



TSSL 2020
Race 2 XL COURSE (20km)
Lebanon, Grabouw

Overall

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:20:16	8035	Michael	Davidson	Veteran	Male	41
2	01:20:46	8014	Jonathan	Black	Open	Male	25
3	01:22:25	8238	Kyle	Herring	Open	Male	25
4	01:24:58	8189	Gimo	Matusso	Veteran	Male	40
5	01:25:05	8274	Meg	Mackenzie	Open	Female	33
6	01:26:26	8209	AJ	Calitz	Open	Male	36
7	01:26:56	8269	Alasdair	Leslie	Veteran	Male	44
8	01:28:11	8183	Pete	Calitz	Veteran	Male	44
9	01:30:13	8318	Chris	Visser	Open	Male	37
10	01:30:45	8273	Jack	MacDiarmid	Open	Male	35
11	01:30:53	8043	Leanda	Du Bruyn	Open	Female	25
12	01:31:10	8231	Robbi	Gorelick	Open	Male	32
13	01:31:57	8225	John	Faure	Open	Male	28
14	01:32:02	8331	Colin	Matane	Open	Male	21
15	01:34:45	8141	Slmon	Stofberg	Open	Male	25
16	01:35:20	8203	Martin	Bongers	Open	Male	37
17	01:35:29	8090	Grant	Marcus	Veteran	Male	46
18	01:37:49	8062	Raoul	Goetze	Open	Male	33
19	01:39:59	8235	Gavin	Hauck	Veteran	Male	42
20	01:40:11	8339	Dion	Nmillson	Veteran	Male	46
21	01:40:34	8198	Derrick	Baard	Veteran	Male	49
22	01:40:46	8326	Saum	Meyer	Open	Male	37
23	01:40:59	8214	James	Day	Open	Male	34
24	01:41:23	8327	Marius	van Rensburg	Open	Male	32
25	01:41:50	8102	Michael	Moosbrugger	Open	Male	38
26	01:42:23	8324	Francois	Theron	Open	Male	35
27	01:42:42	8017	Jono	Booth	Open	Male	36
28	01:43:13	8208	Craig	Bruton	Veteran	Male	44
29	01:44:35	8346	Josh	Pinn	Open	Male	28
30	01:44:42	8213	Ridge	Cross	Open	Male	25
31	01:44:47	8045	Sakkie	Du Toit	Master	Male	50
32	01:44:53	8267	AJ	Le Roux	Open	Male	32
33	01:44:55	8024	Izak	Burger	Veteran	Male	42
34	01:45:49	8153	Jonathan	Van Wyk	Open	Male	39
35	01:45:54	8259	Luke	Kuisis	Open	Male	28
36	01:46:24	8221	Jean-Pierre	du Plessis	Open	Male	30
37	01:46:56	8162	Jayson	Welthagen	Veteran	Male	44
38	01:47:11	8177	Ryno	Van Rooyen	Veteran	Male	40
39	01:47:17	8074	Julie	Huckle	Master	Female	51
40	01:47:21	8082	Ben	Kooyman	Open	Male	32
41	01:47:43	8344	Andre	Loots	Open	Male	24
42	01:47:48	8197	Nic	Atmore	Open	Male	36
43	01:47:52	8247	Sulaiman	Jacobs	Open	Male	33
44	01:48:00	8012	Sean	Bethell	Open	Male	31
45	01:48:32	8345	John	Nel	Open	Male	23
46	01:48:53	8151	Kathryn	Van Sittert	Open	Female	35
47	01:49:58	8272	Ross	Lutsch	Open	Male	37
48	01:50:03	8002	Cleo	Albertus	Open	Female	28
49	01:50:07	8109	Michael	Obery	Open	Male	34
50	01:50:40	8212	Matthew	Cross	Open	Male	21
51	01:51:04	8036	Ruard	de Bruyn	Open	Male	27
52	01:51:29	8304	Joe	Smith	Open	Male	35
53	01:51:36	8192	Julian	Burke	Open	Male	38
54	01:52:07	8245	Rod	Hunter	Open	Male	38
55	01:53:11	8007	David	Barber	Veteran	Male	44
56	01:53:23	8234	Candyce	Hall	Open	Female	35
57	01:53:29	8335	Kevin	Dornbrack	Open	Male	23
58	01:54:31	8202	Renko	Bergh	Open	Male	32
59	01:54:50	8015	Stefan	Blommaert	Open	Male	39
60	01:54:53	8184	Gideon	Snyman	Veteran	Male	40
61	01:55:04	8311	Marisa	van der Merwe	Open	Female	37
62	01:55:10	8155	Riaan	Van Zyl	Veteran	Male	45
63	01:55:14	8302	Melody	Schultz	Veteran	Female	46
64	01:55:41	8294	Stephan	Pienaar	Open	Male	38
65	01:56:00	8343	Jami	Kruger	Open	Female	35
66	01:56:05	8333	Russell	Nel	Open	Male	22
67	01:56:18	8130	Zain	Samodien	Open	Male	29
68	01:56:36	8341	Ian	Laos	Master	Male	51
69	01:57:45	8329	Christiaan	Calitz	Open	Male	32
70	01:58:09	8085	Wiaan	Kriel	Open	Male	33
71	01:58:43	8098	Claus	Mischker	Veteran	Male	48
72	01:58:52	8229	Neil	Fourie	Open	Male	31
73	01:59:56	8144	Andre	Treurnich	Master	Male	52
74	01:59:59	8241	Beyers	Hoek	Veteran	Male	42
75	02:00:38	8330	Innm	Smith	Veteran	Male	46
76	02:00:59	8121	Maxine	Reilly	Master	Female	58
77	02:01:07	8323	Griet	Zakarian	Master	Female	57
78	02:01:15	8321	Meghan	West	Open	Female	25
79	02:01:18	8216	Matthew	de Haast	Open	Male	28
80	02:01:23	8249	Craig	Kempen	Veteran	Male	42
81	02:01:28	8182	Cecilia	Roberts	Veteran	Female	41
82	02:02:22	8031	Herman	Crause	Veteran	Male	49
83	02:02:42	8117	Melany	Porter	Veteran	Female	44
84	02:03:16	8110	James	Oosterbaan	Open	Male	26
85	02:03:26	8349	Riaan	van der Merve	Open	Male	36
86	02:03:49	8338	Werek	breed	Veteran	Male	48
87	02:04:17	8286	Lyle	Morris	Open	Male	36
88	02:04:25	8010	James	Bellairs	Open	Male	26

89	02:06:41	8101	Nicola	Moodie	Open	Female	25
90	02:07:07	8256	Pieter	Koornhof	Open	Male	32
91	02:07:28	8278	Jacques	Maree	Open	Male	34
92	02:07:52	8244	Lauren	Honeyman	Veteran	Female	49
93	02:07:59	8115	Craig	Pike	Veteran	Male	44
94	02:08:05	8301	Alexis	Sacks	Master	Female	50
95	02:08:47	8295	Carla	Pietersen	Open	Female	38
96	02:09:00	8201	Victoria	Bennetts	Veteran	Female	42
97	02:09:13	8132	Kirsten	Scott	Open	Female	25
98	02:09:16	8220	Coriaan	de Villiers	Veteran	Female	48
99	02:09:18	8133	Megan	Scott	Open	Female	25
100	02:09:27	8317	Manfred	Venter	Open	Male	32
101	02:09:33	8337	Wim	Botha	Veteran	Male	46
102	02:09:38	8175	Lerina	van Zyl	Veteran	Female	41
103	02:09:40	8291	Talia	Norvall	Open	Female	32
104	02:10:13	8057	Sibulele	Ganca	Open	Male	38
105	02:10:18	8236	Gerda	Henn	Veteran	Female	40
106	02:10:22	8093	Scott	Mcvivor	Master	Male	65
107	02:10:26	8068	Dimitri	Hadzigrigoriou	Open	Male	25
108	02:11:28	8232	Kamal	Govan	Open	Male	33
109	02:12:03	8078	Shaheem	Kader	Veteran	Male	46
110	02:12:09	8194	Grant	Achilles	Veteran	Male	48
111	02:12:15	8315	Alec	Van Wyk	Veteran	Male	44
112	02:13:04	8215	Terratsy	De	Master	Female	51
113	02:13:10	8131	David	Schneider	Master	Male	53
114	02:13:22	8305	Simon	Sonn	Veteran	Male	46
115	02:13:31	8308	Dawid	Theron	Open	Male	27
116	02:14:24	8290	Kelly	Neveling	Veteran	Female	43
117	02:15:02	8072	Jan Hendrik	Hofmeyr	Open	Male	38
118	02:15:07	8340	Slynis	Hvuhpney	Veteran	Female	43
119	02:15:11	8328	Louis	Oosthuizen	Open	Male	25
120	02:15:27	8296	Dustin	Quintini	Open	Male	37
121	02:15:35	8276	Paige	Madison	Open	Female	30
122	02:15:48	8210	Colin	Coleske	Open	Male	31
123	02:16:10	8205	Tienie	Bredell	Veteran	Male	46
124	02:16:20	8348	Marthinus	Lourens	Open	Male	32
125	02:16:27	8266	Philippa	Law	Veteran	Female	49
126	02:16:32	8224	Estelle	Erasmus	Veteran	Female	43
127	02:16:37	8008	Siya	Bashe	Veteran	Female	45
128	02:16:45	8171	Tebogo	Ntlapo	Open	Male	35
129	02:16:54	8230	Ganief	Galvaan	Master	Male	60
130	02:18:58	8299	Adam	Ricketts	Open	Male	39
131	02:19:04	8243	Caryl	Hollmann	Open	Female	32
132	02:19:13	8242	Chris	Holdsworth	Open	Male	37
133	02:19:58	8211	Edwin	Cross	Veteran	Male	43
134	02:20:00	8252	Malin	Kirjonen	Open	Female	32
135	02:20:04	8254	Colleen	Knox	Open	Female	35
136	02:20:33	8108	Gregory	Newman	Open	Male	30
137	02:20:40	8077	Carl	Joubert	Open	Male	36
138	02:20:44	8083	Elizma	Kooyman	Open	Female	35
139	02:20:48	8282	Julie	Michael	Veteran	Female	42
140	02:21:04	8320	Disy	Weldon	Veteran	Female	41
141	02:21:17	8316	Marais	van Wyk	Open	Male	26
142	02:21:47	8164	Jolene	Wium	Open	Female	32
143	02:22:03	8336	Corne	Delofbe	Veteran	Female	45
144	02:22:17	8280	Daniela	Messina	Open	Female	30
145	02:22:27	8332	Hanner	Spangenberg	Open	Male	33
146	02:22:57	8257	Jeremy	Kropman	Master	Male	62
147	02:23:12	8313	Clint	Van Diemel	Open	Male	38
148	02:23:21	8334	Eligh	Bolle	Veteran	Male	43
149	02:23:48	8065	Jan-Wynand	Greeff	Open	Male	39
150	02:24:00	8253	Wouter	Klapwijk	Master	Male	51
151	02:24:14	8300	Roger	Rudolph	Veteran	Male	48
152	02:24:36	8032	Madelein	Crews	Open	Female	38
153	02:24:49	8258	Irina	Kubica	Veteran	Female	45
154	02:25:05	8277	Janet	Malan	Veteran	Female	42
155	02:25:20	8227	Kallie	Fernhout	Open	Male	34
156	02:25:33	8135	Carina	Sirzus	Veteran	Female	43
157	02:26:27	8342	Sabine	Muller	Master	Female	54
158	02:26:34	8120	Kerry	Red	Veteran	Female	41
159	02:26:38	8264	Retief	Lamprecht	Master	Male	52
160	02:26:53	8347	Elsabe	van der Merve	Open	Female	35
161	02:27:00	8319	Morgan	Volkman	Open	Female	39
162	02:27:07	8226	Clare	Feenan	Veteran	Female	45
163	02:27:13	8000	Adnaan	Ajam	Open	Male	35
164	02:27:17	8292	Veronique	Orban	Veteran	Female	42
165	02:27:21	8297	Rochelle	Reid	Veteran	Female	43
166	02:28:28	8275	Dominique	Macnab	Open	Female	39
167	02:29:31	8255	Jana	Kolodziej	Veteran	Female	49
168	02:30:20	8250	Charl	Moller	Veteran	Male	41
169	02:30:43	8088	Nicolaas	Loubser	Master	Male	59
170	02:30:51	8240	Nicki	Hill	Master	Female	52
171	02:33:00	8351	Dean	Vizagie	Open	Male	31
172	02:33:40	8047	Velia	Duncan	Veteran	Female	46
173	02:34:23	8207	Beatrix	Broek	Master	Female	53
174	02:34:27	8271	Jaqueline	Loydell	Master	Female	58
175	02:35:17	8046	Mike	Duncan	Veteran	Male	46
176	02:36:04	8218	Tarryn	de Kock	Open	Female	37
177	02:36:13	8145	Maryka	Teurnich	Open	Female	36
178	02:36:30	8166	Timothy	Young	Open	Male	38
179	02:36:50	8181	Theari	Fernhout	Open	Female	34
180	02:40:23	8022	Raubie	Brink	Open	Male	34
181	02:41:26	8044	Albertus Johannes	du Toit	Open	Male	34
182	02:42:01	8322	Tania	Wiggins	Veteran	Female	43
183	02:42:25	8180	Faheem	Salie	Veteran	Male	41
184	02:42:44	8200	Gary	Banfield	Veteran	Male	46
185	02:42:50	8027	Sarah	Camp	Open	Female	21

186	02:43:26	8195	Anne	Alessandri	Veteran	Female	45
187	02:43:53	8263	Eischen	Beyers	Master	Female	38
188	02:47:21	8260	Kim	Lamb	Master	Female	55
189	02:47:55	8199	Linda	Balme	Veteran	Female	42
190	02:48:00	8204	Liz	Brash	Master	Female	60
191	02:49:14	8270	Lauryl	Lorio	Veteran	Female	45
192	02:49:20	8325	M-Flint	Marette	Master	Female	50
193	02:49:39	8071	Timothy	Higgins	Open	Male	29
194	02:49:44	8049	Brent	Falkenberg	Open	Male	29
195	02:52:03	8298	Francois	Retief	Veteran	Male	47
196	02:54:38	8222	Corli	du Toit Smith	Open	Female	35
197	03:00:20	8261	Tamryn	Lamb	Veteran	Female	42
198	03:06:10	8246	Adele	Immelman	Veteran	Female	40
199	03:06:14	8265	Manfred	Laumann	Master	Male	60
200	03:12:30	8251	Fatima	Khan	Open	Female	33
201	03:21:51	8283	Kagisho	Mihi	Veteran	Male	45
202	03:31:28	8262	Mev	Lamprecht	Veteran	Female	45
203	03:31:32	8281	Nothemba	Mfolozi	Open	Female	38

