	200	03:30:00	83	01:00:22	529	06:51:14	329	03:21:14
69	2401	Shaik-Ahmed	Mottekar	Open	Male	114	01:19:27	119	00:55:36	98	00:51:07	200	03:30:00	531	06:36:09	331	03:06:09
70	2125	James	Van Niekerk	Open	Male	129	01:25:41	114	00:53:09	97	00:50:28	200	03:30:00	540	06:39:18	340	03:09:18

Open Ladies

Position	Race #	Name	Surname	Category	Sex	Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
						Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2037	Caitlin	Leslie	Open	Female	1	00:45:43	2	00:31:08	200	03:30:00	1	00:36:08	204	05:22:59	4	04:46:51
2	2029	Nicola	Hoopker	Open	Female	6	00:55:55	3	00:33:46	1	00:31:42	2	00:37:02	12	02:38:25	6	02:01:23
3	2353	Buyiswa	Sikukushwa	Open	Female	9	00:58:27	8	00:37:00	2	00:32:54	3	00:37:42	22	02:46:03	13	02:08:21
4	2389	Michelle	Nel	Open	Female	7	00:59:50	5	00:34:59	4	00:33:15	4	00:37:54	213	05:16:08	13	04:38:14
5	2389	Diana	Oliveira	Open	Female	7	00:59:50	5	00:34:59	3	00:33:24	3	00:38:40	15	05:38:01	15	04:59:21
6	2248	Aliza	Pienaar	Open	Female	150	01:25:43	6	00:35:54	5	00:33:32	6	00:39:51	167	03:15:00	17	02:35:09
7	2134	Sarah	Bond	Open	Female	8	00:57:26	11	00:38:36	200	03:30:00	12	00:44:08	231	05:50:11	31	05:06:03
8	2164	Tracey	Millin	Open	Female	11	00:59:35	101	00:49:49	11	00:36:12	10	00:43:22	133	03:08:58	32	02:25:36
9	2057	Nikki-Leigh	Piper	Open	Female	16	01:01:15	14	00:39:16	9	00:35:14	11	00:43:25	50	02:59:10	34	02:15:45
10	2145	Mieke	Van Der Merwe	Open	Female	15	01:00:26	9	00:38:15	12	00:36:46	200	03:30:00	236	05:45:27	36	02:15:27
11	2127	Laura	McCarthy	Open	Female	12	01:00:00	10	00:38:34	200	03:30:00	24	00:46:45	246	05:55:19	46	05:08:34
12	3631	Courtney	Carroll	Open	Female	200	03:30:00	23	00:40:48	10	00:35:49	14	00:44:46	247	05:31:23	47	04:46:37
13	2388	Carli	Nel	Open	Female	20	01:01:44	20	00:40:33	13	00:37:14	15	00:44:56	68	03:04:27	48	02:19:31
14	2336	Jenny	Janisch	Open	Female	25	01:03:29	12	00:38:09	14	00:38:09	200	03:30:00	251	05:31:16	51	02:21:16
15	2046	Paige	Bolton	Open	Female	21	01:01:53	13	00:39:13	19	00:39:23	22	00:46:37	75	03:07:06	53	02:20:29
16	2471	Taryn	Ginsaker	Open	Female	24	01:02:10	200	03:30:00	15	00:38:41	16	00:45:10	255	06:36:00	55	05:10:50
17	2025	Jade	Le Roux	Open	Female	26	01:04:21	22	00:40:36	16	00:38:58	200	03:30:00	264	05:53:55	64	02:23:55
18	2232	Lauren	Mallett	Open	Female	35	01:06:32	18	00:40:04	21	00:39:40	27	00:47:01	101	03:13:17	66	02:26:16
19	2313	Heike	Byrne	Open	Female	23	01:02:06	200	03:30:00	17	00:39:03	33	00:48:28	273	05:59:37	73	05:11:09
20	2235	Bronwyn	Campbell	Open	Female	50	01:08:40	37	00:42:45	20	00:39:33	18	00:45:35	125	03:16:33	75	02:30:58