Open Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:20:46	8014	Jonathan	Black	Open	Male	25
2	01:22:25	8238	Kyle	Herring	Open	Male	25
3	01:26:26	8209	AJ	Calitz	Open	Male	36
4	01:30:13	8318	Chris	Visser	Open	Male	37
5	01:30:45	8273	Jack	MacDiarmid	Open	Male	35
6	01:31:10	8231	Robbi	Gorelick	Open	Male	32
7	01:31:57	8225	John	Faure	Open	Male	28
8	01:32:02	8331	Colison	Matane	Open	Male	21
9	01:34:45	8141	Simon	Stofberg	Open	Male	25
10	01:35:20	8203	Martin	Bongers	Open	Male	37
11	01:37:49	8062	Raoul	Goetze	Open	Male	33
12	01:40:46	8326	Saum	Meyer	Open	Male	37
13	01:40:59	8214	James	Day	Open	Male	34
14	01:41:23	8327	Marius	van Rensburg	Open	Male	32
15	01:41:50	8102	Michael	Moosbrugger	Open	Male	38
16	01:42:23	8324	Francois	Theron	Open	Male	35
17	01:42:42	8017	Jono	Booth	Open	Male	36
18	01:44:35	8346	Josh	Pinn	Open	Male	28
19	01:44:42	8213	Ridge	Cross	Open	Male	25
20	01:44:53	8267	AJ	Le Roux	Open	Male	32
21	01:45:49	8153	Jonathan	Van Wyk	Open	Male	39
22	01:45:54	8259	Luke	Kuisis	Open	Male	28
23	01:46:24	8221	Jean-Pierre	du Plessis	Open	Male	30
24	01:47:21	8082	Ben	Kooyman	Open	Male	32
25	01:47:43	8344	Andre	Loots	Open	Male	24
26	01:47:48	8197	Nic	Atmore	Open	Male	36
27	01:47:52	8247	Sulaiman	Jacobs	Open	Male	33
28	01:48:00	8012	Sean	Bethell	Open	Male	31
29	01:48:32	8345	John	Nel	Open	Male	23
30	01:49:58	8272	Ross	Lutsch	Open	Male	37
31	01:50:07	8109	Michael	Obery	Open	Male	34
32	01:50:40	8212	Matthew	Cross	Open	Male	21
33	01:51:04	8036	Ruard	de Bruyn	Open	Male	27
34	01:51:29	8304	Joe	Smith	Open	Male	35
35	01:51:36	8192	Julian	Burke	Open	Male	38
36	01:52:07	8245	Rod	Hunter	Open	Male	38
37	01:53:29	8335	Kevin	Dornbrack	Open	Male	23
38	01:54:31	8202	Renko	Bergh	Open	Male	32
39	01:54:50	8015	Stefan	Blommaert	Open	Male	39
40	01:55:41	8294	Stephan	Pienaar	Open	Male	38
41	01:56:05	8333	Russell	Nel	Open	Male	22
42	01:56:18	8130	Zain	Samodien	Open	Male	29
43	01:57:45	8329	Christiaan	Calitz	Open	Male	32
44	01:58:09	8085	Wiaan	Kriel	Open	Male	33
45	01:58:52	8229	Neil	Fourie	Open	Male	31
46	02:01:18	8216	Matthew	de Haast	Open	Male	28
47	02:03:16	8110	James	Oosterbaan	Open	Male	26
48	02:03:26	8349	Riaan	van der Merve	Open	Male	36
49	02:04:17	8286	Lyle	Morris	Open	Male	36
50	02:04:25	8010	James	Bellairs	Open	Male	26
51	02:07:07	8256	Pieter	Koornhof	Open	Male	32
52	02:07:28	8278	Jacques	Maree	Open	Male	34
53	02:09:27	8317	Manfred	Venter	Open	Male	32
54	02:10:13	8057	Sibulele	Ganca	Open	Male	38
55	02:10:26	8068	Dimitri	Hadzigrigoriou	Open	Male	25
56	02:11:28	8232	Kamal	Govan	Open	Male	33
57	02:13:31	8308	Dawid	Theron	Open	Male	27
58	02:15:02	8072	Jan Hendrik	Hofmeyr	Open	Male	38
59	02:15:11	8328	Louis	Oosthuizen	Open	Male	25
60	02:15:27	8296	Dustin	Quintini	Open	Male	37
61	02:15:48	8210	Colin	Coleske	Open	Male	31
62	02:16:20	8348	Marthinus	Lourens	Open	Male	32
63	02:16:45	8171	Tebogo	Ntlapo	Open	Male	35
64	02:18:58	8299	Adam	Ricketts	Open	Male	39
65	02:19:13	8242	Chris	Holdsworth	Open	Male	37
66	02:20:33	8108	Gregory	Newman	Open	Male	30
67	02:20:40	8077	Carl	Joubert	Open	Male	36
68	02:21:17	8316	Marais	van Wyk	Open	Male	26
69	02:22:27	8332	Hanner	Spangenberg	Open	Male	33
70	02:23:12	8313	Clint	Van Diemel	Open	Male	38
71	02:23:48	8065	Jan-Wynand	Greeff	Open	Male	39
72	02:25:20	8227	Kallie	Fernhout	Open	Male	34
73	02:27:13	8000	Adnaan	Ajam	Open	Male	35
74	02:33:00	8351	Dean	Vizagie	Open	Male	31
75	02:36:30	8166	Timothy	Young	Open	Male	38
76	02:40:23	8022	Raubie	Brink	Open	Male	34

77	02:41:26	8044	Albertus Johannes	du Toit	Open	Male	34
78	02:49:39	8071	Timothy	Higgins	Open	Male	29
79	02:49:44	8049	Brent	Falkenberg	Open	Male	29

Open Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:25:05	8274	Meg	Mackenzie	Open	Female	33
2	01:30:53	8043	Leanda	Du Bruyn	Open	Female	25
3	01:48:53	8151	Kathryn	Van Sittert	Open	Female	35
4	01:50:03	8002	Cleo	Albertus	Open	Female	28
5	01:53:23	8234	Candyce	Hall	Open	Female	35
6	01:55:04	8311	Marisa	van der Merwe	Open	Female	37
7	01:56:00	8343	Jami	Kruger	Open	Female	35
8	02:01:15	8321	Meghan	West	Open	Female	25
9	02:06:41	8101	Nicola	Moodie	Open	Female	25
10	02:08:47	8295	Carla	Pietersen	Open	Female	38
11	02:09:13	8132	Kirsten	Scott	Open	Female	25
12	02:09:18	8133	Megan	Scott	Open	Female	25
13	02:09:40	8291	Talia	Norvall	Open	Female	32
14	02:15:35	8276	Paige	Madison	Open	Female	30
15	02:19:04	8243	Caryl	Hollmann	Open	Female	32
16	02:20:00	8252	Malin	Kirjonen	Open	Female	32
17	02:20:04	8254	Colleen	Knox	Open	Female	35
18	02:20:44	8083	Elizma	Kooyman	Open	Female	35
19	02:21:47	8164	Jolene	Wium	Open	Female	32
20	02:22:17	8280	Daniela	Messina	Open	Female	30
21	02:24:36	8032	Madelein	Crews	Open	Female	38
22	02:26:53	8347	Elsabe	van der Merve	Open	Female	35
23	02:27:00	8319	Morgan	Volkman	Open	Female	39
24	02:28:28	8275	Dominique	Macnab	Open	Female	39
25	02:36:04	8218	Tarryn	de Kock	Open	Female	37
26	02:36:13	8145	Maryka	Treunich	Open	Female	36
27	02:36:50	8181	Theari	Fernhout	Open	Female	34
28	02:42:50	8027	Sarah	Camp	Open	Female	21
29	02:54:38	8222	Corli	du Toit Smith	Open	Female	35
30	03:12:30	8251	Fatima	Khan	Open	Female	33
31	03:31:32	8281	Nothemba	Mfolozi	Open	Female	38

Veteran Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:20:16	8035	Michael	Davidson	Veteran	Male	41
2	01:24:58	8189	Gimo	Matusso	Veteran	Male	40
3	01:26:56	8269	Alasdair	Leslie	Veteran	Male	44
4	01:28:11	8183	Pete	Callitz	Veteran	Male	44
5	01:35:29	8090	Grant	Marcus	Veteran	Male	46
6	01:39:59	8235	Gavin	Hauck	Veteran	Male	42
7	01:40:11	8339	Dion	Nmillson	Veteran	Male	46
8	01:40:34	8198	Derrick	Baard	Veteran	Male	49
9	01:43:13	8208	Craig	Bruton	Veteran	Male	44
10	01:44:55	8024	Izak	Burger	Veteran	Male	42
11	01:46:56	8162	Jayson	Welthagen	Veteran	Male	44
12	01:47:11	8177	Ryno	Van Rooyen	Veteran	Male	40
13	01:53:11	8007	David	Barber	Veteran	Male	44
14	01:54:53	8184	Gideon	Snyman	Veteran	Male	40
15	01:55:10	8155	Riaan	Van Zyl	Veteran	Male	45
16	01:58:43	8098	Claus	Mischker	Veteran	Male	48
17	01:59:59	8241	Beyers	Hoek	Veteran	Male	42
18	02:00:38	8330	Innm	Smith	Veteran	Male	46
19	02:01:23	8249	Craig	Kempen	Veteran	Male	42
20	02:02:22	8031	Herman	Crause	Veteran	Male	49
21	02:03:49	8338	Werek	breed	Veteran	Male	48
22	02:07:59	8115	Craig	Pike	Veteran	Male	44
23	02:09:33	8337	Wim	Botha	Veteran	Male	46
24	02:12:03	8078	Shaheem	Kader	Veteran	Male	46
25	02:12:09	8194	Grant	Achilles	Veteran	Male	48
26	02:12:15	8315	Alec	Van Wyk	Veteran	Male	44
27	02:13:22	8305	Simon	Sonn	Veteran	Male	46
28	02:16:10	8205	Tienie	Bredell	Veteran	Male	46
29	02:19:58	8211	Edwin	Cross	Veteran	Male	43
30	02:23:21	8334	Eligh	Bolle	Veteran	Male	43
31	02:24:14	8300	Roger	Rudolph	Veteran	Male	48
32	02:30:20	8250	Charl	Moller	Veteran	Male	41
33	02:35:17	8046	Mike	Duncan	Veteran	Male	46
34	02:42:25	8180	Faheem	Salie	Veteran	Male	41
35	02:42:44	8200	Gary	Banfield	Veteran	Male	46
36	02:52:03	8298	Francois	Retief	Veteran	Male	47
37	03:21:51	8283	Kagisho	Mihi	Veteran	Male	45

Veteran Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:55:14	8302	Melody	Schultz	Veteran	Female	46
2	02:01:28	8182	Cecilia	Roberts	Veteran	Female	41
3	02:02:42	8117	Melany	Porter	Veteran	Female	44
4	02:07:52	8244	Lauren	Honeyman	Veteran	Female	49
5	02:09:00	8201	Victoria	Bennetts	Veteran	Female	42
6	02:09:16	8220	Coriaan	de Villiers	Veteran	Female	48
7	02:09:38	8175	Lerina	van Zyl	Veteran	Female	41
8	02:10:18	8236	Gerda	Henn	Veteran	Female	40
9	02:14:24	8290	Kelly	Neveling	Veteran	Female	43
10	02:15:07	8340	Slynis	Hvuphney	Veteran	Female	43
11	02:16:27	8266	Philippa	Law	Veteran	Female	49
12	02:16:32	8224	Estelle	Erasmus	Veteran	Female	43
13	02:16:37	8008	Siya	Bashe	Veteran	Female	45
14	02:20:48	8282	Julie	Michael	Veteran	Female	42
15	02:21:04	8320	Disy	Weldon	Veteran	Female	41
16	02:22:03	8336	Corne	Delofbe	Veteran	Female	45
17	02:24:49	8258	Irina	Kubica	Veteran	Female	45

18	02:25:05	8277	Janet	Malan	Veteran	Female	42
19	02:25:33	8135	Carina	Slrzus	Veteran	Female	43
20	02:26:34	8120	Kerry	Red	Veteran	Female	41
21	02:27:07	8226	Clare	Feenan	Veteran	Female	45
22	02:27:17	8292	Veronique	Orban	Veteran	Female	42
23	02:27:21	8297	Rochelle	Reid	Veteran	Female	43
24	02:29:31	8255	Jana	Kolodziej	Veteran	Female	49
25	02:33:40	8047	Velia	Duncan	Veteran	Female	46
26	02:42:01	8322	Tania	Wiggins	Veteran	Female	43
27	02:43:26	8195	Anne	Alessandri	Veteran	Female	45
28	02:47:55	8199	Linda	Balme	Veteran	Female	42
29	02:49:14	8270	Lauryl	Lorio	Veteran	Female	45
30	03:00:20	8261	Tamryn	Lamb	Veteran	Female	42
31	03:06:10	8246	Adele	Immelman	Veteran	Female	40
32	03:31:28	8262	Mev	Lamprecht	Veteran	Female	45

Master Male

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:44:47	8045	Sakkie	Du Toit	Master	Male	50
2	01:56:36	8341	Ian	Laos	Master	Male	51
3	01:59:56	8144	Andre	Treurnich	Master	Male	52
4	02:10:22	8093	Scott	Mclvor	Master	Male	65
5	02:13:10	8131	David	Schneider	Master	Male	53
6	02:16:54	8230	Ganief	Galvaan	Master	Male	60
7	02:22:57	8257	Jeremy	Kropman	Master	Male	62
8	02:24:00	8253	Wouter	Klapwijk	Master	Male	51
9	02:26:38	8264	Relief	Lamprecht	Master	Male	52
10	02:30:43	8088	Nicolaas	Loubser	Master	Male	59
11	03:06:14	8265	Manfred	Laumann	Master	Male	60

Master Female

Position	Time	Race #	Name	Surname	Category	Sex	Age
1	01:47:17	8074	Julie	Huckle	Master	Female	51
2	02:00:59	8121	Maxine	Reilly	Master	Female	58
3	02:01:07	8323	Griet	Zakarian	Master	Female	57
4	02:08:05	8301	Alexis	Sacks	Master	Female	50
5	02:13:04	8215	Terratsy	De	Master	Female	51
6	02:26:27	8342	Sabine	Muller	Master	Female	54
7	02:30:51	8240	Nicki	Hill	Master	Female	52
8	02:34:23	8207	Beatrix	Broek	Master	Female	53
9	02:34:27	8271	Jaqueline	Loydell	Master	Female	58
10	02:43:53	8263	Eischen	Beyers	Master	Female	38
11	02:47:21	8260	Kim	Lamb	Master	Female	55
12	02:48:00	8204	Liz	Brash	Master	Female	60
13	02:49:20	8325	M-Flint	Marette	Master	Female	50