21	2390	Shannon	Cohen	Open	Female	18	01:01:28	16	00:39:36	200	03:30:00	43	00:50:18	277	06:01:22	77	05:11:04
22	2450	Lyndall	Metherell	Open	Female	48	01:08:16	36	00:42:44	25	00:40:27	21	00:46:36	130	03:18:03	82	02:31:27
23	2132	Romy	Klusener	Open	Female	22	01:01:54	24	00:41:22	200	03:30:00	41	00:49:57	287	06:03:14	87	05:13:17
24	2296	Lizelle	De Villiers	Open	Female	10	00:59:06	74	00:47:21	6	00:34:15	200	03:30:00	290	05:50:41	90	02:20:41
25	2194	Lucinda	Hurlow	Open	Female	32	01:05:45	57	00:45:26	26	00:40:42	40	00:49:41	155	03:21:35	98	02:31:54
26	2498	Tanya	Roux	Open	Female	200	03:30:00	34	00:42:26	34	00:40:23	46	00:50:53	304	05:43:42	104	04:52:49
27	2487	Michelle	Cliff	Open	Female	200	03:30:00	33	00:42:25	27	00:40:49	49	00:51:08	309	05:44:23	109	04:53:15
28	2138	Nicette	Dos Santos	Open	Female	37	01:06:53	200	03:30:00	37	00:42:40	37	00:49:20	311	06:08:53	111	05:19:33
29	2241	Marcia	Marais	Open	Female	47	01:07:59	200	03:30:00	29	00:41:05	38	00:49:28	314	06:08:31	114	05:19:03
30	2142	Tara	Caetano	Open	Female	62	01:10:32	28	00:41:49	200	03:30:00	28	00:47:20	318	06:09:41	118	05:22:21
31	2419	Jenny	Nicholas	Open	Female	88	01:14:00	39	00:43:20	30	00:41:10	55	00:52:03	212	03:30:33	124	02:38:30
32	2328	Barbara	Louw	Open	Female	56	01:09:28	46	00:44:09	35	00:42:27	54	00:51:49	191	03:27:53	135	02:36:04
33	2032	Bryony	Taberlet	Open	Female	71	01:12:14	42	00:43:50	38	00:42:40	58	00:52:28	209	03:31:12	138	02:38:44
34	2160	Carole	Steffen	Open	Female	73	01:12:23	43	00:43:51	41	00:42:44	56	00:52:08	213	03:31:06	140	02:38:58
35	3537	Mandy	Buchanan	Open	Female	200	03:30:00	47	00:44:15	50	00:43:28	62	00:52:56	359	05:50:40	159	04:57:44
36	2148	Chelsea	Hall	Open	Female	64	01:10:46	56	00:45:24	53	00:43:57	200	03:30:00	373	06:10:06	173	02:40:06
37	2247	Ingrid	Wilsenraad	Open	Female	118	01:20:21	109	00:49:07	54	00:43:07	69	00:53:32	299	03:40:59	181	02:47:27
38	2162	Jonell	Steffen	Open	Female	72	01:12:23	200	03:30:00	40	00:42:43	40	00:54:46	383	06:19:53	183	05:25:07
39	2076	Carla	Erasmus	Open	Female	91	01:14:37	66	00:46:48	34	00:42:18	200	03:30:00	391	06:13:43	191	02:43:43
40	2208	Hayley	Swift	Open	Female	96	01:14:50	51	00:45:16	49	00:43:25	200	03:30:00	396	06:13:30	196	02:43:30
41	2271	Jeanne-Louise	Wiese	Open	Female	58	01:09:34	72	00:46:56	70	00:46:22	200	03:30:00	400	06:12:52	200	02:42:52
42	2100	Jessica	Booyse	Open	Female	114	01:17:04	55	00:45:23	33	00:42:09	200	03:30:00	402	06:14:36	202	02:44:36
43	2260	Sarie	Opperman	Open	Female	117	01:17:09	86	00:48:33	62	00:44:49	57	00:52:13	322	03:42:45	205	02:50:32
44	2503	Dalene	Le Roux	Open	Female	57	01:09:32	91	00:48:45	58	00:44:38	200	03:30:00	406	06:12:55	206	02:42:55