TSSL 2020
Race 2 LONG COURSE (12km)
Lebanon, Grabouw

Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:49:02	37	A	Siviwe	Nkombi	Open	Male	30
2	00:51:44	3	A	Estean	Badenhorst	Open	Male	24
3	00:52:56	53	A	James	Montgomery	Open	Male	35
4	00:53:52	58	A	Gcobani	Sitsheke	Open	Male	34
5	00:54:31	44	A	James	Bosenberg	Open	Male	32
6	00:55:06	18	A	Stuart	McDonald	Open	Male	37
7	00:55:46	36	A	Nicola	Wills	Open	Female	23
8	00:55:58	32	A	Gregory	Torr	Veteran	Male	45
9	00:57:10	46	A	Daneil	Feldmann	Open	Female	32
10	00:57:49	41	A	Harry	Banda	Open	Male	31
11	00:57:57	55	A	Ian	Van Rensburg	Open	Male	17
12	00:58:16	17	A	Werner	Kachelhoffer	Open	Male	32
13	00:58:26	16	A	Neil	Hermann	Master	Male	61
14	00:59:31	45	A	Mark	De Villiers	Open	Male	30
15	00:59:43	54	A	Grant	Quixley	Veteran	Male	43
16	00:59:52	35	A	Matthew	Weyer	Open	Male	28
17	01:00:49	59	A	Gael	de Mondragon	Open	Male	29
18	01:00:58	49	A	Styger	Kruger	Open	Male	27
19	01:01:12	1140	B	Julia	Hunter	Open	Female	35
20	01:01:41	1041	B	Charl	Jooste	Open	Male	35
21	01:01:57	6	A	Cullen	Clarke	Open	Male	12
22	01:01:58	1158	B	Aldert	van Zyl	Open	Male	32
23	01:02:37	1016	B	Mias	De Klerk	Open	Male	39
24	01:03:04	47	A	Leon	Gazet du Chattelier	Open	Male	35
25	01:04:21	48	A	Hedley	Gerhardt	Open	Male	36
26	01:04:34	1126	B	Kristo	Botha	Open	Male	27
27	01:04:58	1152	B	Andre	Spies	Veteran	Male	40
28	01:06:00	1151	B	Paul	Smit	Open	Male	34
29	01:06:03	2212	C	Heath	Hellenberg	Open	Male	29
30	01:06:03	1086	B	Matt	Sutcliffe	Open	Male	27
31	01:06:18	2270	C	Michael	Mafu	Open	Male	31
32	01:06:23	34	A	Danie	Van Der Merwe	Master	Male	50
33	01:06:52	1163	B	Bryan	Walter	Open	Male	35
34	01:07:03	52	A	Jodi	Marcus	Open	Female	37
35	01:07:12	1068	B	Byron	Rode	Open	Male	33
36	01:07:28	1174	B	Yannik	Brunner	Open	Male	20
37	01:07:35	2102	C	Yolande	Riekert	Open	Female	35
38	01:07:41	1030	B	Aben	Perreira	Open	Male	30
39	01:07:58	19	A	Matthew	McKechnie	Open	Male	22
40	01:08:00	1157	B	Johan	van der Merwe	Open	Male	33
41	01:08:07	2211	C	Sarah	Havard	Open	Female	29
42	01:08:20	1095	B	Clifford	van Rooyen	Open	Male	39
43	01:09:03	1074	B	James	Sleigh	Master	Male	52
44	01:09:05	1092	B	Stuart	Torr	Open	Male	39
45	01:09:14	7	A	Liam	Clarke	Open	Male	12
46	01:09:17	57	A	Mike	Clarke	Veteran	Male	49
47	01:09:24	1005	B	Meagan	Bosland	Open	Female	33
48	01:09:39	2071	C	Murray	le Roux	Open	Male	30
49	01:09:43	1168	B	Johan	Redelinghuys	Master	Male	54
50	01:09:52	1148	B	Conrad	Meier	Veteran	Male	49
51	01:09:54	43	A	Steven	Bolland	Open	Male	30
52	01:10:10	1147	B	Carel	Luwes	Open	Male	35
53	01:10:15	1132	B	Monique	Davidson	Open	Female	28
54	01:10:35	1080	B	Darryl	Stander	Veteran	Male	47
55	01:10:38	1137	B	Gerrit	Fourie	Open	Male	36
56	01:10:43	1034	B	Coenraad	Groenewald	Veteran	Male	40
57	01:10:54	1145	B	Stefan	Lindeque	Veteran	Male	46
58	01:11:46	10	A	Andrew	Dietrich	Veteran	Male	47
59	01:12:03	1130	B	Vera	Cahi	Open	Female	25
60	01:12:18	2196	C	Grant	Byron	Open	Male	38
61	01:12:22	20	A	Charlotte	Noble	Master	Female	54
62	01:12:30	1154	B	Duane	Steyn	Master	Male	55
63	01:12:32	1138	B	Isabell	Gehring	Open	Female	33
64	01:13:02	1027	B	Mike	Eloff	Veteran	Male	40
65	01:13:04	50	A	Andre	Lord	Open	Male	39
66	01:13:07	51	A	Nick	Luck	Veteran	Male	48
67	01:13:08	1134	B	Michiel	De Witt	Open	Male	28
68	01:13:08	2215	C	Francois	Hugo	Open	Male	30
69	01:13:17	2272	C	Stephen	Guess	Open	Male	31
70	01:13:34	2217	C	Jason	Ingel	Veteran	Male	47
71	01:13:45	1156	B	Dale	Taylor	Veteran	Male	40
72	01:13:51	2133	C	Jeremy	West	Open	Male	38
73	01:14:01	1143	B	Guy	Kleinhaus	Open	Male	29
74	01:14:06	2091	C	Daisy	Myburgh	Open	Female	30
75	01:14:20	2178	C	Werner	Jooste	Open	Male	33
76	01:14:33	1171	B	Chris	Rutte	Open	Male	35
77	01:14:44	1100	B	Graham	Westcott	Veteran	Male	41
78	01:15:05	1091	B	Matt	Thompson	Open	Male	35
79	01:15:06	15	A	Rosslee	Guess	Open	Female	26
80	01:15:13	1162	B	Labare	Viviers	Open	Female	31

81	01:15:42	40	A	Trish	Lane	Master	Female	56
82	01:15:44	1146	B	Andrea	Loubser	Open	Female	35
83	01:15:47	1024	B	Simon	Du Toit	Open	Male	34
84	01:15:47	2152	C	Sebnem	ER	Veteran	Female	41
85	01:15:56	1139	B	Cheryl	Howson	Open	Female	34
86	01:15:57	2266	C	Bryan	Botha	Open	Male	32
87	01:16:00	1175	B	Mattieu	Theron	Open	Male	29
88	01:16:12	1167	B	Christian	Bosman	Open	Male	37
89	01:16:22	2236	C	Jan	Retief	Open	Male	26
90	01:16:24	1173	B	Nicky	Vertue	Veteran	Female	43
91	01:16:44	1014	B	Charles	Crous	Open	Male	34
92	01:17:07	2139	C	Matthew	Wilkinson	Veteran	Male	41
93	01:17:09	1136	B	Martia	Fivaz	Open	Female	24
94	01:17:19	2147	C	Dale	Isaacs	Open	Male	38
95	01:17:25	2203	C	Etienne	Du Toit	Veteran	Male	46
96	01:17:28	1170	B	Paul	Wehmeyer	Open	Male	30
97	01:17:33	2030	C	SJ	Du Plooy	Open	Male	36
98	01:18:00	2081	C	Michael	Mc Intosh	Open	Male	30
99	01:18:09	2167	C	Kaylyn	Novak	Open	Female	22
100	01:18:12	2097	C	Stephen	Pietersen	Veteran	Male	45
101	01:18:14	2239	C	Craig	Scott	Master	Male	57
102	01:18:27	1144	B	Theodora	Lee	Open	Female	28
103	01:18:29	1155	B	Andrew	Tainton	Open	Male	29
104	01:18:42	2227	C	Fred	Neethling	Open	Male	34
105	01:18:45	2263	C	Alex	de Villiers	Open	Male	29
106	01:18:49	2164	C	York	Pick	Open	Male	30
107	01:18:57	2235	C	Nathan	Ramages	Open	Male	33
108	01:19:10	1160	B	Desaray	Verwey	Open	Female	34
109	01:19:11	2254	C	Desmond	Labuschagne	Master	Male	63
110	01:19:12	1022	B	Lizel	van Zyl	Open	Female	31
111	01:19:28	1007	B	Ronel	Botha	Open	Female	30
112	01:19:31	1150	B	Du Toit	Schreve	Open	Male	34
113	01:19:38	2233	C	Caitlin	Procter	Open	Female	33
114	01:19:39	1141	B	Sheralee	Jones	Veteran	Female	43
115	01:19:44	1124	B	Suzy	Barr	Veteran	Female	44
116	01:19:47	1153	B	Elisabeth	Stavenga	Veteran	Female	40
117	01:19:49	2078	C	Dirk	Lubbe	Master	Male	50
118	01:19:57	2141	C	Toni	Wilkinson	Open	Female	36
119	01:20:07	2206	C	Emma	Finlay	Open	Female	36
120	01:20:13	2119	C	Sanjay	Tewary	Master	Male	52
121	01:20:20	2238	C	Heidi	Schwartz	Veteran	Female	45
122	01:20:38	1088	B	Johann	Theron	Grand Master	Male	62
123	01:20:54	2242	C	Alex	Smit	Open	Male	31
124	01:20:58	1075	B	Sharon	Sleigh	Master	Female	52
125	01:21:13	1142	B	Ruth	Kennard-Davis	Veteran	Female	44
126	01:21:16	1059	B	Leanne	Mitchell	Veteran	Female	43
127	01:21:59	1127	B	L	Bredell	Open	Female	39
128	01:22:07	2204	C	Larry	Eichstadt	Master	Male	57
129	01:22:16	1128	B	Julia	Brunner	Open	Female	26
130	01:22:24	2271	C	Christelle	Leuvenink	Open	Female	29
131	01:22:35	2216	C	Rencia	Hugo	Open	Female	28
132	01:22:39	1058	B	Simon	Miszewski	Open	Male	30
133	01:22:41	1028	B	Neels	Erasmus	Veteran	Male	40
134	01:22:43	1164	B	Edward	West	Master	Male	53
135	01:23:03	1021	B	Jody	Delichte	Veteran	Female	45
136	01:23:05	1033	B	Chris	Greeff	Veteran	Male	43
137	01:23:16	1002	B	Jennifer	Begg	Open	Female	32
138	01:23:19	2213	C	Elmaré	Herring	Master	Female	50
139	01:23:24	2261	C	Wikus Theo	Villet	Open	Male	31
140	01:24:06	2249	C	Jolene	Visser	Open	Female	36
141	01:24:22	1004	B	Andre	Blignaut	Open	Male	33
142	01:24:28	2269	C	Richard	Dolamore	Master	Male	51
143	01:24:37	2255	C	Lindsay	Bloom	Open	Female	36
144	01:24:40	2268	C	Alexander	Ncube	Open	Male	29
145	01:24:41	1161	B	Gileam	Viviers	Open	Male	33
146	01:24:42	2252	C	Zoë	Wakefield	Open	Female	30
147	01:24:43	2013	C	Stefanus	Buys	Open	Male	26
148	01:24:47	2253	C	Sarah	Wilton	Open	Female	33
149	01:24:52	2140	C	Pauline	Wilkinson	Open	Female	35
150	01:24:54	2200	C	Natalia	Danilowicz	Open	Female	34
151	01:24:56	2222	C	Rirhandzu	Marivate	Open	Female	30
152	01:25:00	2135	C	Kathryn	Wicht	Open	Female	31
153	01:25:09	2229	C	Lindsey	O'Brien	Veteran	Female	40
154	01:25:10	2183	C	Shafeeka	Arendse	Veteran	Female	48
155	01:25:55	2177	C	Cathy	Mackenzie	Master	Female	51
156	01:25:59	2172	C	Dean	Webster	Open	Male	31
157	01:26:01	2219	C	Dijon	Lester	Veteran	Male	41
158	01:26:22	2111	C	Jaco	Snyman	Open	Male	33
159	01:26:42	2144	C	Eugene	Buckley	Open	Male	31
160	01:26:54	3033	D	Deemter	Avenant	Grand Master	Male	63
161	01:26:57	2142	C	A.J	Nel	Open	Male	35
162	01:26:59	3042	D	Gemma	Gelling	Open	Female	25
163	01:27:02	2264	C	Hilary	Gardener	Veteran	Female	42
164	01:27:06	2182	C	Kate	Aitken	Open	Female	33
165	01:27:07	2244	C	Dimitri	Stroinovsky	Veteran	Male	41
166	01:27:09	2092	C	Bradley	Nitsckie	Veteran	Male	43
167	01:27:13	1077	B	Paul	Snowdon	Master	Male	53

168	01:27:16	3005	D	Frances	de Kock	Master	Female	52
169	01:27:27	2256	C	Rian	Singels	Open	Male	32
170	01:27:30	2246	C	Johanna	Toerien	Veteran	Female	49
171	01:27:32	2251	C	Willi	Von Borstel	Master	Male	51
172	01:27:39	3034	D	Marcelle	Coleske	Open	Female	28
173	01:27:41	2260	C	Rita	Nel	Veteran	Female	41
174	01:27:51	2093	C	Julian	Novak	Master	Male	53
175	01:27:58	2259	C	Mario Lorenzo	Hendriks	Veteran	Male	43
176	01:28:13	1044	B	Sediqa	Khatieb	Open	Female	37
177	01:28:18	2240	C	Robyn	Scott	Veteran	Female	47
178	01:28:25	2257	C	Sherean	Du Plessis	Open	Female	28
179	01:28:47	2154	C	Monique	Sham	Open	Female	36
180	01:28:49	2205	C	Richard	Emery	Veteran	Male	47
181	01:28:52	2088	C	Jane	Moodie	Grand Master	Female	60
182	01:29:07	2058	C	Warren	Kansley	Veteran	Male	40
183	01:29:12	3058	D	Yvonne	van der Merwe	Open	Female	38
184	01:29:27	2153	C	Lisa	du Plessis	Veteran	Female	48
185	01:29:32	2237	C	Brandon	Ryklief	Veteran	Male	44
186	01:29:44	1172	B	Marinet	du Toit	Open	Female	33
187	01:29:47	3007	D	Chantal	Faure	Grand Master	Female	60
188	01:29:49	2184	C	Donna	Baesa	Veteran	Female	43
189	01:30:00	1133	B	Anisha	Dayaram	Open	Female	34
190	01:30:00	2258	C	Gus	van der Spek	Open	Male	39
191	01:30:08	2267	C	Ngullo	van Schackam	Open	Male	38
192	01:30:16	1020	B	Gideon	de Wet	Open	Male	39
193	01:30:22	1129	B	Rob	Burns	Grand Master	Male	69
194	01:30:29	2209	C	Britta	Graewe	Open	Female	36
195	01:30:32	2207	C	Staphan	Fourie	Open	Male	35
196	01:30:45	2011	C	Lauren	Bosman	Open	Female	33
197	01:30:50	2188	C	Natacha	Berkowitz	Open	Female	33
198	01:31:10	3006	D	Karen	du Toit	Veteran	Female	42
199	01:31:13	29	A	Beverley	Smyth	Veteran	Female	47
200	01:31:39	2136	C	Christian	Wiesener	Veteran	Male	47
201	01:31:57	2090	C	Tawanda	Mushore	Open	Male	36
202	01:32:02	2245	C	Freda	Theron	Veteran	Female	46
203	01:32:27	2230	C	Tonia	Pavlou	Open	Female	35
204	01:32:30	2028	C	Mathew	De Smidt	Veteran	Male	42
205	01:32:40	3004	D	Jana	De Bruyn	Open	Female	33
206	01:33:05	2210	C	Neil	Harrison	Master	Male	52
207	01:33:35	2095	C	Dick	Oliemans	Grand Master	Male	61
208	01:33:41	2181	C	Elri	Agenbag	Open	Female	36
209	01:33:44	2250	C	Mercia	Volschenk	Open	Female	35
210	01:33:57	2122	C	Sam	Troost	Grand Master	Male	63
211	01:34:09	2193	C	Christopher	Brikkels	Veteran	Male	44
212	01:34:24	3059	D	Andreas	Heyns du Preez	Open	Male	15
213	01:34:46	2008	C	Lucie	Barber	Veteran	Female	45
214	01:34:54	3057	D	Nikie	van Veen	Open	Female	30
215	01:35:42	2155	C	Kirstin	Sham	Open	Female	28
216	01:35:53	3036	D	Ryan	De Bique	Open	Male	36
217	01:36:06	1043	B	Fayroz Sha	Khatieb	Grand Master	Male	64
218	01:36:07	2241	C	Leanne	Scott	Grand Master	Female	60
219	01:36:42	3050	D	Charlotte	Schreve	Master	Female	50
220	01:36:43	3038	D	Hannetjie	Du Plessis	Master	Female	52
221	01:36:45	3028	D	Jonathan	Grant	Open	Male	31
222	01:36:47	3062	D	Lebusa	Meso	Open	Male	34
223	01:36:51	3055	D	Annieke	van der Valk	Open	Female	36
224	01:36:56	2173	C	Andre	Sampson	Veteran	Male	49
225	01:37:09	2228	C	Lorraine	Nevin	Master	Female	56
226	01:37:19	3056	D	Wian	Van Jaarsveld	Open	Male	34
227	01:37:38	3002	D	Fennet	Cilliers	Veteran	Female	42
228	01:37:39	2214	C	Obayd	Hoosain	Open	Male	30
229	01:37:42	3048	D	Karen	Mossmer	Open	Female	39
230	01:37:43	3039	D	Jan Heyns	du Preez	Veteran	Male	48
231	01:38:02	2247	C	Anton	Uys	Master	Male	59
232	01:38:20	3051	D	Bertus	Snyman	Open	Male	32
233	01:38:23	3060	D	Sepvaas Anton	de Kock	Open	Male	37
234	01:38:55	2248	C	PJ	Veldhuizen	Veteran	Male	47
235	01:39:00	2075	C	Marizanne	Lombard	Master	Female	54
236	01:39:23	2265	C	Bruce	McMahon	Open	Male	28
237	01:39:48	1039	B	Farzaana	Jacobs	Veteran	Female	41
238	01:39:50	1051	B	Moegamad	Majal	Veteran	Male	46
239	01:40:28	3045	D	Conny	Krauss	Master	Female	55
240	01:40:30	2208	C	Haanim	Galvaan	Open	Female	31
241	01:40:44	3047	D	Neil	Marsden	Open	Male	18
242	01:41:17	2201	C	Judith	Davidse	Open	Female	38
243	01:41:18	2243	C	Alison	Smith	Veteran	Female	43
244	01:41:45	2151	C	Jarrood	Falkenberg	Open	Male	29
245	01:41:59	3041	D	Hannah	Esterhuysen	Master	Female	59
246	01:42:05	1149	B	Tamsyn	Quintini	Open	Female	34
247	01:42:20	2194	C	Robyn	Buntting	Open	Female	35
248	01:42:56	3035	D	Elnalene	Cornelius	Open	Female	31
249	01:43:27	2185	C	Geiroeneesa	Baileu	Open	Female	36
250	01:43:33	2262	C	Erica	Brophy	Veteran	Female	45
251	01:43:44	2105	C	Michael John	Saunders	Veteran	Male	44
252	01:43:46	2068	C	Lindsay	Langenhoven	Veteran	Female	42
253	01:45:10	3014	D	Izabel	Lubbe	Master	Female	50
254	01:45:33	3043	D	Dimitri	Gillespie	Grand Master	Female	65

255	01:45:33	2099	C	Jo	Price	Veteran	Female	47
256	01:45:50	3053	D	Maralize	Stander	Veteran	Female	41
257	01:45:52	3052	D	Deleur	Stander	Veteran	Male	42
258	01:46:12	2187	C	Nigel	Barnes	Master	Male	51
259	01:46:14	2192	C	Evette	Briers	Veteran	Female	40
260	01:46:25	3037	D	Amanda	Dovey	Veteran	Female	40
261	01:46:52	2225	C	Lawrence	Merry	Open	Male	29
262	01:47:00	2175	C	Graeme	Searle	Master	Male	53
263	01:47:15	2186	C	Ayoub	Banderker	Veteran	Male	45
264	01:48:13	3011	D	Jackie	Goosen	Master	Female	58
265	01:48:58	2198	C	Nicci	Cloete Annette	Veteran	Female	46
266	01:49:09	2232	C	Morag	Phillips	Veteran	Female	49
267	01:49:11	3061	D	Kathryn	Burke	Open	Female	37
268	01:49:16	3008	D	Natasha	Ferreira	Open	Female	38
269	01:49:23	3003	D	Colleen	Cross	Open	Female	39
270	01:50:59	3046	D	Crawford	Macnab	Veteran	Male	42
271	01:51:40	2145	C	Yazeed	Petersen	Open	Male	31
272	01:51:51	3044	D	Lynette	Glen	Grand Master	Female	60
273	01:53:12	3054	D	Chris	Truter	Open	Male	36
274	01:55:43	2080	C	Wynand	Markram	Veteran	Male	41
275	01:56:48	2202	C	Jean	du Toit	Veteran	Male	48
276	01:56:49	2073	C	Emuel	Lombaard	Open	Male	28
277	01:56:49	2044	C	Nicole	Hayes	Open	Female	31
278	01:56:49	2101	C	Anneray	Richards	Open	Female	24
279	02:07:39	3049	D	Ilana	Mthethwa	Open	Female	37
280	02:08:21	1135	B	Roan	Dearham	Open	Male	29
281	02:11:01	2001	C	Carin	Abramovitz	Master	Female	57

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:49:02	37	A	Siviwe	Nkombi	Open	Male	30
2	00:51:44	3	A	Estean	Badenhorst	Open	Male	24
3	00:52:56	53	A	James	Montgomery	Open	Male	35
4	00:53:52	58	A	Gcobani	Sitsheke	Open	Male	34
5	00:54:31	44	A	James	Bosenberg	Open	Male	32
6	00:55:06	18	A	Stuart	McDonald	Open	Male	37
7	00:57:49	41	A	Harry	Banda	Open	Male	31
8	00:57:57	55	A	Ian	Van Rensburg	Open	Male	17
9	00:58:16	17	A	Werner	Kachelhoffer	Open	Male	32
10	00:59:31	45	A	Mark	De Villiers	Open	Male	30
11	00:59:52	35	A	Matthew	Weyer	Open	Male	28
12	01:00:49	59	A	Gael	de Mondragon	Open	Male	29
13	01:00:58	49	A	Styger	Kruger	Open	Male	27
14	01:01:41	1041	B	Charl	Jooste	Open	Male	35
15	01:01:57	6	A	Cullen	Clarke	Open	Male	12
16	01:01:58	1158	B	Aldert	van Zyl	Open	Male	32
17	01:02:37	1016	B	Mias	De Klerk	Open	Male	39
18	01:03:04	47	A	Leon	Gazet du Chattelier	Open	Male	35
19	01:04:21	48	A	Hedley	Gerhardt	Open	Male	36
20	01:04:34	1126	B	Kristo	Botha	Open	Male	27
21	01:06:00	1151	B	Paul	Smit	Open	Male	34
22	01:06:03	2212	C	Heath	Hellenberg	Open	Male	29
23	01:06:03	1086	B	Matt	Sutcliffe	Open	Male	27
24	01:06:18	2270	C	Michael	Mafu	Open	Male	31
25	01:06:52	1163	B	Bryan	Walter	Open	Male	35
26	01:07:12	1068	B	Byron	Rode	Open	Male	33
27	01:07:28	1174	B	Yannik	Brunner	Open	Male	20
28	01:07:41	1030	B	Aben	Perreira	Open	Male	30
29	01:07:58	19	A	Matthew	McKechnie	Open	Male	22
30	01:08:00	1157	B	Johan	van der Merwe	Open	Male	33
31	01:08:20	1095	B	Clifford	van Rooyen	Open	Male	39
32	01:09:05	1092	B	Stuart	Torr	Open	Male	39
33	01:09:14	7	A	Liam	Clarke	Open	Male	12
34	01:09:39	2071	C	Murray	le Roux	Open	Male	30
35	01:09:54	43	A	Steven	Bolland	Open	Male	30
36	01:10:10	1147	B	Carel	Luwes	Open	Male	35
37	01:10:38	1137	B	Gerrit	Fourie	Open	Male	36
38	01:12:18	2196	C	Grant	Byron	Open	Male	38
39	01:13:04	50	A	Andre	Lord	Open	Male	39
40	01:13:08	1134	B	Michiel	De Witt	Open	Male	28
41	01:13:08	2215	C	Francois	Hugo	Open	Male	30
42	01:13:17	2272	C	Stephen	Guess	Open	Male	31
43	01:13:51	2133	C	Jeremy	West	Open	Male	38
44	01:14:01	1143	B	Guy	Kleinhaus	Open	Male	29
45	01:14:20	2178	C	Werner	Jooste	Open	Male	33
46	01:14:33	1171	B	Chris	Rutte	Open	Male	35
47	01:15:05	1091	B	Matt	Thompson	Open	Male	35
48	01:15:47	1024	B	Simon	Du Toit	Open	Male	34
49	01:15:57	2266	C	Bryan	Botha	Open	Male	32
50	01:16:00	1175	B	Mattieu	Theron	Open	Male	29
51	01:16:12	1167	B	Christian	Bosman	Open	Male	37
52	01:16:22	2236	C	Jan	Retief	Open	Male	26
53	01:16:44	1014	B	Charles	Crous	Open	Male	34
54	01:17:19	2147	C	Dale	Isaacs	Open	Male	38
55	01:17:28	1170	B	Paul	Wehmeyer	Open	Male	30
56	01:17:33	2030	C	SJ	Du Plooy	Open	Male	36
57	01:18:00	2081	C	Michael	Mc Intosh	Open	Male	30

58	01:18:29	1155	B	Andrew	Tainton	Open	Male	29
59	01:18:42	2227	C	Fred	Neethling	Open	Male	34
60	01:18:45	2263	C	Alex	de Villiers	Open	Male	29
61	01:18:49	2164	C	York	Pick	Open	Male	30
62	01:18:57	2235	C	Nathan	Ramages	Open	Male	33
63	01:19:31	1150	B	Du Toit	Schreve	Open	Male	34
64	01:20:54	2242	C	Alex	Smit	Open	Male	31
65	01:22:39	1058	B	Simon	Miszewski	Open	Male	30
66	01:23:24	2261	C	Wikus Theo	Villet	Open	Male	31
67	01:24:22	1004	B	Andre	Blignaut	Open	Male	33
68	01:24:40	2268	C	Alexander	Ncube	Open	Male	29
69	01:24:41	1161	B	Gileam	Viviers	Open	Male	33
70	01:24:43	2013	C	Stefanus	Buys	Open	Male	26
71	01:25:59	2172	C	Dean	Webster	Open	Male	31
72	01:26:22	2111	C	Jaco	Snyman	Open	Male	33
73	01:26:42	2144	C	Eugene	Buckley	Open	Male	31
74	01:26:57	2142	C	A.J	Nel	Open	Male	35
75	01:27:27	2256	C	Rian	Singels	Open	Male	32
76	01:30:00	2258	C	Gus	van der Spek	Open	Male	39
77	01:30:08	2267	C	Nguillo	van Schackam	Open	Male	38
78	01:30:16	1020	B	Gideon	de Wet	Open	Male	39
79	01:30:32	2207	C	Staphan	Fourie	Open	Male	35
80	01:31:57	2090	C	Tawanda	Mushore	Open	Male	36
81	01:34:24	3059	D	Andreas	Heyns du Preez	Open	Male	15
82	01:35:53	3036	D	Ryan	De Bique	Open	Male	36
83	01:36:45	3028	D	Jonathan	Grant	Open	Male	31
84	01:36:47	3062	D	Lebusa	Meso	Open	Male	34
85	01:37:19	3056	D	Wian	Van Jaarsveld	Open	Male	34
86	01:37:39	2214	C	Obayd	Hoosain	Open	Male	30
87	01:38:20	3051	D	Bertus	Snyman	Open	Male	32
88	01:38:23	3060	D	Sepvaas Anton	de Kock	Open	Male	37
89	01:39:23	2265	C	Bruce	McMahon	Open	Male	28
90	01:40:44	3047	D	Neil	Marsden	Open	Male	18
91	01:41:45	2151	C	Jarrod	Falkenberg	Open	Male	29
92	01:46:52	2225	C	Lawrence	Merry	Open	Male	29
93	01:51:40	2145	C	Yazeed	Petersen	Open	Male	31
94	01:53:12	3054	D	Chris	Truter	Open	Male	36
95	01:56:49	2073	C	Emuel	Lombaard	Open	Male	28
96	02:08:21	1135	B	Roan	Dearham	Open	Male	29