45	2030	Louise	Keegan	Open	Female	97	01:14:54	76	00:47:35	52	00:43:55	86	00:57:50	311	03:44:13	214	02:46:23
46	2329	Vanessa	Visser	Open	Female	119	01:17:36	99	00:49:28	57	00:44:26	60	00:52:47	335	03:44:17	216	02:51:30
47	2144	Jesse	Burton	Open	Female	104	01:15:34	92	00:45:17	200	03:30:00	61	00:52:50	417	06:23:41	217	03:30:51
48	2031	Hedra	Geber	Open	Female	124	01:18:17	71	00:45:53	68	00:45:49	79	00:55:38	342	03:46:38	218	03:51:00
49	2011	Lyndall	Thwaites	Open	Female	85	01:13:37	163	01:02:03	73	00:46:56	63	00:53:17	384	03:55:54	221	03:02:37
50	2217	Anna Hendriks	Van Zyl	Open	Female	78	01:12:54	200	03:30:00	60	00:44:46	85	00:56:47	423	06:24:27	223	05:27:40
51	2236	Annel	Heyns	Open	Female	65	01:11:03	200	03:30:00	139	01:31:24	34	00:48:42	438	07:01:09	238	06:12:27
52	2341	Melanie	Brand	Open	Female	123	01:17:50	61	00:46:08	56	00:44:16	200	03:30:00	440	06:18:14	240	02:48:14
53	3663	Danielle	Mout	Open	Female	200	03:30:00	136	00:56:03	48	00:43:18	73	00:55:09	457	06:04:30	257	05:09:21
54	2186	Roanda	Van Den Berg	Open	Female	93	01:14:43	85	00:48:19	200	03:30:00	82	00:56:00	460	06:29:02	260	05:33:02
55	3551	Jill	Swart	Open	Female	200	03:30:00	121	00:52:47	72	00:46:48	72	00:54:59	465	06:04:34	265	05:09:35
56	2213	Roxine	Van Der Merwe	Open	Female	80	01:13:17	84	00:48:19	100	00:51:27	200	03:30:00	466	06:23:03	266	02:53:03
57	2019	Kerry-Lee	Roberg	Open	Female	145	01:23:53	63	00:46:23	59	00:44:45	200	03:30:00	467	06:25:02	267	02:55:02
58	3562	Chloe	Gojon	Open	Female	200	03:30:00	106	00:50:11	78	00:47:57	84	00:56:37	469	06:24:45	269	05:08:08
59	2009	Netanya	Bernitz	Open	Female	127	01:19:58	79	00:47:42	83	00:48:32	90	00:53:00	489	06:26:11	289	02:56:11
60	2016	Taryn	Stewenson	Open	Female	167	01:31:42	58	00:45:36	77	00:47:42	200	03:30:00	502	06:35:00	302	03:05:00
61	2391	Niclette	Jacobs	Open	Female	140	01:21:58	92	00:49:12	71	00:46:47	200	03:30:00	503	06:27:57	303	02:57:57
62	2013	Bronwyn	Grisdale	Open	Female	128	01:20:19	98	00:49:28	200	03:30:00	77	00:55:29	503	06:35:16	303	05:39:47
63	2012	Gabrielle	Spilkin	Open	Female	129	01:20:19	100	00:49:28	200	03:30:00	75	00:55:26	504	06:35:14	304	05:39:48
64	3256	Liesl	Gouws	Open	Female	92	01:14:42	113	00:51:15	101	00:51:28	200	03:30:00	506	06:27:25	306	02:57:25
65	2008	Lucy	Hovers	Open	Female	126	01:19:24	105	00:50:10	78	00:47:54	200	03:30:00	509	06:27:28	309	02:57:28
66	2449	Natasha	Giilomee	Open	Female	135	01:21:22	117	00:51:28	88	00:48:54	106	01:03:23	446	04:05:08	311	03:01:45
67	2448	Nadia	Jordaan	Open	Female	134	01:21:19	116	00:51:28	89	00:48:55	107	01:03:25	446	04:05:07	312	03:01:42