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:55:46	36	A	Nicola	Wills	Open	Female	23
2	00:57:10	46	A	Daneil	Feldmann	Open	Female	32
3	01:01:12	1140	B	Julia	Hunter	Open	Female	35
4	01:07:03	52	A	Jodi	Marcus	Open	Female	37
5	01:07:35	2102	C	Yolande	Riekert	Open	Female	35
6	01:08:07	2211	C	Sarah	Havard	Open	Female	29
7	01:09:24	1005	B	Meagan	Bosland	Open	Female	33
8	01:10:15	1132	B	Monique	Davidson	Open	Female	28
9	01:12:03	1130	B	Vera	Cahi	Open	Female	25
10	01:12:32	1138	B	Isabell	Gehring	Open	Female	33
11	01:14:06	2091	C	Daisy	Myburgh	Open	Female	30
12	01:15:06	15	A	Rosslee	Guess	Open	Female	26
13	01:15:13	1162	B	Labare	Viviers	Open	Female	31
14	01:15:44	1146	B	Andrea	Loubser	Open	Female	35
15	01:15:56	1139	B	Cheryl	Howson	Open	Female	34
16	01:17:09	1136	B	Marlia	Fivaz	Open	Female	24
17	01:18:09	2167	C	Kaylyn	Novak	Open	Female	22
18	01:18:27	1144	B	Theodora	Lee	Open	Female	28
19	01:19:10	1160	B	Desaray	Verwey	Open	Female	34
20	01:19:12	1022	B	Lizel	van Zyl	Open	Female	31
21	01:19:28	1007	B	Ronel	Botha	Open	Female	30
22	01:19:38	2233	C	Caitlin	Procter	Open	Female	33
23	01:19:57	2141	C	Toni	Wilkinson	Open	Female	36
24	01:20:07	2206	C	Emma	Finlay	Open	Female	36
25	01:21:59	1127	B	L	Bredell	Open	Female	39
26	01:22:16	1128	B	Julia	Brunner	Open	Female	26
27	01:22:24	2271	C	Christelle	Leuvenink	Open	Female	29
28	01:22:35	2216	C	Rencia	Hugo	Open	Female	28
29	01:23:16	1002	B	Jennifer	Begg	Open	Female	32
30	01:24:06	2249	C	Jolene	Visser	Open	Female	36
31	01:24:37	2255	C	Lindsay	Bloom	Open	Female	36
32	01:24:42	2252	C	Zoë	Wakefield	Open	Female	30
33	01:24:47	2253	C	Sarah	Wilton	Open	Female	33
34	01:24:52	2140	C	Pauline	Wilkinson	Open	Female	35
35	01:24:54	2200	C	Natalia	Danilowicz	Open	Female	34
36	01:24:56	2222	C	Rirhandzu	Marivate	Open	Female	30
37	01:25:00	2135	C	Kathryn	Wicht	Open	Female	31
38	01:26:59	3042	D	Gemma	Gelling	Open	Female	25
39	01:27:06	2182	C	Kate	Aitken	Open	Female	33
40	01:27:39	3034	D	Marcelle	Coleske	Open	Female	28
41	01:28:13	1044	B	Sediqa	Khatieb	Open	Female	37
42	01:28:25	2257	C	Sherean	Du Plessis	Open	Female	28
43	01:28:47	2154	C	Monique	Sham	Open	Female	36
44	01:29:12	3058	D	Yvonne	van der Merwe	Open	Female	38
45	01:29:44	1172	B	Marinet	du Toit	Open	Female	33

46	01:30:00	1133	B	Anisha	Dayaram	Open	Female	34
47	01:30:29	2209	C	Britta	Graewe	Open	Female	36
48	01:30:45	2011	C	Lauren	Bosman	Open	Female	33
49	01:30:50	2188	C	Natacha	Berkowitz	Open	Female	33
50	01:32:27	2230	C	Tonia	Pavlou	Open	Female	35
51	01:32:40	3004	D	Jana	De Bruyn	Open	Female	33
52	01:33:41	2181	C	Elri	Agenbag	Open	Female	36
53	01:33:44	2250	C	Mercia	Volschenk	Open	Female	35
54	01:34:54	3057	D	Nikie	van Veen	Open	Female	30
55	01:35:42	2155	C	Kirstin	Sham	Open	Female	28
56	01:36:51	3055	D	Annemieke	van der Valk	Open	Female	36
57	01:37:42	3048	D	Karen	Mossmar	Open	Female	39
58	01:40:30	2208	C	Haanim	Galvaan	Open	Female	31
59	01:41:17	2201	C	Judith	Davidse	Open	Female	38
60	01:42:05	1149	B	Tamsyn	Quintini	Open	Female	34
61	01:42:20	2194	C	Robyn	Buntting	Open	Female	35
62	01:42:56	3035	D	Elnalene	Cornelius	Open	Female	31
63	01:43:27	2185	C	Geiroeneesa	Baileu	Open	Female	36
64	01:49:11	3061	D	Kathryn	Burke	Open	Female	37
65	01:49:16	3008	D	Natasha	Ferreira	Open	Female	38
66	01:49:23	3003	D	Colleen	Cross	Open	Female	39
67	01:56:49	2044	C	Nicole	Hayes	Open	Female	31
68	01:56:49	2101	C	Anneray	Richards	Open	Female	24
69	02:07:39	3049	D	Ilana	Mthethwa	Open	Female	37

Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:55:58	32	A	Gregory	Torr	Veteran	Male	45
2	00:59:43	54	A	Grant	Quixley	Veteran	Male	43
3	01:04:58	1152	B	Andre	Spies	Veteran	Male	40
4	01:09:17	57	A	Mike	Clarke	Veteran	Male	49
5	01:09:52	1148	B	Conrad	Meier	Veteran	Male	49
6	01:10:35	1080	B	Darryl	Stander	Veteran	Male	47
7	01:10:43	1034	B	Coenraad	Groenewald	Veteran	Male	40
8	01:10:54	1145	B	Stefan	Lindeque	Veteran	Male	46
9	01:11:46	10	A	Andrew	Dietrich	Veteran	Male	47
10	01:13:02	1027	B	Mike	Eloff	Veteran	Male	40
11	01:13:07	51	A	Nick	Luck	Veteran	Male	48
12	01:13:34	2217	C	Jason	Ingel	Veteran	Male	47
13	01:13:45	1156	B	Dale	Taylor	Veteran	Male	40
14	01:14:44	1100	B	Graham	Westcott	Veteran	Male	41
15	01:17:07	2139	C	Matthew	Wilkinson	Veteran	Male	41
16	01:17:25	2203	C	Etienne	Du Toit	Veteran	Male	46
17	01:18:12	2097	C	Stephen	Pietersen	Veteran	Male	45
18	01:22:41	1028	B	Neels	Erasmus	Veteran	Male	40
19	01:23:05	1033	B	Chris	Greeff	Veteran	Male	43
20	01:26:01	2219	C	Dijon	Lester	Veteran	Male	41
21	01:27:07	2244	C	Dimitri	Stroinovsky	Veteran	Male	41
22	01:27:09	2092	C	Bradley	Nitsckie	Veteran	Male	43
23	01:27:58	2259	C	Mario Lorenzo	Hendriks	Veteran	Male	43
24	01:28:49	2205	C	Richard	Emery	Veteran	Male	47
25	01:29:07	2058	C	Warren	Kansley	Veteran	Male	40
26	01:29:32	2237	C	Brandon	Ryklief	Veteran	Male	44
27	01:31:39	2136	C	Christian	Wiesener	Veteran	Male	47
28	01:32:30	2028	C	Mathew	De Smidt	Veteran	Male	42
29	01:34:09	2193	C	Christopher	Brikcells	Veteran	Male	44
30	01:36:56	2173	C	Andre	Sampson	Veteran	Male	49
31	01:37:43	3039	D	Jan Heyns	du Preez	Veteran	Male	48
32	01:38:55	2248	C	PJ	Veldhuizen	Veteran	Male	47
33	01:39:50	1051	B	Moegamad	Majal	Veteran	Male	46
34	01:43:44	2105	C	Michael John	Saunders	Veteran	Male	44
35	01:45:52	3052	D	Deleur	Stander	Veteran	Male	42
36	01:47:15	2186	C	Ayoub	Banderker	Veteran	Male	45
37	01:50:59	3046	D	Crawford	Macnab	Veteran	Male	42
38	01:55:43	2080	C	Wynand	Markram	Veteran	Male	41
39	01:56:48	2202	C	Jean	du Toit	Veteran	Male	48

Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:15:47	2152	C	Sebnem	ER	Veteran	Female	41
2	01:16:24	1173	B	Nicky	Vertue	Veteran	Female	43
3	01:19:39	1141	B	Sheralee	Jones	Veteran	Female	43
4	01:19:44	1124	B	Suzu	Barr	Veteran	Female	44
5	01:19:47	1153	B	Elisabeth	Stavenga	Veteran	Female	40
6	01:20:20	2238	C	Heidi	Schwartz	Veteran	Female	45
7	01:21:13	1142	B	Ruth	Kennard-Davis	Veteran	Female	44
8	01:21:16	1059	B	Leanne	Mitchell	Veteran	Female	43
9	01:23:03	1021	B	Jody	Delichte	Veteran	Female	45
10	01:25:09	2229	C	Lindsey	OBrien	Veteran	Female	40
11	01:25:10	2183	C	Shafeeka	Arendse	Veteran	Female	48
12	01:27:02	2264	C	Hilary	Gardener	Veteran	Female	42
13	01:27:30	2246	C	Johanna	Toerien	Veteran	Female	49
14	01:27:41	2260	C	Rita	Nel	Veteran	Female	41
15	01:28:18	2240	C	Robyn	Scott	Veteran	Female	47
16	01:29:27	2153	C	Lisa	du Plessis	Veteran	Female	48
17	01:29:49	2184	C	Donna	Baesa	Veteran	Female	43
18	01:31:10	3006	D	Karen	du Toit	Veteran	Female	42

19	01:31:13	29	A	Beverley	Smyth	Veteran	Female	47
20	01:32:02	2245	C	Freda	Theron	Veteran	Female	46
21	01:34:46	2008	C	Lucie	Barber	Veteran	Female	45
22	01:37:38	3002	D	Fennet	Cilliers	Veteran	Female	42
23	01:39:48	1039	B	Farzaana	Jacobs	Veteran	Female	41
24	01:41:18	2243	C	Alison	Smith	Veteran	Female	43
25	01:43:33	2262	C	Erica	Brophy	Veteran	Female	45
26	01:43:46	2068	C	Lindsay	Langenhoven	Veteran	Female	42
27	01:45:33	2099	C	Jo	Price	Veteran	Female	47
28	01:45:50	3053	D	Maralize	Stander	Veteran	Female	41
29	01:46:14	2192	C	Evette	Briers	Veteran	Female	40
30	01:46:25	3037	D	Amanda	Dovey	Veteran	Female	40
31	01:48:58	2198	C	Nicci	Cloete Annette	Veteran	Female	46
32	01:49:09	2232	C	Morag	Phillips	Veteran	Female	49

Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:58:26	16	A	Neil	Hermann	Master	Male	61
2	01:06:23	34	A	Danie	Van Der Merwe	Master	Male	50
3	01:09:03	1074	B	James	Sleigh	Master	Male	52
4	01:09:43	1168	B	Johan	Redelinghuys	Master	Male	54
5	01:12:30	1154	B	Duane	Steyn	Master	Male	55
6	01:18:14	2239	C	Craig	Scott	Master	Male	57
7	01:19:11	2254	C	Desmond	Labuschagne	Master	Male	63
8	01:19:49	2078	C	Dirk	Lubbe	Master	Male	50
9	01:20:13	2119	C	Sanjay	Tewary	Master	Male	52
10	01:22:07	2204	C	Larry	Eichstadt	Master	Male	57
11	01:22:43	1164	B	Edward	West	Master	Male	53
12	01:24:28	2269	C	Richard	Dolamore	Master	Male	51
13	01:27:13	1077	B	Paul	Snowdon	Master	Male	53
14	01:27:32	2251	C	Willi	Von Borstel	Master	Male	51
15	01:27:51	2093	C	Julian	Novak	Master	Male	53
16	01:33:05	2210	C	Neil	Harrison	Master	Male	52
17	01:38:02	2247	C	Anton	Uys	Master	Male	59
18	01:46:12	2187	C	Nigel	Barnes	Master	Male	51
19	01:47:00	2175	C	Graeme	Searle	Master	Male	53

Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:12:22	20	A	Charlotte	Noble	Master	Female	54
2	01:15:42	40	A	Trish	Lane	Master	Female	56
3	01:20:58	1075	B	Sharon	Sleigh	Master	Female	52
4	01:23:19	2213	C	Elmaré	Herring	Master	Female	50
5	01:25:55	2177	C	Cathy	Mackenzie	Master	Female	51
6	01:27:16	3005	D	Frances	de Kock	Master	Female	52
7	01:36:42	3050	D	Charlotte	Schreve	Master	Female	50
8	01:36:43	3038	D	Hannetjie	Du Plessis	Master	Female	52
9	01:37:09	2228	C	Lorraine	Nevin	Master	Female	56
10	01:39:00	2075	C	Marizanne	Lombard	Master	Female	54
11	01:40:28	3045	D	Conny	Krauss	Master	Female	55
12	01:41:59	3041	D	Hannah	Esterhuysen	Master	Female	59
13	01:45:10	3014	D	Izabel	Lubbe	Master	Female	50
14	01:48:13	3011	D	Jackie	Goosen	Master	Female	58
15	02:11:01	2001	C	Carin	Abramovitz	Master	Female	57

Grand Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:20:38	1088	B	Johann	Theron	Grand Master	Male	62
2	01:26:54	3033	D	Deemter	Avenant	Grand Master	Male	63
3	01:30:22	1129	B	Rob	Burns	Grand Master	Male	69
4	01:33:35	2095	C	Dick	Oliemans	Grand Master	Male	61
5	01:33:57	2122	C	Sam	Troost	Grand Master	Male	63
6	01:36:06	1043	B	Fayroz Sha	Khatieb	Grand Master	Male	64

Grand Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	01:28:52	2088	C	Jane	Moodie	Grand Master	Female	60
2	01:29:47	3007	D	Chantal	Faure	Grand Master	Female	60
3	01:36:07	2241	C	Leanne	Scott	Grand Master	Female	60
4	01:45:33	3043	D	Dimitri	Gillespie	Grand Master	Female	65
5	01:51:51	3044	D	Lynette	Glen	Grand Master	Female	60