68	2050	Diana	Coetzee	Open	Female	113	01:17:02	111	00:50:56	104	00:52:26	200	03:30:00	428	04:02:26	315	03:00:24
69	2386	Kerry	Tyack	Open	Female	143	01:22:57	109	00:49:41	91	00:49:28	200	03:30:00	523	06:31:05	323	03:01:05
70	2350	Cornelia	Grobler	Open	Female	132	01:21:10	104	00:49:52	200	03:30:00	87	00:57:52	523	06:38:54	323	03:41:02
71	3634	Francesca	Galassi	Open	Female	200	03:30:00	125	00:53:10	81	00:48:13	134	01:17:00	540	06:28:23	340	05:11:23
72	2338																

89	2154	Marelize	Van Staden	Open	Female	175	01:38:11	156	01:01:18	122	00:58:20	200	03:30:00	653	07:07:49	453	03:37:49
90	2202	Kelly-Jame	Puttock	Open	Female	193	02:00:31	200	03:30:00	130	01:01:11	130	01:15:29	653	07:47:10	453	06:31:41
91	2231	Maryke	Ungerer	Open	Female	166	01:31:02	169	01:10:47	124	00:59:02	200	03:30:00	659	07:10:52	459	03:40:52
92	2203	Samantha	Harper	Open	Female	184	01:50:06	153	01:01:00	200	03:30:00	136	01:24:25	673	07:45:31	473	06:21:06
93	2404	Holly	Clark	Open	Female	197	02:05:57	170	01:12:37	135	01:08:26	200	03:30:00	702	07:57:00	502	04:27:00

Veteran Men						Race #1: Tyserberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2303	Barry	Goliath	Veteran	Male	2	00:47:39	1	00:28:53	1	00:27:46	1	00:32:41	5	02:16:59	3	01:44:18
2	2193	Glenn	Hurlow	Veteran	Male	1	00:43:24	2	00:28:24	2	00:32:58	2	00:32:58	7	02:14:17	5	01:41:19
3	2094	Andre	De Piaz	Veteran	Male	4	00:55:37	3	00:33:50	3	00:33:11	3	00:39:41	13	02:42:19	9	02:02:38
4	2335	Andy	Roper	Veteran	Male	5	00:58:38	5	00:36:25	5	00:35:02	4	00:41:10	19	02:51:15	14	02:10:05
5	2069	Lee	Middleton	Veteran	Male	6	00:59:33	200	03:30:00	7	00:37:45	8	00:45:01	221	05:52:19	21	05:07:18
6	2333	Manny	Pereira	Veteran	Male	14	01:08:31	6	00:37:25	4	00:34:00	200	03:30:00	224	05:49:55	24	02:19:55
7	2290	Alfred	Temmers	Veteran	Male	10	01:06:22	200	03:30:00	9	00:38:05	5	00:42:21	224	05:56:48	24	05:14:27
8	2452	Wilhelm	La Cock	Veteran	Male	9	01:05:23	200	03:30:00	11	00:40:56	11	00:49:26	231	06:05:45	31	05:16:19
9	2301	Neal	Bresler	Veteran	Male	11	01:06:44	11	00:42:18	200	03:30:00	10	00:47:18	232	06:06:19	32	02:36:19
10	2249	Ryan	Tracy	Veteran	Male	16	01:11:05	16	00:49:16	12	00:41:36	230	03:30:00	244	06:08:58	44	02:38:58
11	2004	Nick	Herrington	Veteran	Male	21	01:16:53	17	00:46:30	200	03:30:00	14	00:55:05	252	06:28:28	52	05:33:23
12	2065	Jaques	Evers	Veteran	Male	23	01:18:15	20	00:48:21	13	00:42:26	200	03:30:00	256	06:19:02	56	02:49:02
13	2505	Fika	Ximba	Veteran	Male	29	01:36:19	25	00:57:50	18	00:52:46	17	01:07:54	89	04:34:49	60	03:26:55
14	2135	Jonathan	Skorpen	Veteran	Male	19	01:13:26	27	01:10:40	15	00:47:14	200	03:30:00	261	06:41:20	61	03:11:20
15	2229	Christian	Wiesener	Veteran	Male	26	01:31:03	29	01:10:47	19	00:59:02	200	03:30:00	274	07:10:52	74	03:40:52
16	2255	Jacques	Conradie	Veteran	Male	31	01:58:54	26	01:08:59	20	01:03:51	200	03:30:00	277	07:41:44	77	04:11:44

Veteran Ladies						Race #1: Tyserberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2122	Anaen	Koch	Veteran	Female	1	00:51:39	1	00:34:56	1	00:34:05	1	00:38:50	4	02:39:30	3	02:00:40
2	2387	Hanlie	Greenwald	Veteran	Female	3	01:00:54	2	00:37:51	200	03:30:00	2	00:44:02	207	05:52:47	7	05:08:49
3	2280	Marina	Potgieter	Veteran	Female	4	01:03:25	3	00:41:19	2	00:37:13	200	03:30:00	209	05:51:58	9	02:21:58
4	2095	Angelique	Nel	Veteran	Female	6	01:06:32	5	00:41:51	4	00:41:26	5	00:47:58	20	03:17:48	14	02:29:50
5	3252	Greta	Pegram	Veteran	Female	200	03:30:00	7	00:43:05	3	00:44:44	4	00:45:57	214	05:39:46	14	04:53:49
6	2005	Coleen	Marsh	Veteran	Female	7	01:12:25	200	03:30:00	6	00:44:03	8	00:54:34	221	06:21:02	21	05:26:28
7	2159	Jeanine Dagny	Warmerdam	Veteran	Female	13	01:20:57	12	00:49:42	9	00:48:18	9	00:56:41	43	03:55:37	30	02:58:56
8	2157	Fredeline	Hartnick	Veteran	Female	11	01:16:53	13	00:49:57	200	03:30:00	7	00:54:14	231	06:31:04	31	05:36:50
9	2456	Sandra	Joubert	Veteran	Female	12	01:18:30	200	03:30:00	10	00:48:19	11	01:00:40	233	06:37:29	33	05:36:49
10	2406	Maryke	Carstens	Veteran	Female	14	01:22:03	200	03:30:00	7	00:47:17	20	01:27:21	241	07:06:41	41	05:39:20
11	2405	Laetitia	Moggee	Veteran	Female	17	01:31:12	200	03:30:00	13	00:53:46	15	01:06:45	245	07:01:43	45	05:54:58

Master Men						Race #1: Tyserberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2003	Richard	Osrin	Master	Male	1	00:50:15	1	00:32:16	2	00:31:33	200	03:30:00	204	05:24:04	4	01:54:04
2	2110	Richard	Rositter	Master	Male	11	01:21:06	2	00:32:37	1	00:35:28	1	00:35:28	15	03:00:06	4	02:24:38
3	2091	Stephen	Fitzpatrick	Master	Male	2	00:54:31	3	00:33:51	3	00:32:46	9	00:52:41	17	02:53:49	8	01:59:18
4	2056	John	Hill	Master	Male	4	01:01:16	200	03:30:00	5	00:35:08	3	00:43:26	212	05:49:50	12	02:19:50
5	2179	Freddie	Thiem	Master	Male	3	00:59:02	7	00:42:40	6	00:35:26	200	03:30:00	216	05:47:08	16	02:17:08
6	2216	Hennie	Nagel	Master	Male	5	01:05:50	6	00:41:33	10	00:42:02	8	00:49:18	29	03:18:44	19	02:12:53
7	3251	Ruedi	Siegenthaler	Master	Male	200	03:30:00	9	00:43:05	8	00:40:45	6	00:45:59	223	05:39:49	23	02:09:49
8	2052	Hugo	Urtef	Master	Male	14	01:30:01	13	00:57:35	12	00:53:57	11	01:09:53	50	04:31:26	36	03:01:24

Master Ladies						Race #1: Tyserberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2458	Lolios	Rodseth	Master	Female	1	00:59:58	1	00:37:58	1	00:36:35	2	00:42:52	5	02:56:23	3	01:56:26