TSSL 2020
Race 2 SHORT COURSE (6.2km)
Lebanon, Grabouw

Overall

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:25:02	4050	E	Anele	Bans	Open	Male	31
2	00:25:57	4001	E	Deon	Boshnic	Junior	Male	15
3	00:26:30	4009	E	Jethro	Dunn	Junior	Male	16
4	00:28:26	4019	E	Mikaeel	Moolta	Minimee	Male	14
5	00:28:56	5004	F	Nicholas	Bunn	Open	Male	21
6	00:29:26	4041	E	Abrie	Joubert	Veteran	Male	47
7	00:29:36	5030	F	Safwaan	Lewis	Veteran	Male	42
8	00:29:44	4010	E	Ralph	Harris	Veteran	Male	40
9	00:29:50	4042	E	Samuel	Longmore	Minimee	Male	11
10	00:29:53	4020	E	PJ	Moses	Veteran	Male	42
11	00:30:05	4025	E	Christo	Van der Berg	Veteran	Male	47
12	00:30:12	5087	F	James	Campbell	Open	Male	27
13	00:30:18	5101	F	Devon	Reynolds	Open	Male	27
14	00:30:37	4048	E	William	Gibbeis	Open	Male	21
15	00:30:40	5108	F	Victor	Gugushe	Veteran	Male	41
16	00:31:09	4045	E	Caitlin	Snethlage	Open	Female	27
17	00:31:16	4016	E	Brett	Maeyer	Open	Male	27
18	00:31:22	4046	E	Matthew	Kane	Open	Male	25
19	00:31:28	5098	F	David	Metelerkamp	Open	Male	28
20	00:32:13	4004	E	Andre	De Piaz	Master	Male	53
21	00:33:07	5025	F	Christo	Joubert	Open	Male	19
22	00:33:11	5000	F	Nicolette	Brouwer	Master	Female	52
23	00:33:30	4043	E	Rozelle	Meier	Open	Female	23
24	00:33:35	5067	F	Wayne	Victor	Veteran	Male	45
25	00:33:43	4002	E	Xolisiwe	Booi	Open	Female	35
26	00:33:46	5109	F	Zonday	Keyser	Minimee	Female	12
27	00:34:03	6227	G	Stephan	Marais	Veteran	Male	41
28	00:34:31	6089	G	Nikolas	Lowther	Minimee	Male	11
29	00:34:39	5095	F	Grant	Longmore	Veteran	Male	11
30	00:34:42	5104	F	Jan-Willem	Smith	Open	Male	30
31	00:34:45	6045	G	Richard	Fawcett	Open	Male	27
32	00:34:52	5073	F	Roldah	Orrie	Master	Female	53
33	00:35:14	4027	E	Josiah	Mcgill	Peevee	Male	9
34	00:35:54	6228	G	Tony	Marinos	Veteran	Male	49
35	00:35:56	5061	F	Lian	Swanepoel	Junior	Male	16
36	00:36:02	5035	F	Donald	Loubser	Open	Male	36
37	00:36:10	7109	H	Arabella	Parkinson	Open	Female	29
38	00:36:17	5012	F	Lauren	Denny	Open	Female	24
39	00:36:21	4034	E	Chantal	Pieters	Master	Female	0
40	00:36:24	6226	G	Jono	Makepeace	Open	Male	29
41	00:36:29	5053	F	David	Rodseth	Grand Master	Male	65
42	00:36:33	6156	G	Robert	van der Merwe	Open	Male	28
43	00:36:35	7156	H	Theunis	Victor	Open	Male	35
44	00:36:38	5085	F	Bianca	Asher-David	Open	Female	32
45	00:36:44	5015	F	Bill	Dunn	Master	Male	51
46	00:36:54	6257	G	Arno	Pienaar	Open	Male	30
47	00:37:21	5043	F	Mo	Moolta	Veteran	Male	46
48	00:37:24	5081	F	Olckers	Vaughn	Master	Male	53
49	00:37:28	6217	G	Simone	Gregor	Open	Female	35
50	00:37:31	6261	G	Justin	Vakkeutssel	Open	Male	27
51	00:37:46	4031	E	Leslie	Chivell	Grand Master	Male	64
52	00:37:50	6243	G	Jana	Steyn	Open	Female	25
53	00:38:04	6246	G	Marco	Storm	Minimee	Male	14
54	00:38:15	4049	E	Zeyad	Maarman	Peevee	Male	0
55	00:38:22	6249	G	Lombard	Van Jaarsveld	Open	Male	25
56	00:38:28	4008	E	Charlotte	du Plessis	Open	Female	38
57	00:38:48	5058	F	Shane	Schwulst	Open	Male	30
58	00:38:52	4026	E	Emma	Jansen Van Rensburg	Minimee	Female	11
59	00:38:53	4040	E	Frances	Fuchs	Veteran	Female	45
60	00:39:01	5092	F	Minette	Kallis	Open	Female	38
61	00:39:09	6267	G	Winston	Guess	Open	Male	33
62	00:39:12	6241	G	Bronwyn	Snyman	Open	Female	30
63	00:39:18	7115	H	Lene	Broeksma	Open	Female	27
64	00:39:23	6233	G	Ingrid	Olivier	Veteran	Female	41
65	00:39:25	6234	G	Morne	Olivier	Veteran	Male	46
66	00:39:53	5074	F	Alfred	Temmers	Master	Male	52
67	00:40:05	5086	F	Lourens	Barwise	Open	Male	28
68	00:40:09	6230	G	Gavin	McKinney	Open	Male	35
69	00:40:11	6256	G	Emily	Furlong	Veteran	Female	44
70	00:40:18	7168	H	Etienne	van rensburg	Junior	Male	16
71	00:40:18	5107	F	Carmen	van der Vyver	Open	Female	30
72	00:40:29	6200	G	Richard	Dellbridge	Veteran	Male	45
73	00:40:36	5020	F	Haydn	George	Open	Male	32
74	00:40:37	6112	G	Ros	Netto	Open	Female	32
75	00:40:41	5056	F	Stefan	Roodt	Master	Male	55
76	00:40:59	7147	H	David	Snyman	Open	Male	34
77	00:41:30	5105	F	Dewald	Treurnich	Junior	Male	15
78	00:41:37	5029	F	Justin	Leslie	Open	Male	38
79	00:41:37	6211	G	Neil	Ebing	Grand Master	Male	67
80	00:41:59	6208	G	Charlotte	Chamberlain	Master	Female	50
81	00:42:05	6194	G	Lara	Van Tonder	Open	Female	20
82	00:42:08	5106	F	Belinda	van der Merwe	Open	Female	28
83	00:42:09	6232	G	Anwar	Nazeer	Veteran	Male	48
84	00:42:10	5099	F	Joel	Meyer	Open	Male	21
85	00:42:14	4022	E	Richard	Rosster	Grand Master	Male	62
86	00:42:18	6245	G	Rijk	Stofberg	Master	Male	51
87	00:42:20	7149	H	Shaun	Spies	Open	Male	39
88	00:42:25	6223	G	Triston	Koekemoer	Open	Male	24

89	00:42:28	6148	G	Richard	Thorpe	Open	Male	28
90	00:42:37	6255	G	Donna	Miszewski	Open	Female	28
91	00:42:44	4038	E	Anna	De Klerk	Minimee	Female	12
92	00:42:45	7148	H	Meggan	Spires	Open	Female	33
93	00:42:53	5102	F	Clifford	Ross	Veteran	Male	48
94	00:42:55	7107	H	Georgina	Campbell	Open	Female	29
95	00:42:57	5111	F	Uys	Kruger	Open	Male	34
96	00:42:57	6088	G	Ben	Lowther	Veteran	Male	44
97	00:43:03	4051	E	Ant	Smyth	Veteran	Male	49
98	00:43:13	4052	E	Neil	van Tonder	Master	Male	55
99	00:43:17	6203	G	Hester	Beste	Master	Female	53
100	00:43:19	4037	E	Jonathan	Dellbridge	Peewee	Male	10
101	00:43:20	7132	H	Martin	Giles	Master	Male	54
102	00:43:22	5006	F	Wesley	Campher	Open	Male	29
103	00:43:23	6161	G	Hilton	Warrington	Master	Male	56
104	00:43:32	6126	G	Belinda	Reyers	Veteran	Female	45
105	00:43:39	6210	G	Nadene	de Lange	Open	Female	33
106	00:43:44	7034	H	Shannon	Holcroft	Open	Female	26
107	00:43:51	5031	F	Emma	Lockerbie	Open	Female	29
108	00:43:51	6096	G	Charl	Marais	Grand Master	Male	68
109	00:43:54	5103	F	Kelsey	Samson	Open	Female	24
110	00:43:58	6250	G	Matthew	Verryn	Open	Male	21
111	00:44:01	6142	G	Nikki	Swanepoel	Veteran	Female	43
112	00:44:02	4005	E	Theuns	De Waal	Master	Male	53
113	00:44:04	6031	G	Leandra	de Bruyn	Open	Female	24
114	00:44:09	6102	G	Isak	Meyer	Veteran	Male	49
115	00:44:11	5076	F	Brigit	Higgo	Open	Female	39
116	00:44:15	6244	G	Gillian	Stofberg	Veteran	Female	49
117	00:44:21	7167	H	Savannah	Mann	Open	Female	27
118	00:44:22	5100	F	Terry	Pheiffer	Master	Female	54
119	00:44:26	4021	E	Angelique	Nel	Veteran	Female	46
120	00:44:26	6236	G	Katherine	Poole	Open	Female	30
121	00:44:29	7108	H	Caity	Shearer	Open	Female	29
122	00:44:32	7145	H	Rory	Range	Open	Male	29
123	00:44:32	5117	F	Mike	Van Eyseer	Master	Male	52
124	00:44:36	7137	H	Marc	Katzwinkel	Open	Male	33
125	00:44:38	7076	H	Simon	Solomon	Open	Male	32
126	00:44:40	5079	F	Debra	Choice	Master	Female	53
127	00:44:40	6231	G	Carlen	Mostert	Minimee	Female	11
128	00:44:44	7062	H	Kelly	Payne	Open	Female	27
129	00:44:46	6225	G	Nicole	Liebenberg	Open	Female	27
130	00:44:53	7159	H	Herman	Wessels	Open	Male	32
131	00:44:57	6118	G	Melissa	O Kennedy	Open	Female	31
132	00:45:01	6238	G	Storm	Ross	Open	Female	31
133	00:45:08	6079	G	Gertruida	Jooste	Grand Master	Female	66
134	00:45:12	7005	H	Munier	Barden	Veteran	Male	44
135	00:45:16	6139	G	Juanita	Strauss-Geyer	Veteran	Female	46
136	00:45:19	6097	G	Shelley	Marais	Grand Master	Female	63
137	00:45:23	6192	G	Belinda	Van Tonder	Master	Female	54
138	00:45:26	7085	H	Meghan	Westvig	Open	Female	22
139	00:45:30	7084	H	Karl	Westvig	Veteran	Male	48
140	00:45:32	6229	G	Tacita	McEvoy	Open	Female	32
141	00:45:37	5090	F	Jarrod	David	Open	Male	33
142	00:45:37	6076	G	Chris	Jackson	Open	Male	34
143	00:45:39	7163	H	Sarah	Fernandes	Open	Female	27
144	00:45:42	6117	G	Andrew	Nixon	Veteran	Male	46
145	00:45:45	5091	F	Juan	Fourie	Veteran	Male	40
146	00:45:47	5013	F	Michelle	Dietrich	Veteran	Female	48
147	00:45:57	4039	E	Leo	du Toit	Junior	Male	17
148	00:46:13	6214	G	Larissa	Geldenhuys	Open	Female	23
149	00:46:18	6209	G	Chris	Clark	Grand Master	Male	77
150	00:46:22	5088	F	James	Cowie	Veteran	Male	43
151	00:46:25	6204	G	Holly	Bosenberg	Open	Female	36
152	00:46:28	5115	F	Emily	Douglass	Open	Female	30
153	00:46:49	6222	G	Elbre	Kitshoff	Open	Female	34
154	00:47:08	6003	G	Chelsea	Aspeling	Open	Female	25
155	00:47:17	6237	G	Caryn	Prentice	Open	Female	26
156	00:47:19	7119	H	Joanna	Burger	Open	Male	32
157	00:47:23	6202	G	Ameer	Amod	Veteran	Male	47
158	00:47:32	7070	H	Tammy	Sarkady	Open	Female	33
159	00:47:38	7118	H	Craig	Burger	Open	Male	34
160	00:47:40	7121	H	Emma	de Kock	Peewee	Female	9
161	00:47:43	6020	G	Claudia	Chamberlain	Open	Female	38
162	00:47:50	6221	G	Jeanne	Ingel	Peewee	Female	10
163	00:47:56	5112	F	Waheeb	Slarmie	Veteran	Male	59
164	00:47:57	6159	G	Roxie	Varkevisser	Open	Female	32
165	00:48:00	6206	G	Kirsty	Carter	Open	Female	34
166	00:48:02	5110	F	Zuriena	Slarmie	Veteran	Female	45
167	00:48:03	6149	G	Kathie	Troost	Grand Master	Female	61
168	00:48:05	7116	H	Marna	Broeksma	Master	Female	50
169	00:48:14	5096	F	Layla	Longmore	Peewee	Female	8
170	00:48:22	6235	G	Caeli	Partridge	Open	Female	30
171	00:48:25	5094	F	Deanne	Longmore	Veteran	Female	43
172	00:48:32	6075	G	Mohammed	Imamdin	Open	Male	32
173	00:48:37	6213	G	Sarah-Jane	Forgan	Open	Female	30
174	00:48:40	7061	H	Atiya	Patel	Open	Female	31
175	00:48:42	6048	G	Hope	Flux	Open	Female	30
176	00:48:44	6124	G	Micaela	Pym	Open	Female	28
177	00:48:55	6175	G	Adrian	Punt	Open	Male	38
178	00:49:03	7144	H	Kate	Ramalho	Open	Female	33
179	00:49:27	6242	G	Jessica	Stanton	Open	Female	25
180	00:49:36	5033	F	Karen	Lord	Open	Female	39
181	00:49:45	5097	F	Sharon	Luck	Veteran	Female	48
182	00:50:10	6021	G	Mark	Chamberlain	Master	Male	54
183	00:50:23	6218	G	Margi	Hoffe	Master	Female	58
184	00:50:25	5113	F	Malikah	Madatt	Veteran	Female	47
185	00:50:26	6219	G	Steven	Hoffe	Master	Male	54
186	00:50:28	6260	G	Galiem	Jacobs	Master	Male	63

187	00:50:32	6107	G	Zintle	Mpahla	Open	Female	34
188	00:50:35	7125	H	Francois	Du Toit	Open	Male	36
189	00:50:40	5116	F	Gregory	Bosman	Veteran	Male	44
190	00:50:40	7079	H	Hanno	Stofberg	Open	Male	30
191	00:50:47	7071	H	Dewald	Schlebusch	Open	Male	38
192	00:50:49	6154	G	Lizeri	van der Berg	Open	Female	21
193	00:50:52	6220	G	Deanna	Ingel	Veteran	Female	48
194	00:50:57	7140	H	Helen	Macdonald	Master	Female	51
195	00:50:59	5028	F	Megan	Lee	Open	Female	29
196	00:51:02	6216	G	Sophia	Goddard	Peewee	Female	9
197	00:51:06	6044	G	Anita	Erlank	Master	Female	50
198	00:51:08	6215	G	Paul	Goddard	Master	Male	52
199	00:51:16	6145	G	Hugo	Theron	Veteran	Male	47
200	00:51:28	7165	H	Ekaterine	Dolamore	Master	Female	52
201	00:51:35	6039	G	Theonie	du Plessis	Veteran	Female	49
202	00:51:39	7164	H	Berna	Buys	Open	Female	24
203	00:51:43	6162	G	Nicole	Watson	Open	Female	31
204	00:51:46	7160	H	Stefan	Vd Merwe	Open	Male	38
205	00:51:47	6252	G	Jacques	Wilkinson	Open	Male	38
206	00:51:51	7169	H	Eric	Horn	Open	Male	36
207	00:51:57	6135	G	Jacky	Searle	Master	Female	57
208	00:52:11	6172	G	Astrid	Trimmel	Open	Female	38
209	00:52:12	5027	F	Thozama	Koli	Grand Master	Female	60
210	00:52:17	7166	H	Anastasia	Dolamore	Junior	Female	17
211	00:52:24	5038	F	Chris	Maeyer	Grand Master	Male	64
212	00:52:44	7059	H	Sarah	Newnham	Open	Female	27
213	00:52:46	6134	G	Odette	Scholtz	Open	Female	27
214	00:52:48	7056	H	Zaid	Moolta	Minimee	Male	11
215	00:52:50	7060	H	Jacinth	Oosthuizen	Open	Female	35
216	00:52:53	7123	H	Este	de Wet	Open	Female	35
217	00:52:54	5039	F	Martin	Malamba	Peewee	Male	9
218	00:52:59	7037	H	Fatimah	Jacobs	Master	Female	59
219	00:53:02	7055	H	Naeema	Moolta	Veteran	Female	41
220	00:53:36	6201	G	Chukwuemeka	Aduba	Open	Male	37
221	00:53:39	7139	H	Lebohang	Letsipa	Open	Female	37
222	00:53:41	6166	G	Ilse	Zwiegers	Veteran	Female	41
223	00:53:44	6131	G	Dawn	Rossiter	Grand Master	Female	63
224	00:53:47	6259	G	Taryn	Sallie	Open	Female	0
225	00:54:13	6095	G	Ian	Maling	Grand Master	Male	61
226	00:54:16	6240	G	Cecile	Schreve	Open	Female	32
227	00:54:18	6254	G	Sydne	Germishuizen	Open	Female	29
228	00:54:23	7131	H	Rene	Fritz	Open	Female	38
229	00:54:30	6015	G	Garth	Cairns	Open	Male	27
230	00:54:30	5034	F	William	Lord	Peewee	Male	9
231	00:54:40	6182	G	Antonio	Bruni	Veteran	Female	42
232	00:55:26	6268	G	Sadia	Jakoet-Sedick	Master	Female	52
233	00:55:52	7024	H	Catharina	Farmer	Open	Female	37
234	00:56:00	5114	F	Cassiem	Madatt	Veteran	Male	47
235	00:56:09	6248	G	Amelie	Toussaint	Peewee	Female	9
236	00:56:17	7138	H	Emile	Langenhoven	Veteran	Male	41
237	00:56:25	6205	G	Bernadette	Bultynck	Grand Master	Female	73
238	00:56:40	6247	G	Julie	Stroinovsky	Open	Female	32
239	00:56:52	7122	H	Janelle	de Kock	Open	Female	38
240	00:56:54	7158	H	Marian	Wills	Master	Female	51
241	00:56:58	7141	H	Charlene	Needham	Open	Female	28
242	00:57:08	7152	H	Mikael	Storm	Peewee	Male	7
243	00:57:11	7151	H	Martin	Storm	Veteran	Male	48
244	00:57:13	7161	H	Hanno	Van Der Merwe	Peewee	Male	9
245	00:57:27	6140	G	Junita	Strydom	Open	Female	32
246	00:57:41	6258	G	Simone	Keyser	Minimee	Female	0
247	00:57:50	7134	H	Ava	Ingel	Minimee	Female	12
248	00:57:58	7135	H	Sheila	Joseph	Grand Master	Female	78
249	00:58:04	6251	G	Annick	Walsdorff	Veteran	Female	47
250	00:58:07	7133	H	Caroline	Hartlieb	Veteran	Female	46
251	00:58:09	6239	G	Caroline	Rossouw	Veteran	Female	49
252	00:58:13	6103	G	Lita	Meyer	Veteran	Female	48
253	00:58:36	6153	G	Hetta	Van der Berg	Veteran	Female	47
254	00:58:53	5018	F	Riana	Engelbrecht	Veteran	Female	48
255	00:58:56	5017	F	Karl	Engelbrecht	Veteran	Male	47
256	00:59:20	7010	H	Bonita	Booyens	Open	Female	38
257	00:59:23	6190	G	Dewald	Bezuidwhout	Open	Male	37
258	00:59:29	6189	G	Cas	Lappin	Open	Female	37
259	00:59:39	4047	E	Cleo	de Klerk	Junior	Female	15
260	00:59:43	7128	H	Tara	Dunlop	Open	Female	24
261	01:00:18	7112	H	Jan-Harm	Barkhuizen	Open	Male	30
262	01:00:22	7080	H	Aleks	Strez	Veteran	Male	49
263	01:02:08	7153	H	Torrin	Theron	Veteran	Female	41
264	01:02:20	6263	G	Jeanine	Clarke	Master	Female	53
265	01:02:29	7130	H	Corinne	Fredericks	Open	Female	37
266	01:02:35	7036	H	Anni	Jackson	Open	Female	28
267	01:02:37	7136	H	Brikita	Joubert	Open	Female	24
268	01:02:41	7064	H	Koogan	Pillay	Veteran	Male	44
269	01:02:47	6262	G	Lisa	Hartman	Open	Female	31
270	01:03:44	6265	G	Amelia	Mcgill	Minimee	Female	13
271	01:04:40	7162	H	Amanda	Norton	Open	Female	21
272	01:04:42	7129	H	Neels	Els	Master	Male	51
273	01:04:45	7025	H	Lilly	Figueira	Veteran	Female	49
274	01:04:47	7065	H	Daniel	Poulter	Open	Male	21
275	01:04:50	6093	G	Abby	Malamba	Veteran	Female	45
276	01:06:39	6007	G	Tracy	Berry	Veteran	Female	47
277	01:06:46	6266	G	Lauren	Mcgill	Open	Female	36
278	01:07:25	6094	G	Amber-Jane	Malamba	Peewee	Female	10
279	01:08:07	7067	H	Faried	Rinquest	Master	Male	54
280	01:08:42	7035	H	Mark	Hubbard	Open	Male	23
281	01:08:45	6087	G	Rayne	Logan	Open	Female	22
282	01:08:46	7074	H	Jessica	Snowdon	Open	Female	23
283	01:09:10	7014	H	Michelle	Cupido	Master	Female	52
284	01:09:17	7075	H	Zel-Marie	Snowdon	Master	Female	50

285	01:10:08	7040	H	Chantelle	Joubert - Kaal	Open	Female	37
286	01:12:24	7142	H	Lindsey	Orr	Grand Master	Female	71
287	01:14:31	5055	F	Claire	Roodt	Veteran	Female	46
288	01:14:55	7120	H	Kelly	Dafel	Open	Female	34
289	01:15:48	7031	H	Michael	Goosen	Grand Master	Male	62
290	01:17:34	6196	G	Michelle	Van Der Linder	Open	Female	31
291	01:17:36	6195	G	Catherine	Els	Open	Female	30
292	01:18:38	7117	H	Michael	Bunn	Grand Master	Male	67
293	01:19:39	7150	H	Michelle	Stofberg	Open	Female	32
294	01:19:41	7113	H	Truidi-lee	Barkhuizen	Open	Female	26
295	01:19:57	7058	H	Tasneem	Naidoo	Open	Female	34
296	01:21:26	6080	G	Sandra	Joubert	Veteran	Female	47
297	01:21:35	7114	H	Melanie	Britz	Veteran	Female	43
298	01:22:45	7146	H	Fazlyn	Rinquest	Master	Female	52
299	01:30:36	7000	H	Ernestine	Adams	Open	Female	35
300	01:30:38	7004	H	Sharnelle	Anthony	Open	Female	25
301	01:34:14	7143	H	Malcolm	Rainers	Open	Male	27

Open Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:25:02	4050	E	Anele	Bans	Open	Male	31
2	00:28:56	5004	F	Nicholas	Bunn	Open	Male	21
3	00:30:12	5087	F	James	Campbell	Open	Male	27
4	00:30:18	5101	F	Devon	Reynolds	Open	Male	27
5	00:30:37	4048	E	William	Gibbeis	Open	Male	21
6	00:31:16	4016	E	Brett	Maeyer	Open	Male	27
7	00:31:22	4046	E	Matthew	Kane	Open	Male	25
8	00:31:28	5098	F	David	Metelerkamp	Open	Male	28
9	00:33:07	5025	F	Christo	Joubert	Open	Male	19
10	00:34:42	5104	F	Jan-Willem	Smith	Open	Male	30
11	00:34:45	6045	G	Richard	Fawcett	Open	Male	27
12	00:36:02	5035	F	Donald	Loubser	Open	Male	36
13	00:36:24	6226	G	Jono	Makepeace	Open	Male	29
14	00:36:33	6156	G	Robert	van der Merwe	Open	Male	28
15	00:36:35	7156	H	Theunis	Victor	Open	Male	35
16	00:36:54	6257	G	Arno	Pienaar	Open	Male	30
17	00:37:31	6261	G	Justin	Vakkeussel	Open	Male	27
18	00:38:22	6249	G	Lombard	Van Jaarsveld	Open	Male	25
19	00:38:48	5058	F	Shane	Schwulst	Open	Male	30
20	00:39:09	6267	G	Winston	Guess	Open	Male	33
21	00:40:05	5086	F	Lourens	Barwise	Open	Male	28
22	00:40:09	6230	G	Gavin	McKinney	Open	Male	35
23	00:40:36	5020	F	Haydn	George	Open	Male	32
24	00:40:59	7147	H	David	Snyman	Open	Male	34
25	00:41:37	5029	F	Justin	Leslie	Open	Male	38
26	00:42:10	5099	F	Joel	Meyer	Open	Male	21
27	00:42:20	7149	H	Shaun	Spires	Open	Male	39
28	00:42:25	6223	G	Triston	Koekemoer	Open	Male	24
29	00:42:28	6148	G	Richard	Thorpe	Open	Male	28
30	00:42:57	5111	F	Uys	Kruger	Open	Male	34
31	00:43:22	5006	F	Wesley	Campfer	Open	Male	29
32	00:43:58	6250	G	Matthew	Verryn	Open	Male	21
33	00:44:32	7145	H	Rory	Range	Open	Male	29
34	00:44:36	7137	H	Marc	Katzwinkel	Open	Male	33
35	00:44:38	7076	H	Simon	Solomon	Open	Male	32
36	00:44:53	7159	H	Herman	Wessels	Open	Male	32
37	00:45:37	5090	F	Jarrod	David	Open	Male	33
38	00:45:37	6076	G	Chris	Jackson	Open	Male	34
39	00:47:19	7119	H	Joanna	Burger	Open	Male	32
40	00:47:38	7118	H	Craig	Burger	Open	Male	34
41	00:48:32	6075	G	Mohammed	Imamdin	Open	Male	32
42	00:48:55	6175	G	Adrian	Punt	Open	Male	38
43	00:50:35	7125	H	Francois	Du Toit	Open	Male	36
44	00:50:40	7079	H	Hanno	Stofberg	Open	Male	30
45	00:50:47	7071	H	Dewald	Schlebusch	Open	Male	38
46	00:51:46	7160	H	Stefan	Vd Merwe	Open	Male	38
47	00:51:47	6252	G	Jacques	Wilkinson	Open	Male	38
48	00:51:51	7169	H	Eric	Horn	Open	Male	36
49	00:53:36	6201	G	Chukwuemeka	Aduba	Open	Male	37
50	00:54:30	6015	G	Garth	Cairns	Open	Male	27
51	00:59:23	6190	G	Dewald	Bezuidwhout	Open	Male	37
52	01:00:18	7112	H	Jan-Harm	Barkhuizen	Open	Male	30
53	01:04:47	7065	H	Daniel	Poulter	Open	Male	21
54	01:08:42	7035	H	Mark	Hubbard	Open	Male	23
55	01:34:14	7143	H	Malcolm	Rainers	Open	Male	27

Open Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:31:09	4045	E	Caitlin	Snethlage	Open	Female	27
2	00:33:30	4043	E	Rozelle	Meier	Open	Female	23
3	00:33:43	4002	E	Xolisiwe	Booi	Open	Female	35
4	00:36:10	7109	H	Arabella	Parkinson	Open	Female	29
5	00:36:17	5012	F	Lauren	Denny	Open	Female	24
6	00:36:38	5085	F	Bianca	Asher-David	Open	Female	32
7	00:37:28	6217	G	Simone	Gregor	Open	Female	35
8	00:37:50	6243	G	Jana	Steyn	Open	Female	25
9	00:38:28	4008	E	Charlotte	du Plessis	Open	Female	38
10	00:39:01	5092	F	Minette	Kallis	Open	Female	38
11	00:39:12	6241	G	Bronwyn	Snyman	Open	Female	30
12	00:39:18	7115	H	Lene	Broeksma	Open	Female	27
13	00:40:18	5107	F	Carmen	van der Vyver	Open	Female	30
14	00:40:37	6112	G	Ros	Netto	Open	Female	32
15	00:42:05	6194	G	Lara	Van Tonder	Open	Female	20
16	00:42:08	5106	F	Belinda	van der Merwe	Open	Female	28
17	00:42:37	6255	G	Donna	Miszewski	Open	Female	28
18	00:42:45	7148	H	Meggan	Spires	Open	Female	33
19	00:42:55	7107	H	Georgina	Campbell	Open	Female	29
20	00:43:39	6210	G	Nadene	de Lange	Open	Female	33

21	00:43:44	7034	H	Shannon	Holcroft	Open	Female	26
22	00:43:51	5031	F	Emma	Lockerbie	Open	Female	29
23	00:43:54	5103	F	Kelsey	Samson	Open	Female	24
24	00:44:04	6031	G	Leandra	de Bruyn	Open	Female	24
25	00:44:11	5076	F	Brigit	Higgo	Open	Female	39
26	00:44:21	7167	H	Savannah	Mann	Open	Female	27
27	00:44:26	6236	G	Katherine	Poole	Open	Female	30
28	00:44:29	7108	H	Caity	Shearer	Open	Female	29
29	00:44:44	7062	H	Kelly	Payne	Open	Female	27
30	00:44:46	6225	G	Nicole	Liebenberg	Open	Female	27
31	00:44:57	6118	G	Melissa	O Kennedy	Open	Female	31
32	00:45:01	6238	G	Storm	Ross	Open	Female	31
33	00:45:26	7085	H	Meghan	Westvig	Open	Female	22
34	00:45:32	6229	G	Tacita	McEvoy	Open	Female	32
35	00:45:39	7163	H	Sarah	Fernandes	Open	Female	27
36	00:46:13	6214	G	Larissa	Geldenhuys	Open	Female	23
37	00:46:25	6204	G	Holly	Bosenberg	Open	Female	36
38	00:46:28	5115	F	Emily	Douglass	Open	Female	30
39	00:46:49	6222	G	Elbre	Kitshoff	Open	Female	34
40	00:47:08	6003	G	Chelsea	Aspeling	Open	Female	25
41	00:47:17	6237	G	Caryn	Prentice	Open	Female	26
42	00:47:32	7070	H	Tammy	Sarkady	Open	Female	33
43	00:47:43	6020	G	Claudia	Chamberlain	Open	Female	38
44	00:47:57	6159	G	Roxie	Varkevisser	Open	Female	32
45	00:48:00	6206	G	Kirsty	Carter	Open	Female	34
46	00:48:22	6235	G	Caeli	Partridge	Open	Female	30
47	00:48:37	6213	G	Sarah-Jane	Forgan	Open	Female	30
48	00:48:40	7061	H	Atiya	Patel	Open	Female	31
49	00:48:42	6048	G	Hope	Flux	Open	Female	30
50	00:48:44	6124	G	Micaela	Pym	Open	Female	28
51	00:49:03	7144	H	Kate	Ramalho	Open	Female	33
52	00:49:27	6242	G	Jessica	Stanton	Open	Female	25
53	00:49:36	5033	F	Karen	Lord	Open	Female	39
54	00:50:32	6107	G	Zintle	Mpahla	Open	Female	34
55	00:50:49	6154	G	Lizeri	van der Berg	Open	Female	21
56	00:50:59	5028	F	Megan	Lee	Open	Female	29
57	00:51:39	7164	H	Berna	Buys	Open	Female	24
58	00:51:43	6162	G	Nicole	Watson	Open	Female	31
59	00:52:11	6172	G	Astrid	Trimmel	Open	Female	38
60	00:52:44	7059	H	Sarah	Newnham	Open	Female	27
61	00:52:46	6134	G	Odette	Scholtz	Open	Female	27
62	00:52:50	7060	H	Jacinth	Oosthuizen	Open	Female	35
63	00:52:53	7123	H	Este	de Wet	Open	Female	35
64	00:53:39	7139	H	Lebohang	Letsipa	Open	Female	37
65	00:53:47	6259	G	Taryn	Sallie	Open	Female	0
66	00:54:16	6240	G	Cecile	Schreve	Open	Female	32
67	00:54:18	6254	G	Sydne	Germishuizen	Open	Female	29
68	00:54:23	7131	H	Rene	Fritz	Open	Female	38
69	00:55:52	7024	H	Catharina	Farmer	Open	Female	37
70	00:56:40	6247	G	Julie	Stroinovskiy	Open	Female	32
71	00:56:52	7122	H	Janelle	de Kock	Open	Female	38
72	00:56:58	7141	H	Charlene	Needham	Open	Female	28
73	00:57:27	6140	G	Junita	Strydom	Open	Female	32
74	00:59:20	7010	H	Bonita	Booyesen	Open	Female	38
75	00:59:29	6189	G	Cas	Lappin	Open	Female	37
76	00:59:43	7128	H	Tara	Dunlop	Open	Female	24
77	01:02:29	7130	H	Corinne	Fredericks	Open	Female	37
78	01:02:35	7036	H	Anni	Jackson	Open	Female	28
79	01:02:37	7136	H	Brikita	Joubert	Open	Female	24
80	01:02:47	6262	G	Lisa	Hartman	Open	Female	31
81	01:04:40	7162	H	Amanda	Norton	Open	Female	21
82	01:06:46	6266	G	Lauren	McGill	Open	Female	36
83	01:08:45	6087	G	Rayne	Logan	Open	Female	22
84	01:08:46	7074	H	Jessica	Snowdon	Open	Female	23
85	01:10:08	7040	H	Chantelle	Joubert - Kaal	Open	Female	37
86	01:14:55	7120	H	Kelly	Dafel	Open	Female	34
87	01:17:34	6196	G	Michelle	Van Der Linder	Open	Female	31
88	01:17:36	6195	G	Catherine	Els	Open	Female	30
89	01:19:39	7150	H	Michelle	Stofberg	Open	Female	32
90	01:19:41	7113	H	Truidi-lee	Barkhuizen	Open	Female	26
91	01:19:57	7058	H	Tasneem	Naidoo	Open	Female	34
92	01:30:36	7000	H	Ernestine	Adams	Open	Female	35
93	01:30:38	7004	H	Sharnelle	Anthony	Open	Female	25