2	3641	Joanie	Wylie	Master	Female	200	03:30:00	2	00:40:03	2	00:36:18	1	00:42:11	205	05:28:33	5	01:58:33
3	2107	Dawn	Rositter	Master	Female	2	01:04:29	3	00:41:29	3	00:39:35	3	00:44:53	11	03:10:26	8	02:05:57
4	2044	Jillian	Altern	Master	Female	6	01:15:04	5	00:44:07	4	00:42:29	5	00:52:43	20	03:34:24	14	02:19:20
5	2454	Marianne	Nelson	Master	Female	17	01:43:37	8	00:55:50	9	00:54:53	10	01:03:19	44	04:37:38	27	02:54:01
6	2230	Kathleen	Korb	Master	Female	10	01:26:21	9	00:59:04	8	00:52:32	200	03:30:00	227	06:47:57	27	03:17:57
7	2081	Nadiema	Abdullatif	Master	Female	19	01:54:41	11	01:05:03	11	01:04:19	13	01:18:12	54	05:22:15	35	03:27:34
8	2147	Belinda	Hall	Master	Female	15	01:41:48	12	01:06:23	10	00:57:34	200	03:30:00	237	07:15:45	37	03:45:45

Junior						Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	3576	Roark	Robinson	Junior	Male	200	03:30:00	2	00:27:14	1	00:26:01	1	00:29:33	204	04:52:48	4	01:22:48
2	2088	Hayley	Preen	Junior	Female	1	00:41:48	4	00:28:38	2	00:26:57	2	00:31:03	9	02:08:25	5	01:26:37
3	2191	Matthew	Hurlow	Junior	Male	3	00:44:59	3	00:28:21	3	00:27:39	3	00:34:47	12	02:15:47	9	01:30:48
4	2086	Kristen	Heath	Junior	Female	5	00:47:11	6	00:30:09	4	00:29:49	4	00:34:54	19	02:22:04	13	01:34:52
5	2038	Megan	Leslie	Junior	Female	4	00:45:42	5	00:30:08	5	03:30:00	5	00:36:05	214	05:21:55	14	01:51:55
6	2055	Robbie	Boyes	Junior	Male	8	00:53:06	7	00:30:30	5	00:30:30	6	00:38:13	26	02:32:19	18	01:39:13

Minimee						Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2304	Daniel	Arendse	Minimee	Male	1	00:45:58	1	00:28:13	1	00:27:50	200	03:30:00	203	05:12:01	3	01:42:01
2	2219	Jacques	Van Schalkwyk	Minimee	Male	2	00:47:30	2	00:30:04	2	00:28:02	1	00:34:11	7	02:19:48	5	01:32:18
3	2087	Stuart	Heath	Minimee	Male	3	00:58:49	3	00:37:13	3	00:34:41	2	00:40:28	11	02:51:11	8	01:52:22
4	2036	James	Boyes	Minimee	Male	5	01:02:03	5	00:41:26	4	00:39:56	3	00:45:29	17	03:08:53	12	02:06:50
5	2169	Mishka	Watton	Minimee	Male	7	01:06:13	4	00:40:31	200	03:30:00	4	00:46:12	215	06:02:56	15	02:32:56
6	2090	Maxine	Fitz-Patrick	Minimee	Female	200	03:30:00	7	00:42:54	6	00:45:41	5	00:52:37	216	05:51:12	18	02:21:12

Pee wee						Race #1: Tygerberg Nature Reserve		Race #2: Constantia Greenbelts		Race #3: Lebanon Forest		Race #4: Oak Valley		SUB - TOTAL		TOTAL AFTER DISCARD	
Position	Race #	Name	Surname	Category	Sex	Position & Points	Time	Position & Points	Time	Position & Points	Time	Position & Points	Time	Points	Time	Points	Time
1	2433	Tobi-Lee	Maher	Pee wee	Female	1	01:08:53	1	00:32:34	2	00:42:45	200	03:30:00	204	05:54:12	4	02:24:12
2	2059	Dylan	Stevenson	Pee wee	Male	2	01:31:27	3	00:51:14	3	00:57:59	200	03:30:00	208	06:50:41	8	03:20:41