Veteran Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:29:26	4041	E	Abrie	Joubert	Veteran	Male	47
2	00:29:36	5030	F	Safwaan	Lewis	Veteran	Male	42
3	00:29:44	4010	E	Ralph	Harris	Veteran	Male	40
4	00:29:53	4020	E	PJ	Moses	Veteran	Male	42
5	00:30:05	4025	E	Christo	Van der Berg	Veteran	Male	47
6	00:30:40	5108	F	Victor	Gugushe	Veteran	Male	41
7	00:33:35	5067	F	Wayne	Victor	Veteran	Male	45
8	00:34:03	6227	G	Stephan	Marais	Veteran	Male	41
9	00:34:39	5095	F	Grant	Longmore	Veteran	Male	11
10	00:35:54	6228	G	Tony	Marinos	Veteran	Male	49
11	00:37:21	5043	F	Mo	Moolla	Veteran	Male	46
12	00:39:25	6234	G	Morne	Olivier	Veteran	Male	46
13	00:40:29	6200	G	Richard	Dellbridge	Veteran	Male	45
14	00:42:09	6232	G	Anwar	Nazeer	Veteran	Male	48
15	00:42:53	5102	F	Clifford	Ross	Veteran	Male	48
16	00:42:57	6088	G	Ben	Lowther	Veteran	Male	44
17	00:43:03	4051	E	Ant	Smyth	Veteran	Male	49
18	00:44:09	6102	G	Isak	Meyer	Veteran	Male	49
19	00:45:12	7005	H	Munier	Barden	Veteran	Male	44
20	00:45:30	7084	H	Karl	Westvig	Veteran	Male	48
21	00:45:42	6117	G	Andrew	Nixon	Veteran	Male	46
22	00:45:45	5091	F	Juan	Fourie	Veteran	Male	40

23	00:46:22	5088	F	James	Cowie	Veteran	Male	43
24	00:47:23	6202	G	Ameer	Amod	Veteran	Male	47
25	00:47:56	5112	F	Waheeb	Slarmie	Veteran	Male	59
26	00:50:40	5116	F	Gregory	Bosman	Veteran	Male	44
27	00:51:16	6145	G	Hugo	Theron	Veteran	Male	47
28	00:56:00	5114	F	Cassiem	Madatt	Veteran	Male	47
29	00:56:17	7138	H	Emile	Langenhoven	Veteran	Male	41
30	00:57:11	7151	H	Martin	Storm	Veteran	Male	48
31	00:58:56	5017	F	Karl	Engelbrecht	Veteran	Male	47
32	01:00:22	7080	H	Aleks	Strez	Veteran	Male	49
33	01:02:41	7064	H	Koogan	Pillay	Veteran	Male	44

Veteran Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:38:53	4040	E	Frances	Fuchs	Veteran	Female	45
2	00:39:23	6233	G	Ingrid	Olivier	Veteran	Female	41
3	00:40:11	6256	G	Emily	Furlong	Veteran	Female	44
4	00:43:32	6126	G	Belinda	Reyers	Veteran	Female	45
5	00:44:01	6142	G	Nikki	Swanepoel	Veteran	Female	43
6	00:44:15	6244	G	Gillian	Stofberg	Veteran	Female	49
7	00:44:26	4021	E	Angelique	Nel	Veteran	Female	46
8	00:45:16	6139	G	Juanita	Strauss-Geyer	Veteran	Female	46
9	00:45:47	5013	F	Michelle	Dietrich	Veteran	Female	48
10	00:48:02	5110	F	Zuriena	Slarmie	Veteran	Female	45
11	00:48:25	5094	F	Deanne	Longmore	Veteran	Female	43
12	00:49:45	5097	F	Sharon	Luck	Veteran	Female	48
13	00:50:25	5113	F	Malikah	Madatt	Veteran	Female	47
14	00:50:52	6220	G	Deanna	Ingel	Veteran	Female	48
15	00:51:35	6039	G	Theonie	du Plessis	Veteran	Female	49
16	00:53:02	7055	H	Naeema	Moola	Veteran	Female	41
17	00:53:41	6166	G	Ilse	Zwiegers	Veteran	Female	41
18	00:54:40	6182	G	Antonio	Bruni	Veteran	Female	42
19	00:58:04	6251	G	Annick	Walsdorff	Veteran	Female	47
20	00:58:07	7133	H	Caroline	Hartlieb	Veteran	Female	46
21	00:58:09	6239	G	Caroline	Rossouw	Veteran	Female	49
22	00:58:13	6103	G	Lita	Meyer	Veteran	Female	48
23	00:58:36	6153	G	Hetta	Van der Berg	Veteran	Female	47
24	00:58:53	5018	F	Riana	Engelbrecht	Veteran	Female	48
25	01:02:08	7153	H	Torrin	Theron	Veteran	Female	41
26	01:04:45	7025	H	Lilly	Figueira	Veteran	Female	49
27	01:04:50	6093	G	Abby	Malamba	Veteran	Female	45
28	01:06:39	6007	G	Tracy	Berry	Veteran	Female	47
29	01:14:31	5055	F	Claire	Roodt	Veteran	Female	46
30	01:21:26	6080	G	Sandra	Joubert	Veteran	Female	47
31	01:21:35	7114	H	Melanie	Britz	Veteran	Female	43

Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:32:13	4004	E	Andre	De Piaz	Master	Male	53
2	00:36:44	5015	F	Bill	Dunn	Master	Male	51
3	00:37:24	5081	F	Oickers	Vaughn	Master	Male	53
4	00:39:53	5074	F	Alfred	Temmers	Master	Male	52
5	00:40:41	5056	F	Stefan	Roodt	Master	Male	55
6	00:42:18	6245	G	Rijk	Stofberg	Master	Male	51
7	00:43:13	4052	E	Neil	van Tonder	Master	Male	55
8	00:43:20	7132	H	Martin	Giles	Master	Male	54
9	00:43:23	6161	G	Hilton	Warrington	Master	Male	56
10	00:44:02	4005	E	Theuns	De Waal	Master	Male	53
11	00:44:32	5117	F	Mike	Van Eyseer	Master	Male	52
12	00:50:10	6021	G	Mark	Chamberlain	Master	Male	54
13	00:50:26	6219	G	Steven	Hoffe	Master	Male	54
14	00:50:28	6260	G	Galiem	Jacobs	Master	Male	63
15	00:51:08	6215	G	Paul	Goddard	Master	Male	52
16	01:04:42	7129	H	Neels	Els	Master	Male	51
17	01:08:07	7067	H	Fariel	Rinquest	Master	Male	54

Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:33:11	5000	F	Nicolette	Brouwer	Master	Female	52
2	00:34:52	5073	F	Roldah	Orrie	Master	Female	53
3	00:36:21	4034	E	Chantal	Pieters	Master	Female	0
4	00:41:59	6208	G	Charlotte	Chamberlain	Master	Female	50
5	00:43:17	6203	G	Hester	Bester	Master	Female	53
6	00:44:22	5100	F	Terry	Pheiffer	Master	Female	54
7	00:44:40	5079	F	Debra	Choice	Master	Female	53
8	00:45:23	6192	G	Belinda	Van Tonder	Master	Female	54
9	00:48:05	7116	H	Marna	Broeksma	Master	Female	50
10	00:50:23	6218	G	Margi	Hoffe	Master	Female	58
11	00:50:57	7140	H	Helen	Macdonald	Master	Female	51
12	00:51:06	6044	G	Anita	Erlank	Master	Female	50
13	00:51:28	7165	H	Ekaterine	Dolamore	Master	Female	52
14	00:51:57	6135	G	Jacky	Searle	Master	Female	57
15	00:52:59	7037	H	Fatimah	Jacobs	Master	Female	59
16	00:55:26	6268	G	Sadia	Jakoet-Sedick	Master	Female	52
17	00:56:54	7158	H	Marian	Wills	Master	Female	51
18	01:02:20	6263	G	Jeanine	Clarke	Master	Female	53
19	01:09:10	7014	H	Michelle	Cupido	Master	Female	52
20	01:09:17	7075	H	Zel-Marie	Snowdon	Master	Female	50
21	01:22:45	7146	H	Fazlyn	Rinquest	Master	Female	52

Grand Master Male

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:36:29	5053	F	David	Rodseth	Grand Master	Male	65
2	00:37:46	4031	E	Lestie	Chivell	Grand Master	Male	64
3	00:41:17	6211	G	Neil	Ebing	Grand Master	Male	67
4	00:42:14	4022	E	Richard	Rossiter	Grand Master	Male	62
5	00:43:51	6096	G	Charl	Marais	Grand Master	Male	68
6	00:46:18	6209	G	Chris	Clark	Grand Master	Male	77

7	00:52:24	5038	F	Chris	Maeyer	Grand Master	Male	64
8	00:54:13	6095	G	Ian	Maling	Grand Master	Male	61
9	01:15:48	7031	H	Michael	Goosen	Grand Master	Male	62
10	01:18:38	7117	H	Michael	Bunn	Grand Master	Male	67

Grand Master Female

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:45:08	6079	G	Gertruida	Jooste	Grand Master	Female	66
2	00:45:19	6097	G	Shelley	Marais	Grand Master	Female	63
3	00:48:03	6149	G	Kathie	Troost	Grand Master	Female	61
4	00:52:12	5027	F	Thozama	Koli	Grand Master	Female	60
5	00:53:44	6131	G	Dawn	Rossiter	Grand Master	Female	63
6	00:56:25	6205	G	Bernadette	Bultynck	Grand Master	Female	73
7	00:57:58	7135	H	Sheila	Joseph	Grand Master	Female	78
8	01:12:24	7142	H	Lindsey	Orr	Grand Master	Female	71

Junior (15-17yrs)

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:25:57	4001	E	Deon	Boshnic	Junior	Male	15
2	00:26:30	4009	E	Jethro	Dunn	Junior	Male	16
3	00:35:56	5061	F	Lian	Swanepoel	Junior	Male	16
4	00:40:18	7168	H	Etienne	van rensburg	Junior	Male	16
5	00:41:30	5105	F	Dewald	Treurnich	Junior	Male	15
6	00:45:57	4039	E	Leo	du Toit	Junior	Male	17
7	00:52:17	7166	H	Anastasia	Dolamore	Junior	Female	17
8	00:59:39	4047	E	Cleo	de Klerk	Junior	Female	15

Minimee (11-14yrs)

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:28:26	4019	E	Mikael	Moola	Minimee	Male	14
2	00:29:50	4042	E	Samuel	Longmore	Minimee	Male	11
3	00:33:46	5109	F	Zonday	Keyser	Minimee	Female	12
4	00:34:31	6089	G	Nikolas	Lowther	Minimee	Male	11
5	00:38:04	6246	G	Marco	Storm	Minimee	Male	14
6	00:38:52	4026	E	Emma	Jansen Van Rensburg	Minimee	Female	11
7	00:42:44	4038	E	Anna	De Klerk	Minimee	Female	12
8	00:44:40	6231	G	Carien	Mostert	Minimee	Female	11
9	00:52:48	7056	H	Zaid	Moola	Minimee	Male	11
10	00:57:41	6258	G	Simone	Keyser	Minimee	Female	0
11	00:57:50	7134	H	Ava	Ingel	Minimee	Female	12
12	01:03:44	6265	G	Amelia	Mcgill	Minimee	Female	13

Peewee (6-10yrs)

Position	Time	Race #	Batch	Name	Surname	Category	Sex	Age
1	00:35:14	4027	E	Josiah	Mcgill	Peewee	Male	9
2	00:38:15	4049	E	Zeyad	Maarman	Peewee	Male	0
3	00:43:19	4037	E	Jonathan	Dellbridge	Peewee	Male	10
4	00:47:40	7121	H	Emma	de Kock	Peewee	Female	9
5	00:47:50	6221	G	Jeanne	Ingel	Peewee	Female	10
6	00:48:14	5096	F	Layla	Longmore	Peewee	Female	8
7	00:51:02	6216	G	Sophia	Goddard	Peewee	Female	9
8	00:52:54	5039	F	Martin	Malamba	Peewee	Male	9
9	00:54:30	5034	F	William	Lord	Peewee	Male	9
10	00:56:09	6248	G	Amelie	Toussaint	Peewee	Female	9
11	00:57:08	7152	H	Mikael	Storm	Peewee	Male	7
12	00:57:13	7161	H	Hanno	Van Der Merwe	Peewee	Male	9
13	01:07:25	6094	G	Amber-Jane	Malamba	Peewee	Female	10